

## Personal Details

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Title: Prof. C. L. H. (Claudi) Bockting, PhD.  
Male/female: Female

## Main Research Interests

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As a professor of Clinical Psychology in Psychiatry at Amsterdam University Medical Centers, my research program focuses on common mental health disorders (such as depression). I study potentially modifiable etiological factors of onset, maintenance, recurrence and chronicity using an interdisciplinary complexity approach. I am a co-director the new Centre for Urban Mental Health together with prof. Wiers that is awarded by the University of Amsterdam (UvA) for the coming 5-10 years (<https://www.uva.nl/en/shared-content/zwaartepunten/en/urban-mental-health/urban-mental-health.html?cb>). As a fellow at the Institute for Advanced Study (IAS) at the UvA I studied the use of complexity models in order to explore new targets for prevention, treatment and relapse prevention of mental disorders. Additionally, as a fellow at the World Health Organization (WHO), I studied the possibilities of using technology to increase the accessibility of effective psychological interventions worldwide. Besides, I work as a clinical psychologist at the Psychiatry Department of the University Medical Academic Centres.

My research program focuses on the following issues:

- 1) Understanding etiological and maintenance factors in depression and related common mental health disorders using a complex systems approach.
- 2) Developing innovative multimodal psychological interventions (i.e. combined with technological devices and pharmacological treatments) and evaluating the effect in RCT's and micro RCT's (using ecological momentary assessment and affective networks).
- 3) Increasing accessibility of effective psychological interventions in low and middle income countries using technology and/or non-specialists.

## Academic and Clinical Career

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2019-current Director of **Center for Urban Mental Health** (with prof. Wiers);  
<https://www.uva.nl/en/shared-content/zwaartepunten/en/urban-mental-health/urban-mental-health.html?cb>

- 2017 – current **Professor of Clinical Psychology in Psychiatry and clinical psychologist (BIG)**  
Department of Psychiatry, University Medical Centers, location Academic Medical Center (AMC-UvA), Amsterdam.
- 2014 – 2017 **Full professor of Clinical Psychology (chair) and clinical psychologist (BIG)**  
Department of Clinical Psychology, Utrecht University.
- 2007 – 2014 **Professor of Depression: Etiology, Recidivism and Chronicity (associate professor with ius promovendi; 2007 – 2010 associate professor)** Department of Clinical Psychology, University of Groningen  
(Appointment for one day a week from 2014 until January 2019)
- 1999 – 2007 **Licensed psychotherapist and PhD student**  
Academic Medical Center, University of Amsterdam (AMC-UvA), Department of Psychiatry, affective disorders program.  
Title of thesis: *The rhythm of depression: The course of recurrent depression and prevention of relapse using cognitive therapy* (obtained in 2006).
- 1993 – 1999 **Psychologist and trainee psychotherapist (RINO Utrecht)**  
Outpatient setting of RIAGG RNW (mental health care center), Vlaardingem.
- 1993 **MSc in Clinical Psychology**  
University of Amsterdam, *cum laude*.

## Ancillary Activities

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### Current

- 2019 – current Head of training health care psychologists (*gz-psychologen*)  
Cure & Care
- 2019 – current Chair Research Priority Area on Urban Mental Health (with Prof. Reinout Wiers; UvA-FMG)  
University of Amsterdam (see [uva.nl/urban-mental-health](http://uva.nl/urban-mental-health))
- 2018 – current Advisory Board NVP (Dutch association for psychotherapy)  
Board member
- 2018 – current Advisory board Dutch Research Council (NWO)  
Wetenschappelijk Adviescollege (WAC), domein Sociale- en Geesteswetenschappen (SGW), the Netherlands.
- 2017 – current Advisory board Zorginstituut Nederland (Health Institute Netherlands)  
Wetenschappelijke adviesraad (WAR, 'Scientific advisory board').
- Jan 2017 – Sep 2019 Supervisory board  
Arkin (Mental health services), Amsterdam, the Netherlands.

2003 – current                      Incidental workshops and senior lecturer clinical postdoctoral courses for psychologists (healthcare psychology, clinical psychology and clinical neuropsychology)  
RINO Utrecht, the Netherlands.

**Past**

2016 – 2018                      Guest professorship  
Psychology Department, Ghent University, Belgium.

2016 – 2018                      Scientific advisor  
ARQ Psychotrauma Expert Group, The Netherlands.

2016 – 2017                      Member of advisory board '*Advies Pakket Commissie Zorg Instituut Nederland*'  
Ministry of Health the Netherlands.

2003 – 2014                      Coordinator, supervisor and lecturer of clinical postdoctoral courses for healthcare psychologists (*GZ-psychologen*).  
RINO Utrecht, the Netherlands.

## Postdoctoral Clinical Registrations

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2018 – current    European Psychiatric Association (EPA) member.

2018 – current    American Psychological Association (APA) member.

2006 – current    Licensed clinical psychologist (BIG-registered *klinisch psycholoog-psychotherapeut*, BIG-number 69049831225).

2005 – current    Supervisor for cognitive behavioral therapists at *Vereniging voor Gedrags en Cognitive Therapieën* (VGCT).

2000 – current    Health psychologist (BIG-registered *gezondheidszorgpsycholoog*, BIG-number 69049831225).

1999 – current    Psychotherapist (BIG-registered, BIG-number 89049831216).

## Academic Prizes

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2018 – 2019                      Fellowship at University of Amsterdam Institute for Advanced Study (UvA-IAS).

2018 – 2019                      Fellowship: American Psychological Association - International Union of Psychological Science, Global Mental Health Fellowship at the World Health Organization.

2017                      Fellowship: Netherlands Institute for Advanced Studies in the Humanities and Social Sciences (NIAS). Role: PI in theme group.

2014 – 2016 Fellowship at Beck Institute International Scholarship Philadelphia, USA. 2016 Teacher of the year award at postgraduate education Clinical Neuropsychology (KNP), RINO Utrecht.

