

Personal Details

Title: Prof. C. L. (Claudi) Bockting, PhD.
Male/female: Female
Birthdate: 05-05-1969

Main Research Interests

As a professor of Clinical Psychology in Psychiatry at Amsterdam University Medical Centers at the University of Amsterdam, my research program focuses on improving interventions for common mental health disorders (such as depression and anxiety), mostly interdisciplinary and in co-creation with patient organisations. I also work as a clinician (clinical psychologist) at the Psychiatry Department. I study potentially modifiable factors of onset, maintenance, recurrence, and chronicity using an interdisciplinary complexity approach. I am a (co)director of interdisciplinary Centre for Urban Mental Health (largest research priority area of the University of Amsterdam (UvA) <https://www.uva.nl/en/shared-content/zwaartepunten/en/urban-mental-health/urban-mental-health.html?cb>). As a former fellow at the Institute for Advanced Study (IAS) at the UvA I studied the use of complexity models to explore new targets for prevention, treatment, and relapse prevention of mental disorders. Additionally, as a former fellow at the World Health Organization (WHO), I studied the possibilities of using technology to increase the accessibility of effective psychological interventions worldwide.

My research program focuses on the following issues:

- 1) Understanding etiological, maintenance, and relapse factors in depression, anxiety and recurring mental health problems like suicidality, using a complex systems approach.
- 2) Developing innovative multimodal psychological interventions (using technology) and evaluating the effect in RCT's and micro RCT's (using ecological momentary assessment and affective networks).
- 3) Increasing accessibility of effective psychological interventions in low- and middle-income countries using technology and/or non-specialists.

Academic and Clinical Career

2023 – 2024 Visiting professor Global Health and Social Medicine, **Harvard Medical School**, Harvard University, Boston, USA
2019 – current Director of **Center for Urban Mental Health** (with prof. R. Wiers); www.centreforurbanmentalhealth.com

- 2017 – current **Professor of Clinical Psychology in Psychiatry and clinical psychologist (BIG)**
Department of Psychiatry, University Medical Centers, location Academic Medical Center (AMC-UvA), Amsterdam.
- 2014 – 2017 **Full professor of Clinical Psychology (chair) and clinical psychologist (BIG)**
Department of Clinical Psychology, Utrecht University.
- 2007 – 2020 **Professor of Depression: Etiology, Recidivism and Chronicity (associate professor with ius promovendi; 2007 – 2010 associate professor)**
Department of Clinical Psychology, University of Groningen
(Appointment for one day a week from 2014-2020)
- 1999 – 2007 **Licensed psychotherapist and PhD student**
Academic Medical Center, University of Amsterdam (AMC-UvA), Department of Psychiatry, affective disorders program.
Title of thesis: *The rhythm of depression: The course of recurrent depression and prevention of relapse using cognitive therapy* (obtained in 2006).
- 1993 – 1999 **Psychologist/clinician and trainee psychotherapist (RINO Utrecht)**
Outpatient mental health care centre RIAGG RNW (social psychiatry), Vlaardingen.
- 1993 **MSc in Clinical Psychology**
University of Amsterdam, *cum laude*.

Ancillary Activities

Current

- 2022 – current Associate Board Member for the Institute for Advanced Study (IAS), University of Amsterdam
- 2022 – current Member of the Editorial Board for Proceedings of the European Academy of Sciences & Arts (PEASA, journal)
- 2021 – current Member of the InTherapy Scientific Committee, Italy
- 2019 – current Head of postdoctoral clinical training psychologists (GZ-psychologen) Cure & Care
- 2018 – current Advisory Board NVP (Dutch association for psychotherapy)
Board member
- 2018 – current Advisory board Dutch Research Council (NWO)
Wetenschappelijk Adviescollege (WAC), domein Sociale- en Geesteswetenschappen (SGW), the Netherlands.
- 2017 – current Advisory board Zorginstituut Nederland (Health Institute Netherlands)
Wetenschappelijke adviesraad (WAR, 'Scientific advisory board').

CV – C. L. Bockting

2003 – current Incidental workshops and senior lecturer clinical postdoctoral courses for psychologists (healthcare psychology, clinical psychology, and clinical neuropsychology)
RINO Utrecht, the Netherlands

Past

2017 – 2019 Supervisory board (Raad van Toezichtlid)
Arkin (Mental health services), Amsterdam, the Netherlands.

2016 – 2018 Guest professorship
Psychology Department, Ghent University, Belgium

2016 – 2018 Scientific advisor
ARQ Psychotrauma Expert Group, The Netherlands

2016 – 2017 Member of advisory board 'Advies Pakket Commissie Zorg Instituut Nederland
Ministry of Health the Netherlands

2003 – 2014 Coordinator, supervisor and lecturer of clinical postdoctoral courses for healthcare psychologists (GZ-psychologen)
RINO Utrecht, the Netherlands

Postdoctoral Clinical Registrations

2006 – current Licensed clinical psychologist (BIG-registered *klinisch psycholoog-psychotherapeut*, BIG-number 69049831225)

2005 – current Supervisor for cognitive behavioral therapists at *Vereniging voor Gedrags en Cognitieve Therapieën (VGCT)*

2000 – current Health psychologist (BIG-registered *gezondheidszorgpsycholoog*, BIG-number 69049831225)

1999 – current Psychotherapist (BIG-registered, BIG-number 89049831216)

Academic Prizes

2022 Honorary Doctorate in Psychology, Dies, Nov, 2022, University of Basel.

2020 Dr. Peter Moleman Penning 2020 award for best national or international scientific publication within psychopharmacology from Psyfar.

2018 – 2020 Fellowship: American Psychological Association - International Union of Psychological Science, Global Mental Health Fellowship at the World Health Organization.

2018 – 2019 Fellowship: University of Amsterdam Institute for Advanced Study (UvA-IAS).

2016 – 2017 Fellowship: Netherlands Institute for Advanced Studies in the Humanities and Social Sciences (NIAS). Role: PI in theme group.

2014	Fellowship: Beck Institute International Scholarship Philadelphia, USA.
2016	Teacher of the year award at postgraduate education Clinical Neuropsychology (KNP), RINO Utrecht.
2005	Award for the best article of the year from the school for Experimental Psychopathology (EPP).
2005	Award for 'top article' from University of Amsterdam Academic Medical Center.

PhD Projects

Ongoing PhD's

- Agnes Ayuningtias (2024-2028). *Multi-level intervention for common mental health condition in low and middle income countries: Targeting social connection with help of digital technology*. Primary supervisor ('eerste promotor').
- Luana Gavan (2023 – 2027). *Targeting suicidality in young adults: a randomized controlled, pragmatic, multicenter trial evaluating the (cost)-effectiveness of Attachment Based Family Therapy compared to Treatment as usual*. Primary supervisor ('eerste promotor').
- Nineke Wilts (2023-2027). *StayFine: A personalized monitoring and intervention app to prevent relapse of anxiety and depressive disorders in youth and young adults*. Primary supervisor ('eerste promotor').
- Wilco Janssen (2023 – 2027). *Effectiveness of Online Therapy in Suicide Prevention (preliminary title)*. Primary supervisor ('eerste promotor').
- Nele Bergers (2022 – 2026). *Targeting suicidality in young adults: a randomized controlled, pragmatic, multicenter trial evaluating the (cost)-effectiveness of Attachment Based Family Therapy compared to Treatment as usual*. Secondary supervisor ('tweede promotor').
- Joost Gülpén (2022 – 2026). *Targeting partial remission in depression by adding a cognitive remediation to a psychological intervention*. Primary supervisor ('eerste promotor').
- Anneke Vuuregge (2022 – 2026). *Working out urban stress*. Secondary supervisor ('tweede promotor').
- Vera Korenblik (2022 – 2026). *The influence of the microbiome on depression in urban youth*. Secondary supervisor ('tweede promotor').
- John (Can) Lokman (2021 – 2025). *Towards an anatomy of depression: Modeling depression and mental health using complex systems science*. Primary supervisor ('eerste promotor').
- Nancy Schipper (2020 – 2024). *Virtual reality as treatment for depression*. Primary supervisor ('eerste promotor').
- Bas Kooiman (2019 – 2024). *StayFine: A personalized monitoring and intervention app to prevent relapse of anxiety and depressive disorders in youth and young adults*. Secondary supervisor ('tweede promotor').

- Jessy Bergamin (2019 – 2024). *Psychiatry and autonomy*. Secondary supervisor ('tweede promotor').
- Caroline Heuschen (2019 – 2024). *Suicidality in mental health disorders*. Secondary supervisor ('tweede promotor').
- Suzanne Robberegt (2018 – 2024). *StayFine: A personalized monitoring and intervention app to prevent relapse of anxiety and depressive disorders in youth and young adults*. Part-time PhD, primary supervisor ('eerste promotor').

Former PhD's

- Junus van der Wal (2020 – 2024). *Unraveling the dynamics of depression in high-risk urban populations using a complex systems approach*. Primary supervisor ('eerste promotor').
- Amanda Legemaat (2018 – 2022). *Neuropsychological functioning and cognitive remediation in depression and relapse prevention*. Primary supervisor ('eerste promotor').
- Josefien Breedvelt (2017 – 2021). *Preventing onset and recurrence in common mental health disorders*. Primary supervisor, ('eerste promotor') in collaboration with the Mental Health Foundation London and prof. Simon Gilbody, (York University, UK).
- Zhongfang Fu (2016 – 2021). *Minimal interventions for common mental health problems and conditions in low- and middle-income countries*. Primary supervisor ('eerste promotor').
- Margo de Jonge (2011-2019). *Hope: Emotions, cognitions and the effectiveness and cost-effectiveness of a psychological intervention to prevent depressive relapse in cognitive behavioral therapy responders*. Part-time PhD, shared supervision Vrije Universiteit Amsterdam. (secondary promotor 'tweede promotor').
- Hermien Elgersma (2008-2019; PhD defence 13 Jun 2019). *Cognitive risk factors for the recurrence of depression, self-associations, cognitive reactivity and attentional bias*. Part-time PhD. (primary supervisor; 'eerste promotor').
- Marlies Brouwer (2014-2018; PhD defence 7 Jun 2019). *Exploring transgenerational approaches to prevent common mental disorders*. (primary supervisor; 'eerste promotor').
- Nicola Klein (2013-2019; PhD defence 21 Mar 2019). *Relapse prevention strategies for recurrent depression* (part-time PhD, primary supervisor; 'eerste promotor').
- Retha Arjadi (2013-2018; PhD defense 13 Dec 2018). *A step toward bridging the mental health gap using the internet*. (primary supervisor; 'eerste promotor').
- Floor Bennebroek Evertsz (2009-2017; PhD defense 1 Dec 2017). *The effectiveness of cognitive behavioral therapy on the quality of life and anxiety and depression in patients with inflammatory bowel disease*. (part-time PhD, secondary supervisor; 'tweede promotor').

- Nina Molenaar (2014-2018; PhD defence 21 Nov 2018). Antidepressants in the perinatal period: Challenging choices in current practice. In collaboration with Witte Hoogendijk, Erasmus MC. (secondary supervisor; 'tweede promotor').
- Christien Slofstra (2012-2017; PhD defense 30 Nov 2017). Moving onwards: Affective change, mental imagery, and depressive relapse. (primary supervisor; 'eerste promotor').
- Lonneke van Tuil (2012-2017; PhD defence 18 May 2017). Self-esteem in depression and anxiety: Low, unstable, and discrepant? (secondary supervisor with Prof. de Jong; 'tweede promotor', RuG).
- Tjitte Verbeek (2011-2016; MD/PhD, PhD defence 20 Jan 2016). The effect of psychological interventions in pregnant women on somatic outcomes in their offspring. (secondary supervisor with Prof. Berger; 'tweede promotor', UMCG).
- Judith Meijer (2009-2015; PhD defence 23 Nov 2015). Depressive and anxiety symptoms during pregnancy and the effect of perinatal psychological interventions. (primary supervisor; 'eerste promotor').
- Gerard van Rijsbergen (2010-2014; PhD defence 18 Dec 2014). How do you feel? Understanding the impact of emotion and cognition on the course of depressive symptomatology. (primary supervisor; 'eerste promotor').
- Chantal Beijers (2011-2014; PhD defence 20 Oct 2014). Why do pregnant woman (not) smoke and drink? The role of personality, stress and pregnancy related life events. (secondary supervisor; 'tweede promotor' RuG/UMCG).
- Marielle Hendriksen (2007-2014; PhD defence 9 Oct 2014). Pieces of a clinical puzzle: Analyzing the alliance in psychodynamic psychotherapy for depression. Therapeutic technique, alliance, personality and therapist characteristics. (secondary supervisor; 'tweede promotor').
- Gemma Kok (2009-2014; PhD defence 29 Sept 2014). Under pressure: Pathways to relapse in depression, the role of stress and trauma. (primary supervisor; 'eerste promotor').
- Anja Lok (2008-2012; PhD defence 9 Dec 2013). Time after time: Biological factors in the course of recurrent depression. (secondary supervisor; 'tweede promotor', UvA/AMC).
- Mascha ten Doesschate (2006-2009; PhD defence 18 Nov 2009). Adherence, quality of life and risk factors in recurrent depression. ('co-promotor').

Ongoing Postdoc's

- Alvin Junus
- Nadia van der Spek
- Evi-Anne van Dis
- Marlies Brouwer

Teaching

Since 1999 I have taught courses at the faculty of Medicine, at the faculty of Behavioural and Social Sciences (Clinical Psychology), at interdisciplinary courses (Science faculty), and at postdoctoral level for clinical psychologists (to become licensed clinical psychologist). I have taught, both at the undergraduate, graduate, PhD level and post-doctorate clinical level, including a semester of guest lectures at summer schools.

I am an enthusiastic and dedicated teacher and have experience with curriculum development as well as teaching. Apart from supervising 'bachelor-, and master-theses', I coordinated and have taught in 'Psychopathology and phenomenology', 'Introduction to Cognitive Behavior Therapy (CBT)', 'Diagnostic skills', 'Evidence based treatment', 'Affective disorders', 'Capita Selecta psychological interventions and working mechanisms', interdisciplinary honours- and research master mental health science courses and in the PhD education program (such as 'Conducting RCT's'). I also teach in the post-doctoral clinical program and was in charge of treatment curriculum for the 'postdoctoral training for licensed clinician GZ opleiding' for 8 years until 2014. Since 2019 I am the head of the postdoctoral clinical training at CCD. This resulted in positive evaluations by students, including receiving a 'teacher of the year award' (2016, postgraduate education Clinical Neuropsychology).

I feel honoured that I received 'the teacher of the year award' in the post-doctoral training in clinical neuropsychology (2016, RINO, Utrecht). In addition, I received with colleagues a teaching innovation award (NWO, University of Groningen, 2013-2015) to develop blended learning for the development and skills training of e-health interventions. I also initiated and co-developed at the department of Clinical Psychology the bin-national international Clinical Master.

