

Personal Details

Title: Prof. C. L. H. (Claudi) Bockting, PhD.
Male/female: Female

Main Research Interests

As a professor of Clinical Psychology in Psychiatry at Amsterdam University Medical Centers, my research program focuses on common mental health disorders (such as depression). I study potentially modifiable etiological factors of onset, maintenance, recurrence, and chronicity using an interdisciplinary complexity approach. I am a co-director the new Centre for Urban Mental Health together with prof. Wiers that is awarded by the University of Amsterdam (UvA) for the coming 5-10 years (<https://www.uva.nl/en/shared-content/zwaartepunten/en/urban-mental-health/urban-mental-health.html?cb>). As a fellow at the Institute for Advanced Study (IAS) at the UvA I studied the use of complexity models to explore new targets for prevention, treatment, and relapse prevention of mental disorders. Additionally, as a fellow at the World Health Organization (WHO), I studied the possibilities of using technology to increase the accessibility of effective psychological interventions worldwide. Besides, I work as a clinical psychologist at the Psychiatry Department of the University Medical Academic Centres.

My research program focuses on the following issues:

- 1) Understanding etiological and maintenance factors in depression and related common mental health disorders using a complex systems approach.
- 2) Developing innovative multimodal psychological interventions (i.e. combined with technological devices and pharmacological treatments) and evaluating the effect in RCT's and micro RCT's (using ecological momentary assessment and affective networks).
- 3) Increasing accessibility of effective psychological interventions in low- and middle-income countries using technology and/or non-specialists.

Academic and Clinical Career

2019 – current	Director of Center for Urban Mental Health (with prof. Wiers); www.centreforurbanmentalhealth.com
2017 – current	Professor of Clinical Psychology in Psychiatry and clinical psychologist (BIG) Department of Psychiatry, University Medical Centers, location Academic Medical Center (AMC-UvA), Amsterdam.
2014 – 2017	Full professor of Clinical Psychology (chair) and clinical psychologist (BIG) Department of Clinical Psychology, Utrecht University.

- 2007 – 2014 **Professor of Depression: Etiology, Recidivism and Chronicity (associate professor with ius promovendi; 2007 – 2010 associate professor)**
Department of Clinical Psychology, University of Groningen
(Appointment for one day a week from 2014 until January 2019)
- 1999 – 2007 **Licensed psychotherapist and PhD student**
Academic Medical Center, University of Amsterdam (AMC-UvA), Department of Psychiatry, affective disorders program.
Title of thesis: *The rhythm of depression: The course of recurrent depression and prevention of relapse using cognitive therapy* (obtained in 2006).
- 1993 – 1999 **Psychologist and trainee psychotherapist (RINO Utrecht)**
Outpatient setting of RIAGG RNW (mental health care center), Vlaardingen.
- 1993 **MSc in Clinical Psychology**
University of Amsterdam, *cum laude*.

Ancillary Activities

Current

- 2021 – current Member of the InTherapy Scientific Committee, Italy
- 2019 – current Head of training health care psychologists (gz-psychologen)
Cure & Care
- 2018 – current Advisory Board NVP (Dutch association for psychotherapy)
Board member
- 2018 – current Advisory board Dutch Research Council (NWO)
Wetenschappelijk Adviescollege (WAC), domein Sociale- en Geesteswetenschappen (SGW), the Netherlands.
- 2017 – current Advisory board Zorginstituut Nederland (Health Institute Netherlands)
Wetenschappelijke adviesraad (WAR, 'Scientific advisory board').
- 2003 – current Incidental workshops and senior lecturer clinical postdoctoral courses for psychologists (healthcare psychology, clinical psychology and clinical neuropsychology)
RINO Utrecht, the Netherlands.

Past

- 2017 – 2019 Supervisory board
Arkin (Mental health services), Amsterdam, the Netherlands.
- 2016 – 2018 Guest professorship
Psychology Department, Ghent University, Belgium.
- 2016 – 2018 Scientific advisor
ARQ Psychotrauma Expert Group, The Netherlands.

2016 – 2017	Member of advisory board 'Advies Pakket Commissie Zorg Instituut Nederland' Ministry of Health the Netherlands.
2003 – 2014	Coordinator, supervisor and lecturer of clinical postdoctoral courses for healthcare psychologists (GZ-psychologen). RINO Utrecht, the Netherlands.

Postdoctoral Clinical Registrations

2006 – current	Licensed clinical psychologist (BIG-registered <i>klinisch psycholoog-psychotherapeut</i> , BIG-number 69049831225).
2005 – current	Supervisor for cognitive behavioral therapists at <i>Vereniging voor Gedrags en Cognitive Therapieën (VGCT)</i> .
2000 – current	Health psychologist (BIG-registered <i>gezondheidszorgpsycholoog</i> , BIG-number 69049831225).
1999 – current	Psychotherapist (BIG-registered, BIG-number 89049831216).

Academic Prizes

2020	Dr. Peter Moleman Penning 2020 award for best national or international scientific publication within psychopharmacology from Psyfar.
2018 – 2019	Fellowship at University of Amsterdam Institute for Advanced Study (UvA-IAS).
2018 – 2019	Fellowship: American Psychological Association - International Union of Psychological Science, Global Mental Health Fellowship at the World Health Organization.
2017	Fellowship: Netherlands Institute for Advanced Studies in the Humanities and Social Sciences (NIAS). Role: PI in theme group.
2014 – 2016	Fellowship at Beck Institute International Scholarship Philadelphia, USA. 2016 Teacher of the year award at postgraduate education Clinical Neuropsychology (KNP), RINO Utrecht.
2005	Award for the best article of the year from the school for Experimental Psychopathology (EPP).
2005	Award for 'top article' from University of Amsterdam Academic Medical Center.

PhD Projects

Ongoing PhD's

- Joost Gülpen (2022 – 2026). Targeting partial remission in depression by adding a cognitive remediation to a psychological intervention. Primary supervisor ('*eerste promitor*').

- Anneke Vuuregge (2022 – 2026). *Working out urban stress*. Secondary supervisor ('tweede promotor').
- Vera Korenblik (2022 – 2026). *The influence of the microbiome on depression in urban youth*. Secondary supervisor ('tweede supervisor').
- John (Can) Lokman (2021 – 2025). Primary supervisor ('eerste promotor').
- Nancy Schipper (2020 – 2024). *Virtual reality as treatment for depression*. Primary supervisor ('eerste promotor').
- Junus van der Wal (2020 – 2024). *Unravelling the dynamics of depression in high-risk urban populations using a complex systems approach*. Primary supervisor ('eerste promotor').
- Bas Kooiman (2019 – 2023). *StayFine: A personalized monitoring and intervention app to prevent relapse of anxiety and depressive disorders in youth and young adults*. Secondary supervisor ('tweede promotor').
- Jessy Bergamin (2019 – 2023). *Psychiatry and autonomy*. Secondary supervisor ('tweede promotor').
- Caroline Heuschen (2019 – 2023). *Suicidality in mental health disorders*. Secondary supervisor ('tweede promotor').
- Amanda Legemaat (2018 – 2022). *Neuropsychological functioning and cognitive remediation in depression and relapse prevention*. Primary supervisor ('eerste promotor').
- Suzanne Robberegt (2018 – 2022). *StayFine: A personalized monitoring and intervention app to prevent relapse of anxiety and depressive disorders in youth and young adults*. Part-time PhD, primary supervisor ('eerste promotor').

Former PhD's

- Josefien Breedvelt (2017 – 2021). *Preventing onset and recurrence in common mental health disorders*. Primary supervisor, ('eerste promotor') in collaboration with the Mental Health Foundation London and prof. Simon Gilbody, (York University, UK).
- Zhongfang Fu (2016 – 2021). *Minimal interventions for common mental health problems and conditions in low- and middle-income countries*. Primary supervisor ('eerste promotor').
- Margo de Jonge (2011-2019). *Hope: Emotions, cognitions and the effectiveness and cost-effectiveness of a psychological intervention to prevent depressive relapse in cognitive behavioral therapy responders*. Part-time PhD, shared supervision Vrije Universiteit Amsterdam, secondary promotor ('tweede promotor').
- Hermien Elgersma (2008-2019; PhD defence 13 June 2019). *Cognitive risk factors for the recurrence of depression, self associations, cognitive reactivity and attentional bias*. (part-time PhD, primary supervisor; 'eerste promotor').
- Marlies Brouwer (2014-2018; PhD defence 7 June 2019). *Exploring transgenerational approaches to prevent common mental disorders*. (primary supervisor; 'eerste promotor').

- Nicola Klein (2013-2019; PhD defence 21 March 2019). Relapse prevention strategies for recurrent depression (part-time PhD, primary supervisor; 'eerste promotor').
- Retha Arjadi (2013-2018; PhD defense 13 December 2018). A step toward bridging the mental health gap using the internet. (primary supervisor; 'eerste promotor').
- Floor Bennebroek Evertsz (2009-2017; PhD defense 1 December 2017). The effectiveness of cognitive behavioral therapy on the quality of life and anxiety and depression in patients with inflammatory bowel disease. (part-time PhD, shared supervisor UvA/AMC; 'tweede promotor').
- Christien Slofstra (2012-2017; PhD defense 30 November 2017). Moving onwards: Affective change, mental imagery, and depressive relapse. (primary supervisor; 'eerste promotor').
- Nina Molenaar (2014-2018; PhD defence 21 November 2018). Antidepressants in the perinatal period: Challenging choices in current practice. (in collaboration with Witte Hoogendijk, Erasmus MC, secondary supervisor; 'tweede promotor').
- Lonneke van Tuil (2012-2017; PhD defence 18 May 2017). Self-esteem in depression and anxiety: Low, unstable, and discrepant? (shared supervisor with Prof. de Jong; 'tweede promotor', RuG).
- Tjitte Verbeek (2011-2016; MD/PhD, PhD defence 20 January 2016). The effect of psychological interventions in pregnant women on somatic outcomes in their offspring. (shared supervisor with Prof. Berger; 'tweede promotor', UMCG).
- Judith Meijer (2009-2015; PhD defence 23 November 2015). Depressive and anxiety symptoms during pregnancy and the effect of perinatal psychological interventions. (primary supervisor; 'eerste promotor').
- Gerard van Rijsbergen (2010-2014; PhD defence 18 December 2014). How do you feel? Understanding the impact of emotion and cognition on the course of depressive symptomatology. (primary supervisor; 'eerste promotor').
- Chantal Beijers (2011-2014; PhD defence 20 October 2014). Why do pregnant woman (not) smoke and drink? The role of personality, stress and pregnancy related life events. (shared supervisor; 'tweede promotor' RuG/UMCG).
- Marielle Hendriksen (2007-2014; PhD defence 9 October 2014). Pieces of a clinical puzzle: Analyzing the alliance in psychodynamic psychotherapy for depression. Therapeutic technique, alliance, personality and therapist characteristics. (shared supervisor VU; 'tweede promotor').
- Gemma Kok (2009-2014; PhD defence 29 September 2014). Under pressure: Pathways to relapse in depression, the role of stress and trauma. (primary supervisor; 'eerste promotor').
- Anja Lok (2008-2012; PhD defence 9 December 2013). Time after time: Biological factors in the course of recurrent depression. (shared supervisor; 'tweede promotor', UvA/AMC).
- Mascha ten Doesschate (2006-2009; PhD defence 18 November 2009). Adherence, quality of life and risk factors in recurrent depression. ('co-promotor').