2005 Award for the best article of the year from the school for Experimental Psychopathology (EPP).

2005 Award for 'top article' from University of Amsterdam Academic Medical Center.

## PhD Projects

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### Ongoing PhD's

- Sjanne van der Stappen (2020 – 2024). *Targeting partial remission in depression by adding a cognitive remediation to a psychological intervention*. Primary supervisor ('eerste promotor').
- Amber Koert (2020 – 2024). *Working out urban stress*. Secondary supervisor ('tweede promotor').
- Tineke Banda (2020 – 2024). *The influence of the microbiome on depression in urban youth*. Secondary supervisor ('tweede promotor').
- Nancy Schipper (2020 – 2024). *Virtual reality as treatment for depression*. Primary supervisor ('eerste promotor').
- Junus van der Wal (2020 – 2024). *Unravelling the dynamics of depression in high-risk urban populations using a complex systems approach*. Primary supervisor ('eerste promotor').
- Bas Kooiman (2019 – 2023). *StayFine: A personalized monitoring and intervention app to prevent relapse of anxiety and depressive disorders in youth and young adults*. Secondary supervisor ('tweede promotor').
- Jessy Bergamin (2019 – 2023). *Psychiatry and autonomy*. Secondary supervisor ('tweede promotor').
- Caroline Heuschen (2019 – 2023). *Suicidality in mental health disorders*. Secondary supervisor ('tweede promotor').
- Amanda Legemaat (2018 – 2022). *Neuropsychological functioning and cognitive remediation in depression and relapse prevention*. Primary supervisor ('eerste promotor').
- Suzanne Robbereg (2018 – 2022). *StayFine: A personalized monitoring and intervention app to prevent relapse of anxiety and depressive disorders in youth and young adults*. Part-time PhD, primary supervisor ('eerste promotor').

- Josefien Breedvelt (2017 – 2021). *Preventing onset and recurrence in common mental health disorders*. Primary supervisor, ('eerste promotor') in collaboration with the Mental Health Foundation London and prof. Simon Gilbody, (York University, UK).
- Zhongfang Fu (2016 – 2020). *Minimal interventions for common mental health problems and conditions in low and middle income countries*. Primary supervisor ('eerste promotor').

### Former PhD's

- Margo de Jonge (2011-2019). *Hope: Emotions, cognitions and the effectiveness and cost-effectiveness of a psychological intervention to prevent depressive relapse in cognitive behavioral therapy responders*. Part-time PhD, shared supervision Vrije Universiteit Amsterdam, secondary promotor ('tweede promotor').
- Hermien Elgersma (2008-2019; PhD defence 13 June 2019). *Cognitive risk factors for the recurrence of depression, self associations, cognitive reactivity and attentional bias*. (part-time PhD, primary supervisor; 'eerste promotor').
- Marlies Brouwer (2014-2018; PhD defence 7 June 2019). *Exploring transgenerational approaches to prevent common mental disorders*. (primary supervisor; 'eerste promotor').
- Nicola Klein (2013-2019; PhD defence 21 March 2019). *Relapse prevention strategies for recurrent depression* (part-time PhD, primary supervisor; 'eerste promotor').
- Retha Arjadi (2013-2018; PhD defense 13 December 2018). *A step toward bridging the mental health gap using the internet*. (primary supervisor; 'eerste promotor').
- Floor Bennebroek Evertsz (2009-2017; PhD defense 1 December 2017). *The effectiveness of cognitive behavioral therapy on the quality of life and anxiety and depression in patients with inflammatory bowel disease*. (part-time PhD, shared supervisor UvA/AMC; 'tweede promotor').
- Christien Slofstra (2012-2017; PhD defense 30 November 2017). *Moving onwards: Affective change, mental imagery, and depressive relapse*. (primary supervisor; 'eerste promotor').
- Nina Molenaar (2014-2018; PhD defence 21 November 2018). *Antidepressants in the perinatal period: Challenging choices in current practice*. (in collaboration with Witte Hoogendijk, Erasmus MC, secondary supervisor; 'tweede promotor').
- Lonneke van Tuil (2012-2017; PhD defence 18 May 2017). *Self-esteem in depression and anxiety: Low, unstable, and discrepant?* (shared supervisor with Prof. de Jong; 'tweede promotor', RuG).

- Tjitte Verbeek (2011-2016; MD/PhD, PhD defence 20 January 2016). The effect of psychological interventions in pregnant women on somatic outcomes in their offspring. (shared supervisor with Prof. Berger; 'tweede promotor', UMCG).
- Judith Meijer (2009-2015; PhD defence 23 November 2015). Depressive and anxiety symptoms during pregnancy and the effect of perinatal psychological interventions. (primary supervisor; 'eerste promotor').
- Gerard van Rijsbergen (2010-2014; PhD defence 18 December 2014). How do you feel? Understanding the impact of emotion and cognition on the course of depressive symptomatology. (primary supervisor; 'eerste promotor').
- Chantal Beijers (2011-2014; PhD defence 20 October 2014). Why do pregnant woman (not) smoke and drink? The role of personality, stress and pregnancy related life events. (shared supervisor; 'tweede promotor' RuG/UMCG).
- Marielle Hendriksen (2007-2014; PhD defence 9 October 2014). Pieces of a clinical puzzle: Analyzing the alliance in psychodynamic psychotherapy for depression. Therapeutic technique, alliance, personality and therapist characteristics. (shared supervisor VU; 'tweede promotor').
- Gemma Kok (2009-2014; PhD defence 29 September 2014). Under pressure: Pathways to relapse in depression, the role of stress and trauma. (primary supervisor; 'eerste promotor').
- Anja Lok (2008-2012; PhD defence 9 December 2013). Time after time: Biological factors in the course of recurrent depression. (shared supervisor; 'tweede promotor', UvA/AMC).
- Mascha ten Doesschate (2006-2009; PhD defence 18 November 2009). Adherence, quality of life and risk factors in recurrent depression. ('co-promotor').