Academic Grants

Granted

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| 2023 | Urban Mental Health Research Priority Area UvA: 2024-2029. Prof. C. L. Bockting & Prof. R. Wiers, directors. |
| 2023 | <i>Social connection as intervention within a cultural diverse setting to improve health outcomes in Indonesia.</i> Ministry of Finance PhD fund 2024-2028. Prof. Bockting, C. L. (PI) , A. Ayuningtias (PhD student). |
| 2023 | <i>Toward sustainable effects of rTMS for Major Depressive Disorder by supplementing it with Preventive Cognitive Therapy.</i> ZonMw. Prof. C. L. Bockting , L. Aben (PI). |

- 2023 *Improving treatment of severe major depressive disorder by reducing negative future-oriented mental imagery.* The Netherlands Organisation for Health Research and Development (ZonMw). **Prof. C. L. Bockting (PI)**, Dr. E.A. van Dis (co-PI).
- 2023 *Effectiveness of Online versus Blended Therapy in Suicide Prevention.* Stichting Fonds Suïcidepreventie. **Prof. C. L. Bockting (PI)**, Dr. S. Mérelle (113 Zelfmoordpreventie), Dr. R. Gilissen (113 Zelfmoordpreventie).
- 2022 *BiOmarkers to Personalise Treatment of depression (BOOST depression).* Dutch Research Agenda NWA. Prof G. van Wingen (PI; AMC), **Prof. C. L. Bockting** (Project Member).
- 2022 *Boosting mental health in Europe in times of change.* Horizon European Commission fund. **Prof. C. L. Bockting**, & R. Wiers (**Work Package lead:** finding new target points to improve mental health), Annet Kleiboer (Vrije University; PI).
- 2022 *BeNeFIT: Targeting suicidality in young adults: a randomized controlled trial evaluating the (cost)-effectiveness of Attachment Based Family Therapy compared to Treatment as Usual.* The Belgian Health Care Knowledge Centre (KCE) and ZonMw. **Prof. C. L. Bockting (PI)**, Prof. D. A. J. P. Denys (AMC), Prof. G. Bosmans (KU Leuven), Prof. C. Braet (UGent), Prof. G. Lemmens (UZ Gent), Dr. J. Lokkerbol (Trimbos), F. Ringlet, Prof. B. van den Hoofdakker (Accare), Dr. N. van der Spek (VUmc).
- 2021 *Leveraging computational social sciences and natural language processing to optimize engagement and response to low-intensity CBT for depression and anxiety.* Indiana Clinical and Translational Science Institute (CTSI), KL2 Young Investigator Award in Clinical-Translational Research. L. Lorenzo-Luaces, Prof. H. Bollen (co-mentor), **Prof. C. L. Bockting (co-mentor)**.
- 2021 *The effects of neighbourhood social cohesion on preventing depression and anxiety among adolescents and young adults: rapid review.* Wellcome Trust. **Prof. C. L. Bockting (PI)**, Dr. J. Breedvelt (PI), Dr. H. Tiemeier, E. Sharples, S. Galea, Dr. C. Niedzwiedz, Dr. I. Elliott.
- 2021 *Training relapse prevention of licensed psychologist and psychiatrists (GZ, KP, KNP, PoH) Preventive Cognitive Therapy.* Ministry of Health (Ministerie van Volksgezondheid, Welzijn en Sport); **Prof. C. L. Bockting (PI)**, Stichting MIND.
- 2021 *AMIF 2020: Mental HEALTH 4 ALL: Development and implementation of a digital platform for the promotion of access to mental healthcare for low language proficient third-country nationals in Europe/MHEALTH4ALL.* European Commission. With twenty European partners, B. Schouten (PI), **Prof. C. L. Bockting**.
- 2021 *Understanding the Wellbeing and Mental Health of Caregivers and their Very Young Children in an Urban Context.* Bernard van Leer Foundation; **Prof. C. L. Bockting (PI)**, Prof. R. Wiers, Dr. J. Breedvelt, Dr. M. Brouwer.

- 2020 *Developing a novel paradigm to improve diagnosis, prognosis and treatment of multimorbidity grounded in dynamic networks of symptoms and signs for older patients with multimorbidity.* The Netherlands Organisation for Health Research and Development (ZonMw). Open competition. Prof. Olde Rikkert (PI, Radboudumc), Dr Peeters (RadboudUMC), **Prof. C. L. Bockting (Co-PI)**, Prof. Gill (Yale School of Medicine, USA).
- 2020 *Effectiveness of an innovative e-mental health intervention for Syrian and other groups of distressed adolescents living in Jordan.* Research for Health in Humanitarian Crises (R2HC), ELRHA. With World Health Organization (WHO); Dr. M. van Ommeren (PI), Dr. K. Carswell, Dr. P. Ventevogel, Dr. K. Sorsdahl, Prof. M. Jordans, **Prof. C. L. Bockting.**
- 2019 *Neurocognitive remediation therapy for partial recovered depression.* Dutch Brain Society. **Prof. C. L. Bockting (PI)**, Dr. M. Brouwer, Dr. G. Geurtsen (UvA-AMC) and Dr. H. Burger (UMCG).
- 2019 *Internet-based ER training in adolescents with depressive and anxiety disorders: a randomized controlled trial of its effectiveness and acceptability.* Stichting tot Steun VCVGZ. Prof. J.J.M. Dekker (PI; VU, Arkin), C. Christ, MSc (VUmc, Arkin), Dr. M. Blankers (Arkin, Trimbos Institute), Y. Stikkelbroek (UU), M.A. Wisman, MSc. (Arkin), **Prof. C. L. Bockting (UvA-AMC)**, Dr. N. van der Spek (VU), Dr. M. Kikkert (Arkin), K. Berk-Degeffa, MSc. (Arkin).
- 2019 Urban Mental Health Research Priority Area Urban Mental Health: Unraveling new pathways to improve urban mental health: from complexity to action. University of Amsterdam. 2019-2023. **Prof. C. L. Bockting & Prof. R. Wiers (co- PI and -director)**
- 2018 Funding for mini-workshop on complexity in mental health. Netherlands Platform Complex Systems. **Prof. C. L. Bockting.**
- 2018 *Does time heal everything? A complex dynamical systems approach to emotional functioning and relapse in depression.* NWO research talent M. Eijlander, **prof. C. L. Bockting (PI)**, prof. P.M.A. Sloot (IAS), Prof. A. Hayes (University of Delaware, USA).
- 2018 *Establishment Grants: Resilience in Recurrent Depression: The Role of Successful Stress Recovery in Long-Term Remission.* Saskatchewan Health Research Foundation. PI: dr. S. Beshai, University of Regina, Canada; Co-applicant: **C. L. Bockting.**
- 2018 Determining effective relapse prevention strategies for recurrent depression and moderators of treatment outcome – what works for whom? **C. L. Bockting (AMC)**, APH Mental Health alliance. J. Breedvelt (AMC), van Oppen (VUmc).
- 2018 *MENTALLY: Improving access to mental health care and mental health literacy.* European Commission Consumers, Health, Agriculture & Food Executive Agency

- Health Programme. DeWaele, Experimental Clinical and Health Psychology, Ghent University, Belgium. Prof C. L. Bockting (project member).*
- 2017 *Stay Fine: a personalized monitoring and intervention app to prevent relapse of anxiety and mood disorders in youth and young adults. Bockting, C. L. (Co-PI), Y. Stikkelbroek (PI) and M.H. Nauta. ZonMW, RuG, AMC.*
- 2017 *Relapse prevention in depression: a dissemination project. ZONMW, VIMP. 2017-2018. Bockting, C. L. (PI).*
- 2017 *Unraveling co-morbidity in mental health disorders; personalised affective models and multi modal personalised interventions in co-morbid conditions. Arq trauma institute. Bockting, C. L. (PI).*
- 2017 *Beating co-morbidity using mobile interventions: Depression in HIV in rural and urban South Africa and the potential for other low/middle income countries. PhD proposal. UU, Ndlovu Research Consortium and University of the Witwatersrand, Johannesburg. Bockting, C. L. (PI).*
- 2016 *Minimal interventions for common mental health problems and conditions in low- and middle-income countries. China Scholarship Council fund 2016-2020. Bockting, C. L. (PI), PhD student Z. Fu.*
- 2016 *NIAS research Theme group (PI, Bockting, C. L., 5 months): My optimism wears heavy boots: So much research, so few implications, towards 'patient-proof' empirical models and more effective interventions in mental health.*
In collaboration with professor E.A. Holmes, Medical Research Council Cognition and Brain Sciences Unit (MRC CBU), Cambridge, UK and Karolinska Institute, Sweden, professor C. Harmer, professor of Cognitive Neuroscience, University of Oxford, UK, professor S.D. Hollon, professor of Psychology and Psychiatry, Vanderbilt University, USA, associate professor G. Siegle, Departments of Psychiatry, Psychology, and Translational Sciences, University of Pittsburgh School of Medicine, USA, H. Tiemeijer, professor of Psychiatric Epidemiology, Erasmus University, associate professor A. Cramer, Department of Methodology, University of Amsterdam, dr. C. Vinkers assistant professor at the Department of Psychiatry of the University Medical Center in Utrecht, professor M. van den Hout, professor of Experimental Psychopathology at Utrecht University and Ph. Spinhoven, professor of Clinical Psychology, Leiden University.
Personal fellowship.
- 2016 *Diagnostics and multi-modal intervention for victims of human trafficking (2016-2017), In collaboration with Arq Psychotrauma expertise center, Equator, dr. Pim Scholte.*
- 2016 *Recovery and personalised models and treatment for refugees with mental health problems (2016-2017). In collaboration with Arq. In collaboration with Arq Psychotrauma expertise center, Equator, dr. Pim Scholte.*

- 2015 *I make you smile: Using facial expression to detect and tackle depression*. Seed Money 2016 UU. **Prof. C. L. Bockting (PI)**, Alishia Williams (Co-PI) and the department of Information and Computer Sciences; Ronald Poppe.
- 2015 *Differential Efficacy of Supportive-Expressive and Cognitive Behavioral Interventions in Dependent and Self-critical Depressive Patients: A Randomized Controlled Trial*. Ghent University (SCS RCT). In collaboration with dr. R. Meganck (Ghent University). PhD trajectory.
- 2015 *Predicting and Understanding Neurocognitive Mechanisms of Relapse Prevention: a randomized controlled trial of preventive cognitive therapy in remitted Major Depressive Disorder using fMRI and pupillometry*. NWO VENI grant, Hersenstichting Nederland (HS) ass. prof. M.J. van Tol (PI). In collaboration with UMCG (R.S. van Kleef, and prof. A. Aleman).
- 2014 *Stop or Go? Tapering antidepressants in pregnancy: a pragmatic multicenter RCT to investigate risk and benefits for mother and child*. ZonMW/NWO Goed Geneesmiddelen Gebruik. In collaboration with Psychiatry (assoc. prof. M. van de Berg, Erasmus University; PI, **Prof. C. L. Bockting Co-PI**, UU) and UMCG (assoc. prof. H. Burger; UMCG).
- 2014 *Victimization in depressed patients; the role of emotion regulation*. NWO. **Prof. C. L. Bockting (Co-PI)**, in collaboration with VUmc, Arkin (prof. A. Beekman PI, prof. J. Dekker, dr. M. Kikkert, dr. R. Van, dr. A. van Schaik, C. Christ (PhD candidate).
- 2013 *The effectiveness of online behavioural activation led by lay health counsellors for depression in The Netherlands and Indonesia*. **Prof. C. L. Bockting (PI)**. Indonesian national research fund. In collaboration with the London school of Hygiene and Tropical Medicine and Sangath (assoc. prof. N. Chowdhary, London, UK, Goa, India), Vanderbilt University (prof. S.D. Hollon; Nashville, USA) and Equator/Arq Psychotrauma Expert group (P. Scholte) and ass. prof. M.H. Nauta (RuG) PhD candidate: R. Arjadi.
- 2013 *Blended internet-based CBT for children with anxiety disorders: what can individual changes tell us?* ZonMW Effectief jeugd. **Prof. C. L. Bockting (Co-PI)** In collaboration with Acarre, RuG (prof. P. Kendall; Tempel University, USA, Ass. prof. M. Nauta, PI; ass. prof. B. van de Hoofdakker; RuG), and de Bascule (prof. E. de Haan; AMC, UvA). Postdoc: dr. G. Kok.
- 2013 *Prescribing blended care combining face-to-face contacts with web-based guided self-help instead of antidepressants for depression in general practice; a cluster randomized pragmatic trial*. ZonMW/NWO. **Prof. C. L. Bockting (Co-PI)**, in collaboration with the department of general practice. Assoc. prof. H. Burger (PI; UMCG).

- 2012 *Work on your imagination: An innovative approach to depression, targeting emotions using imagery.* NWO. In collaboration with MRC Cognition and Brain sciences unit, University of Cambridge/Karolinska Institute (prof. E. Holmes, UK). PhD student: C. Slofstra. **Prof. C. L. Bockting (PI).**
- 2011 *Effectiveness of continuation CT in preventing relapse in depression.* NWO/ZonMW. In collaboration with mental health care center Amsterdam: **Prof. C. L. Bockting (Co-PI)**, Arkin (prof. J. Dekker, PI) and VU University. PhD candidate: M. de Jonge.
- 2011 *Evaluation of online-based relapse prevention Intervention in Patients with Major Depressive Disorder.* Role: advisor. BMBF. Ch diseases and orientation towards patients. In collaboration with prof. M. Berking (PI) and ass. prof. D. Ebert (Marburg University, Germany), 2011.
- 2010 *Effectiveness of monitoring and nurse delivered preventive CT in preventing relapse in depression in primary care.* NWO/ZonMW. **Prof. C. L. Bockting (Co-PI)**, in collaboration with VU University General practice department, primary care (assoc. prof. H. van Marwijk, PI).
- 2010 Effects of cognitive behavioural therapy for antenatal depression and anxiety on physical birth outcomes. ZonMW. **Prof. C. L. Bockting (Co-PI)**, in collaboration with the department of general practice UMCG Groningen/OLVG Amsterdam (Prof. M. Berger; PI and assoc. prof. H. Burger). Costs MD/PhD trajectory T. Verbeek.
- 2009 *Cost-effectiveness of an e-mental health self-management intervention with automated tele-monitoring for recurrent depression and co-morbidity with chronic somatic disorders.* (**Bockting, C. L., PI**), ZonMW disease management chronic diseases. In collaboration with the University of Pennsylvania (prof. A.T. Beck, USA), VU University (general practice department and clinical psychology; prof. H. Ripper, prof. P. Cuijpers), Trimbos institute Utrecht (prof. F. Smit) and several mental health care centers.
- 2009 *Cost-effectiveness of tapering antidepressants versus preventive cognitive therapy and the combination of continuation of antidepressants with preventive cognitive therapy.* (**Bockting, C. L., PI**). ZonMW Doelmatigheid K&E. In collaboration with the Beck Institute USA (prof. A.T. Beck, USA), Vanderbilt University (prof. S.D. Hollon, USA, Second promoter), University of Maastricht, Psychiatry UMCG Groningen, University of Amsterdam AMC, Amsterdam, Erasmus University, Department of work related disorders (AMC) and several mental health care centers. PhD student G. van Rijsbergen.
- 2008 *Disrupting the rhythm of depression: Effectiveness and cost-effectiveness and mediating factors of preventive cognitive therapy in the prevention of recurrent major depressive disorder.* (**Bockting, C. L., PI**). ZonMW, OOG (PhD student H. Elgersma). In

collaboration with the Beck Institute USA (dr. A.T. Beck, USA), Vanderbilt University, University of Maastricht, Psychiatry UMCG Groningen, University of Amsterdam AMC, Amsterdam, Erasmus University, Department of work-related disorders (AMC) and several mental health care centers).