Academic Grants

Pending

- 2021 *PRO YOUTH: PROmoting resilience in YOUTH with a systems perspective. ZonMW Innovation. Prof. C. L. H. Bockting (PI), Prof. R. W. H. J. Wiers, Prof. P. M. A. Sloot, Prof. A. P. Arnoud, Prof. M. Kleinjan, Prof. B. Orobio de Castro, Prof. M. Scheffer, Prof. I. A. van de Lemput, Dr. V. V. Vasconcelos, Prof. J. A. Romijn, Dr. R. van Holst, Dr. I. Veer, C. Goedhart, Prof. T. A. M. J. Amelsfoort.*
- 2021 *Leveraging computational social sciences and natural language processing to optimize engagement and response to low-intensity CBT for depression and anxiety. Indian Clinical and Translational Science Institute (CTSI), KL2 Young Investigator Award in Clinical-Translational Research. L. Lorenzo-Luaces, Prof. H. Bollen (co-mentor), Prof. C. L. H. Bockting (co-mentor).*
- 2021 *BeNeFIT: Targeting suicidality in young adults: a randomized controlled trial evaluating the (cost)-effectiveness of Attachment Based Family Therapy compared to Treatment as Usual. The Belgian Health Care Knowledge Centre (KCE) and ZonMw. Prof. C. L. H. Bockting (PI), Prof. D. A. J. P. Denys (AMC), Prof. G. Bosmans (KU Leuven), Prof. C. Braet (UGent), Prof. G. Lemmens (UZ Gent), Dr. J. Lokkerbol (Trimbos), F. Ringlet, Prof. B. van den Hoofdakker (Accare), Dr. N. van der Spek (VUmc).*
- 2021 *Embracing the complexity of relapse: A unified theory of relapse in depression to identify new targets for interventions. European Research Council Consolidator Grant. Prof. C. L. H. Bockting.*

Granted

- 2021 *Training Terugvalpreventie GZ, KP en Psychiaters met Preventieve Cognitieve Therapie. Ministerie van Volksgezondheid, Welzijn en Sport; Prof. C. L. H. Bockting, Stichting MIND.*
- 2021 *AMIF 2020: Mental HEALTH 4 ALL: Development and implementation of a digital platform for the promotion of access to mental healthcare for low language proficient third-country nationals in Europe/MHEALTH4ALL. European Commission. With twenty European partners, Prof. C. L. H. Bockting (co-PI).*
- 2021 *Understanding the Wellbeing and Mental Health of Caregivers and their Very Young Children in an Urban Context. Bernard van Leer Foundation; Prof. C. L. H. Bockting, Prof. R. W. H. J. Wiers.*
- 2021 *Dynamic symptoms networks - a novel paradigm to improve diagnosis, prognosis and treatment of multimorbidity. Open Competetie, ZonMW; Prof. M. Olde Rikkert, Dr. P. Geeske, Dr. R. Quax, Prof. C. L. H. Bockting, Prof. T. Gill.*

- 2020 *Training Terugvalpreventie POH's in de Huisartsenzorg*. Ministerie van Volksgezondheid, Welzijn en Sport. **Prof. C. L. H. Bockting**, Stichting MIND.
- 2020 *Developing a novel paradigm to improve diagnosis, prognosis and treatment of multimorbidity grounded in dynamic networks of symptoms and signs for older patients with multimorbidity*. The Netherlands Organisation for Health Research and Development. Prof. Olde Rikkert (PI, Radboudumc), Dr Peeters (Radboudumc), **Prof. C. L. H. Bockting (co-I)**, Prof. Gill (Yale School of Medicine, USA).
- 2020 *Effectiveness of an innovative e-mental health intervention for Syrian and other groups of distressed adolescents living in Jordan*. Research for Health in Humanitarian Crises (R2HC), ELRHA. With World Health Organization (WHO); Dr. M. van Ommeren (PI), Dr. K. Carswell, Dr. P. Ventevogel, Dr K. Sorsdahl, Prof. M. Jordans, **Prof. C. L. H. Bockting (Co-I)**.
- 2019 *Neurocognitive remediation therapy for partial recovered depression*. Dutch Brain Society. **Prof. C. L. H. Bockting**, dr M. Brouwer, dr G. Geurtsen (UvA-AMC) and dr H. Burger (UMCG).
- 2019 *Internet-based ER training in adolescents with depressive and anxiety disorders: a randomized controlled trial of its effectiveness and acceptability*. Stichting tot Steun VCVGZ. Prof. J.J.M. Dekker (PI; VU, Arkin), C. Christ, MSc (VUmc, Arkin), Dr. M. Blankers (Arkin, Trimbos Institute), Y. Stikkelbroek (UU), M.A. Wisman, MSc. (Arkin), **Prof. C. L. H. Bockting (UvA-AMC)**, Dr N. van der Spek (VU), Dr M. Kikkert (Arkin), K. Berk-Degeffa, MSc. (Arkin).
- 2019 Urban Mental Health Research Priority Area UvA 2019-2023 (budget 10 million). Role: chair (with Prof. Reinout Wiers).
- 2018 Funding for mini workshop on complexity in mental health. Netherlands Platform Complex Systems.
- 2018 *Does time heal everything? A complex dynamical systems approach to emotional functioning and relapse in depression*. NWO research talent M. Eijlander, **prof. C. L. H. Bockting (PI)**, prof. P.M.A. Sloot (IAS), Prof. A. Hayes (University of Delaware, USA).
- 2018 *Establishment Grants: Resilience in Recurrent Depression: The Role of Successful Stress Recovery in Long-Term Remission*. Saskatchewan Health Research Foundation. PI: dr. S. Beshai, University of Regina, Canada; Co-applicant: **Bockting, C. L. H.**
- 2018 Determining effective relapse prevention strategies for recurrent depression and moderators of treatment outcome – what works for whom? **Bockting, C. L. H.** (AMC), APH Mental Health alliance. J. Breedvelt (AMC), van Oppen (VUmc).
- 2018 *MENTALLY: Improving access to mental health care and mental health literacy*. European Commission CONSUMERS, HEALTH, AGRICULTURE AND FOOD EXECUTIVE AGENCY Health Programme, PP2-2016, PI A. DeWaele, Experimental Clinical and Health Psychology, Ghent University, Belgium.

- 2017 *STAY FINE: a personalized monitoring and intervention app to prevent relapse of anxiety and mood disorders in youth and young adults*. Role: **Bockting, C. L. H.** primary promotor AMC, co-applicant. In coll. with Y.A.J. Stikkelbroek (PI) and M.H. Nauta. ZonMW, RuG, AMC.
- 2017 *Relapse prevention in depression: a dissemination project*. ZON-MW, VIMP. 2017/2018. **Bockting, C. L. H. (PI)**.
- 2017 *Unraveling co-morbidity in mental health disorders; personalised affective models and multi modal personalised interventions in co-morbid conditions*. Arq trauma institute. **Bockting, C. L. H. (PI)**.
- 2017 UU, Ndlovu Research Consortium and University of the Witwatersrand, Johannesburg. *Beating co-morbidity using mobile interventions: Depression in HIV in rural and urban South Africa and the potential for other low/middle income countries*. PhD proposal. **Bockting, C. L. H. (PI)**.
- 2016 *The Effect of App based Behavioural Therapy on Emotional Inertia among Chinese Depressive Adults: A Randomized Controlled Trial Study*. China Scholarship Council fund 2016-2020. **Bockting, C. L. H. (PI)**, PhD student Z. Fu.
- 2016 NIAS research Theme group (**PI, Bockting, C. L. H.**, 5 months): *My optimism wears heavy boots: So much research, so few implications, towards 'patient-proof' empirical models and more effective interventions in mental health*.
In collaboration with professor E.A. Holmes, Medical Research Council Cognition and Brain Sciences Unit (MRC CBU), Cambridge, UK and Karolinska Institute, Sweden, professor C. Harmer, professor of Cognitive Neuroscience, University of Oxford, UK, professor S.D. Hollon, professor of Psychology and Psychiatry, Vanderbilt University, USA, associate professor G. Siegle, Departments of Psychiatry, Psychology, and Translational Sciences, University of Pittsburgh School of Medicine, USA, H. Tiemeijer, professor of Psychiatric Epidemiology, Erasmus University, associate professor A. Cramer, Department of Methodology, University of Amsterdam, dr. C. Vinkers assistant professor at the Department of Psychiatry of the University Medical Center in Utrecht, professor M. van den Hout, professor of Experimental Psychopathology at Utrecht University and Ph. Spinhoven, professor of Clinical Psychology, Leiden University.
Personal fellowship.
- 2016 *Diagnostics and multi-modal intervention for victims of human trafficking (2016-2017)*, In collaboration with Arq Psychotrauma expertise center, Equator, dr. Pim Scholte.
- 2016 *Recovery and personalised models and treatment for refugees with mental health problems (2016-2017)*. In collaboration with Arq. In collaboration with Arq Psychotrauma expertise center, Equator, dr. Pim Scholte.