## Academic Grants

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### Pending

- 2020 EQUIP: EQUitable outbreak response Planning for resilient, sustainable and cohesive societies of wellbeing. *European Commission*. With Trimbos, RIVM and twenty European partners, **Prof. C. L. H. Bockting (co-I)**.
- 2020 *Ameliorating youth suicide ideation with guided, behavioural interventions: Development and feasibility testing a mHealth application*. Medical Research Council, UK. Dr L. J. Renwick (PI), Dr P. Whelan, Dr. P. Bee, B. Prawira, Dr R. Arjadi, Dr. I. Irmansyah, **Prof. C. L. H. Bockting (Co-I)**.

- 2020 *Developing a novel paradigm to improve diagnosis, prognosis and treatment of multimorbidity grounded in dynamic networks of symptoms and signs for older patients with multimorbidity.* The Netherlands Organisation for Health Research and Development. Prof. Olde Rikkert (PI, Radboudumc), Dr Peeters (Radboudumc), **Prof. C. L. H. Bockting (co-I)**, Prof. Gill (Yale School of Medicine, USA).
- 2020 *A network analysis and stress intervention for mental resilience among the elderly in times of corona.* The Netherlands Organisation for Health Research and Development. Prof. K.R. Ridderinkhof (PI, UvA), Dr S. de Wit (UvA), Prof. A.H. Fischer (UvA), **Prof. C. L. H. Bockting (co-I)**, Dr L. den Haan (ANBO), Dr A. Ghosh (Leiden University), Dr H. Krugers (UvA), Dr H. van der Roest (Trimbos), Prof. J.C.M. van Weert (UvA), Prof. R.W. Wiers (UvA).
- 2020 *Mental health care in action: Guided behavioral activation to diminish mental problems in times of COVID-19.* The Netherlands Organisation for Health Research and Development. Dr M. Hagedaars (PI; UU), **Prof. C. L. H. Bockting (co-I)**, Dr K. Meyerbröke (UU), Dr E. Salemink (UU), Dr S. van Veen (UU).
- 2020 *Mapping the maze: A complex systems approach to understanding common mental health problems among young people in high-risk urban settings.* The Netherlands Organisation for Health Research and Development. Prof. **C. L. H. Bockting (PI)**, Pakhuis de Zwijger (cultural organization), Public Health Service of Amsterdam (GGD).

## Granted

- 2020 *Effectiveness of an innovative e-mental health intervention for Syrian and other groups of distressed adolescents living in Jordan.* Research for Health in Humanitarian Crises (R2HC), ELRHA. With World Health Organization; Dr M. van Ommeren (PI), Dr K. Carswell, Dr P. Ventevogel, Dr K. Sorsdahl, Prof. M. Jordans, **Prof. C. L. H. Bockting (Co-I)**.
- 2019 *Neurocognitive remediation therapy for partial recovered depression.* Dutch Brain Society. **Prof. C. L. H. Bockting**, dr M. Brouwer, dr G. Geurtsen (UvA-AMC) and dr H. Burger (UMCG).
- 2019 *Internet-based ER training in adolescents with depressive and anxiety disorders: a randomized controlled trial of its effectiveness and acceptability.* Stichting tot Steun VCVGZ. Prof. J.J.M. Dekker (PI; VU, Arkin), C. Christ, MSc (VUmc, Arkin), Dr. M. Blankers (Arkin, Trimbos Institute), Y. Stikkelbroek (UU), M.A. Wisman, MSc. (Arkin), **Prof. C. L. H. Bockting (UvA-AMC)**, Dr N. van der Spek (VU), Dr M. Kikkert (Arkin), K. Berk-Degeffa, MSc. (Arkin).

- 2019 Urban Mental Health Research Priority Area UvA 2019-2023 (budget 10 million). Role: chair (with Prof. Reinout Wiers).
- 2018 *Funding for mini workshop on complexity in mental health*. Netherlands Platform Complex Systems.
- 2018 *Does time heal everything? A complex dynamical systems approach to emotional functioning and relapse in depression*. NWO research talent M. Eijlander, **prof. C. L. H. Bockting (PI)**, prof. P.M.A. Sloot (IAS), Prof. A. Hayes (University of Delaware, USA).
- 2018 *Establishment Grants: Resilience in Recurrent Depression: The Role of Successful Stress Recovery in Long-Term Remission*. Saskatchewan Health Research Foundation. PI: dr. S. Beshai, University of Regina, Canada; Co-applicant: **Bockting, C. L. H.**
- 2018 Determining effective relapse prevention strategies for recurrent depression and moderators of treatment outcome – what works for whom? **Bockting, C. L. H.** (AMC), APH Mental Health alliance. J. Breedvelt (AMC), van Oppen (VUmc).
- 2018 *MENTALLY: Improving access to mental health care and mental health literacy*. European Commission CONSUMERS, HEALTH, AGRICULTURE AND FOOD EXECUTIVE AGENCY Health Programme, PP2-2016, PI A. DeWaele, Experimental Clinical and Health Psychology, Ghent University, Belgium.
- 2017 *STAY FINE: a personalized monitoring and intervention app to prevent relapse of anxiety and mood disorders in youth and young adults*. Role: **Bockting, C. L. H.** primary promotor AMC, co-applicant. In coll. with Y.A.J. Stikkelbroek (PI) and M.H. Nauta. ZonMW, RuG, AMC.
- 2017 *Relapse prevention in depression: a dissemination project*. ZON-MW, VIMP. 20172018. **Bockting, C. L. H. (PI)**.
- 2017 *Unraveling co-morbidity in mental health disorders; personalised affective models and multi modal personalised interventions in co-morbid conditions*. Arq trauma institute. **Bockting, C. L. H. (PI)**.
- 2017 UU, Ndlovu Research Consortium and University of the Witwatersrand, Johannesburg. *Beating co-morbidity using mobile interventions: Depression in HIV in rural and urban South Africa and the potential for other low/middle income countries*. PhD proposal. **Bockting, C. L. H. (PI)**.
- 2016 *The Effect of App based Behavioural Therapy on Emotional Inertia among Chinese Depressive Adults: A Randomized Controlled Trial Study*. China Scholarship Council fund 2016-2020. **Bockting, C. L. H. (PI)**, PhD student Z. Fu.
- 2016 NIAS research Theme group (PI, **Bockting, C. L. H.**, 5 months): *My optimism wears heavy boots: So much research, so few implications, towards 'patient-proof' empirical models and more effective interventions in mental health*.