- 2008 *Prevention of psychosocial problems in the offspring of mothers with symptoms of depression or anxiety during pregnancy: benefits for mother and child.* (**Bockting, C. L., Co-PI**). ZonMW. In collaboration with the departments of Epidemiology, Psychiatry and Gynecology UMCG and department of general practice (ass. prof. H. Burger H.; PI), PhD student RuG (**promotor**): J. Meijer. PhD student UMCG: C. Beijer.
- 2008 *Internet-supported self-management of recurrent depression with automated monitoring of health outcomes: demonstration project and evaluation.* VWS/ZonMW. **Prof. C. L. Bockting (PI)**, in collaboration with Trimbos institute and mental health care center Amsterdam, prof. J. Dekker (Arkin/VU), and prof. F. Smit (VU).
- 2008 *Effectiveness and cost-effectiveness of cognitive therapy in Inflammatory Bowel Disease, a multi-center trial.* MLD. **Prof. C. L. Bockting (Co-PI)**, in collaboration with the department of Medical Psychology (prof. M. Sprangers, AMC, University of Amsterdam; prof. R. Sanderman UMCG, RUG).
- 2008 *Improving diagnosis and prognosis in bipolar and unipolar patients: the role of fMRI to determine biomarkers in addition to clinical measurements.* NWO/ZonMW, OOG. **Prof. C. L. Bockting (project member)**, in collaboration with Rive, M., Ruhé, H.G., prof. A. Schene, A.H., prof. D. Veltman (AMC, University of Amsterdam). EUR.
- 2008 *Preventing anxiety and mood disorders in youth: a multi-center prevention trial in high risk offspring of anxious and depressed patients.* NWO/ZonMW Preventie. **Prof. C. L. Bockting**, in collaboration with ass. prof. Nauta M. (PI), project member, UMCG Psychiatry and Accare.
- 2001 *Somatic, psychological and social course in patients with recurrent depression.* Nationaal Fonds Geestelijke Volksgezondheid. **Prof. C. L. Bockting (Co-PI)**, in collaboration with prof. A. Schene and prof. Ph. Spinhoven.

Reviewing and Other Academic Activities

- | | |
|----------------|---|
| 2023 – current | Member of the American Psychological Association (APA) |
| 2023 – current | Elected member of the Scientific Research Honor Society (Sigma Xi) |
| 2022 – current | Co-editor of Proceedings of the European Academy of Sciences and Arts (PEASA) |
| 2022 – current | Elected member of the European Academy of Sciences and Arts (Class II – Medicine) |

CV – C. L. Bockting

- 2021 – current Committee member of the Netherlands Organisation for Health Research and Development (ZonMw; mental health)
- 2019 – current President of the European Association for Clinical Psychology and Psychological Treatment (EACLIPT).
- 2018 – current Editorial board member of *Clinical Psychology Europe*.
- 2018 – current Chair of safety board STRENGTHS Global Mental Health study in 8 countries, Horizon 2020 fund, conducted by Sijbrandi *et al.*
- 2016 – current Technologies (ENJECT) Member of European Network for the Joint Evaluation of Connected Health Technologies (ENJECT), COST Action TD1405 TransDomain Proposal.
- 2007 – current Reviewer of grant applications: NWO open round MAGW, Swiss, Israel, Belgium, Canada, Germany, UK, EU Horizon, NWA, NIMH, Wellcome Trust, EU personal grants.
- 2007 – current Initiator International Taskforce for RelAapse Prevention of depression (ITFRA) (PIs: Bajbouj, M., **Bockting, C. L.**, Bondolfi, G., Browning, M., Farb, N., Van Heeringen, C., Hoorelbeke, K., Hollandare, F., Jarrett, R., Klein, D., Kuyken, W., Schloegelhofer, M., Scott, J., Segal, Z., Shallcross, A., Speckens, A., Strangier, U., Teasdale, J., Williams, M., J. Breedvelt).
- 2005 – current Reviewer of *JAMA*, *American Journal of Psychiatry*, *Journal of Consulting and Clinical Psychology*, *Psychotherapy and Psychosomatics*, *Journal of Affective disorders*, *Lancet Psychiatry*, BM.
- 2017 – 2022 Co-editor of *European Psychologist*.
- 2014 – 2022 Co-editor *PLoS ONE*.
- 2017 – 2019 Board member of the European Association for Clinical Psychology and Psychological Treatment (EACLIPT).
- 2013 – 2015 Board member of advisory committee for the ministry of health and united insurance companies.
- 2008 – current Co-developer of the national multidisciplinary guideline committee on diagnoses and treatment of depression and anxiety disorders ('*Zorgstandaard Depressie*', Trimbos), on behalf of the association of health-, and clinical psychologists and the Dutch CBT association (NVGZP and VGCT).
- 2007 – 2017 President of the affective disorders board of the Dutch Association of Behaviour & Cognitive Therapies.
- 2006 – 2011 Initiator Special Interest Group 'depression' (SIG of the European Association of Behavioural and Cognitive Therapy; EABCT).
- 2008 – 2015 Member of education committee of the Dutch and Flemish Postgraduate School for Experimental Psychopathology.

CV – C. L. Bockting

- 2011 – 2012 Member of visitation committee of national postdoctoral Clinical Psychologist education (*KP-opleiding*).
- 2006 – 2012 Editor in chief of treatment books for therapists (publisher: Bohn Stafleu van Loghum).

Editorials on Work

2021

Kirby, T. (2021). Claudi Bockting: preventing common mental health conditions. *Lancet Psychiatry*, 8(2), 103. doi:10.1016/S2215-0366(20)30562-9

2018

Fava, G. A. (2018). Time to rethink the approach to recurrent depression. *Lancet Psychiatry*, 5(5), 380–381. doi:10.1016/S2215-0366(18)30128-7

Publications in International Refereed Journals

2024

Bennebroek Evertsz', F., **Bockting, C. L.**, Braamse, A., Van Dissel, M. N. M., Duijvestein, M., Kager, L. M., Kool, M., Löwenberg, M., Mares, W., Nieuwkerk, P., Sipkema, H. A., Young, Z., & Knoop, H. (2024). Implementation of 'IBD-Specific Cognitive Behavioural Therapy' for Patients with Inflammatory Bowel Diseases with Poor Mental Quality of Life, Anxiety and Depression. *Journal of Clinical Psychology in Medical Settings*. <https://doi.org/10.1007/s10880-023-09996-8>

Besten, M. E., van Vugt, M., Riese, H., **Bockting, C. L.**, Ostafin, B. D., Aleman, A., & van Tol, M.-J. (2024). Understanding mechanisms of depression prevention: Study protocol of a randomized cross-over trial to investigate mechanisms of mindfulness and positive fantasizing as intervention techniques for reducing perseverative cognition in remitted depressed individuals. *BMC Psychiatry*, 24(1), 141. <https://doi.org/10.1186/s12888-024-05592-8>

de Jonge, M., Blankers, M., **Bockting, C. L.**, van Dijk, M. K., Kikkert, M. J., & Dekker, J. J. M. (2024). Economic evaluation of preventive cognitive therapy versus care as usual in cognitive behavioral therapy responders. *Frontiers in Psychiatry*, 14. <https://doi.org/10.3389/fpsy.2023.1134071>

Deisenhofer, A.-K., Barkham, M., Beierl, E. T., Schwartz, B., Aafjes-van Doorn, K., Beevers, C. G., Berwian, I. M., Blackwell, S. E., **Bockting, C. L.**, ... Cohen, Z. D. (2024). Implementing precision methods in personalizing psychological therapies: Barriers and possible ways forward. *Behaviour Research and Therapy*, 172, 104443. <https://doi.org/10.1016/j.brat.2023.104443>

Franzoi, D., **Bockting, C. L.**, Bennett, K. F., Odom, A., Lucassen, P. J., Pathania, A., Lee, A., Brouwer, M. E., van de Schoot, R., Wiers, R. W., & Breedvelt, J. J. F. (2024). Which individual, social, and urban factors in early childhood predict psychopathology in later childhood, adolescence and young adulthood? A systematic review. *SSM - Population Health*, 25, 101575. <https://doi.org/10.1016/j.ssmph.2023.101575>

2023

- Breedvelt, J., Karyotaki, E., Warren, F. C., Brouwer, M. E., Jermann, F., Hollandare, F., Klein, N., de Jonge, M., Klein, D. N., Farb, N., Segal, Z., ... **Bockting, C. L.** (in press). An Individual Participant Data meta-analysis of psychological interventions for preventing depressive relapse. *Nature Mental Health*.
- Böttcher, L., Breedvelt, J. J. F., Warren, F. C., Segal, Z., Kuyken, W., & **Bockting, C. L.** (2023). Identifying relapse predictors in individual participant data with decision trees. *BMC Psychiatry*, 23(1), 835. <https://doi.org/10.1186/s12888-023-05214-9>
- Gülpen, J., Brouwer, M. E., Geurtsen, G. J., van Dis, E. A. M., Denys, D. A. J. P., & **Bockting, C. L.** (2023). Treatments for partial remission of major depressive disorder: A systematic review and meta-analysis. *BMJ Mental Health*, 26(1), 1–9. <https://doi.org/10.1136/bmjment-2023-300827>
- van der Wal, J. M., van Borkulo, C. D., Haslbeck, J. M. B., Slofstra, C., Klein, N. S., Blanken, T. F., Deserno, M. K., Lok, A., Nauta, M. H., & **Bockting, C. L.** (2023). Differential impact of preventive cognitive therapy while tapering antidepressants versus maintenance antidepressant treatment on affect fluctuations and individual affect networks and impact on relapse: A secondary analysis of a randomised controlled trial. *eClinicalMedicine*, 66. <https://doi.org/10.1016/j.eclinm.2023.102329>
- Arjadi, R., Kusumawardhani, S. J., Purnomo, N., & **Bockting, C. L.** (2023). Benefits and challenges in implementing online mental health consultation in Indonesia: Survey in practitioners. *Jurnal Psikologi Ulayat: Indonesian Journal of Indigenous Psychology*. <https://doi.org/10.24854/jpu726>
- Reininghaus, U., Daemen, M., Postma, M.R., Schick, A., ... **Bockting, C. L.**, van Amelsvoort, T. (2023). Transdiagnostic Ecological Momentary Intervention for Improving Self-Esteem in Youth Exposed to Childhood Adversity: The SELFIE Randomized Clinical Trial. *JAMA Psychiatry*. doi:10.1001/jamapsychiatry.2023.4590
- Bockting, C. L.**, van Dis, E. A. M., van Rooij, R., Zuidema, W., & Bollen, J. (2023). Living guidelines for generative AI — why scientists must oversee its use. *Nature*, 622, 693-696.
- van Kleef, R., Kaushik, P., Besten, M., Marsman, J., **Bockting, C. L.**, van Vugt, M., Aleman, A., van Tol, M. (2023). Understanding and predicting future relapse in depression from resting state functional connectivity and self-referential processing. *Journal of Psychiatric Research*, 165, 305-314.
- Kooiman, B. E., Robberegt, S. J., Albers, C. J., **Bockting, C. L.**, Stikkelbroek, Y. A., & Nauta, M. H. (2023). Congruency of multimodal data-driven personalization with shared decision-making for Stay-Fine: individualized app-based relapse prevention for anxiety and depression in young people. *Frontiers in psychiatry*, 14, 1229713. <https://doi.org/10.3389/fpsy.2023.1229713>
- Meganck, R., Desmet, M., van Nieuwenhove, K., de Smet, M., Hennissen, V., Truijens, F., de Geest, R., Hermans, G., **Bockting, C. L.**, Norman, U. A., Loeys, T., Inslegers, R., van den Abeele, T., Baeken, C., Vanheule, S. (2023). The Ghent Psychotherapy Study: A Pragmatic, Stratified, Randomized

Parallel Trial into the Differential Efficacy of Psychodynamic and Cognitive-Behavioral Interventions in Dependent and Self-Critical Depressive Patients. *Psychotherapy Psychosomatics*, 92(4), 267–278. <https://doi.org/10.1159/000531643>

- Asbrand, J. Gerdes, S., Breedvelt, J., Guidi, J., Hirsch, C., Maercker, A., Douilliez, C., Andersson, G., Debbane, M., Cieslak, R., Winfried, R. & **Bockting, C. L.** (2023). Clinical Psychology and the COVID-19 Pandemic: A Mixed Methods Survey Among Members of the European Association of Clinical Psychology and Psychological Treatment (EACLIPT). *Clinical Psychology in Europe*, 5(1), Article e8109. doi: 10.32872/cpe.8109
- Broeks, C. W., Molenaar, N., Brouwer, M., van den Akker, E. L. T., van Rossum, E. F. C., Van, R., van den Berg, S. A. A., Hillegers, M., Hoogendijk, W. J. G., Burger, H., **Bockting, C. L.**, Kamperman, A. M., & Lambregtse-Van den Berg, M. P. (2023). Intergenerational impact of childhood trauma on hair cortisol concentrations in mothers and their young infants. *Comprehensive Psychoneuroendocrinology*, 14, 100167. doi: 10.1016/j.cpnec.2023.100167
- Chavez-Baldini, U., Nieman, D. H., Keestra, A., Lok, A., Mocking, R. J., De Koning, P., Krzhizhanovskaya, V.V., **Bockting, C. L.**, Van Rooijen, G., Smit, D. J. A., Sutterland, A. L. & Verweij, K. J. H. (2023). The relationship between cognitive functioning and psychopathology in patients with psychiatric disorders: a transdiagnostic network analysis. *Psychological Medicine*, 53(2), 476–485. doi: 10.1017/S0033291721001781
- Legemaat, A. M., Haagedoorn, M. A. S., Burger, H., Denys, D., **Bockting, C. L.**, & Geurtsen, G. J. (2023). Is suboptimal effort an issue? A systematic review on neuropsychological performance validity in major depressive disorder. *Journal of Affective Disorders*, 323, 731–740. doi: 10.1016/j.jad.2022.12.043
- van Dis, E. A. M., Bollen, J., Zuidema, W., van Rooij, R., & **Bockting, C. L.** (2023). ChatGPT: five priorities for research. *Nature*, 614(7947), 224–226. <https://doi.org/10.1038/d41586-023-00288-7>
- Willemen, F. E. M., Heuschen, C. B. B. C. M., Zantvoord, J. B., Galenkamp, H., de Wit, M. A. S., Zwinderman, A. H., Denys, D. A. J. P., **Bockting, C. L.**, Stronks, K., & Lok, A. (2023). Perceived ethnic discrimination, suicidal ideation and mastery in a multi-ethnic cohort: the HELIUS study. *BJPsych Open*, 9(1). doi: 10.1192/bjo.2022.640