- 2015 *I make you smile: Using facial expression to detect and tackle depression*. Seed Money 2016 UU. With Alishia Williams and the department of Information and Computer Sciences; Ronald Poppe.
- 2015 *Differential Efficacy of Supportive-Expressive and Cognitive Behavioral Interventions in Dependent and Self-critical Depressive Patients: A Randomized Controlled Trial*. Ghent University (SCS RCT). In collaboration with dr. R. Meganck (Ghent University). PhD trajectory.
- 2015 *Predicting and Understanding Neurocognitive Mechanisms of Relapse Prevention: a randomized controlled trial of preventive cognitive therapy in remitted Major Depressive Disorder using fMRI and pupillometry*. NWO VENI grant, Hersenstichting Nederland (HS) ass. prof. M.J. van Tol (PI). In collaboration with UMCG (R.S. van Kleef, and prof. A. Aleman).
- 2014 *Stop or Go? Tapering antidepressants in pregnancy: a pragmatic multicenter RCT to investigate risk and benefits for mother and child*. ZonMW/NWO Goed Geneesmiddelen Gebruik. In collaboration with Psychiatry (assoc. prof. M. van de Berg, Erasmus University; PI, **Prof. C. L. H. Bockting Co-PI**, UU) and UMCG (assoc. prof. H. Burger; UMCG).
- 2014 *Victimization in depressed patients; the role of emotion regulation*. NWO. In collaboration with VUmc, Arkin (prof. A. Beekman PI, prof. J. Dekker, dr. M. Kikkert, dr. R. Van, dr. A. van Schaik, C. Christ (Phd candidate).
- 2013 *The effectiveness of online behavioural activation led by lay health counsellors for depression in The Netherlands and Indonesia*. (**PI**). Indonesian national research fund. In collaboration with the London school of Hygiene and Tropical Medicine and Sangath (assoc. prof. N. Chowdhary, London, UK, Goa, India), Vanderbilt University (prof. S.D. Hollon; Nashville, USA) and Equator/Arq Psychotrauma Expert group (P. Scholte) and ass. prof. M.H. Nauta (RuG) PhD candidate: R. Arjadi.
- 2013 *Blended internet based CBT for children with anxiety disorders: what can individual changes tell us?* ZonMW Effectief jeugd. In collaboration with Acarre, RuG (prof. P. Kendall; Tempel University, USA, Ass. prof. M. Nauta, PI; ass. prof. B. van de Hoofdakker; RuG), and de Bascule (prof. E. de Haan; AMC, UvA). Postdoc: dr. G. Kok.
- 2013 *Prescribing blended care combining face-to-face contacts with web-based guided self-help instead of antidepressants for depression in general practice; a cluster randomized pragmatic trial*. ZonMW/NWO. In collaboration with the department of general practice. Assoc. prof. H. Burger (PI; UMCG).
- 2012 *Work on your imagination: An innovative approach to depression, targeting emotions using imagery*. NWO. In collaboration with MRC Cognition and Brain sciences unit, University of Cambridge/Karolinska Institute (prof. E. Holmes, UK). PhD student: C. Slofstra. **Bockting, C. L. H. (PI)**.

- 2011 *Effectiveness of continuation CT in preventing relapse in depression*. NWO/ZonMW. In collaboration with mental health care center Amsterdam: Arkin (prof. J. Dekker, PI) and VU University. PhD candidate: M. de Jonge.
- 2011 *Evaluation of online-based relapse prevention Intervention in Patients with Major Depressive Disorder*. Role: advisor. BMBF. Ch diseases and orientation towards patients. In collaboration with prof. M. Berking (PI) and ass. prof. D. Ebert (Marburg University, Germany), 2011.
- 2010 *Effectiveness of monitoring and nurse delivered preventive CT in preventing relapse in depression in primary care*. NWO/ZonMW. In collaboration with VU University General practice department, primary care (assoc. prof. H. van Marwijk, PI).
- 2010 *Effects of cognitive behavioural therapy for antenatal depression and anxiety on physical birth outcomes*. ZonMW. In collaboration with the department of general practice UMCG Groningen/OLVG Amsterdam (Prof. M. Berger; PI and assoc. prof. H. Burger). Costs MD/PhD trajectory T. Verbeek.
- 2009 *Cost-effectiveness of an e-mental health self-management intervention with automated tele-monitoring for recurrent depression and co-morbidity with chronic somatic disorders*. **(Bockting, C. L. H., PI)**, ZonMW disease management chronic diseases. In collaboration with the University of Pennsylvania (prof. A.T. Beck, USA), VU University (general practice department and clinical psychology; prof. H. Riper, prof. P. Cuijpers), Trimbos institute Utrecht (prof. F. Smit) and several mental health care centers.
- 2009 *Cost-effectiveness of tapering antidepressants versus preventive cognitive therapy and the combination of continuation of antidepressants with preventive cognitive therapy*. **(Bockting, C. L. H., PI)**. ZonMW Doelmatigheid K&E. In collaboration with the Beck Institute USA (prof. A.T. Beck, USA), Vanderbilt University (prof. S.D. Hollon, USA, Second promoter), University of Maastricht, Psychiatry UMCG Groningen, University of Amsterdam AMC, Amsterdam, Erasmus University, Department of work related disorders (AMC) and several mental health care centers. PhD student G. van Rijsbergen.
- 2008 *Disrupting the rhythm of depression: Effectiveness and cost-effectiveness and mediating factors of preventive cognitive therapy in the prevention of recurrent major depressive disorder*. **(Bockting, C. L. H., PI)**. ZonMW, OOG (PhD student H. Elgersma). In collaboration with the Beck Institute USA (dr. A.T. Beck, USA), Vanderbilt University, University of Maastricht, Psychiatry UMCG Groningen, University of Amsterdam AMC, Amsterdam, Erasmus University, Department of work-related disorders (AMC) and several mental health care centers).
- 2008 *Prevention of psychosocial problems in the offspring of mothers with symptoms of depression or anxiety during pregnancy: benefits for mother and child*. **(Co-PI)**.

- ZonMW. In collaboration with the departments of Epidemiology, Psychiatry and Gynecology UMCG and department of general practice (ass. prof. H. Burger H.; PI), PhD student RuG: J. Meijer. PhD student UMCG: C. Beijer.
- 2008 *Internet-supported self-management of recurrent depression with automated monitoring of health outcomes: demonstration project and evaluation.* VWS/ZonMW. In collaboration with Trimbos institute and mental health care center Amsterdam, prof. J. Dekker (Arkin/VU), and prof. F. Smit (VU).
- 2008 *Effectiveness and cost-effectiveness of cognitive therapy in Inflammatory Bowel Disease, a multi-center trial.* MLD. In collaboration with the department of Medical Psychology (prof. M. Sprangers, AMC, University of Amsterdam; prof. R. Sanderman UMCG, RUG).
- 2008 *Improving diagnosis and prognosis in bipolar and unipolar patients: the role of fMRI to determine biomarkers in addition to clinical measurements.* NWO/ZonMW, OOG. In collaboration with Rive, M., Ruhé, H.G., prof. A. Schene, A.H., prof. D. Veltman (AMC, University of Amsterdam).
- 2008 *Preventing anxiety and mood disorders in youth: a multi-center prevention trial in high risk offspring of anxious and depressed patients.* NWO/ZonMW Preventie. In collaboration with ass. prof. Nauta M. (PI), project member, UMCG Psychiatry and Accare.
- 2001 *Somatic, psychological and social course in patients with recurrent depression.* Nationaal Fonds Geestelijke Volksgezondheid. In collaboration with prof. A. Schene and prof. Ph. Spinhoven.

Reviewing and Other Academic Activities

- 2022 – current Member of the European Academy of Sciences and Arts (Class II – Medicine)
- 2021 – current Committee member of the Netherlands Organisation for Health Research and Development (ZonMw; mental health)
- 2019 – current President of the European Association for Clinical Psychology and Psychological Treatment (EACLIPT).
- 2018 – current Editorial board member of *Clinical Psychology Europe*.
- 2018 – current Chair of safety board STRENGTHS Global Mental Health study in 8 countries, Horizon 2020 fund, conducted by Sijbrandi *et al.*
- 2017 – current Co-editor of *European Psychologist*.
- 2014 – current Co-editor *PLoS ONE*.
- 2016 – current Technologies (ENJECT) Member of European Network for the Joint Evaluation of Connected Health Technologies (ENJECT), COST Action TD1405 TransDomain Proposal.

- 2007 – current Initiator International Taskforce for RelAapse Prevention of depression (ITFRA) (PIs: Bajbouj, M., **Bockting, C. L. H.**, Bondolfi, G., Browning, M., Farb, N., Van Heeringen, C., Hoorelbeke, K., Hollandare, F., Jarrett, R., Klein, D., Kuyken, W., Schloegelhofer, M., Scott, J., Segal, Z., Shallcross, A., Speckens, A., Strangier, U., Teasdale, J., Williams, M.).
- 2017 – 2019 Board member of the European Association for Clinical Psychology and Psychological Treatment (EACLIPT).
- 2013 – 2015 Board member of advice committee for the ministry of health and united insurance companies, on behalf of the association of health-, and clinical psychologists and the Dutch CBT association (NVGZP and VGCT).
- 2008 – current Co-developer of the national multidisciplinary guideline committee on diagnoses and treatment of depression and anxiety disorders ('*Zorgstandaard Depressie*', Trimbos).
- 2007 – current Reviewer of grant applications: NWO open round MAGW, Swiss, Israel, Belgium, Canada, Germany, UK, EU Horizon.
- 2007 – 2017 President of the affective disorders board of the Dutch Association of Behaviour & Cognitive Therapies.
- 2006 – current Initiator Special Interest Group 'depression' (SIG of the European Association of Behavioural and Cognitive Therapy; EABCT).
- 2005 – current Reviewer of *JAMA*, *American Journal of Psychiatry*, *Journal of Consulting and Clinical Psychology*, *Psychotherapy and Psychosomatics*, *Journal of Affective disorders*.
- 2008 – 2015 Member of education committee of the Dutch and Flemish Postgraduate School for Experimental Psychopathology.
- 2011 – 2012 Member of visitation committee of national postdoctoral Clinical Psychologist education (*KP-opleiding*).
- 2006 – 2012 Editor in chief of treatment books for therapists (publisher: Bohn Stafleu van Loghum).