- In collaboration with professor E.A. Holmes, Medical Research Council Cognition and Brain Sciences Unit (MRC CBU), Cambridge, UK and Karolinska Institute, Sweden, professor C. Harmer, professor of Cognitive Neuroscience, University of Oxford, UK, professor S.D. Hollon, professor of Psychology and Psychiatry, Vanderbilt University, USA, associate professor G. Siegle, Departments of Psychiatry, Psychology, and Translational Sciences, University of Pittsburgh School of Medicine, USA, H. Tiemeijer, professor of Psychiatric Epidemiology, Erasmus University, associate professor A. Cramer, Department of Methodology, University of Amsterdam, dr. C. Vinkers assistant professor at the Department of Psychiatry of the University Medical Center in Utrecht, professor M. van den Hout, professor of Experimental Psychopathology at Utrecht University and Ph. Spinhoven, professor of Clinical Psychology, Leiden University. Personal fellowship.
- 2016 *Diagnostics and multi-modal intervention for victims of human trafficking (2016-2017)*, In collaboration with Arq Psychotrauma expertise center, Equator, dr. Pim Scholte.
- 2016 *Recovery and personalised models and treatment for refugees with mental health problems (2016-2017)*. In collaboration with Arq. In collaboration with Arq Psychotrauma expertise center, Equator, dr. Pim Scholte.
- 2015 *I make you smile: Using facial expression to detect and tackle depression*. Seed Money 2016 UU. With Alishia Williams and the department of Information and Computer Sciences; Ronald Poppe.
- 2015 *Differential Efficacy of Supportive-Expressive and Cognitive Behavioral Interventions in Dependent and Self-critical Depressive Patients: A Randomized Controlled Trial*. Ghent University (SCS RCT). In collaboration with dr. R. Meganck (Ghent University). PhD trajectory.
- 2015 *Predicting and Understanding Neurocognitive Mechanisms of Relapse Prevention: a randomized controlled trial of preventive cognitive therapy in remitted Major Depressive Disorder using fMRI and pupillometry*. NWO VENI grant, Hersenstichting Nederland (HS) ass. prof. M.J. van Tol (PI). In collaboration with UMCG (R.S. van Kleef, and prof. A. Aleman).
- 2014 *Stop or Go? Tapering antidepressants in pregnancy: a pragmatic multicenter RCT to investigate risk and benefits for mother and child*. ZonMW/NWO Goed Geneesmiddelen Gebruik. In collaboration with Psychiatry (assoc. prof. M. van de Berg, Erasmus University; PI, **prof. C. L. H. Bockting Co-PI**, UU) and UMCG (assoc. prof. H. Burger; UMCG).
- 2014 *Victimization in depressed patients; the role of emotion regulation*. NWO. In

- collaboration with VUmc, Arkin (prof. A. Beekman PI, prof. J. Dekker, dr. M. Kikkert, dr. R. Van, dr. A. van Schaik, C. Christ (Phd candidate).
- 2013 *The effectiveness of online behavioural activation led by lay health counsellors for depression in The Netherlands and Indonesia.* (PI). Indonesian national research fund. In collaboration with the London school of Hygiene and Tropical Medicine and Sangath (assoc. prof. N. Chowdhary, London, UK, Goa, India), Vanderbilt University (prof. S.D. Hollon; Nashville, USA) and Equator/Arq Psychotrauma Expert group (P. Scholte) and ass. prof. M.H. Nauta (RuG) PhD candidate: R. Arjadi.
- 2013 *Blended internet based CBT for children with anxiety disorders: what can individual changes tell us?* ZonMW Effectief jeugd. In collaboration with Acarre, RuG (prof. P. Kendall; Tempel University, USA, Ass. prof. M. Nauta, PI; ass. prof. B. van de Hoofdakker; RuG), and de Bascule (prof. E. de Haan; AMC, UvA). Postdoc: dr. G. Kok.
- 2013 *Prescribing blended care combining face-to-face contacts with web-based guided self-help instead of antidepressants for depression in general practice; a cluster randomized pragmatic trial.* ZonMW/NWO. In collaboration with the department of general practice. Assoc. prof. H. Burger (PI; UMCG).
- 2012 *Work on your imagination: An innovative approach to depression, targeting emotions using imagery.* NWO. In collaboration with MRC Cognition and Brain sciences unit, University of Cambridge/Karolinska Institute (prof. E. Holmes, UK). PhD student: C. Slofstra. **Bockting, C. L. H. (PI).**
- 2011 *Effectiveness of continuation CT in preventing relapse in depression.* NWO/ZonMW. In collaboration with mental health care center Amsterdam: Arkin (prof. J. Dekker, PI) and VU University. PhD candidate: M. de Jonge.
- 2011 *Evaluation of online-based relapse prevention Intervention in Patients with Major Depressive Disorder.* Role: advisor. BMBF. Ch diseases and orientation towards patients. In collaboration with prof. M. Berking (PI) and ass. prof. D. Ebert (Marburg University, Germany), 2011.
- 2010 *Effectiveness of monitoring and nurse delivered preventive CT in preventing relapse in depression in primary care.* NWO/ZonMW. In collaboration with VU University General practice department, primary care (assoc. prof. H. van Marwijk, PI).
- 2010 *Effects of cognitive behavioural therapy for antenatal depression and anxiety on physical birth outcomes.* ZonMW. In collaboration with the department of general practice UMCG Groningen/OLVG Amsterdam (Prof. M. Berger; PI and assoc. prof. H. Burger). Costs MD/PhD trajectory T. Verbeek.
- 2009 *Cost-effectiveness of an e-mental health self-management intervention with automated tele-monitoring for recurrent depression and co-morbidity with chronic somatic disorders.* (Bockting, C. L. H., PI), ZonMW disease management chronic