2022

- Bergamin, J., Luigjes, J., Kiverstein, J., **Bockting, C. L.**, & Denys, D. (2022). Defining Autonomy in Psychiatry. *Frontiers in Psychiatry*, 13. doi:10.3389/fpsy.2022.801415
- Bockting, C. L.**, Legemaat, A. M., van der Stappen, J., Geurtsen, G. J., Semkovska, M., Burger, H., Bergfeld, I. O., Lous, N., Denys, D., & Brouwer, M. (2022). Augmenting neurocognitive remediation therapy to Preventive Cognitive Therapy for partially remitted depressed patients: protocol of a pragmatic multicentre randomized controlled trial. *BMJ open*, 12(6), e063407. doi: 10.1136/bmjopen-2022-063407

- Bockting, C. L.**, & Rief, W. (2022). Ambassadors of Clinical Psychology and Psychological Treatment. *Clinical Psychology in Europe*, 4(1), 1-2. doi: 10.32872/cpe.8545
- Breedvelt, J. J., Tiemeier, H., Sharples, E., Galea, S., Niedzwiedz, C., Elliott, I., & **Bockting, C. L.** (2022). The effects of neighbourhood social cohesion on preventing depression and anxiety among adolescents and young adults: rapid review. *BJPsych open*, 8(4). doi:10.1192/bjo.2022.57
- Bringmann, L. F., Albers, C., **Bockting, C. L.**, Borsboom, D., Ceulemans, E., Cramer, A., Epskamp, S., Eronen, M. I., Hamaker, E., Kuppens, P., Lutz, W., McNally, R. J., Molenaar, P., Tio, P., Voelkle, M. C., & Wichers, M. (2022). Psychopathological networks: Theory, methods and practice. *Behaviour Research and Therapy*, 149, 104011. doi: 10.1016/j.brat.2021.104011
- Brouwer, M., Hofstee, L., van den Brand, S. A. G. E., Teijema, J., Ferdinands, G., de Boer, J., ... **Bockting, C. L.** (2022). AI-aided Systematic Review to Create a Database with Potentially Relevant Papers on Depression, Anxiety, and Addiction. doi: 10.31234/osf.io/j6nqz
- Chavez-Baldini, U., Verweij, K., de Beurs, D., **Bockting, C. L.**, Lok, A., Sutherland, A. L., van Rooijen, G., van Wingen, G., Denys, D., Vulink, N., & Nieman, D. (2022). The interplay between psychopathological symptoms: transdiagnostic cross-lagged panel network model. *BJPsych open*, 8(4), e116. doi:10.1192/bjo.2022.516
- Cohen, S. E., Zantvoord, J. B., Wezenberg, B. N., **Bockting, C. L.**, & van Wingen, G. A. (2021). Magnetic resonance imaging for individual prediction of treatment response in major depressive disorder: a systematic review and meta-analysis. *Translational psychiatry*, 11(1), 1-10. doi: 10.1038/s41398-021-01286-x
- Cohen, S., Zantvoord, J., Wezenberg, B., Daams, J., **Bockting, C. L.**, Denys, D., & van Wingen, G. (2022). Electroencephalography for predicting antidepressant treatment success: a systematic review and meta-analysis. doi: 10.31234/osf.io/mvnx
- Heuschen, C. B., Mocking, R. J., Zantvoord, J. B., Figueroa, C. A., Schene, A. H., Denys, D. A., Ruhé, H. G., **Bockting, C. L.**, & Lok, A. (2022). Suicidal ideation in remitted major depressive disorder predicts recurrence. *Journal of Psychiatric Research*, 151, 65–72. doi: 10.1016/j.jpsychires.2022.04.005
- Hitchcock, C., Rudokaite, J., Haag, C., Patel, S. D., Smith, A. J., Kuhn, I., Jermann, F., Ma, S. H., Kuyken, W., Williams, J. M., Watkins, E., **Bockting, C. L.**, Crane, C., Fisher, D., & Dalgleish, T. (2022). Autobiographical memory style and clinical outcomes following mindfulness-based cognitive therapy (MBCT): An individual patient data meta-analysis. *Behaviour Research and Therapy*, 151, 104048. doi:10.1016/j.brat.2022.104048
- Legemaat, A. M., Burger, H., Geurtsen, G. J., Brouwer, M., Spinhoven, P., Denys, D., **Bockting, C. L.** (in press). Effects up to 20-year follow-up of Preventive Cognitive Therapy in adults remitted from recurrent depression: the DELTA study. *Psychotherapy and Psychosomatics*.

- Lokman, J. C., & **Bockting, C. L.** (2022). Pathways to depressive and anxiety disorders during and after the COVID-19 pandemic. *Lancet Psychiatry*, 9(7), 531–533. doi: 10.1016/S2215-0366(22)00152-3
- Korenblik, V., Brouwer, M. E., Korosi, A., Denys, D., **Bockting, C. L.**, Brul, S., & Lok, A. (2023). Are neuromodulation interventions associated with changes in the gut microbiota? A systematic review. *Neuropharmacology*, 223, 109318. <https://doi.org/10.1016/j.neuropharm.2022.109318>
- Robberegt, S. J., Brouwer, M. E., Kooiman, B. E., Stikkelbroek, Y. A., Nauta, M. H., & **Bockting, C. L.** (2022). Meta-analysis: Relapse Prevention Strategies for Depression and Anxiety in Remitted Adolescents and Young Adults. *Journal of the American Academy of Child & Adolescent Psychiatry*. doi: 10.1016/j.jaac.2022.04.014
- Schipper-Kramer Freher, N., Bexkens, A., van Bennekom, M., Veling, W., & **Bockting, C. L.** (2022). Virtual reality for psycho-education on self-stigma in depression: Design of a randomised controlled trial. *Psychiatry Research Communications*, 2(4), 100086. doi: 10.1016/j.psychom.2022.100086
- van Kleef, R. S., Marsman, J. C., van Valen, E., **Bockting, C. L.**, Aleman, A., & van Tol, M. J. (2022). Neural basis of positive and negative emotion regulation in remitted depression. *NeuroImage. Clinical*, 34, 102988. doi: 10.1016/j.nicl.2022.102988

2021

- Bockting, C. L.** (2021). Laudatio for distinguished scholar dr. Aaron T. Beck. *Clinical Psychology in Europe*. Vol. 3 (2) e6871. doi:10.32872/cpe.6871
- Bosch, G., Roos, R., Otten, R., **Bockting, C. L.**, & Smulders, Y. M. (2021). Are patients accurate forecasters of their emotional response to medical conditions? A scoping review on affective forecasting. *BMJ open*, 11(12), e053370. doi: 10.1136/bmjopen-2021-053370
- Breedvelt, J., Brouwer, M. E., Harrer, M., Semkowska, M., Ebert, D. D., Cuijpers, P., & **Bockting, C. L.** (2021). Psychological interventions as an alternative and add-on to antidepressant medication to prevent depressive relapse: systematic review and meta-analysis. *The British journal of psychiatry: the journal of mental science*, 219(4), 538–545. doi: 10.1192/bjp.2020.198
- Breedvelt, J., Warren, F. C., Segal, Z., Kuyken, W., & **Bockting, C. L.** (2021). Continuation of Antidepressants vs Sequential Psychological Interventions to Prevent Relapse in Depression: An Individual Participant Data Meta-analysis. *JAMA Psychiatry*, 78(8), 868–875. doi: 10.1001/jamapsychiatry.2021.0823
- Cohen, S. E., Zantvoord, J. B., Wezenberg, B. N., **Bockting, C. L.**, & van Wingen, G. A. (2021). Magnetic resonance imaging for individual prediction of treatment response in major depressive disorder: a systematic review and meta-analysis. *Translational psychiatry*, 11(1), 168. doi:10.1038/s41398-021-01286-x
- Daemen, M., Postma, M. R., Lindauer, R., Hoes, I., Nieman, D., Breedvelt, J., ... **Bockting, C. L.**, ... Reininghaus, U. (2021). Efficacy of a transdiagnostic ecological momentary intervention for

- improving self-esteem (SELFIE) in youth exposed to childhood adversity: study protocol for a multi-centre randomized controlled trial. *Trials* 22, 641 (2021). doi: 10.1186/s13063-021-05585-y
- Fu, Z., Burger, H., Arjadi, R., Nauta, M. H., & **Bockting, C. L.** (2021). Explaining the efficacy of an internet-based behavioral activation intervention for major depression: A mechanistic study of a randomized-controlled trial. In *Clinical Psychology in Europe* (Vol. 3, Issue 3).doi: 10.32872/cpe.5467
- Furukawa, T. A., Shinohara, K., ..., **Bockting, C. L.**, Breedvelt, J., ..., Hollon, S. D., Cuijpers, P. (2021). Initial treatment choices to achieve sustained response in major depression: a systematic review and network meta-analysis. *World Psychiatry*, 2021 (20), 387–396. doi: 10.1002/wps.20905
- Fu, Z., Brouwer, M. E., Kennis, M., Williams, A., Cuijpers, P., **Bockting, C. L.** (2021). Psychological factors for the onset of depression: a meta-analysis of prospective studies. *BMJ Open*. 2021 11:e050129. doi:10.1136/bmjopen-2021-050129
- Koert, A., Ploeger, A., **Bockting, C. L.**, Schmidt, M. V., Lucassen, P. J., Schranter, A., & Mul, J. D. (2021). The social instability stress paradigm in rat and mouse: A systematic review of protocols, limitations, and recommendations. In *Neurobiology of Stress* (p. 100410). doi:10.1016/j.ynstr.2021.100410
- Legemaat, A. M., Semkovska, M., Brouwer, M., Geurtsen, G. J., Burger, H., Denys, D., & **Bockting, C. L.** (2021). Effectiveness of cognitive remediation in depression: a meta-analysis. *Psychological medicine*, 1–16. Advance online publication. doi:10.1017/S0033291721001100
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2020

- Axelsson, M., Schønning, V., **Bockting, C. L.**, Buysse, A., Desmet, M., Dewaele, A., . . . Hensing, G. (2020). Lived experiences: A focus group pilot study within the MentALLY project of mental healthcare among European users. *BMC Health Services Research*, 20(1), 605. doi:10.1186/s12913-020-05454-5
- Bennebroek Evertsz, F., Sprangers, M. A. G., de Vries, L. M., Sanderman, R., Stokkers, P. C. F., Verdam, M. G. E., . . . **Bockting, C. L.** (2020). I am a total failure: Associations between beliefs and anxiety and depression in patients with inflammatory bowel disease with poor mental quality of life. *Behavioural and Cognitive Psychotherapy*, 48(1), 91-102. doi:10.1017/s1352465819000444
- Breedvelt, J. J. F., Warren, F. C., Brouwer, M. E., Karyotaki, E., Kuyken, W., Cuijpers, P., . . . **Bockting, C. L.** (2020). Individual participant data (IPD) meta-analysis of psychological relapse prevention

- interventions versus control for patients in remission from depression: A protocol. *BMJ Open*, 10(2), e034158. doi:10.1136/bmjopen-2019-034158
- Breedvelt, J. J. F., Zamperoni, V., South, E., Uphoff, E. P., Gilbody, S., **Bockting, C. L.**, . . . Kousoulis, A. A. (2020). A systematic review of mental health measurement scales for evaluating the effects of mental health prevention interventions. *European Journal of Public Health*. doi:10.1093/eurpub/ckz233
- Brouwer, M. E., Molenaar, N. M., Burger, H., Williams, A. D., Albers, C., Lambregtse-van den Berg, M., & **Bockting, C. L.** (2020). Tapering antidepressants while receiving digital Preventive Cognitive Therapy during pregnancy: An experience sampling methodology trial. *Frontiers in Psychiatry*. doi.org/10.3389/fpsyt.2020.574357
- Burger, H., Verbeek, T., Aris-Meijer, J. L., Beijers, C., Mol, B. W., Hollon, S. D., . . . **Bockting, C. L.** (2020). Effects of psychological treatment of mental health problems in pregnant women to protect their offspring: Randomised controlled trial. *The British Journal of Psychiatry*, 216(4), 182-188. doi:10.1192/bjp.2019.260
- De Beurs, D., **Bockting, C. L.**, Kerkhof, A., Scheepers, F., O'Connor, R., Penninx, B., & van de Leemput, I. (2020). A network perspective on suicidal behavior: Understanding suicidality as a complex system. *Suicide and Life-Threatening Behavior*, 0, 1-12. doi:10.1111/sltb.12676
- Fu, Z., Burger, H., Arjadi, R., & **Bockting, C. L.** (2020). Effectiveness of digital psychological interventions for mental health problems in low-income and middle-income countries: A systematic review and meta-analysis. *Lancet Psychiatry*, 7(10), 851-864. doi:10.1016/S2215-0366(20)30256-X
- Fu, Z., Zhou, S., Burger, H., **Bockting, C. L.**, & Williams, A. D. (2020). Psychological interventions for depression in Chinese university students: A systematic review and meta-analysis. *Journal of Affective Disorders*, 262, 440-450. doi:doi.org/10.1016/j.jad.2019.11.058
- Kennis, M., Gerritsen, L., van Dalen, M., Williams, A., Cuijpers, P., & **Bockting, C. L.** (2020). Prospective biomarkers of major depressive disorder: A systematic review and metaanalysis. *Molecular Psychiatry*, 25(2), 321-338. doi:10.1038/s41380-019-0585-z
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International Books

2021

Bockting, C. L. (2021). Preventive Therapy for Depression. Guilford Press, Under Review.

2020

Bockting, C. L. (2020). *Terapia cognitiva preventiva para la depresión recurrente* (adaptado y traducido por Cristian J. Garay y Cristina Tenreyro). Librería Akadia Editorial.

International Book Chapters

2021

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- Bockting, C. L.**, Breedvelt, J. J. F., Brouwer, M. E. (in press). Relapse Prevention. In: *Reference Module in Neuroscience and Biobehavioral Psychology*. Elsevier. 10.1016/B978-0-12-818697-8.00224-7
- Lorenzo-Luaces, L., Lemmens, L. H. J. M., Keefe, J.R., Cuijpers, C., & **Bockting, C. L.** (2021). The efficacy of cognitive behavioral therapy for emotional disorders. In: Wenzel, A. (Ed.) *Handbook of Cognitive Behavioral Therapy, Volume 1: Overview and Approaches*. Washington, D.C.: American Psychological Association.

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- Forand, N. R., Richards, D. A., Huibers, M. J. H., & **Bockting, C. L.** (2017). Toward a rational model of depression treatment. In: R. J. de Rubeis & D. R. Strunk (Eds.), *The Oxford Handbook of Mood Disorders*. Oxford: Oxford University Press.

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2010

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National Books

2013

- Bockting, C. L.**, & van Valen, E. (2013). *Tussen dip en droom: Doorbreek je patronen, durf te voelen*. Houten: Spectrum.

2009

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2003

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National Book Chapters

2020

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2017

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2011

Bockting, C. L., & Berndes, N. (2011). Cognitieve therapie bij depressie. In S. M. Bögels & P. van Oppen (Eds.), *Cognitieve therapie: Theorie en praktijk* (pp. 87-122). Houten: Bohn Stafleu van Loghum.

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2009

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Vandereycken & K. van der Velden (Eds.), *Jaarboek voor psychiatrie en psychotherapie 2001-2002* (pp. 21-40). Houten: Bohn Stafleu van Loghum.