Editorials on Work

2021

Kirby, T. (2021). Claudi Bockting: preventing common mental health conditions. *Lancet Psychiatry*, 8(2), 103. doi:10.1016/S2215-0366(20)30562-9

2018

Fava, G. A. (2018). Time to rethink the approach to recurrent depression. *Lancet Psychiatry*, 5(5), 380–381. doi:10.1016/S2215-0366(18)30128-7

Publications in International Refereed Journals

2022

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Heuschen, C. B., Mocking, R. J., Zantvoord, J. B., Figueroa, C. A., Schene, A. H., Denys, D. A., Ruhé, H. G., **Bockting, C. L.**, & Lok, A. (2022). Suicidal ideation in remitted major depressive disorder predicts recurrence. *Journal of Psychiatric Research*, 151, 65–72. <https://doi.org/10.1016/j.jpsychires.2022.04.005>

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Kok, G. D., van Rijsbergen, G. D., Elgersma, H. J., & **Bockting, C. L. H.** (2011). Huidige behandeling depressie is weggegooid geld. *Psychologie en Gezondheid*, 39, 26-31.

2010

Bockting, C. L. H., Boerema, I., & Hermens, M. (2010). Multidisciplinaire Richtlijn voor de diagnostiek, behandeling en begeleiding van volwassen patiënten met een depressieve stoornis. *GZ Psychologie*, 1, 40-43.

Bockting, C. L. H. (2010). Stemmingsstoornissen [Special issue]. *Tijdschrift voor Gedragstherapie*, 1.

Meijer J., **Bockting, C. L. H.**, Oosterink, A., & Burger, H. (2010). Zwanger en angstig of depressief, wat nu? *Tijdschrift voor Gedragstherapie*, 1, 5-15.

Bockting, C. L. H., & Oosterink, A. (2010). Preventie van terugval bij recidiverende depressie met cognitieve therapie. *Tijdschrift voor Gedragstherapie*, 1, 35-59.

2009

Baas, K. D., Wittkamp, K. A., van Weert, H. C., Lucassen, P., Huyser, J., van den Hoogen, H., van de Lisdonk, E., Bindels, P., **Bockting, C. L. H.**, Ruhé, E., & Schene, A. H. (2009). Screening op depressie in hoogrisicogroepen levert te weinig op. *Huisarts & Wetenschap*, 52, 269-74. doi:10.1007/bf03085639

2008

Doornbos, B., de Jonge, P., & **Bockting, C. L. H.** (2008). Selectieve Publicatie van Antidepressiva Trials en de Invloed op Schijnbare Effectiviteit: Gevolgen voor Richtlijnen? *Nederlands Tijdschrift voor Geneeskunde*, 25, 1406-1408.

International Presentations

2021

Bockting, C. L. H. (2021, September 16). Panel discussion: Where are we going?. Treatment Selection TSIL 2021, Two Days of Precision Medicine in Mental Health, University of Trier, Germany.

Bockting, C. L. H. (2021, September 11). Chaired Symposium: Relapse prevention in depression in times of Corona: What works for whom and how?. European Association for Behavioral and Cognitive Therapies, EABCT 2021 Conference, Belfast, Northern Ireland.

Bockting, C. L. H., Lorenzo-Luaces, L, & Hall, B.(2021, August 12). Online keynote: The Global Mental Health Fellowship: addressing the mental health gap. American Psychological Association (APA) Annual Convention 2021.

Bockting, C. L. H. et al. (2021, June 25). Semi-Plenary: Studying Mechanisms and Moderators in Psychotherapy. Society for Psychotherapy Research (SPR) 52nd International Annual Meeting.

Bockting, C. L. H. (2021, June 21). Organized symposium: Mental health from cell to society: innovative paths in psychiatry: The evidence for digital intervention for mental health problems in low- and middle-income countries. SUMMA Symposium 2021, University of Utrecht, Utrecht, Netherlands.

2020

Bockting, C. L. H. (2020, December 11). Online keynote: Digital interventions in mental health. Amsterdam Public Health - Global Health (APH-GH) Global Mental Health Webinar 2020, Amsterdam, the Netherlands.

Bockting, C. L. H. (2020, November 26). Online keynote: Preventive Cognitive Therapy for Recurrent Depression. Towards Treatments with Lasting Benefits. Guide for a Therapist. 12th International Congress of Research and Professional Practice in Psychology, Buenos Aires, Argentina.

Bockting, C. L. H. (2020, October 19). Invited online talk: Harnessing the power of community and online spaces for mental health problems in children and young people. 2020 Grand Challenges Canada Annual Meeting, Bill & Melinda Gates Foundation.

2019

Bockting, C. L. H. (2019, December 8). Invited talk: Embracing the complexity of mental health: From complexity to action. Complex networks within in the context of biology, Social science and medicine satellite at the International Conference on Complex Networks 2019, Lisboa, Portugal.

Bockting, C. L. H. (2019, November 16). From complexity to sustainable psychological interventions for depression. 10th Conference of the International Society for Affective Disorders, London, United Kingdom.

Bockting, C. L. H. (2019, October 31). Keynote: No health without mental health in Europe. First official European Congress on Clinical Psychology and Psychological Treatment of EACLIP, Dresden, Germany.

- Bockting, C. L. H.** (2019, September 2). Current status and future perspectives in relapse prevention. Maintaining recovery after depression: Predicting and preventing relapses symposium. BABCP Annual Conference 2019, Bath, United Kingdom.
- Bockting, C. L. H.** (2019, October 2). Keynote: No health without mental health: understanding the dynamics of depression. Conference on Complex Systems 2019, Complexities of Adverse Behavior and Mental Health satellite session, Singapore.
- Bockting, C. L. H.** (2019, July 19). Beyond Simplification: Understanding the Onset and Maintenance of Common Mental Health Disorders Using a Complexity Approach. Presentation. 9th World Congress of Behavioural & Cognitive Therapies, Berlin, Germany.
- Bockting, C. L. H.** (2019, July 18). Optimal Designs to Examine Whether Individual Affective Changes are Clinically Meaningful. Presentation. 9th World Congress of Behavioural & Cognitive Therapies, Berlin, Germany.
- Bockting, C. L. H.** (2019, July 18). Sustainable Effects of Psychological Interventions in Depression: The Effectiveness of Preventive Cognitive Therapy. Presentation. 9th World Congress of Behavioural & Cognitive Therapies, Berlin, Germany.
- Bockting, C. L. H.** (2019, June 28). Beyond Simplification: Understanding the Onset and Maintenance of Common Mental Health Disorders Using a Complexity Approach. Amsterdam Mind & Brain Coalition Kick-off, Amsterdam, the Netherlands.
- Bockting, C. L. H.** (2019, June 27). Understanding the onset of common mental health disorders using a complexity approach. Amsterdam Brain & Cognition summer symposium: The Emergent Disturbed Mind. University of Amsterdam, Amsterdam, the Netherlands.
- Bockting, C. L. H.** (2019, June 24). Multicausal systems ask for multicausal approaches. Amsterdam Brain & Cognition Summer School: The emergent mind. University of Amsterdam, Amsterdam, the Netherlands.
- Bockting, C. L. H.** (2019, May 25). Beyond Simplification: Understanding Depression Using a Complexity Approach. Invited Talk. 31st Convention Association for Psychological Science (APS), Washington D.C., United States.
- Bockting, C. L. H.** (2019, March 9). Oversimplification or Too Complex? Tomorrow's Research on Common Mental Health Conditions. Presentation. International Convention of Psychological Science (ICPS), Paris, France.
- Bockting, C. L. H.** (2019, March 9). The potential of minimal interventions, including internet interventions for common mental health conditions in low and middle income countries. Presentation. International Convention of Psychological Science (ICPS), Paris, France.
- Bockting, C. L. H.** (2019, March 1). Global mental health: The potential of minimal interventions. Invited presentation. Amsterdam Institute for Global Health and Development, Amsterdam, the Netherlands.

Bockting, C. L. H. (2019, January 24). Moving beyond simplification: embracing the complexity of mental health. Invited Keynote. eMEN London conference: Prevention with digital technologies: expanding the possibilities for better mental health. London, UK.

2018

Bockting, C. L. H. (2018, November 22). Back to the drawing board: understanding onset and maintenance of depression using a complexity approach. Amsterdam Public Health (APH) Annual Meeting 2018, Amsterdam, the Netherlands.

Bockting, C. L. H. (2018, November 18). Good for the Baby? Effects of CBT on Mother and Child During Pregnancy. Symposium session: Innovative Interventions for Perinatal Mood Disorders: Developing and Evaluating Strategies to Improve Maternal and Child Outcomes. Association for behavioural and cognitive therapies (ABCT), 52nd annual convention. Washington D.C., USA.

Bockting, C. L. H. (2018, November 17). Panel discussion Special Interest Group neuroscience and psychotherapy. Association for behavioural and cognitive therapies (ABCT), 52nd annual convention. Washington D.C., USA.

Bockting, C. L. H. (2018, November 2). On sustainability of psychological interventions. Key presentation. Inaugural meeting of the European Association of Clinical Psychology and Psychological Treatment (EACLIPT). Linköping, Sweden

Bockting, C. L. H. (2018, September 14). Oversimplification or too complex? Oral. Psychological Networks & Time Series Models: Improving the analyses of complex clinical data meeting. Groningen, the Netherlands.

Bockting, C. L. H. (2018, September 12). Potential of internet-based interventions in low and middle income countries. Oral. WHO, Geneva, Swiss.

Bockting, C. L. H. (2018, June 30). Preventive Cognitive Therapy compared to medication for relapse prevention in depression (DRD study): A three-arm randomised controlled trial. Oral. 49th Annual International Meeting Society for psychotherapy research.

Bockting, C. L. H. (2018, June 27). Sustainable psychological interventions for depression. Oral. London Mental Health foundation.

Bockting, C. L. H. (2018, June 12). Preventive cognitive therapy compared to medication for relapse prevention in depression. (DRD study): A three arm randomised controlled trial. Oral. ICM, Amsterdam, the Netherlands.