- diseases. In collaboration with the University of Pennsylvania (prof. A.T. Beck, USA), VU University (general practice department and clinical psychology; prof. H. Riper, prof. P. Cuijpers), Trimbos institute Utrecht (prof. F. Smit) and several mental health care centers.
- 2009 *Cost-effectiveness of tapering antidepressants versus preventive cognitive therapy and the combination of continuation of antidepressants with preventive cognitive therapy. (Bockting, C. L. H., PI).* ZonMW Doelmatigheid K&E. In collaboration with the Beck Institute USA (prof. A.T. Beck, USA), Vanderbilt University (prof. S.D. Hollon, USA, Second promoter), University of Maastricht, Psychiatry UMCG Groningen, University of Amsterdam AMC, Amsterdam, Erasmus University, Department of work related disorders (AMC) and several mental health care centers. PhD student G. van Rijsbergen.
- 2008 *Disrupting the rhythm of depression: Effectiveness and cost-effectiveness and mediating factors of preventive cognitive therapy in the prevention of recurrent major depressive disorder. (Bockting, C. L. H., PI).* ZonMW, OOG (PhD student H. Elgersma). In collaboration with the Beck Institute USA (dr. A.T. Beck, USA), Vanderbilt University, University of Maastricht, Psychiatry UMCG Groningen, University of Amsterdam AMC, Amsterdam, Erasmus University, Department of work-related disorders (AMC) and several mental health care centers).
- 2008 *Prevention of psychosocial problems in the offspring of mothers with symptoms of depression or anxiety during pregnancy: benefits for mother and child. (Co-PI).* ZonMW. In collaboration with the departments of Epidemiology, Psychiatry and Gynecology UMCG and department of general practice (ass. prof. H. Burger H.; PI), PhD student RuG: J. Meijer. PhD student UMCG: C. Beijer.
- 2008 *Internet-supported self-management of recurrent depression with automated monitoring of health outcomes: demonstration project and evaluation.* VWS/ZonMW. In collaboration with Trimbos institute and mental health care center Amsterdam, prof. J. Dekker (Arkin/VU), and prof. F. Smit (VU).
- 2008 *Effectiveness and cost-effectiveness of cognitive therapy in Inflammatory Bowel Disease, a multi-center trial.* MLD. In collaboration with the department of Medical Psychology (prof. M. Sprangers, AMC, University of Amsterdam; prof. R. Sanderman UMCG, RUG).
- 2008 *Improving diagnosis and prognosis in bipolar and unipolar patients: the role of fMRI to determine biomarkers in addition to clinical measurements.* NWO/ZonMW, OOG. In collaboration with Rive, M., Ruhé, H.G., prof. A. Schene, A.H., prof. D. Veltman (AMC, University of Amsterdam).

- 2008 *Preventing anxiety and mood disorders in youth: a multi-center prevention trial in high risk offspring of anxious and depressed patients.* NWO/ZonMW Preventie. In collaboration with ass. prof. Nauta M. (PI), project member, UMCG Psychiatry and Accare.
- 2001 *Somatic, psychological and social course in patients with recurrent depression.* Nationaal Fonds Geestelijke Volksgezondheid. In collaboration with prof. A. Schene and prof. Ph. Spinhoven.

## Reviewing and Other Academic Activities

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- 2019 – current President of the European Association for Clinical Psychology and Psychological Treatment (EACLIPT).
- 2018 – current Editorial board member of *Clinical Psychology Europe*.
- 2018 – current Chair of safety board STRENGTHS Global Mental Health study in 8 countries, Horizon 2020 fund, conducted by Sijbrandi *et al.*
- 2018 – current Advisory board NWO, Wetenschappelijk Adviescollege (WAC) domein Sociale- en Geesteswetenschappen (SGW).
- 2017 – current Co-editor of *European Psychologist*.
- 2014 – current Co-editor *PLoS ONE*.
- 2016 – current Technologies (ENJECT) Member of European Network for the Joint Evaluation of Connected Health Technologies (ENJECT), COST Action TD1405 TransDomain Proposal.
- 2007 – current Initiator International Taskforce for RelApse Prevention of depression (ITFRA) (PIs: Bajbouj, M., **Bockting, C. L. H.**, Bondolfi, G., Browning, M., Farb, N., Van Heeringen, C., Hoorelbeke, K., Hollandare, F., Jarrett, R., Klein, D., Kuyken, W., Schloegelhofer, M., Scott, J., Segal, Z., Shallcross, A., Speckens, A., Strangier, U., Teasdale, J., Williams, M.).
- 2017 – 2019 Board member of the European Association for Clinical Psychology and Psychological Treatment (EACLIPT).
- 2013 – 2015 Board member of advice committee for the ministry of health and united insurance companies, on behalf of the association of health-, and clinical psychologists and the Dutch CBT association (NVGZP and VGCT).
- 2008 – current Co-developer of the national multidisciplinary guideline committee on diagnoses and treatment of depression and anxiety disorders ('*Zorgstandaard Depressie*', Trimbos).