Editor National Books

2018

Spinhoven, Ph. **Bockting, C. L.**, Ruhe, H.G., & Spijker, J. (Eds.) (2018). *Comorbiditeit bij psychische stoornissen*. Utrecht: De Tijdstroom.

2013

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2012

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2011

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Korrelboom, K. (2011). *Verbeter uw zelfbeeld in 7 stappen*. In **C. Bockting**, W. Schouten, M. C. ten Doesschate & C. van Nieuwenhuizen (Eds.), *Protocollen in de GGZ*. Houten: Bohn Stafleu van Loghum.

2010

Voncken, M., & Bögels, S. (2010). *Cognitieve therapie bij sociale angst*. In **C. Bockting**, W. Schouten, M. C. ten Doesschate & C. van Nieuwenhuizen (Eds.), *Protocollen in de GGZ*. Houten: Bohn Stafleu van Loghum.

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2009

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Verbeek, I., & van de Laar, M. W. J. (2009). Behandeling van langdurige slapeloosheid. In **C. Bockting**, W. Schouten, M. C. ten Doesschate & C. van Nieuwenhuizen (Eds.), *Protocollen in de GGZ*. Houten: Bohn Stafleu van Loghum.

Verbeek, I., & van de Laar, M. W. J. (2009). Verbeter je slaap. In **C. Bockting**, W. Schouten, M. C. ten Doesschate & C. van Nieuwenhuizen (Eds.), *Protocollen in de GGZ*. Houten: Bohn Stafleu van Loghum.

Publications in National Journals

2020

Ormel, J., Ruhé, H. G., **Bockting, C. L.**, Nolen, W. A., Schene, A. H., Spijker, J., . . . Spinhoven, P. (2020). Antidepressiva: Al decennia voorgeschreven én toch nog steeds bekritiseerd; een perspectief op oorzaken en oplossingen. *Tijdschrift voor Psychiatrie*, *62*, 213-222.

2019

Spijker, J., Meeuwissen, J.A.C., Aalbers, S., van Avendonk, M., van Bon, M., Huson, A., ... **Bockting, C. L.**, Ruhé, H.G. (2019). De zorgstandaard Depressieve stoornissen. *Tijdschrift voor Psychiatrie*, *61*, 112-120.

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Bockting, C. L., Van Rijsbergen, G. (2016). Monitoren op depressieve terugval na herstel van een recidiverende depressie: Kan het met gevoel? *De Psycholoog*, *51*(2), 40-49.

Kok, G.D. & **Bockting, C. L.** (2016). Terugvalpreventie met E-health. *De Psycholoog*, *51*(9), 34-41.

Van Rijsbergen, G. & **Bockting, C. L.** (2016). Cognitieve reactiviteit bij recidiverende depressie: veranderbare kwetsbaarheid? – Een stand van zaken. *Tijdschrift voor gedragstherapie en cognitieve therapie*, *49*, 358-369.

2014

Dijkstra, L., Verbeek, T., **Bockting, C. L.**, Van Pampus, M.G., Burger, H. (2014). Lessen over de respons op grootschalig onderzoek naar psychische klachten tijdens de zwangerschap. *Tijdschrift voor verloskundigen*, 6, 20-23.

2013

Bockting, C. L. (2013). Bezuinigen in GGZ kan, maar met verstand. Sociale vraagstukken, online tijdschrift. Wetenschappers en professionals over maatschappelijke kwesties. [[link](#)]

2012

Bockting, C. L. (2012). Depressie in de DSM-5. *Psychopraktijk*, 4, 29. doi:10.1007/s13170-012-0072-6

2011

Elgersma, H. J., **Bockting, C. L.**, & Kok, G. D. (2011). Terugvalpreventie bij depressie. *Huisarts & Wetenschap*, 54, 65-67. doi:10.1007/s12445-011-0040-0

Kok, G. D., van Rijsbergen, G. D., Elgersma, H. J., & **Bockting, C. L.** (2011). Huidige behandeling depressie is weggegooid geld. *Psychologie en Gezondheid*, 39, 26-31.

2010

Bockting, C. L., Boerema, I., & Hermens, M. (2010). Multidisciplinaire Richtlijn voor de diagnostiek, behandeling en begeleiding van volwassen patiënten met een depressieve stoornis. *GZ Psychologie*, 1, 40-43.

Bockting, C. L. (2010). Stemmingsstoornissen [Special issue]. *Tijdschrift voor Gedragstherapie*, 1.

Meijer J., **Bockting, C. L.**, Oosterink, A., & Burger, H. (2010). Zwanger en angstig of depressief, wat nu? *Tijdschrift voor Gedragstherapie*, 1, 5-15.

Bockting, C. L., & Oosterink, A. (2010). Preventie van terugval bij recidiverende depressie met cognitieve therapie. *Tijdschrift voor Gedragstherapie*, 1, 35-59.

2009

Baas, K. D., Wittkamp, K. A., van Weert, H. C., Lucassen, P., Huyser, J., van den Hoogen, H., van de Lisdonk, E., Bindels, P., **Bockting, C. L.**, Ruhé, E., & Schene, A. H. (2009). Screening op depressie in hoogrisicogroepen levert te weinig op. *Huisarts & Wetenschap*, 52, 269-74. doi:10.1007/bf03085639

2008

Doornbos, B., de Jonge, P., & **Bockting, C. L.** (2008). Selectieve Publicatie van Antidepressiva Trials en de Invloed op Schijnbare Effectiviteit: Gevolgen voor Richtlijnen? *Nederlands Tijdschrift voor Geneeskunde*, 25, 1406-1408.

International Presentations

2024

Bockting, C. L. (2024, Mar 21). Chaired symposium: Breaking the Shadows: News Insights in Risk Factors and Preventive Strategies for Depressive Onset and Relapse. UMH & EACLIPT International Conference on Urban Mental Health, Amsterdam, the Netherlands

Bockting, C. L. (2024, Mar 21). Panel discussion: Are Psychological Interventions Effective, Scalable and an Alternative Biomedical Treatment Globally? UMH & EACLIPT International Conference on Urban Mental Health, Amsterdam, the Netherlands

2023

Bockting, C. L. (2023, Dec 07). Guest Lecture: Global Mental health and the Potential of Minimal Interventions. Global Health and Social Medicine, Harvard Medical School, Boston, USA.

Bockting, C. L. (2023, Dec 05). Seminar: Targeting Mental Health Conditions Globally in Challenging Times. Binghamton Center of Complex Systems (CoCo), Binghamton University, USA.

Bockting, C. L. (2023, Oct 29). Keynote: Targeting common mental health conditions globally: from digital interventions to the community. National Clinical Psychology Conference, Nusa Dua, Indonesia.

Bockting, C. L. (2023, Oct 8). Keynote: From Complexity to Action: Urban Mental Health and Intervention. 36th ECNP Congress. Barcelona, Spain.

Bockting, C. L. (2023, Oct 3). Presentation: From Complexity to Action: Urban Mental Health and Intervention. Centre for Eudaimonia and Human Flourishing. Oxford, UK.

Bockting, C. L. (2023, May 26). Chaired symposium: Urban Mental Health: Why Are Mental Disorders More Prevalent in an Urban Context and Implications for Interventions. American Psychological Association (APA). Washington, US.

Bockting, C. L. (2023, May 26). Chaired symposium: What Works for Whom? Personalization of Psychological Interventions: Current Contributions and Future Prospects. American Psychological Association (APA). Washington, US.

Bockting, C. L. (2023, Mar 30). RTD hybrid Library Talk: ChatGPT (OpenAI) and priorities for science. DG Research & Innovation, European Commission.

2022

Bockting, C. L. (2022, Nov 12). Panel discussion: How can research on understanding mechanisms improve psychological interventions? European Association of Clinical Psychology and Psychological Treatment (EACLIPT). Warsaw, Poland.

Bockting, C. L. (2022, Nov 11). Organizer and moderator of panel discussion: The use of technology to target mental problems. EACLIPT. Warsaw, Poland.

Bockting, C. L. (2022, Sept 9). Keynote: A (wo)man is not alone on an island: the sustainability of our interventions and why it is time to 'zoom' out. European Association for Behavioral and Cognitive Therapies, EABCT 2022 Conference, Barcelona, Spain.

Bockting, C. L. (2022, Jun 8). Presentation: What if? Mental health as a complex system and implications for interventions of the future. Human change processes, EASA Summer School.

Bockting, C. L. (2022, May 27). Presentation: Preventative Cognitive Therapy for Relapse Prevention. Good practice: formulazione e trattamento, Studi Cognitivi Milano.

Bockting, C. L. (2022, May 10). Presentation at the European parliament: GAMIAN MEP Alliance for Mental Health Meeting. Prioritisation of Mental Health in Europe.

2021

Bockting, C. L. (2021, Sept 16). Panel discussion: Where are we going? Treatment Selection TSIL 2021, Two Days of Precision Medicine in Mental Health, University of Trier, Trier, Germany.

Bockting, C. L. (2021, Sept 11). Chaired Symposium: Relapse prevention in depression in times of Corona: What works for whom and how? European Association for Behavioral and Cognitive Therapies, EABCT 2021 Conference, Belfast, Northern Ireland.

Bockting, C. L., Lorenzo-Luaces, L, & Hall, B. (2021, Aug 12). Invited talk: The Global Mental Health Fellowship: addressing the mental health gap. American Psychological Association (APA) Annual Convention 2021.

Bockting, C. L. et al. (2021, Jun 25). Semi-Plenary: Studying Mechanisms and Moderators in Psychotherapy. Society for Psychotherapy Research (SPR) 52nd International Annual Meeting.

2020

Bockting, C. L. (2020, Dec 11). Keynote: Digital interventions in mental health. Amsterdam Public Health - Global Health (APH-GH), Global Mental Health Webinar 2020, Amsterdam, the Netherlands.

Bockting, C. L. (2020, Nov 26). Keynote: Preventive Cognitive Therapy for Recurrent Depression. Towards Treatments with Lasting Benefits. Guide for a Therapist. 12th International Congress of Research and Professional Practice in Psychology, Buenos Aires, Argentina.

Bockting, C. L. (2020, Oct 19). Invited talk: Harnessing the power of community and online spaces for mental health problems in children and young people. 2020 Grand Challenges Canada Annual Meeting, Bill & Melinda Gates Foundation.

2019

- Bockting, C. L.** (2019, Dec 8). Invited talk: Embracing the complexity of mental health: From complexity to action. Complex networks within the context of biology, social science, and medicine satellite. International Conference on Complex Networks 2019, Lisboa, Portugal.
- Bockting, C. L.** (2019, Nov 16). From complexity to sustainable psychological interventions for depression. 10th Conference of the International Society for Affective Disorders, London, United Kingdom.
- Bockting, C. L.** (2019, Oct 31). Keynote: No health without mental health in Europe. First official European Congress on Clinical Psychology and Psychological Treatment of EACLIP, Dresden, Germany.
- Bockting, C. L.** (2019, Oct 16). Presentation at the European parliament: GAMIAN MEP Alliance for Mental Health Meeting. Prioritisation of Mental Health in Europe.
- Bockting, C. L.** (2019, Oct 2). Invited talk: No health without mental health: understanding the dynamics of depression. Conference on Complex Systems 2019, Complexities of Adverse Behavior and Mental Health satellite session, Singapore.
- Bockting, C. L.** (2019, Sept 2). Current status and future perspectives in relapse prevention. Maintaining recovery after depression: Predicting and preventing relapses symposium. BABCP Annual Conference 2019, Bath, United Kingdom.
- Bockting, C. L.** (2019, Jul 19). Beyond Simplification: Understanding the Onset and Maintenance of Common Mental Health Disorders Using a Complexity Approach. Presentation. 9th World Congress of Behavioural & Cognitive Therapies, Berlin, Germany.
- Bockting, C. L.** (2019, Jul 18). Optimal Designs to Examine Whether Individual Affective Changes are Clinically Meaningful. Presentation. 9th World Congress of Behavioural & Cognitive Therapies, Berlin, Germany.
- Bockting, C. L.** (2019, Jul 18). Sustainable Effects of Psychological Interventions in Depression: The Effectiveness of Preventive Cognitive Therapy. Presentation. 9th World Congress of Behavioural & Cognitive Therapies, Berlin, Germany.
- Bockting, C. L.** (2019, Jun 28). Beyond Simplification: Understanding the Onset and Maintenance of Common Mental Health Disorders Using a Complexity Approach. Amsterdam Mind & Brain Coalition Kick-off, Amsterdam, the Netherlands.
- Bockting, C. L.** (2019, Jun 27). Understanding the onset of common mental health disorders using a complexity approach. Amsterdam Brain & Cognition summer symposium: The Emergent Disturbed Mind. University of Amsterdam, Amsterdam, the Netherlands.
- Bockting, C. L.** (2019, Jun 24). Multicausal systems ask for multicausal approaches. Amsterdam Brain & Cognition Summer School: The emergent mind. University of Amsterdam, Amsterdam, the Netherlands.

- Bockting, C. L.** (2019, May 25). Beyond Simplification: Understanding Depression Using a Complexity Approach. Invited Talk. 31st Convention Association for Psychological Science (APS), Washington D.C., United States.
- Bockting, C. L.** (2019, Mar 9). Oversimplification or Too Complex? Tomorrow's Research on Common Mental Health Conditions. Presentation. International Convention of Psychological Science (ICPS), Paris, France.
- Bockting, C. L.** (2019, Mar 9). The potential of minimal interventions, including internet interventions for common mental health conditions in low- and middle-income countries. Presentation. International Convention of Psychological Science (ICPS), Paris, France.
- Bockting, C. L.** (2019, Mar 1). Global mental health: The potential of minimal interventions. Invited presentation. Amsterdam Institute for Global Health and Development, Amsterdam, the Netherlands.
- Bockting, C. L.** (2019, Jan 24). Moving beyond simplification: embracing the complexity of mental health. Invited Keynote. eMEN London conference: Prevention with digital technologies: expanding the possibilities for better mental health. London, United Kingdom.

2018

- Bockting, C. L.** (2022, Dec 5). Presentation at the EU parliament: GAMIAN MEP Alliance for Mental Health Meeting: A sustainable approach to depression: moving from words to action.
- Bockting, C. L.** (2018, Nov 22). Back to the drawing board: understanding onset and maintenance of depression using a complexity approach. Amsterdam Public Health (APH) Annual Meeting 2018, Amsterdam, the Netherlands.
- Bockting, C. L.** (2018, Nov 18). Good for the Baby? Effects of CBT on Mother and Child During Pregnancy. Symposium session: Innovative Interventions for Perinatal Mood Disorders: Developing and Evaluating Strategies to Improve Maternal and Child Outcomes. Association for behavioural and cognitive therapies (ABCT), 52nd annual convention. Washington D.C., United States.
- Bockting, C. L.** (2018, Nov 17). Panel discussion Special Interest Group neuroscience and psychotherapy. Association for behavioural and cognitive therapies (ABCT), 52nd annual convention. Washington D.C., United States.
- Bockting, C. L.** (2018, Nov 2). On sustainability of psychological interventions. Key presentation. Inaugural meeting of the European Association of Clinical Psychology and Psychological Treatment (EACLIPT). Linköping, Sweden.
- Bockting, C. L.** (2018, Sept 14). Oversimplification or too complex? Oral. Psychological Networks & Time Series Models: Improving the analyses of complex clinical data meeting. Groningen, the Netherlands.