Bockting, C. L. H. (2018, June 9). World Congress of Psychotherapy (Amsterdam) – When do we need psychotherapy to prevent relapse or recurrence and when do we need antidepressants? Results of a three-arm randomised controlled trial (invited symposium).

Bockting, C. L. H. (2018, May 5). A personalized approach to obtain sustainable results in depression relapse prevention. American Psychiatric Association Annual Meeting. Oral talk in symposium.

Bockting, C. L. H. (2018, March 16) Keynote: Whom, for what, and with what, The complexity of mental health? 'The Lancet Psychiatry Commission on psychological treatments research in tomorrow's science': Seeing Futher. Conference Karolinska Institute Stockholm.

2017

Bockting, C. L. H. (2017, November 29). Towards sustainable interventions for depression: Is there a role for psychological interventions? Symposium 'Innovations in mental health care for depression: Beyond 2020', VU University, Amsterdam.

Bockting, C. L. H. (2017, September 22) Are individual affective changes in treated patients clinically meaningful? 4th Joint Conference SPR UK & European Chapters, Oxford, United Kingdom.

Bockting, C. L. H. (2017, July 12) Concluding remarks: towards patient proof theories for depression and clinical implications, 15th European Congress of Psychology, Amsterdam, The Netherlands.

Bockting, C. L. H. (2017, July 12) My optimism wears heavy boots: So much research, so few implications, towards more effective interventions in mental health, 15th European Congress of Psychology, Amsterdam, The Netherlands.

Bockting, C. L. H. (2017, July 12) What does evidence tell us about our leading etiological theories of depression? 15th European Congress of Psychology, Amsterdam, The Netherlands.

Bockting, C. L. H. (2017, July 12) Off the hook: relapse prevention using psychological interventions for depression and its implications for other common mental health disorders. Keynote at the 15th European Congress of Psychology, Amsterdam, The Netherlands.

2016

Bockting, C. L. H. (2016, September 29) Treatment of Depression and Anxiety in Pregnancy: Outcomes for Mother and Child. Association for Behavioral and Cognitive Therapies (ABCT) Conference, New York, United States.

Bockting, C. L. H. (2016, September 29) Is Pregnancy the Best Timing for CBT? Effects of CBT on Mother and Child During Pregnancy as Studied in a Randomized Controlled Trial: The Promises Study. Association for Behavioral and Cognitive Therapies (ABCT) Conference, New York, United States.

Bockting, C. L. H. (2016, September 29) Disrupting the Rhythm of Depression Using Mobile Online Cognitive Therapy for Recurrent Depression. Association for Behavioral and Cognitive Therapies (ABCT) Conference, New York, United States.

Bockting, C. L. H. (2016, September 20) Chronicity in depression: Long term effects of psychological interventions and antidepressants. 29th European College of Neuropsychopharmacology (ECNP), Vienna, Austria

Bockting, C. L. H. (2016, September 2). A lifetime approach to major depressive disorder: The contributions of psychological interventions in preventing relapse and recurrence. The 46th

European Association of Behavioural and Cognitive Therapies Congress (EABCT), Stockholm, Sweden.

Kok, G. & **Bockting, C. L. H.** (2016, September 2). Disrupting the rhythm of depression: prevention of relapse in depression with Mobile Cognitive Therapy. The 46th European Association of Behavioural and Cognitive Therapies Congress (EABCT), Stockholm, Sweden.

Klein, N. & **Bockting, C. L. H.** (2016, September 2). Do daily fluctuations in emotions predict the course of tapering antidepressants? The 46th European Association of Behavioural and Cognitive Therapies Congress (EABCT), Stockholm, Sweden.

Slofstra, C. & **Bockting, C. L. H.** (2016, September 2). Mental Imagery: a vulnerability in recurrent depression? The 46th European Association of Behavioural and Cognitive Therapies Congress (EABCT), Stockholm, Sweden.

Bockting, C. L. H. (2016, September 1). Co-morbidity as risk factor for chronicity: Is there a reason to prolong treatment in depression in case of co-morbid chronic somatic illnesses? 46th European Association of Behavioural and Cognitive Therapies Congress (EABCT), Stockholm, Sweden.

Bockting, C. L. H. (2016, September 1). Meet the expert; Relapse prevention of depression. 46th European Association of Behavioural and Cognitive Therapies Congress (EABCT), Stockholm, Sweden.

Bockting, C. L. H. (2016, July 16). Simply do it! Behavioral activation for affective disorders. Biennial conference of the International Society for Affective Disorders, Amsterdam.

Bockting, C. L. H. (2016, June 24). The potential of minimal interventions in low and middle income countries for common mental health disorders. Witwatersrand University, Johannesburg/Groblersdal, South Africa.

Bockting, C. L. H. (2016, March 14). Chronicity in depression: Psychotherapeutic approaches. Keynote at 24th European Congress of Psychiatry, Madrid, Spain.

Bockting, C. L. H. (2016, March 14). Beating co-morbidity using mobile interventions: Depression in HIV in rural and urban South Africa. Utrecht University, Utrecht, The Netherlands.

2015

Williams, A. & **Bockting, C. L. H.** (2015, September). Image analysis for clinical psychology: Exploiting images and technology to improve mental disorders. Keynote at 16th International Conference on Computer Analysis of Images and Patterns (invited talk). Malta, Greece.

Bockting, C. L. H. (2015, May). Research methods in clinical psychology and global mental health. Keynote at Tarumanagara University (invited talk), Jakarta, Indonesia.

Verbeek, T., **Bockting, C. L. H.**, Beijers, C., Meijer, J. L., van Pampus, M., & Burger, H. (2015, March). Low socio-economic position increases the adverse effect of negative life events on anxiety and depression during pregnancy. Paper presented at 23th European Congress of Psychiatry, Vienna, Austria.

Verbeek, T., **Bockting, C. L. H.**, Meijer, J. L., Burger, H., & van Pampus, M. (2015, March). Psychological treatment of antenatal depression and anxiety: Effects on obstetric outcomes. Paper presented at 23th European Congress of Psychiatry. Austria, Vienna.

2014

Bockting, C. L. H. (2014, September). Are we winners and/or losers? Long term effects of CBT and advances in treatment in depression and relapse prevention. Keynote at European Association Behavioral Cognitive Therapy (EABCT), The Hague, The Netherlands.

Bockting, C. L. H. (2014, September). Third generation CBT: A curse or a blessing? Expert panel, Round Table - at European Association Behavioral Cognitive Therapy (EABCT), The Hague, The Netherlands.

Bockting, C. L. H. (2014, March). I feel good: Mechanisms underlying relapse in depression and its implication for treatment Utrecht. Keynote at National EPP day, Utrecht, The Netherlands.

2013

Bockting, C. L. H. (2013, December). Niets zal mij helpen: De effectiviteit en duurzaamheid van cognitieve therapie voor depressie en de revival van gedragsactivatie. Keynote at National CBT association, Antwerpen, Belgium.

Bockting, C. L. H. (2013, September). Current treatment of depression and innovative interventions in depression-kick-off meeting special interest group 'depression'. Panel discussion at European Association for Behavioural and Cognitive Therapies Congress, Marrakech, Morocco.

Bockting, C. L. H. (2013, September). Differential predictors of outcome to cognitive therapy in depression. Paper presented at European Association for Behavioural and Cognitive Therapies Congress, Marrakech, Morocco.

Bockting, C. L. H. (2013, March). Psychological interventions in the antenatal phase. Keynote at Department of Mood disorders at University of Exeter (invited talk), Exeter, United Kingdom.

Bockting, C. L. H., Burger, H., Spinhoven, P., Koeter, M., Ruhé, H., Hollon, S., & Schene, A.H. (2013, September). Cognitive reactivity: Predictor of relapse and potential working mechanism of Preventive CT? Paper presented at European Association for Behavioural and Cognitive Therapies Congress, Marrakech, Morocco.

Holmes, E.A., Nauta, M., & **Bockting, C. L. H.** (2013, September). The effects of neutral, regular, and positive rescripting on aversive autobiographical memories and their associated emotions. Paper presented at European Association for Behavioural and Cognitive Therapies Congress, Marrakech, Morocco.

Holmes, E.A., Nauta, M., & **Bockting, C. L. H.** (2013, September). Work on your imagination: Imagery Rescripting as intervention. Paper presented at European Association for Behavioural and Cognitive Therapies Congress, Marrakech, Morocco.

Kok, G. D., & **Bockting, C. L. H.** (2013, September). Bull's eye? Effectiveness, predictors of relapse, and mechanisms of change in psychotherapy for depression. Paper presented at 43rd Annual Congress European Association for Behavioural and Cognitive Therapies, Marrakech, Morocco.

Van Rijsbergen, G., Elgersma, H., Burger, H., Smit, F., Cuijpers, P., Riper, H., van Valen, E., van Marwijk, H., Dekker, J., & **Bockting, C. L. H.** (2013, September). Potential pathways to relapse in depression: the role of childhood adversity and later life stress. Paper presented at European Association for Behavioural and Cognitive Therapies Congress, Marrakech, Morocco.

2012

Bockting, C. L. H. (2012, May). Disrupting the rhythm of depression using mobile Internet cognitive therapy. Keynote at EU expert meeting on internet-based interventions in depression (invited talk), Lüneburg, Germany.

2011

Bockting, C. L. H. (2011) Depression, etiology and interventions. University of Zürich (invited talk), Zürich, Swiss.

Bockting, C. L. H. (2011, September). The role of axis II disorders in prognosis and response to CBT in recurrent depression. Paper presented at European Conference for Behavioral and Cognitive Therapy, Reykjavick, Iceland.

Bockting, C. L. H., Elgersma, H., Kok, G. D., & van Rijsbergen, G. (2011, September). Preventing relapse and recurrence using face to face CT or mobile CT? Three randomized controlled trials. Paper presented at European Conference for Behavioral and Cognitive Therapy, Reykjavick, Iceland.

Hollon, S. & **Bockting, C. L. H.** (2011, September). Is cognitive behavior therapy the optimal firstline treatment for depression? Keynote at European Conference for Behavioral and Cognitive Therapy, Reykjavick, Iceland.