- 2007 – current Reviewer of grant applications: NWO open round MAGW, Swiss, Israel, Belgium, Canada, Germany, UK, EU Horizon.
- 2007 – 2017 President of the affective disorders board of the Dutch Association of Behaviour & Cognitive Therapies.
- 2006 – current Initiator Special Interest Group 'depression' (SIG of the European Association of Behavioural and Cognitive Therapy; EABCT).
- 2005 – current Reviewer of *JAMA*, *American Journal of Psychiatry*, *Journal of Consulting and Clinical Psychology*, *Psychotherapy and Psychosomatics*, *Journal of Affective disorders*.
- 2008 – 2015 Member of education committee of the Dutch and Flemish Postgraduate School for Experimental Psychopathology.
- 2011 – 2012 Member of visitation committee of national postdoctoral Clinical Psychologist education (*KP-opleiding*).
- 2006 – 2012 Editor in chief of treatment books for therapists (publisher: Bohn Stafleu van Loghum).

## Publications in International Refereed Journals

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### 2020

- Fu, Z., Burger, H., Arjadi, R., & **Bockting, C. L. H.** (2020). Effectiveness of digital psychological interventions for mental health problems in low-income and middle-income countries: A systematic review and meta-analysis. *The Lancet. Psychiatry*. 7(10), 851-864. doi:10.1016/S2215-0366(20)30256-X
- Brouwer, M. E., Molenaar, N. M., Burger, H., Williams, A. D., Albers, C., Lambregtse-van den Berg, M., & **Bockting, C. L. H.** (In Press). Tapering antidepressants while receiving digital Preventive Cognitive Therapy during pregnancy: An experience sampling methodology trial. *Frontiers in Psychiatry*.
- Axelsson, M., Schønning, V., **Bockting, C. L. H.**, Buysse, A., Desmet, M., Dewaele, A., . . . Hensing, G. (2020). Lived experiences: A focus group pilot study within the MentALLY project of mental healthcare among European users. *BMC Health Services Research*, 20(1), 605. doi:10.1186/s12913-020-05454-5
- Bennebroek Evertsz, F., Sprangers, M. A. G., de Vries, L. M., Sanderman, R., Stokkers, P. C. F., Verdam, M. G. E., . . . **Bockting, C. L. H.** (2020). I am a total failure: Associations between beliefs and anxiety and depression in patients with inflammatory bowel disease with poor mental quality of life. *Behavioural and Cognitive Psychotherapy*,

- 48(1), 91-102. doi:10.1017/s1352465819000444
- Breedvelt, J. J. F., Warren, F. C., Brouwer, M. E., Karyotaki, E., Kuyken, W., Cuijpers, P., . . . **Bockting, C. L. H.** (2020). Individual participant data (IPD) meta-analysis of psychological relapse prevention interventions versus control for patients in remission from depression: A protocol. *BMJ Open*, 10(2), e034158. doi:10.1136/bmjopen-2019-034158
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**Bockting, C. L. H.**, Schene, A. H., Spinhoven, P., Koeter, M. W. J., Wouters, L. F., Huyser, J., & Kamphuis, J. H. (2005). Preventing relapse/recurrence in recurrent depression using cognitive therapy. *Journal of Consulting and Clinical Psychology*, *73*, 647-657. doi: 10.1037/0022-006X.73.4.647.

## International Book Chapters

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### In Press

Lorenzo-Luaces, L., Lemmens, L.H.J.M., Keefe, J.R., Cuijpers, C., **Bockting, C. L. H.**. The efficacy of cognitive behavioral therapy for emotional disorders. In: Wenzel, A., *Handbook of Cognitive Behavioural Therapy*. Volume 1. American Psychological Association.

## 2017

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## National Books

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### 2013

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### 2009

**Bockting, C. L. H.** (2009). *Preventieve cognitieve training bij terugkerende depressie*. Houten: Bohn Stafleu van Loghum.

**Bockting, C. L. H.** (2009). *Niet meer depressief*. Houten: Bohn Stafleu van Loghum.

### 2003

**Bockting, C. L. H.** (2003). *Cognitieve therapie bij depressie*. Amsterdam: AMC/De Meren.

## National Book Chapters

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Hermens, M. L. M., & van Balkom, A. J. L. M. (2013). Multidisciplinaire richtlijn Depressie (Derde revisie): Richtlijn voor de diagnostiek, behandeling en begeleiding van volwassen patiënten met een depressieve stoornis. Utrecht: Trimbos-Instituut.

## 2011

**Bockting, C. L. H.**, & Berndes, N. (2011). Cognitieve therapie bij depressie. In S. M. Bögels & P. van Oppen (Eds.), *Cognitieve therapie: Theorie en praktijk* (pp. 87-122). Houten: Bohn Stafleu van Loghum.

**Bockting, C. L. H.**, & Berndes, N. (2011). Cognitieve therapie bij de bipolaire stoornis. In S. M. Bögels & P. van Oppen, P (Eds), *Cognitieve therapie: Theorie en praktijk* (pp. 123-136). Houten: Bohn Stafleu van Loghum.

**Bockting, C. L. H.**, & Schouten, W. D. (2011). Cognitieve therapie ter preventie van terugval bij depressie en angststoornissen. In S. M. Bögels & P. van Oppen (Eds.), *Cognitieve therapie: theorie en praktijk* (pp. 231-260). Houten: Bohn Stafleu van Loghum.

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**Bockting, C. L. H.** (2011). Protocollaire behandeling van patiënten met recidiverende depressie. In G. P. J. Keijsers, A. van Minnen & C. A. L. Hoogduin (Eds.), *Protocollaire behandelingen voor volwassenen met psychische klachten 1* (pp. 309-340). Amsterdam: Uitgeverij Boom.

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## 2005

**Bockting, C. L. H.**, Schene, A. H., Huyser, J., Spinhoven, P., & de DELTA-studiegroep (2005).

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## 2003

Huysen, J., Schene, A. H., & **Bockting, C. L. H.**, (2003). Dagbehandeling en klinische opname bij chronische depressie. In M. B. J. Blom, J. Spijker & R. van Dyck (Eds.), *Behandelingsstrategieën bij chronische depressie en dysthymie* (pp. 101-112). Houten: Bohn Stafleu van Loghum.