Bockting, C. L. (2018, Sept 12). Potential of internet-based interventions in low- and middle-income countries. Oral. World Health Organisation, Geneva, Switzerland.

Bockting, C. L. (2018, Jun 30). Preventive Cognitive Therapy compared to medication for relapse prevention in depression (DRD study): A three-arm randomised controlled trial. Oral. 49th Annual International Meeting Society for psychotherapy research, Amsterdam, the Netherlands.

Bockting, C. L. (2018, Jun 27). Sustainable psychological interventions for depression. Oral. London Mental Health foundation, London, UK.

Bockting, C. L. (2018, Jun 12). Preventive cognitive therapy compared to medication for relapse prevention in depression. (DRD study): A three arm randomised controlled trial. Oral. ICM, Amsterdam, the Netherlands.

Bockting, C. L. (2018, Jun 9). World Congress of Psychotherapy (Amsterdam) – When do we need psychotherapy to prevent relapse or recurrence and when do we need antidepressants? Results of a three-arm randomised controlled trial (invited symposium), Amsterdam, the Netherlands.

Bockting, C. L. (2018, May 5). A personalized approach to obtain sustainable results in depression relapse prevention. American Psychiatric Association Annual Meeting. Oral talk in symposium, New York, United States

Bockting, C. L. (2018, Mar 16) Keynote: Whom, for what, and with what, The complexity of mental health? 'Lancet Psychiatry Commission on psychological treatments research in tomorrow's science': Seeing Further. Conference Karolinska Institute, Stockholm, Sweden.

2017

Bockting, C. L. (2017, Nov 29). Towards sustainable interventions for depression: Is there a role for psychological interventions? Symposium 'Innovations in mental health care for depression: Beyond 2020', VU University, Amsterdam, the Netherlands.

Bockting, C. L. (2017, Sept 22) Are individual affective changes in treated patients clinically meaningful? 4th Joint Conference SPR UK & European Chapters, Oxford, United Kingdom.

Bockting, C. L. (2017, Jul 12) Concluding remarks: towards patient proof theories for depression and clinical implications, 15th European Congress of Psychology, Amsterdam, the Netherlands.

Bockting, C. L. (2017, Jul 12) My optimism wears heavy boots: So much research, so few implications, towards more effective interventions in mental health, 15th European Congress of Psychology, Amsterdam, the Netherlands.

Bockting, C. L. (2017, Jul 12) What does evidence tell us about our leading etiological theories of depression? 15th European Congress of Psychology, Amsterdam, the Netherlands.

Bockting, C. L. (2017, Jul 12) Off the hook: relapse prevention using psychological interventions for depression and its implications for other common mental health disorders. Keynote at the 15th European Congress of Psychology, Amsterdam, the Netherlands.

2016

Bockting, C. L. (2016, Sept 29) Treatment of Depression and Anxiety in Pregnancy: Outcomes for Mother and Child. Association for Behavioral and Cognitive Therapies (ABCT) Conference, New York, United States.

Bockting, C. L. (2016, Sept 29) Is Pregnancy the Best Timing for CBT? Effects of CBT on Mother and Child During Pregnancy as Studied in a Randomized Controlled Trial: The Promises Study. Association for Behavioral and Cognitive Therapies (ABCT) Conference, New York, United States.

Bockting, C. L. (2016, Sept 29) Disrupting the Rhythm of Depression Using Mobile Online Cognitive Therapy for Recurrent Depression. Association for Behavioral and Cognitive Therapies (ABCT) Conference, New York, United States.

Bockting, C. L. (2016, Sept 20) Chronicity in depression: Long term effects of psychological interventions and antidepressants. 29th European College of Neuropsychopharmacology (ECNP), Vienna, Austria.

Bockting, C. L. (2016, Sept 2). A lifetime approach to major depressive disorder: The contributions of psychological interventions in preventing relapse and recurrence. The 46th European Association of Behavioural and Cognitive Therapies Congress (EABCT), Stockholm, Sweden.

Kok, G. & **Bockting, C. L.** (2016, Sept 2). Disrupting the rhythm of depression: prevention of relapse in depression with Mobile Cognitive Therapy. The 46th European Association of Behavioural and Cognitive Therapies Congress (EABCT), Stockholm, Sweden.

Klein, N. & **Bockting, C. L.** (2016, Sept 2). Do daily fluctuations in emotions predict the course of tapering antidepressants? The 46th European Association of Behavioural and Cognitive Therapies Congress (EABCT), Stockholm, Sweden.

Slofstra, C. & **Bockting, C. L.** (2016, Sept 2). Mental Imagery: a vulnerability in recurrent depression? The 46th European Association of Behavioural and Cognitive Therapies Congress (EABCT), Stockholm, Sweden.

Bockting, C. L. (2016, Sept 1). Co-morbidity as risk factor for chronicity: Is there a reason to prolong treatment in depression in case of co-morbid chronic somatic illnesses? 46th European Association of Behavioural and Cognitive Therapies Congress (EABCT), Stockholm, Sweden.

Bockting, C. L. (2016, Sept 1). Meet the expert; Relapse prevention of depression. 46th European Association of Behavioural and Cognitive Therapies Congress (EABCT), Stockholm, Sweden.

Bockting, C. L. (2016, Jul 16). Simply do it! Behavioral activation for affective disorders. Biennial conference of the International Society for Affective Disorders, Amsterdam, the Netherlands.

Bockting, C. L. (2016, Jun 24). The potential of minimal interventions in low and middle income countries for common mental health disorders. Witwatersrand University, Johannesburg/Groblersdal, South Africa.

Bockting, C. L. (2016, Mar 14). Chronicity in depression: Psychotherapeutic approaches. Keynote at 24th European Congress of Psychiatry, Madrid, Spain.

Bockting, C. L. (2016, Mar 14). Beating co-morbidity using mobile interventions: Depression in HIV in rural and urban South Africa. Utrecht University, Utrecht, the Netherlands.

2015

Williams, A. & **Bockting, C. L.** (2015, Sept). Image analysis for clinical psychology: Exploiting images and technology to improve mental disorders. Keynote at 16th International Conference on Computer Analysis of Images and Patterns (invited talk). Malta.

Bockting, C. L. (2015, May). Research methods in clinical psychology and global mental health. Keynote at Tarumanagara University (invited talk), Jakarta, Indonesia.

Verbeek, T., **Bockting, C. L.**, Beijers, C., Meijer, J. L., van Pampus, M., & Burger, H. (2015, Mar). Low socio-economic position increases the adverse effect of negative life events on anxiety and depression during pregnancy. Paper presented at 23rd European Congress of Psychiatry, Vienna, Austria.

Verbeek, T., **Bockting, C. L.**, Meijer, J. L., Burger, H., & van Pampus, M. (2015, Mar). Psychological treatment of antenatal depression and anxiety: Effects on obstetric outcomes. Paper presented at 23rd European Congress of Psychiatry, Austria, Vienna.

2014

Bockting, C. L. (2014, Sept). Are we winners and/or losers? Long term effects of CBT and advances in treatment in depression and relapse prevention. Keynote at European Association Behavioral Cognitive Therapy (EABCT), The Hague, the Netherlands.

Bockting, C. L. (2014, Sept). Third generation CBT: A curse or a blessing? Expert panel, Round Table - at European Association Behavioral Cognitive Therapy (EABCT), The Hague, the Netherlands.

Bockting, C. L. (2014, Mar). I feel good: Mechanisms underlying relapse in depression and its implication for treatment Utrecht. Keynote at National EPP day, Utrecht, the Netherlands.

2013

Bockting, C. L. (2013, Dec). Niets zal mij helpen: De effectiviteit en duurzaamheid van cognitieve therapie voor depressie en de revival van gedragsactivatie. Keynote at National CBT Association, Antwerp, Belgium.

- Bockting, C. L.** (2013, Sept). Current treatment of depression and innovative interventions in depression-kick-off meeting special interest group 'depression'. Panel discussion at European Association for Behavioural and Cognitive Therapies Congress, Marrakech, Morocco.
- Bockting, C. L.** (2013, Sept). Differential predictors of outcome to cognitive therapy in depression. Paper presented at European Association for Behavioural and Cognitive Therapies Congress, Marrakech, Morocco.
- Bockting, C. L.**, Burger, H., Spinhoven, P., Koeter, M., Ruhé, H., Hollon, S., & Schene, A.H. (2013, Sept). Cognitive reactivity: Predictor of relapse and potential working mechanism of Preventive CT? Paper presented at European Association for Behavioural and Cognitive Therapies Congress, Marrakech, Morocco.
- Holmes, E.A., Nauta, M., & **Bockting, C. L.** (2013, Sept). The effects of neutral, regular, and positive rescripting on aversive autobiographical memories and their associated emotions. Paper presented at European Association for Behavioural and Cognitive Therapies Congress, Marrakech, Morocco.
- Holmes, E.A., Nauta, M., & **Bockting, C. L.** (2013, Sept). Work on your imagination: Imagery Rescripting as intervention. Paper presented at European Association for Behavioural and Cognitive Therapies Congress, Marrakech, Morocco.
- Kok, G. D., & **Bockting, C. L.** (2013, Sept). Bull's eye? Effectiveness, predictors of relapse, and mechanisms of change in psychotherapy for depression. Paper presented at 43rd Annual Congress European Association for Behavioural and Cognitive Therapies, Marrakech, Morocco.
- Van Rijsbergen, G., Elgersma, H., Burger, H., Smit, F., Cuijpers, P., Riper, H., van Valen, E., van Marwijk, H., Dekker, J., & **Bockting, C. L.** (2013, Sept). Potential pathways to relapse in depression: the role of childhood adversity and later life stress. Paper presented at European Association for Behavioural and Cognitive Therapies Congress, Marrakech, Morocco.
- Bockting, C. L.** (2013, Mar). Psychological interventions in the antenatal phase. Keynote at Department of Mood disorders at University of Exeter (invited talk), Exeter, United Kingdom.

2012

- Bockting, C. L.** (2012, May). Disrupting the rhythm of depression using mobile Internet cognitive therapy. Keynote at EU expert meeting on internet-based interventions in depression (invited talk), Lüneburg, Germany.

2011

- Bockting, C. L.** (2011) Depression, etiology and interventions. University of Zürich (invited talk), Zürich, Switzerland.

- Bockting, C. L.** (2011, Sept). The role of axis II disorders in prognosis and response to CBT in recurrent depression. Paper presented at European Conference for Behavioral and Cognitive Therapy, Reykjavick, Iceland.
- Bockting, C. L.**, Elgersma, H., Kok, G. D., & van Rijsbergen, G. (2011, Sept). Preventing relapse and recurrence using face to face CT or mobile CT? Three randomized controlled trials. Paper presented at European Conference for Behavioral and Cognitive Therapy, Reykjavick, Iceland.
- Hollon, S. & **Bockting, C. L.** (2011, Sept). Is cognitive behavior therapy the optimal first line treatment for depression? Keynote at European Conference for Behavioral and Cognitive Therapy, Reykjavick, Iceland.
- Kok, G. D. & **Bockting, C. L.** (2011, Jun). Technology-based service innovations for the treatment of depression: Mobile Cognitive Therapy. Paper presented at International Meeting of Society for Psychotherapy Research, Bern, Switzerland.

2010

- Grosse Holtforth, M., **Bockting, C. L.**, DeRubeis, R., Dobson, K. S., Hayes, A. M., & Strauman (2010, Jun). Getting beyond the glass is half full or half empty in the treatment of depression: Join forces to work on the half empty glass. Panel discussion at World Conference for Behavioral and Cognitive Therapy, Boston, United States.
- Bockting, C. L.** (2010, Jun). Disrupting the Rhythm of Depression: Prevention of Relapse in Depression Using a Brief Cognitive Group Therapy. Paper presented at World Conference for Behavioral and Cognitive Therapy, Boston, United States.
- Bockting, C. L.**, Spinhoven, P., Koeter, M. W. J., Wouters, L. F. & Schene, A. H. (2010, Jun). What works for whom in preventing relapse in recurrent depression using cognitive therapy? Paper presented at World Conference for Behavioral and Cognitive Therapy, Boston, United States.
- Bockting, C. L.**, Hayes, A. M., Hautzinger, M., Segal, Z., Koenig, A. M. & Grosse Holtforth, M. (2010, Jun). Acute Treatment of Depression and Long-Term Effects: What Works for Whom and New Developments. Paper presented at World Conference for Behavioral and Cognitive Therapy, Boston, United States.

2009

- Bockting, C. L.** (2009, May). How well do we treat MDD? Paper presented at American Psychiatric Association conference, San Francisco, United States.

2008

Bockting, C. L. (2008, Nov). Preventing relapse/recurrence in recurrent depression with cognitive therapy: a randomized controlled trial. Paper presented at American Behavioral and Cognitive Therapy Conference, Orlando, United States.

Assies, J. Lok, A., Koeter, M. W. J., **Bockting, C. L.**, Visser, I., & Duran, M. (2008, Mar). Fatty acids in recurrent depression. Paper presented at ISAD 4th Biennial Conference, Cape Town, South Africa.

Lok, A., Assies, J., Koeter, M. W., **Bockting, C. L.**, Visser, I., & Moeton, M. (2008, Mar). Interaction of methylenetetrahydrofolate reductase (MTHFR) C677T polymorphism and folic acid levels in recurrent depression. Paper presented at ISAD 4th Biennial Conference, Cape Town, South Africa.

Lok, A., Visscher, T. L., Koeter, M. W., Assies, J., **Bockting, C. L.**, Verschuren, W. M., & Schene, A. H. (2008, Mar). The 'weight' of recurrent depression: A comparison between recurrent depressed individuals and the Dutch population. Paper presented at ISAD 4th Biennial Conference, Cape Town, South Africa.

Visser, I., Assies, J., Lok, A., **Bockting, C. L.**, Nicolson, N., & Schene, A. H. (2008, Mar). Salivary cortisol and dehydroepiandrosterone-sulfate (DHEA-S) in recurrent major depression: Comparison with matched healthy controls. Paper presented at ISAD 4th Biennial Conference, Cape Town, South Africa.

2007

Bockting, C. L. (2007, Jul). Preventing relapse using diverse combinations with new forms of cognitive therapy in remitted recurrently depressed patients. Paper presented at World Conference Cognitive Behavioral Therapy (WCBT), Barcelona, Spain.

2004

Bockting, C. L., Schene, A. H., Spinhoven, P., Koeter, M. W. J., Wouters, L. F., Huyser, J., Kamphuis, J., & the DELTA study group (2004, Nov). Preventing relapse/recurrence in recurrent depression with cognitive therapy. Paper presented at World Psychiatric Association International Congress, Florence, Italy.