Kok, G. D. & **Bockting, C. L. H.** (2011, June). Technology-based service innovations for the treatment of depression: Mobile Cognitive Therapy. Paper presented at International Meeting of Society for Psychotherapy Research, Bern, Switzerland.

2010

Grosse Holtforth, M., **Bockting, C. L. H.**, DeRubeis, R., Dobson, K. S., Hayes, A. M., & Strauman (2010, June). Getting beyond the glass is half full or half empty in the treatment of depression: Join forces to work on the half empty glass. Panel discussion at World Conference for Behavioral and Cognitive Therapy, Boston, USA.

Bockting, C. L. H. (2010, June). Disrupting the Rhythm of Depression: Prevention of Relapse in Depression Using a Brief Cognitive Group Therapy. Paper presented at World Conference for Behavioral and Cognitive Therapy, Boston, USA.

Bockting, C. L. H., Spinhoven, P., Koeter, M. W. J., Wouters, L. F. & Schene, A. H. (2010, June). What works for whom in preventing relapse in recurrent depression using cognitive therapy? Paper presented at World Conference for Behavioral and Cognitive Therapy, Boston, USA.

Bockting, C. L. H., Hayes, A. M., Hautzinger, M., Segal, Z., Koenig, A. M. & Grosse Holtforth, M. (2010, June). Acute Treatment of Depression and Long-Term Effects: What Works for Whom and New Developments. Paper presented at World Conference for Behavioral and Cognitive Therapy, Boston, USA.

2009

Bockting, C. L. H. (2009, May). How well do we treat MDD? Paper presented at American Psychiatric Association conference, San Francisco, USA.

2008

Bockting, C. L. H. (2008). Reducing relapse/recurrence in depression: Preventing CT and risk factors for relapse/recurrence. Paper presented at American Behavioral and Cognitive Therapy conference, Orlando, USA.

Assies, J. Lok, A., Koeter, M. W. J., **Bockting, C. L. H.**, Visser, I., & Duran, M. (2008, March). Fatty acids in recurrent depression. Paper presented at ISAD 4th Biennial Conference, Cape Town, South Africa.

Lok, A., Assies, J., Koeter, M. W., **Bockting, C. L. H.**, Visser, I., & Moeton, M. (2008, March). Interaction of methylenetetrahydrofolate reductase (MTHFR) C677T polymorphism and folic acid levels in recurrent depression. Paper presented at ISAD 4th Biennial Conference, Cape Town, South Africa.

Lok, A., Visscher, T. L., Koeter, M. W., Assies, J., **Bockting, C. L. H.**, Verschuren, W. M., & Schene, A. H. (2008, March). The 'weight' of recurrent depression: A comparison between recurrent depressed individuals and the Dutch population. Paper presented at ISAD 4th Biennial Conference, Cape Town, South Africa.

Visser, I., Assies, J., Lok, A., **Bockting, C. L. H.**, Nicolson, N., & Schene, A. H. (2008, March). Salivary cortisol and dehydroepiandrosterone-sulfate (DHEA-S) in recurrent major depression: Comparison with matched healthy controls. Paper presented at ISAD 4th Biennial Conference, Cape Town, South Africa.

2007

Bockting, C. L. H. (2007, July). Preventing relapse using diverse combinations with new forms of cognitive therapy in remitted recurrently depressed patients. Paper presented at World Conference Cognitive Behavioral Therapy (WCBT), Barcelona, Spain.

2004

Bockting, C. L. H., Schene, A. H., Spinhoven, P., Koeter, M. W. J., Wouters, L. F., Huyser, J., Kamphuis, J., & the DELTA study group (2004, November). Preventing relapse/recurrence in recurrent depression with cognitive therapy. Paper presented at World Psychiatric Association International Congress, Florence, Italy.

Assies, J., Lok A., **Bockting, C. L. H.**, Weverling, G. J., Lieveise, R., Visser, I., Abeling, N. G. G. M., Duran M., & Schene A. H. (2004). Fatty acids and homocysteine levels in patients with recurrent depression: An explorative pilot study. *Prostaglandins, Leukotrienes and Essential Fatty Acids*, 70, 349-356. doi:10.1016/j.plefa.2003.12.009

2002

Bockting, C. L. H. (2002, September). Diathesis-stress and scarr-hypotheses of depression; Dysfunctional attitudes and depressive relapse. Paper presented at European Association Behavioral Cognitive Therapy (EABCT), Maastricht, The Netherlands.

National Presentations

2021

Bockting, C. L. H. (2021, June 03). Digital interventions in low and middle income countries and the potential for high income countries. Nascholingsavond "Keeping our focus on mental health in Africa", Nederlands Psychiaters, Hoofdoorp, the Netherlands.

Bockting, C. L. H. (2021, January 13). A lifestyle of wellbeing. Masterstudio The Healthy City, UvA Urban Planning. Amsterdam, the Netherlands.

2020

Bockting, C. L. H. (2020, August 31). Kansen voor depressiepreventie. Meerjarenprogramma Depressiepreventie: Ministerie van Volksgezondheid, Welzijn en Sport. Amsterdam, the Netherlands.

2019

Bockting, C. L. H. (2019, January 10). E-health voor Global Mental Health. Clingendael Global Health Initiative meeting: De rol van Global Health in Zorg en Gezondheid. The Hague, the Netherlands.

2018

- Bockting, C. L. H.** (2018, November 8). Preventieve cognitieve therapie. Kennisbijeenkomst GGZ Delfland, Delft, the Netherlands.
- Bockting, C. L. H.** (2018, October 4). Depressie: waarom we ons er druk over moeten maken en wat we eraan kunnen doen. Congres stemmingsproblematiek, Zwolle, the Netherlands.
- Bockting, C. L. H.** (2018, June 15). Therapiewinst, de waarde van psychologische behandeling. Over de behandeling van depressieve en terugvalpreventie. Boekpresentatie 'Thrive: The power of Psychological Therapy' van Richard Layard & David M. Clark.
- Bockting, C. L. H.** (2018, June 6). Dokter, kan het ook zonder en kan het beter? Afbouwen of continuatie van onderhoudsantidepressiva ter preventie van terugval bij depressie. Lezing. Wetenschapsdag NHG.
- Bockting, C. L. H.** (2018, May 26). Depressie & terugvalpreventie. Lezing. Publieksdag depressievereniging.
- Bockting, C. L. H.** (2018, April 12). De DRD studie: Kan het ook zonder? Antidepressiva en Preventieve Cognitieve Therapie om terugval te voorkomen bij depressie. Poster. Voorjaarscongres Nederlandse Vereniging voor Psychiaters (NVvP).
- Bockting, C. L. H.** (2018, March 2). Towards sustainable interventions for depression: do psychological interventions make sense? Keynote speaker. University of Utrecht.

2017

- Bockting, C. L. H.** (2017, November). Lezing terugvalpreventie. *APH Mental Health, Vrije Universiteit Amsterdam*.
- Bockting, C. L. H.** (2017, August 29). *Preventie van terugval met psychologische interventies en/of antidepressiva bij depressie*. Benecke Summer school 2017, Amsterdam.
- Bockting, C. L. H.** (2017, June 14). The global burden of mental health disorders and the potential of psychological mhealth and internet-based interventions in low resources settings at "Global Health & Tropical Medicine Course". UMC Utrecht.
- Bockting, C. L. H.** (2017, May 20). Psychologische interventies ter preventie van terugval: Wat werkt en persoonlijke ervaringen at "Depressie voorkomen, wat werkt voor jou", Depressievereniging, UU en UMCG. Symposium, Zeist, the Netherlands.
- Bockting, C. L. H.** (2017, January 13). *State of the art and beyond in relapse prevention*. Radboud UMC, Nijmegen.

2016

Bockting, C. L. H. (2016, March). *Psychische stoornissen en klachten tijdens de zwangerschap: moeten we daar wat aan doen?* Presentation at “Zwangerschap en mental health” meeting, Ede, the Netherlands.

2015

Bockting, C. L. H. (2015, October). *Innovatieve technologie voor de behandeling van depressie.* Keynote at VU/Arkin (invited talk), Amsterdam, the Netherlands.

Bockting, C. L. H. (2015, June). *e/mHealth: en hoe zit het met de kwaliteit? De toekomst van onderzoek naar validatie voor eMentalhealth producten.* GGZ Nederland en Kennisplatform Inpreze, Amersfoort, the Netherlands

Bockting, C. L. H. (2015, May) *My optimism wears heavy boots: Towards empirically driven tailored interventions, illustrated by depression research.* Utrecht, the Netherlands.

2014

Bockting, C. L. H. (2014, November). *Tussen dip en droom: Als de blaadjes van de bomen vallen.* Public lecture at Studium Generale, Enschede, the Netherlands.

Bockting, C. L. H. (2014, September). *Depressie in de eerste lijn en zelfhulp.* Keynote at Dag van de CGT (EABCT), The Hague, the Netherlands.

2013

Bockting, C. L. H. (2013, November). *Bij mij heeft het toch geen zin: De kracht van psychotherapie bij depressie.* Keynote Professor Boeke psychotherapy lecture, Groningen, The Netherlands.

Bockting, C. L. H. (2013, April). *'Het zijn mijn genen, CGT heeft bij mij geen zin': Therapiegenetica bij CGT.* Presentation at Voorjaarscongres Nederlandse Vereniging van Psychiatrie 'Diegenen omgeven', Maastricht, The Netherlands.

Bockting, C. L. H. (2013, April). *De lange termijn effecten van cognitieve therapie en antidepressiva bij depressie in geval van persoonlijkheidsproblematiek.* Paper presented at Voorjaarscongres Nederlandse Vereniging van Psychiatrie 'Diegenen omgeven', Maastricht, the Netherlands.

Elgersma, H. J., & **Bockting, C. L. H.** (2013, April). *Laat een depressie sporen na? Verborgene littekenvorming bij depressie.* Paper presented at Voorjaarscongres Nederlandse Vereniging van Psychiatrie 'Diegenen omgeven', Maastricht, the Netherlands.

Kok, G. D., & **Bockting, C. L. H.** (2013, April). *Verhoogt de aanwezigheid van chronische comorbide medische ziekten de kans op depressieve terugval?* Paper presented at Voorjaarscongres Nederlandse Vereniging van Psychiatrie 'Diegenen omgeven', Maastricht, the Netherlands.