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Huysen, J., Schene, A. H., & **Bockting, C. L. H.**, (2001). Recidiverende depressieve stoornissen: Beloop en predictoren. In A. H. Schene, F. Boer, T. J. Heeren, J. P. C. Henselmans, H. W. J. Trijsburg, R. W. Vandereycken & K. van der Velden (Eds.), *Jaarboek voor psychiatrie en psychotherapie 2001-2002* (pp. 21-40). Houten: Bohn Stafleu van Loghum.

## Editor National Books

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## 2018

Spinhoven, Ph. **Bockting, C. L. H.**, Ruhe, H.G., & Spijker, J. (Eds.) (2018). Comorbiditeit bij psychische stoornissen. Utrecht: De Tijdstroom.

## 2012

Van Schagen, A., Lancee, J., & Spoormaker, V. (2012). Imaginatie- en rescripting therapie van nachtmerries. In **C. L. H. Bockting**, W. Schouten, M. Pijnenborg, M. C. ten Doesschate & C. van Nieuwenhuizen (Eds.), *Protocollen in de GGZ*. Houten: Bohn Stafleu van Loghum.

Van Schagen, A., Lancee, J., & Spoormaker, V. (2012). Van je nachtmerries af. In **C. L. H. Bockting**, W. Schouten, M. Pijnenborg, M. C. ten Doesschate & C. van Nieuwenhuizen (Eds.), *Protocollen in de GGZ*. Houten: Bohn Stafleu van Loghum.

## 2011

Korrelboom, K. (2011). COMET voor negatief zelfbeeld: Competitive memory training bij lage zelfwaardering en negatief zelfbeeld. In **C. L. H. Bockting**, W. Schouten, M. C. ten Doesschate & C. van Nieuwenhuizen (Eds.), *Protocollen in de GGZ*. Houten: Bohn Stafleu van Loghum.

Korrelboom, K. (2011). Verbeter uw zelfbeeld in 7 stappen. In **C. L. H. Bockting**, W. Schouten, M. C. ten Doesschate & C. van Nieuwenhuizen (Eds.), *Protocollen in de GGZ*. Houten: Bohn Stafleu van Loghum.

## 2010

Voncken, M., & Bögels, S. (2010). Cognitieve therapie bij sociale angst. In **C. L. H. Bockting**, W. Schouten, M. C. ten Doesschate & C. van Nieuwenhuizen (Eds.), *Protocollen in de GGZ*. Houten: Bohn Stafleu van Loghum.

Voncken, M., & Bögels, S. (2010). Minder angstig in sociale situaties. In **C. L. H. Bockting**, W. Schouten, M. C. ten Doesschate & C. van Nieuwenhuizen (Eds.), *Protocollen in de GGZ*. Houten: Bohn Stafleu van Loghum.

## 2009

Van der Heiden, C. (2009). Metacognitieve therapie bij gegeneraliseerde angst. In **C. L. H. Bockting**, W. Schouten, M. C. ten Doesschate & C. van Nieuwenhuizen (Eds.), *Protocollen in de GGZ*. Houten: Bohn Stafleu van Loghum.

Van der Heiden, C. (2009). Stop met piekeren. In **C. L. H. Bockting**, W. Schouten, M. C. ten Doesschate & C. van Nieuwenhuizen (Eds.), *Protocollen in de GGZ*. Houten: Bohn Stafleu van Loghum.

Verbeek, I., & van de Laar, M. W. J. (2009). Behandeling van langdurige slapeloosheid. In **C. L. H. Bockting**, W. Schouten, M. C. ten Doesschate & C. van Nieuwenhuizen (Eds.), *Protocollen in de GGZ*. Houten: Bohn Stafleu van Loghum.

Verbeek, I., & van de Laar, M. W. J. (2009). Verbeter je slaap. In **C. L. H. Bockting**, W. Schouten, M. C. ten Doesschate & C. van Nieuwenhuizen (Eds.), *Protocollen in de GGZ*. Houten: Bohn Stafleu van Loghum.

## Publications in National Journals

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## 2020

Ormel, J., Ruhé, H. G., **Bockting, C. L. H.**, Nolen, W. A., Schene, A. H., Spijker, J., . . . Spinhoven, P. (2020). Antidepressiva: Al decennia voorgeschreven én toch nog steeds bekritiseerd; een perspectief op oorzaken en oplossingen. *Tijdschrift voor Psychiatrie*, 62, 213-222.

## 2019

Spijker, J., Meeuwissen, J.A.C., Aalbers, S., van Avendonk, M., van Bon, M., Huson, A., ... **Bockting, C. L. H.**, Ruhé, H.G. (2019). De zorgstandaard Depressieve stoornissen. *Tijdschrift voor Psychiatrie*, 61, 112-120.

## 2016

**Bockting, C. L. H.**, Van Rijsbergen, G. (2016). Monitoren op depressieve terugval na herstel van een recidiverende depressie: Kan het met gevoel? *De Psycholoog*, 51 (2), 40-49.

Kok, G.D. & **Bockting, C. L. H.** (2016). Terugvalpreventie met E-health. *De Psycholoog*, 51 (9), 34-41.

Van Rijsbergen, G. & **Bockting, C. L. H.** (2016). Cognitieve reactiviteit bij recidiverende depressie: veranderbare kwetsbaarheid? – Een stand van zaken. *Tijdschrift voor gedragstherapie en cognitieve therapie*, 49, 358-369.

## 2014

Dijkstra, L., Verbeek, T., **Bockting, C. L. H.**, Van Pampus, M.G., Burger, H. (2014). Lessen over de respons op grootschalig onderzoek naar psychische klachten tijdens de zwangerschap. *Tijdschrift voor verloskundigen*, 6/2014. 20-23.