Assies, J., Lok A., **Bockting, C. L.**, Weverling, G. J., Lieveerse, R., Visser, I., Abeling, N. G. G. M., Duran M., & Schene A. H. (2004). Fatty acids and homocysteine levels in patients with recurrent depression: An explorative pilot study. *Prostaglandins, Leukotrienes and Essential Fatty Acids*, 70, 349-356. doi:10.1016/j.plefa.2003.12.009

2002

Bockting, C. L. (2002, Sept). Diathesis-stress and scarr-hypotheses of depression; Dysfunctional attitudes and depressive relapse. Paper presented at European Association Behavioral Cognitive Therapy (EABCT), Maastricht, the Netherlands.

National Presentations

2022

Bockting, C. L. (2022, Sept 21). Presentation: Resilience of mind & body – Recovering from setbacks in sports and mental health. Science Café Wageningen, Wageningen, the Netherlands.

Bockting, C. L. (2022, May 20). Keynote: Towards sustainable psychotherapeutic interventions, in the room, online and in society. LVVP, Maarssen, the Netherlands.

Bockting, C. L. (2022, May 14). Presentation: Amsterdam draait door. Romantiek, uitputting en uitbuiting in de 24/7 stad. SPUI25, Amsterdam, the Netherlands.

2021

Bockting, C. L. (2021, Jun 03). Digital interventions in low- and middle-income countries and the potential for high income countries. Nascholingsavond “Keeping our focus on mental health in Africa”, Nederlands Psychiaters, Hoofdoorp, the Netherlands.

Bockting, C. L. (2021, Jan 13). A lifestyle of wellbeing. Masterstudio The Healthy City, University of Amsterdam, Urban Planning. Amsterdam, the Netherlands.

2020

Bockting, C. L. (2020, Aug 31). Kansen voor depressiepreventie. Meerjarenprogramma Depressiepreventie: Ministerie van Volksgezondheid, Welzijn en Sport. Amsterdam, the Netherlands.

2019

Bockting, C. L. (2019, Jan 10). E-health voor Global Mental Health. Clingendael Global Health Initiative meeting: De rol van Global Health in Zorg en Gezondheid. The Hague, the Netherlands.

2018

Bockting, C. L. (2018, Nov 8). Preventieve cognitieve therapie. Kennisbijeenkomst GGZ Delfland, Delft, the Netherlands.

- Bockting, C. L.** (2018, Oct 4). Depressie: waarom we ons er druk over moeten maken en wat we eraan kunnen doen. Congres stemmingsproblematiek, Zwolle, the Netherlands.
- Bockting, C. L.** (2018, Jun 15). Therapiewinst, de waarde van psychologische behandeling. Over de behandeling van depressieve en terugvalpreventie. Boekpresentatie 'Thrive: The power of Psychological Therapy' van Richard Layard & David M. Clark.
- Bockting, C. L.** (2018, Jun 6). Dokter, kan het ook zonder en kan het beter? Afbouwen of continuatie van onderhoudsantidepressiva ter preventie van terugval bij depressie. Lezing. Wetenschapsdag NHG.
- Bockting, C. L.** (2018, May 26). Depressie & terugvalpreventie. Lezing. Publieksdag depressievereniging.
- Bockting, C. L.** (2018, Apr 12). De DRD studie: Kan het ook zonder? Antidepressiva en Preventieve Cognitieve Therapie om terugval te voorkomen bij depressie. Poster. Voorjaarscongres Nederlandse Vereniging voor Psychiaters (NVvP).
- Bockting, C. L.** (2018, Mar 2). Towards sustainable interventions for depression: do psychological interventions make sense? Keynote speaker. University of Utrecht, Utrecht, the Netherlands.

2017

- Bockting, C. L.** (2017, Nov). Lezing terugvalpreventie. *APH Mental Health, Vrije Universiteit, Amsterdam, the Netherlands.*
- Bockting, C. L.** (2017, Aug 29). *Preventie van terugval met psychologische interventies en/of antidepressiva bij depressie.* Benecke Summer school 2017, Amsterdam, the Netherlands.
- Bockting, C. L.** (2017, Jun 14). The global burden of mental health disorders and the potential of psychological mhealth and internet-based interventions in low resources settings at "Global Health & Tropical Medicine Course". UMC Utrecht, Utrecht, the Netherlands.
- Bockting, C. L.** (2017, May 20). Psychologische interventies ter preventie van terugval: Wat werkt en persoonlijke ervaringen at "Depressie voorkomen, wat werkt voor jou", Depressievereniging, UU en UMCG. Symposium, Zeist, the Netherlands.
- Bockting, C. L.** (2017, Jan 13). *State of the art and beyond in relapse prevention.* Radboud UMC, Nijmegen.

2016

- Bockting, C. L.** (2016, Mar). *Psychische stoornissen en klachten tijdens de zwangerschap: moeten we daar wat aan doen?* Presentation at "Zwangerschap en mental health" meeting, Ede, the Netherlands.

2015

- Bockting, C. L.** (2015, Oct). *Innovatieve technologie voor de behandeling van depressie*. Keynote at VU/Arkin (invited talk), Amsterdam, the Netherlands.
- Bockting, C. L.** (2015, Jun). *e/mHealth: en hoe zit het met de kwaliteit? De toekomst van onderzoek naar validatie voor eMentalhealth producten*. GGZ Nederland en Kennisplatform Inpreze, Amersfoort, the Netherlands.
- Bockting, C. L.** (2015, May) *My optimism wears heavy boots: Towards empirically driven tailored interventions, illustrated by depression research*, Utrecht, the Netherlands.

2014

- Bockting, C. L.** (2014, Nov). *Tussen dip en droom: Als de blaadjes van de bomen vallen*. Public lecture at Studium Generale, Enschede, the Netherlands.
- Bockting, C. L.** (2014, Sept). *Depressie in de eerste lijn en zelfhulp*. Keynote at Dag van de CGT (EABCT), The Hague, the Netherlands.

2013

- Bockting, C. L.** (2013, Nov). *Bij mij heeft het toch geen zin: De kracht van psychotherapie bij depressie*. Keynote Professor Boeke psychotherapy lecture, Groningen, The Netherlands.
- Bockting, C. L.** (2013, Apr). *'Het zijn mijn genen, CGT heeft bij mij geen zin': Therapiegenetica bij CGT*. Presentation at Voorjaarscongres Nederlandse Vereniging van Psychiatrie 'Diegenen omgeven', Maastricht, The Netherlands.
- Bockting, C. L.** (2013, Apr). *De lange termijn-effecten van cognitieve therapie en antidepressiva bij depressie in geval van persoonlijkheidsproblematiek*. Paper presented at Voorjaarscongres Nederlandse Vereniging van Psychiatrie 'Diegenen omgeven', Maastricht, the Netherlands.
- Elgersma, H. J., & **Bockting, C. L.** (2013, Apr). *Laat een depressie sporen na? Verborgene lichteenvorming bij depressie*. Paper presented at Voorjaarscongres Nederlandse Vereniging van Psychiatrie 'Diegenen omgeven', Maastricht, the Netherlands.
- Kok, G. D., & **Bockting, C. L.** (2013, Apr). *Verhoogt de aanwezigheid van chronische co- morbide medische ziekten de kans op depressieve terugval?* Paper presented at Voorjaarscongres Nederlandse Vereniging van Psychiatrie 'Diegenen omgeven', Maastricht, the Netherlands.
- Van Rijsbergen, G. D., & **Bockting, C. L.** (2013, Apr). *Cognitieve reactiviteit bij terugkerende depressie, vooral emoties doen ertoe*. Paper presented at Voorjaarscongres Nederlandse Vereniging van Psychiatrie 'Diegenen omgeven', Maastricht, the Netherlands.

2012

Bockting, C. L. (2012, Nov). Exposure-based cognitieve gedragstherapie bij chronische depressie. Presentation at Najaarscongres VGCT, Veldhoven, the Netherlands.

Kok, G. D., & **Bockting, C. L.** (2012, Nov). Zijn het mijn schema's, mijn verborgen associaties of mijn genen? Wat is er mis bij depressie en nieuwe toepassingen van CGT. Paper presented at Najaarscongres VGCT, Veldhoven, the Netherlands.

2011

Kok, G.D. & **Bockting, C. L.** (2011, Apr). *Doorbreek het ritme van depressie: Nieuwe psychologische behandelmethoden tegen terugval*. Paper presented at Voorjaarscongres Nederlandse Vereniging van Psychiatrie 'Kennis verplicht', Amsterdam, the Netherlands.

2006

Bockting, C. L. (2006, Apr). *Preventing relapse in recurrent depression using cognitive therapy*. Paper presented at Symposium 'Psychological processes and treatment of depression', Radboud University, Nijmegen, the Netherlands.

2004

Bockting, C. L. (2004, Nov). *Preventing relapse/recurrence in recurrent depression using cognitive group therapy: A randomized trial*. Paper presented at Symposium Rob Giel Onderzoekcentrum, Groningen, the Netherlands.

2002

Bockting, C. L. (2002, Jun). *De preventie bij terugval bij recidief depressies; effectiviteit van een cognitieve preventieve groepsmodule*. Paper presented at Onderzoeksdagen Psychiatrie, Zandvoort, the Netherlands.

Workshops & Webinars

2022

Bockting, C. L. (2022, Sept 10). *Why we should start caring about sustainability of CBT and how this can be applied in clinical practice for relapse prevention in depression*. EABCT Workshop, European Association of Behavioural Cognitive Therapy.

Bockting, C. L. (2022, Sept 7). *Relapse prevention for depression using Preventive Cognitive Therapy: why, how and for whom? Implications for other common health conditions*. EABCT Workshop, European Association of Behavioural Cognitive Therapy.

Bockting, C. L. (2022, Jun 30). A (wo)man is not alone on an island: embracing the complexity of mental health in challenging times. EASA Workshop, European Academy of Science and Art.

Bockting, C. L. (2022, May – Sept). *Global health and well-being: Beyond “pill-able” and “billable” to setting priorities for Mentally Healthy Cities.* 17 Rooms project, the Brookings Institution and the Rockefeller Foundation.

Bockting, C. L. (2022, Feb 15). Keynote: “How new concepts of mental health stimulate better psychological treatments”, EACLIPT Webinar, European Association of Clinical Psychology and Psychological Treatment.

Bockting, C. L. (2022, Jan 17). *Masterclass CBT: Treatment of Depression using Cognitive Behavioral Therapy.* Psyflix.

Bockting, C. L. (2022, Jan 10). *Masterclass CBT: Preventive Cognitive Therapy for Relapse Prevention.* Psyflix.

Bockting, C. L. (2022, Jan 7). *Global Perspectives on Digital Health: Lab Session “Mental Health”.* KIT Royal Tropical Institute & Amsterdam Health and Technology Institute.

2021

Bockting, C. L., van Valen, E., Brouwer, M. E. (2021). *Training Terugvalpreventie GZ, KP en Psychiaters met Preventieve Cognitieve Therapie.* Stichting MIND.

2020

Bockting, C. L., van Valen, E., Brouwer, M. E. (2020). *Training Terugvalpreventie POH's in de Huisartsenzorg.* Stichting MIND.

2018

Bockting, C. L. (2018, Jun 21). *Depressie en terugvalpreventie. Preventieve Cognitieve Training.* Indigo, Arnhem.

Bockting, C. L. en Lok, A. (2018, Apr 13). *Van de kliniek naar onderzoek en weer terug: een toolkit om afbouw of continuatie van antidepressiva te begeleiden.* Workshop at NVvP Voorjaarscongres, Utrecht, the Netherlands.

2017

Bockting, C. L. en Van Valen, E. (2017, Nov). *Preventie van terugval, hoe dan? Preventieve cognitieve therapie om terugval te voorkomen bij depressie.* Workshop at VGCT Najaarscongres, Veldhoven, the Netherlands

Bockting, C. L. (2017, Jan). *Preventieve cognitieve therapie*. Workshop at UMC Maastricht, Maastricht, the Netherlands.

2016

Bockting, C. L. (2016, Mar). *De psychologische behandeling van depressie en co- morbiditeit met angst tijdens de zwangerschap*. Workshop at Zwangerschap en Mental Health meeting, Ede, the Netherlands.

Bockting, C. L. (2016, Feb). *CGT bij depressie*. Workshop at Groningen University for research project "Neurocognitive working mechanisms of preventing relapse in depression: An fMRI and pupillometry-study (NEW-PRIDE)". Groningen, the Netherlands.

2015

Bockting, C. L. (2015, Sept). *Cognitieve Gedragstherapie bij depressie*. Workshop at Ghent University for research project "Differential Efficacy of Supportive-Expressive and Cognitive Behavioral Interventions in Dependent and Self-critical Depressive Patients: A Randomized Controlled Trial." Ghent, Belgium.

2014

Bockting, C. L. (2014, Sept). *Simply do it! Basics and beyond of behavioral activation for depression*. Workshop at European Association Behavioral Cognitive Therapy (EABCT), The Hague, the Netherlands.

2012

Bockting, C. L. (2012, Nov). *Treatment of chronicity in depression*. Workshop at VUMC, Amsterdam, the Netherlands.

2011

Bockting, C. L. (2011, Sept). *Relapse prevention using brief CBT*. Workshop at European Conference for Behavioral and Cognitive Therapy, Reykjavick, Iceland.

Organised Symposia and Conferences

2024

Bockting, C. L. & R. Wiers (2024, Mar 21-22). Organized conference (Urban Mental Health in collaboration with EACLIP): International Conference on Urban Mental Health. Institute for Advanced Study at the University of Amsterdam, Amsterdam, the Netherlands.

2023

Bockting, C. L. (2023, Apr & Jun). Organized summit with UNESCO, United Nations, OECD, International Science Council, EASA, UN-IAS 'Living guidelines' for the use of generative AI. Institute for Advanced Study at the University of Amsterdam.

2021

Bockting, C. L. (2021, Jun 21). Organized symposium: Mental health from cell to society: innovative paths in psychiatry: The evidence for digital intervention for mental health problems in low- and middle-income countries. SUMMA Symposium 2021, University of Utrecht, Utrecht, Netherlands

2019

Bockting, C. L. (2019, Jul 18). Organized symposium: Relapse Prevention in Depression with Cognitive Behavioral Interventions: At the Cross Roads Toward Sustainable Interventions. 9th World Congress of Behavioural & Cognitive Therapies, Berlin, Germany.

Bockting, C. L. (2019, Jun 27). Organized symposium: Amsterdam Brain and Cognition summer symposium: The Emergent Disturbed Mind (with Dr. Marie Deserno, UvA). University of Amsterdam, Amsterdam, the Netherlands.

Bockting, C. L. (2019, Jun 17-27). Organized summer school: Amsterdam Brain and Cognition Summer School: The emergent mind (with Dr. Marie Deserno, UvA). University of Amsterdam, Amsterdam, the Netherlands.

Bockting, C. L., & Hollon, S. D. (2019, Mar 9). Organized symposium: Do Minimal Psychological Interventions Reduce the Mental-Health Gap in Low- and Middle Income Countries? International Convention of Psychological Science (ICPS), Paris, France.

2017

Bockting, C. L. (2017, Mar 31). Global Mental Health in under-resourced countries and in the western world. Global Mental Health Symposium, Arq Institute. (Role: symposium chair).

2015

Brouwer, M. E., & Slofstra, C, Klein, N.S. & **Bockting, C. L.** (2015, May 20). Organised Conference: Wetenschap in beeld: Wat weten we over depressie, co-morbiditeit en terugval en wat kunnen we eraan doen? Utrecht, the Netherlands.