Van Rijsbergen, G. D., & **Bockting, C. L. H.** (2013, April). *Cognitieve reactiviteit bij terugkerende depressie, vooral emoties doen ertoe*. Paper presented at Voorjaarscongres Nederlandse Vereniging van Psychiatrie 'Diegenen omgeven', Maastricht, the Netherlands.

2012

Bockting, C. L. H. (2012, November). Exposure-based cognitieve gedragstherapie bij chronische depressie. Presentation at Najaarscongres VGCT, Veldhoven, the Netherlands.

Kok, G. D., & **Bockting, C. L. H.** (2012, November). Zijn het mijn schema's, mijn verborgen associaties of mijn genen? Wat is er mis bij depressie en nieuwe toepassingen van CGT. Paper presented at Najaarscongres VGCT, Veldhoven, the Netherlands.

2011

Kok, G.D. & **Bockting, C. L. H.** (2011, April). *Doorbreek het ritme van depressie: Nieuwe psychologische behandelmethoden tegen terugval*. Paper presented at Voorjaarscongres Nederlandse Vereniging van Psychiatrie 'Kennis verplicht', Amsterdam, the Netherlands.

2006

Bockting, C. L. H. (2006, April). *Preventing relapse in recurrent depression using cognitive therapy*. Paper presented at Symposium 'Psychological processes and treatment of depression', Radboud University, Nijmegen, the Netherlands.

2004

Bockting, C. L. H. (2004, November). *Preventing relapse/recurrence in recurrent depression using cognitive group therapy: A randomized trial*. Paper presented at Symposium Rob Giel Onderzoekcentrum, Groningen, the Netherlands.

2002

Bockting, C. L. H. (2002, June). *De preventie bij terugval bij recidief depressies; effectiviteit van een cognitieve preventieve groepsmodule*. Paper presented at Onderzoeksdagen Psychiatrie, Zandvoort, the Netherlands.

Workshops & Webinars

2022

Bockting, C. L. H. (2022, February 15). Keynote: "How new concepts of mental health stimulate better psychological treatments", EACLIP Webinar, European Association of Clinical Psychology and Psychological Treatment.

Bockting, C. L. H. (2022, January 17). *Masterclass CBT: Treatment of Depression using Cognitive Behavioral Therapy*. Psyflix.

Bockting, C. L. H. (2022, January 10). *Masterclass CBT: Preventive Cognitive Therapy for Relapse Prevention*. Psyflix.

Bockting, C. L. H. (2022, January 7). *Global Perspectives on Digital Health: Lab Session "Mental Health"*. KIT Royal Tropical Institute & Amsterdam Health and Technology Institute.

2021

Bockting, C. L. H., van Valen, E., Brouwer, M. E. (2021). *Training Terugvalpreventie GZ, KP en Psychiaters met Preventieve Cognitieve Therapie*. Stichting MIND.

2020

Bockting, C. L. H., van Valen, E., Brouwer, M. E. (2020). *Training Terugvalpreventie POH's in de Huisartsenzorg*. Stichting MIND.

2018

Bockting, C. L. H. (2018, June 21). *Depressie en terugvalpreventie*. Preventieve Cognitieve Training. Indigo, Arnhem.

Bockting, C. L. H. en Lok, A. (2018, April, 13). *Van de kliniek naar onderzoek en weer terug: een toolkit om afbouw of continuatie van antidepressiva te begeleiden*. Workshop at NVvP Voorjaarscongres.

2017

Bockting, C. L. H. en Van Valen, E. (2017, November). *Preventie van terugval, hoe dan? Preventieve cognitieve therapie om terugval te voorkomen bij depressie*. Workshop at VGCT Najaarscongres.

Bockting, C. L. H. (2017, January). *Preventieve cognitieve therapie*. Workshop at UMC Maastricht, Maastricht, the Netherlands.

2016

Bockting, C. L. H. (2016, March). *De psychologische behandeling van depressie en co- morbiditeit met angst tijdens de zwangerschap*. Workshop at Zwangerschap en Mental Health meeting, Ede, the Netherlands.

Bockting, C. L. H. (2016, February). *CGT bij depressie*. Workshop at Groningen University for research project "Neurocognitive working mechanisms of preventing relapse in depression: An fMRI and pupillometry-study (NEW-PRIDE)". Groningen, the Netherlands.

2015

Bockting, C. L. H. (2015, September). *Cognitieve Gedragstherapie bij depressie*. Workshop at Ghent University for research project "Differential Efficacy of Supportive-Expressive and Cognitive Behavioral Interventions in Dependent and Self-critical Depressive Patients: A Randomized Controlled Trial." Ghent, Belgium.

2014

Bockting, C. L. H. (2014, September). *Simply do it! Basics and beyond of behavioral activation for depression*. Workshop at European Association Behavioral Cognitive Therapy (EABCT), The Hague, the Netherlands.

2012

Bockting, C. L. H. (2012, November). *Treatment of chronicity in depression*. Workshop at VUMC, Amsterdam, the Netherlands.

2011

Bockting, C. L. H. (2011, September). *Relapse prevention using brief CBT*. Workshop at European Conference for Behavioral and Cognitive Therapy, Reykjavick, Iceland.

Organised Symposia and Conferences

2019

Bockting, C. L. H. (2019, July 18). Organized symposium: Relapse Prevention in Depression with Cognitive Behavioral Interventions: At the Cross Roads Toward Sustainable Interventions. 9th World Congress of Behavioural & Cognitive Therapies, Berlin, Germany.

Bockting, C. L. H. (2019, June 27). Organized symposium: Amsterdam Brain and Cognition summer symposium: The Emergent Disturbed Mind (with Dr. Marie Deserno, UvA). University of Amsterdam, Amsterdam, the Netherlands.

Bockting, C. L. H. (2019, June 17-27). Organized summer school: Amsterdam Brain and Cognition Summer School: The emergent mind (with Dr. Marie Deserno, UvA). University of Amsterdam, Amsterdam, the Netherlands.

Bockting, C. L. H., & Hollon, S. D. (2019, March 9). Organized symposium: Do Minimal Psychological Interventions Reduce the Mental-Health Gap in Low- and Middle Income Countries? International Convention of Psychological Science (ICPS), Paris, France.

2017

Bockting, C. L. H. (2017, March 31). Global Mental Health in under-resourced countries and in the western world. Global Mental Health Symposium, Arq Institute. (Role: symposium chair)

2015

Brouwer, M. E., & Slofstra, C, Klein, N.S. & **Bockting, C. L. H.** (2015, May 20). Organised Conference: Wetenschap in beeld: Wat weten we over depressie, co-morbiditeit en terugval en wat kunnen we eraan doen? Utrecht, the Netherlands.

2012

Bockting, C. L. H. (2012, November 8). Help, mijn depressieve patiënt knapt niet op! Symposium conducted at Najaarscongres VGCT, Veldhoven, the Netherlands.

2011

Kok, G. D., & **Bockting, C. L. H.** (2011, March). Organised Conference: Realisme als nachtmerrie, een symposium voor zwartkijkers. Amsterdam, the Netherlands.

2009

Bockting, C. L. H., & Hollon, S. D. (2009, May). Publication bias and the effectiveness of antidepressant treatment and psychological interventions in depression: Should we care? Symposium conducted at American Psychiatric Association conference, San Francisco, USA.

2007

Bennebroek-Everts, F., & **Bockting, C. L. H.** (2007, July). Tailored cognitive behavioural therapy for somatic illnesses. Symposium conducted at the World Conference Cognitive Behavioral Therapy (WCBT), Barcelona, Spain.

Bockting, C. L. H. (2007, July). New forms of cognitive therapy for primary prevention and prevention of relapse in bipolar disorder, unipolar depressive disorder and suicidal depression. Symposium conducted at the World Conference Cognitive Behavioral Therapy (WCBT), Barcelona, Spain.

Bockting, C. L. H. (2006 of September 27). Organised Conference: Preventie van terugval bij depressie, kan dat? Amsterdam, De Duif, the Netherlands.

Media Appearance

2022

- April 4, 2022 – Comment on Karyotaki (2022), *JAMA Psychiatry* 2022;79(5):430-443: 'Association of Task-Shared Psychological Interventions With Depression Outcomes in Low-

and Middle-Income Countries: 'Rapid increase of internet in low and middle income countries and opportunity of digital mental health for task-sharing'. [\[comment\]](#)

- April 1, 2022 – UvA IAS: 'UvA professor Claudi Bockting joins European Academy of Sciences and Arts'. [\[article\]](#)
- March 18, 2022 – UvA Expert – Psyche & Mental Well-Being: Mental Disorder and Treatments. [\[portrait\]](#)
- January 30, 2022 – Rapid Response to *Mahase (2021)*, *BMJ* 2021;374:n2403: 'Antidepressant discontinuation trial lacks consideration of evidence-based psychological alternatives for continuation of antidepressants'. [\[comment\]](#)

2021

- November 19, 2021 – NRC: 'Mindfulness is een levensstijl, en mogelijk een therapie'. [\[interview\]](#)
- November 3, 2021 – de Volkskrant: 'Aaron T. Beck dacht Tony Soprano in een handomdraai van zijn paniekaanvallen af te kunnen helpen'. [\[interview\]](#)
- September 16, 2021 – Psychologie Magazine: 'Zonder antidepressiva dankzij therapie'. [\[interview\]](#)
- September 4, 2021 – de Volkskrant: 'Dagdromen om niet te hoeven leven'. [\[interview\]](#)
- June 16, 2021 – ANP / reformatorisch dagblad: 'Eerste polikliniek voor mensen die na depressie niet herstellen'. [\[article\]](#)
- June, 13, 2021 – Trouw: 'Cognitieve therapie kan helpen bij afbouwen antidepressiva'. [\[interview\]](#)
- May 21, 2021 – Gezondheidskrant: 'Antidepressiva stoppen kan!'. [\[article\]](#)
- May 19, 2021 - JAMA Psychiatry Author Interviews: 'Antidepressant Continuation vs Sequential Psychological Interventions to Prevent Relapse in Depression'. [\[podcast\]](#)
- May 8, 2021 – de Volkskrant: 'Download de app en krijg nu hulp'. [\[print article\]](#)
- May 1, 2021 – Huisarts en Wetenschap (ZonMW): 'Blended care bij depressie: Lessen uit een gerandomiseerd onderzoek.' [\[article\]](#)