2012

Bockting, C. L. (2012, Nov 8). Help, mijn depressieve patiënt knapt niet op! Symposium conducted at Najaarscongres VGCT, Veldhoven, the Netherlands.

2011

Kok, G. D., & **Bockting, C. L.** (2011, Mar). Organised Conference: Realisme als nachtmerrie, een symposium voor zwartkijkers. Amsterdam, the Netherlands.

2009

Bockting, C. L., & Hollon, S. D. (2009, May). Publication bias and the effectiveness of antidepressant treatment and psychological interventions in depression: Should we care? Symposium conducted at American Psychiatric Association conference, San Francisco, United States.

2007

Bennebroek-Everts, F., & **Bockting, C. L.** (2007, Jul). Tailored cognitive behavioural therapy for somatic illnesses. Symposium conducted at the World Conference Cognitive Behavioral Therapy (WCBT), Barcelona, Spain.

Bockting, C. L. (2007, Jul). New forms of cognitive therapy for primary prevention and prevention of relapse in bipolar disorder, unipolar depressive disorder and suicidal depression. Symposium conducted at the World Conference Cognitive Behavioral Therapy (WCBT), Barcelona, Spain.

Bockting, C. L. (2006 of Sept 27). Organised Conference: Preventie van terugval bij depressie, kan dat? Amsterdam, De Duif, the Netherlands.

Media Appearance

2024

- Feb 23, 2024 - NAP Nieuws: *AI-chatbots als psycholoog: "Ik ben er geen voorstander van dat we hier een soort van sociaal experiment van maken"* [[interview](#)]
- Feb 2, 2024 - Linda interview: *Langdurige depressieve klachten? Misschien is het wel PDD: 'je kunt er van af komen'* [[interview](#)]

- Feb 1, 2024 - Het Financieele Dagblad: *Virtueel in therapie* [\[interview\]](#)

2023

- Mar 20, 2023 – De Jonge Psychiater: *Er bestaat geen bulletproof-interventie* [\[interview\]](#)
- Mar 16, 2023 – Nature interview: *GPT-4 is here: what scientists think* [\[interview\]](#)

2022

- Aug 15, 2022 – AmsterdamUMC Janus journal, nr 3, 2022: *'Met preventief behandelen blijft depressie vaker weg'*. [\[interview\]](#)
- May 18, 2022 – APA TV: The Centre for Urban Mental Health. [\[interview\]](#)
- Apr 4, 2022 – Comment on *Karyotaki (2022)*, *JAMA Psychiatry* 2022;79(5):430-443: *'Association of Task-Shared Psychological Interventions with Depression Outcomes in Low- and Middle-Income Countries: 'Rapid increase of internet in low and middle income countries and opportunity of digital mental health for task-sharing'*. [\[comment\]](#)
- Apr 1, 2022 – UvA IAS: *'UvA professor Claudi Bockting joins European Academy of Sciences and Arts'*. [\[article\]](#)
- Mar 18, 2022 – UvA Expert – Psyche & Mental Well-Being: *Mental Disorder and Treatments*. [\[portrait\]](#)
- Jan 30, 2022 – Rapid Response to *Mahase (2021)*, *BMJ* 2021;374:n2403: *'Antidepressant discontinuation trial lacks consideration of evidence-based psychological alternatives for continuation of antidepressants'*. [\[comment\]](#)

2021

- Nov 19, 2021 – NRC: *'Mindfulness is een levensstijl, en mogelijk een therapie'*. [\[interview\]](#)
- Nov 3, 2021 – de Volkskrant: *'Aaron T. Beck dacht Tony Soprano in een handomdraai van zijn paniekaanvallen af te kunnen helpen'*. [\[interview\]](#)
- Sept 16, 2021 – Psychologie Magazine: *'Zonder antidepressiva dankzij therapie'*. [\[interview\]](#)
- Sept 4, 2021 – de Volkskrant: *'Dagdromen om niet te hoeven leven'*. [\[interview\]](#)
- Jun 16, 2021 – ANP / reformatorisch dagblad: *'Eerste polikliniek voor mensen die na depressie niet herstellen'*. [\[article\]](#)
- Jun, 13, 2021 – Trouw: *'Cognitieve therapie kan helpen bij afbouwen antidepressiva'*. [\[interview\]](#)
- May 21, 2021 – Gezondheidskrant: *'Antidepressiva stoppen kan!'*. [\[article\]](#)
- May 19, 2021 - JAMA Psychiatry Author Interviews: *'Antidepressant Continuation vs Sequential Psychological Interventions to Prevent Relapse in Depression'*. [\[podcast\]](#)
- May 8, 2021 – de Volkskrant: *'Download de app en krijg nu hulp'*. [\[print article\]](#)

- May 1, 2021 – Huisarts en Wetenschap (ZonMW): 'Blended care bij depressie: Lessen uit een gerandomiseerd onderzoek.' [\[article\]](#)

2020

- Dec 31, 2020 – Science eLetter: 'Complexity of mental health in low income countries and the potential of digital interventions'. [\[article\]](#)
- Sept 29, 2020 – Mediaplanet, De Hersenen: 'Wat je moet doen als een naaste somber is'. [\[article\]](#)
- Jun 8, 2020 – Live Nieuws Update: 'The StayFine corona telephone line for young people who have experienced anxiety or depression.' [online TV show]
- May 26, 2020 – Vriendin: '1 op de 5 krijgt ooit een depressie: De nieuwste inzichten op een rij'. [magazine article]
- May 15, 2020 – Folia: 'Met Selfie-app willen UvA'ers jongvolwassenen met een laag zelfbeeld helpen'. [\[article\]](#)
- May 15, 2020 – Amsterdam University Medical Centers: 'Tulpjournaal #11: "Het leek wel of alle psychiatrische patiënten van Amsterdam verdwenen waren"'. [\[video\]](#)
- Apr 26, 2020 – de Volkskrant: 'Therapie via het beeldscherm, werkt dat wel?'. [\[article\]](#)

2019

- Dec 17, 2019 – BNR Nieuwsradio: 'De Grote Vraag: Overleven in de drukke stad'. [\[radio fragment\]](#)
- Dec 4, 2019 – EOS Wetenschap: 'Meeste depressietheorieën missen voldoende bewijs'. [\[article\]](#)
- Nov 9, 2019 – Trouw: 'Maakt de stad ons ziek?'. [\[article\]](#)
- Nov 8, 2019 – MENTAL ELF Podcast: Claudi Bockting and Reinout Wiers on the kick-off of the Urban Mental Health Centre. [\[podcast\]](#)
- Oct 9, 2019 – NPO Radio 1: 'Depressie oké, maar dan moet je er wel zelf wat aan doen'. [\[article\]](#)
- Sept 24, 2019 – Metronieuws.nl: 'Even DM'en met de therapeut'. [\[article\]](#)
- Jun 19, 2019 – Nu.nl: 'Zomerdepressie: "Mensen voelen druk om altijd gelukkig te moeten zijn"'. [\[article\]](#)
- May 28, 2019 – GGZnieuws.nl: 'Nieuwe website over preventieve cognitive therapie tegen terugval depressie'. [\[article\]](#)
- Jan 24, 2019 – MENTAL ELF Podcast: 'Moving beyond simplification: embracing the complexity of mental health'. [\[podcast\]](#).

- Jan, 3, 2019 – NRC.nl: 'Je bent niet wat je presteert'. Geschreven door Koos Dijksterhuis. [\[article\]](#)

2018

- Dec 22, 2018 – Vrij Nederland. 'Waarom we nog steeds geen betere behandelingen hebben voor depressie'. Geschreven door Marieke Buijs. [\[article\]](#)
- Dec 3, 2018 – ZonMw Mediator: 'Het is niet klaar als iemand weer is opgeknapt'. Geschreven door Veronique Huijbregts. [\[online magazine\]](#)
- Aug 18, 2018 – Financieel Dagblad: "Haal iets goeds uit je negatieve gedachten". Geschreven door Sigrid Stamkot. [\[article\]](#)
- Jul, 2018 – ZonMw – ZonMw programmaboek DOELMATIGHEIDSONDERZOEK De patiënt en het resultaat: "Training voorkomt terugval na depressie". [\[online magazine\]](#)
- Jul 12, 2018 – ICM – Panel discussion: "Does CBT need mindfulness?". Participants: Bockting, C. L., Michalak, J., Strauss, C., Bögels, S.
- Jun 30, 2018 – AD Magazine – "Vastgelopen en weer door". Geschreven door Nils Elzenga. [\[article\]](#)
- Jun 30, 2018 – BN/DeStem – "Drie dingen die iedereen moet weten over depressie". Geschreven door Nils Elzenga. [\[article\]](#).
- Jun 1, 2018 – AMC Magazine – Interview met prof. Bockting. "Pillen en praten meest effectief". Geschreven door C. Laan. [\[article\]](#).
- May, 30, 2018 – Volkskrant, "Speciale afbouwmedicatie vergemakkelijkt stoppen met antidepressiva – ook als eerdere stoppogingen mislukten." [\[article\]](#)
- May 11, 2018 – Pulse – "GPs should use cognitive therapy to reduce antidepressant use after recovery" [\[article\]](#)
- May, 2018 – Lancet Psychiatry podcast, APA highlights [\[article\]](#)
- May 6, 2018 – Healio Psychiatric Annals, Highlights from APA – Preventive cognitive therapy may lead to sustainable treatment results in depression. [\[article\]](#)
- Apr, 2018 – NPO (KRO/NCRV) – 'Je suis depri': Documentaire over jongeren die depressief zijn (geweest). [\[broadcast\]](#)
- Apr, 2018 – NRC – Wat helpt bij depressies? [\[article\]](#)
- MENTAL ELF Podcast [\[podcast\]](#)
- Apr 10, 2018 – AMC Nieuws online – Cognitieve training effectief tegen terugval na depressie ook bij afbouwen antidepressiva. [\[article\]](#)
- Apr 10, 2018 – Volkskrant – "AMC vindt aanpak om risico op nieuwe depressie te verkleinen: combineer pillen met praten." Geschreven door Margreet Vermeulen. [\[article\]](#)

- Apr, 2018 – NOS – “Gesprekstherapie naast antidepressiva voorkomt terugkeren depressie beter.” [\[article\]](#)
- Apr, 2018 – Parool – “AMC vindt nieuwe aanpak tegen terugval in depressie”. [\[article\]](#)
- Jan, 2018 – Smart health – “Een (nieuwe) depressie voorkomen met online therapie?” (“Online prevention of depression?”). [\[article\]](#)
- Jan, 2018 – RTL Nieuws – “Depressie bij jongeren en vrouwen”
- Jan, 2018 – RTL Nieuws Online – “Somberheid hoort bij het leven.”

2017

- Dec, 2017 – NRC, “Depressie epidemie vraagt om hulp van filosofen en technologen”. *“Depression epidemic: there is a need for help of philosophers and technologist”*. [\[article English\]](#)
- Dec, 2017 - De Psycholoog, “Doorbreek de stagnatie”.
- Nov, 2017 – Panel Discussion: “Effective Interventions in Mental Health”. ABCR, San Diego.
- Oct, 2017 – GZ-Psychologie, interview, “Tegen de stroom in: de netwerktheorie”. Interview Denny Borsboom and Claudi Bockting.
- Oct, 2017 – HP/De tijd, “Dit onderzoek laat de impact van een depressie op een vrouw zien.”
- May, 2017 – Impact Magazine, “Alternatieve psychische hulp voor ontwikkelingslanden.” *“Alternative psychological support for low and middle income countries”*.
- May 20th, 2017 – Volkskrant Magazine, “Hoe voorkom je een depressie?”
- Mar, 2017 – Psychologie Magazine, “Een draaglijk leven is al mooi”. *“A bearable life would be good”*.
- Mar, 2017 – BNN/VARA, Kassa, “Antidepressiva: Hoe zit het precies?” [\[article\]](#)
- Jan 19th, 2017 – Psychologie Magazine, “Kan ik ook zonder?”

2016

- Dec 22, 2016 – NRC, “Depressief? Stel zwanger worden uit”.
- May 9, 2016 – Trouw, “Niet bedacht op de volgende depressie”.
- Apr 2016 – Medscape, “Kognitieve Verhaltentherapie bei Depression: Genauso effektiv wie Antidepressiva”. (interview)
- Feb 9, 2016 – NRC, “Opgebrand”.
- Feb 9, 2016 – NRC Next, “Zo herken je een burn-out - en zo doe je er wat aan”.
- Jan 20, 2016 – Felix Meritis, “Het twintigersdilemma: Tussen dip en depressie”. (expert panel)

2015

- Oct 30, 2015 – New York Times, "Effectiveness of Talk Therapy Is Overstated, a Study Says". With Steve Hollon, Eric Turner
- Jun 3, 2015 – NRC Next, "Eén op de vijf Nederlanders maakt in zijn of haar leven een depressie door".
- May 26, 2015 – NRC, "Therapie voorkomt terugval depressie beter dan pillen".
- Jan 19, 2015 – Radio 1, "Over de onzin van Blue Monday". "*On the nonsense of Blue Monday*". (interview)

2014

- Jun 11, 2014 – Volkskrant Magazine, "Sterker uit de crisis". "*Crisis makes you stronger?*" (interview)

2013

- Dec 19, 2013 – Radio 1, "Prevalentie van depressie en WHO 2012/2013". "*Prevalence of depression and WHO 2012/2013*" (interview)
- Jun 2013 – JAN magazine, "Antidepressiva en alternatieven". (interview)
- Feb 13, 2013 – De Telegraaf, "Een leven lang aan de pillen". (interview)
- Jan 30, 2013 – RUG opinie. (interview)

2011

- Nov 26, 2011 – NTR radio interview Wetenschap, "Pavlov: learned helplessness and depression".
- Sept 2011 – Bodytalk, "Terugval in depressie en online interventies". (Belgium)
- Sept 2011 – NRC Handelsblad, "Depressie bij mannen".
- Jul 27, 2011 – Radio 1, "Nederland Top 3 Depressie". (interview)
- May 2011 – De Psycholoog, "Angsthazen en Zwartkijkers". (symposium review)
- Apr 2011 – Psychopraktijk, "Onderzoek is crucial voor de professie". (interview)
- Jan 25, 2011 – Mevrouw de professor on tour. ABCDepressed. (panel discussion)

2010

- Oct 27, 2010 – Psychologie Magazine, "Alles over depressie en levensellende" "*Depression and adverse events*".
- Oct 5, 2010 – NTR Wetenschapsprogramma Hoezo zo? NTR Science program 'Why?' (interview)

CV – C. L. Bockting

- Aug 2010 –Radio 1 WekkerWakker. (interview)
- Feb 2010 – IKON De andere wereld, “Standaard screenen op depressie?” (interview)
- Feb 13, 2010 –Vrij Nederland, “Dag droom, dag depressie”. (interview)

2009

- Nov 14, 2009 – Adams appel, “Leegte: wat doet leegte met de mens?” (interview)

2006

- Sept 23, 2006 – Volkskrant, “Steeds weer terug in diezelfde put”. (article)