2020

- December 31, 2020 – Science eLetter: 'Complexity of mental health in low income countries and the potential of digital interventions'. [\[article\]](#)
- September 29, 2020 – Mediaplanet, De Hersenen: Wat je moet doen als een naaste somber is. [\[article\]](#)
- June 8, 2020 – Live Nieuws Update: 'The StayFine corona telephone line for young people who have experienced anxiety or depression.' [\[online TV show\]](#)

- May 26, 2020 – Vriendin: 1 op de 5 krijgt ooit een depressie: De nieuwste inzichten op een rij. [magazine article]
- May 15, 2020 – Folia: 'Met Selfie-app willen UvA'ers jongvolwassenen met een laag zelfbeeld helpen'. [\[article\]](#)
- May 15, 2020 – Amsterdam University Medical Centers: 'Tulpjournaal #11: "Het leek wel of alle psychiatrische patiënten van Amsterdam verdwenen waren"'. [\[video\]](#)
- April 26, 2020 – de Volkskrant: 'Therapie via het beeldscherm, werkt dat wel?'. [\[article\]](#)

2019

- December 17, 2019 – BNR Nieuwsradio: 'De Grote Vraag: Overleven in de drukke stad'. [\[radio fragment\]](#)
- December 4, 2019 – EOS Wetenschap: 'Meeste depressietheorieën missen voldoende bewijs'. [\[article\]](#)
- November 9, 2019 – Trouw: 'Maakt de stad ons ziek?'. [\[article\]](#)
- November 8, 2019 – MENTAL ELF Podcast: Claudi Bockting and Reinout Wiers on the kick-off of the Urban Mental Health Centre. [\[podcast\]](#)
- October 9, 2019 – NPO Radio 1: 'Depressie oké, maar dan moet je er wel zelf wat aan doen'. [\[article\]](#)
- September 24, 2019 – Metronieuws.nl: 'Even DM'en met de therapeut'. [\[article\]](#)
- June 19, 2019 – Nu.nl: 'Zomerdepressie: "Mensen voelen druk om altijd gelukkig te moeten zijn"'. [\[article\]](#)
- May 28, 2019 – GGZnieuws.nl: 'Nieuwe website over preventieve cognitive therapie tegen terugval depressie'. [\[article\]](#)
- January 24, 2019 – MENTAL ELF Podcast: 'Moving beyond simplification: embracing the complexity of mental health'. [\[podcast\]](#).
- January, 3, 2019 – NRC.nl: 'Je bent niet wat je presteert'. Geschreven door Koos Dijksterhuis. [\[article\]](#)

2018

- December 22, 2018 – Vrij Nederland. 'Waarom we nog steeds geen betere behandelingen hebben voor depressie'. Geschreven door Marieke Buijs. [\[article\]](#)
- December 3, 2018 – ZonMw Mediator: 'Het is niet klaar als iemand weer is opgeknapt'. Geschreven door Veronique Huijbregts. [\[online magazine\]](#).
- August 18, 2018 – Financieel Dagblad: "Haal iets goeds uit je negatieve gedachten". Geschreven door Sigrid Stamkot. [\[article\]](#).
- July, 2018 – ZonMw – ZonMw programmaboek DOELMATIGHEIDSONDERZOEK De patiënt en het resultaat: "Training voorkomt terugval na depressie". [\[online magazine\]](#).

- July 12, 2018 – ICM – Paneldiscussion: “Does CBT need mindfulness?”. Participants: Bockting, C.L.H, Michalak, J., Strauss, C., Bögels, S.
- June 30, 2018 – AD Magazine – “Vastgelopen en weer door”. Geschreven door Nils Elzenga. [\[article\]](#)
- June 30, 2018 – BN/DeStem – “Drie dingen die iedereen moet weten over depressie”. Geschreven door Nils Elzenga. [\[article\]](#).
- June 1, 2018 – AMC Magazine – Interview met prof. Bockting. “Pillen en praten meest effectief”. Geschreven door C. Laan. [\[article\]](#).
- May, 30, 2018 – Volkskrant, “Speciale afbouwmedicatie vergemakkelijkt stoppen met antidepressiva – ook als eerdere stoppogingen mislukten.” [\[article\]](#).
- May 11, 2018 – Pulse – “GPs should use cognitive therapy to reduce antidepressant use after recovery” [\[article\]](#).
- May, 2018 – Lancet Psychiatry podcast, APA highlights [\[article\]](#).
- May 6, 2018 – Healio Psychiatric Annals, Highlights from APA – Preventive cognitive therapy may lead to sustainable treatment results in depression. [\[article\]](#).
- April, 2018 – NPO (KRO/NCRV) – ‘Je suis depri’: Documentaire over jongeren die depressief zijn (geweest). [\[broadcast\]](#).
- April, 2018 – NRC – Wat helpt bij depressies? [\[article\]](#).
- MENTAL ELF Podcast [\[podcast\]](#).
- April 10, 2018 – AMC Nieuws online – Cognitieve training effectief tegen terugval na depressie ook bij afbouwen antidepressiva. [\[article\]](#).
- April 10, 2018 – Volkskrant – “AMC vindt aanpak om risico op nieuwe depressie te verkleinen: combineer pillen met praten.” Geschreven door Margreet Vermeulen. [\[article\]](#).
- April, 2018 – NOS – “Gesprekstherapie naast antidepressiva voorkomt terugkeren depressie beter.” [\[article\]](#).
- April, 2018 – Parool – “AMC vindt nieuwe aanpak tegen terugval in depressie”. [\[article\]](#).
- January, 2018 – Smart health – “Een (nieuwe) depressie voorkomen met online therapie?” (“Online prevention of depression?”). [\[article\]](#).
- January, 2018 – RTL Nieuws – “Depressie bij jongeren en vrouwen”
- January, 2018 – RTL Nieuws Online – “Somberheid hoort bij het leven.”

2017

- December, 2017 – NRC, “Depressie epidemie vraagt om hulp van filosofen en technologen”. “*Depression epidemic: there is a need for help of philosophers and technologist*”. [\[article English\]](#)
- December, 2017 - De Psycholoog, “Doorbreek de stagnatie”.
- November, 2017 – Panel Discussion: “Effective Interventions in Mental Health”. ABCR, San Diego.

- October, 2017 – GZ-Psychologie, interview, “Tegen de stroom in: de netwerktheorie.” Interview Denny Borsboom en Claudi Bockting.
- October, 2017 – HP/De tijd, “Dit onderzoek laat de impact van een depressie op een vrouw zien.” May, 2017 – Impact Magazine, “Alternatieve psychische hulp voor ontwikkelingslanden.” “*Alternative psychological support for low and middle income countries.*”
- May 20th, 2017 – Volkskrant Magazine, “Hoe voorkom je een depressie?”
- March, 2017 – Psychologie Magazine, “Een draaglijk leven is al mooi.” “*A bearable life would be good*”
- March, 2017 – BNN/VARA, Kassa, “Antidepressiva: Hoe zit het precies?” [\[article\]](#)
- January 19th, 2017 – Psychologie Magazine, “Kan ik ook zonder?”

2016

- December 22, 2016 – NRC, “Depressief? Stel zwanger worden uit”
- May 9, 2016 – Trouw, “Niet bedacht op de volgende depressie”
- April 2016 – Medscape, “Kognitieve Verhaltentherapie bij Depression: Genauso effektiv wie Antidepressiva” (interview)
- February 9, 2016 – NRC, “Opgebrand”
- February 9, 2016 – NRC Next, “Zo herken je een burn-out - en zo doe je er wat aan”
- January 20, 2016 – Felix Meritis, “Het twintigersdilemma: Tussen dip en depressie” (expert panel)

2015

- October 30, 2015 – New York Times, “Effectiveness of Talk Therapy Is Overstated, a Study Says”
- June 3, 2015 – NRC Next, “Eén op de vijf Nederlanders maakt in zijn of haar leven een depressie door”
- May 26, 2015 – NRC, “Therapie voorkomt terugval depressie beter dan pillen”
- January 19, 2015 – Radio 1, “Over de onzin van Blue Monday” (interview) “*On the nonsense of Blue Monday*”.

2014

- June 11, 2014 – Volkskrant Magazine, “Sterker uit de crisis” (interview) “*Crisis makes you stronger?*” (interview)

2013

- December 19, 2013 – Radio 1, “Prevalentie van depressie en WHO 2012/2013” (interview) “*Prevalence of depression and WHO 2012/2013*” (interview)

- June 2013 – JAN magazine, “Antidepressiva en alternatieven” (interview)
- February 13, 2013 – De Telegraaf, “Een leven lang aan de pillen” (interview)
- January 30, 2013 – RUG opinie (interview)

2011

- November 26, 2011 – NTR radio interview Wetenschap, “Pavlov: learned helplessness and depression”
- September 2011 – Bodytalk, “Terugval in depressie en online interventies” (Belgium)
- September 2011 – NRC Handelsblad, “Depressie bij mannen ”
- July 27, 2011 – Radio 1, “Nederland Top 3 Depressie” (interview)
- May 2011 – De Psycholoog, “Angsthazen en Zwartkijkers” (symposium review)
- April 2011 – Psychopraktijk, “Onderzoek is crucial voor de professie” (interview)
- January 25, 2011 – Mevrouw de professor on tour. ABCDepressed (panel discussion)

2010

- October 27th, 2010 –Psychologie Magazine, “Alles over depressie en levensellende”
“*Depression and adverse events*”
- October 5, 2010 – NTR Wetenschapsprogramma Hoezo zo? (interview) *NTR Science program*
‘*Why?*’ (interview)
- Augustus 2010 –Radio 1 WekkerWakker (interview)
- February 2010 – IKON De andere wereld, “Standaard screenen op depressie?” (interview)
- February 13, 2010 –Vrij Nederland, “Dag droom, dag depressie.” (interview)

2009

- November 14, 2009 – Adams appel, “Leegte: wat doet leegte met de mens?” (interview)

2006

- September 23, 2006 – Volkskrant, “Steeds weer terug in diezelfde put”