## 2013

**Bockting, C. L. H.** (2013). Bezuinigen in GGZ kan, maar met verstand. Sociale vraagstukken, online tijdschrift. Wetenschappers en professionals over maatschappelijke kwesties. <https://www.socialevraagstukken.nl/bezuinigen-in-de-ggz-maar-wel-met-verstand/>

## 2012

**Bockting, C. L. H.** (2012). Depressie in de DSM-5. *Psychopraktijk*, 4, 29. doi:10.1007/s13170-012-0072-6

## 2011

Elgersma, H. J., **Bockting, C. L. H.**, & Kok, G. D. (2011). Terugvalpreventie bij depressie. *Huisarts*

& *Wetenschap*, 54, 65-67. doi:10.1007/s12445-011-0040-0

Kok, G. D., van Rijsbergen, G. D., Elgersma, H. J., & **Bockting, C. L. H.** (2011). Huidige behandeling depressie is weggegooid geld. *Psychologie en Gezondheid*, 39, 26-31.

## 2010

**Bockting, C. L. H.**, Boerema, I., & Hermens, M. (2010). Multidisciplinaire Richtlijn voor de diagnostiek, behandeling en begeleiding van volwassen patiënten met een depressieve stoornis. *GZ Psychologie*, 1, 40-43.

**Bockting C. L. H.** (2010). Stemmingsstoornissen [Special issue]. *Tijdschrift voor Gedragstherapie*, 1.

Meijer J., **Bockting, C. L. H.**, Oosterink, A., & Burger, H. (2010). Zwanger en angstig of depressief, wat nu? *Tijdschrift voor Gedragstherapie*, 1, 5-15.

**Bockting, C. L. H.**, & Oosterink, A. (2010). Preventie van terugval bij recidiverende depressie met cognitieve therapie. *Tijdschrift voor Gedragstherapie*, 1, 35-59.

## 2009

Baas, K. D., Wittkamp, K. A., van Weert, H. C., Lucassen, P., Huyser, J., van den Hoogen, H., van de Lisdonk, E., Bindels, P., **Bockting, C. L. H.**, Ruhé, E., & Schene, A. H. (2009). Screening op depressie in hoogrisicogroepen levert te weinig op. *Huisarts & Wetenschap*, 52, 269-74. doi:10.1007/bf03085639

## 2008

Doornbos, B., de Jonge, P., & **Bockting, C. L. H.** (2008). Selectieve Publicatie van Antidepressiva Trials en de Invloed op Schijnbare Effectiviteit: Gevolgen voor Richtlijnen? *Nederlands Tijdschrift voor Geneeskunde*, 25, 1406-1408.

## International Presentations

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### 2019

**Bockting, C. L. H.** (2019, December 8). Invited talk: Embracing the complexity of mental health: From complexity to action. Complex networks within in the context of biology, Social science and medicine satellite at the International Conference on Complex Networks 2019, Lisboa, Portugal.

**Bockting, C. L. H.** (2019, November 16). From complexity to sustainable psychological interventions for depression. 10<sup>th</sup> Conference of the International Society for Affective Disorders, London, United Kingdom.

- Bockting, C. L. H.** (2019, October 31). Keynote: No health without mental health in Europe. First official European Congress on Clinical Psychology and Psychological Treatment of EACLIP, Dresden, Germany.
- Bockting, C. L. H.** (2019, September 2). Current status and future perspectives in relapse prevention. Maintaining recovery after depression: Predicting and preventing relapses symposium. BABCP Annual Conference 2019, Bath, United Kingdom.
- Bockting, C. L. H.** (2019, October 2). Keynote: No health without mental health: understanding the dynamics of depression. Conference on Complex Systems 2019, Complexities of Adverse Behavior and Mental Health satellite session, Singapore.
- Bockting, C. L. H.** (2019, July 19). Beyond Simplification: Understanding the Onset and Maintenance of Common Mental Health Disorders Using a Complexity Approach. Presentation. 9th World Congress of Behavioural & Cognitive Therapies, Berlin, Germany.
- Bockting, C. L. H.** (2019, July 18). Optimal Designs to Examine Whether Individual Affective Changes are Clinically Meaningful. Presentation. 9th World Congress of Behavioural & Cognitive Therapies, Berlin, Germany.
- Bockting, C. L. H.** (2019, July 18). Sustainable Effects of Psychological Interventions in Depression: The Effectiveness of Preventive Cognitive Therapy. Presentation. 9th World Congress of Behavioural & Cognitive Therapies, Berlin, Germany.
- Bockting, C. L. H.** (2019, June 28). Beyond Simplification: Understanding the Onset and Maintenance of Common Mental Health Disorders Using a Complexity Approach. Amsterdam Mind & Brain Coalition Kick-off, Amsterdam, the Netherlands.
- Bockting, C. L. H.** (2019, June 27). Understanding the onset of common mental health disorders using a complexity approach. Amsterdam Brain & Cognition summer symposium: The Emergent Disturbed Mind. University of Amsterdam, Amsterdam, the Netherlands.
- Bockting, C. L. H.** (2019, June 24). Multicausal systems ask for multicausal approaches. Amsterdam Brain & Cognition Summer School: The emergent mind. University of Amsterdam, Amsterdam, the Netherlands.
- Bockting, C. L. H.** (2019, May 25). Beyond Simplification: Understanding Depression Using a Complexity Approach. Invited Talk. 31<sup>st</sup> Convention Association for Psychological Science (APS), Washington D.C., United States.
- Bockting, C. L. H.** (2019, March 9). Oversimplification or Too Complex? Tomorrows Research on Common Mental Health Conditions. Presentation. International Convention of Psychological Science (ICPS), Paris, France.

**Bockting, C. L. H.** (2019, March 9). The potential of minimal interventions, including internet interventions for common mental health conditions in low and middle income countries. Presentation. International Convention of Psychological Science (ICPS), Paris, France.

**Bockting, C. L. H.** (2019, March 1). Global mental health: The potential of minimal interventions. Invited presentation. Amsterdam Institute for Global Health and Development, Amsterdam, the Netherlands.

**Bockting, C. L. H.** (2019, January 24). Moving beyond simplification: embracing the complexity of mental health. Invited Keynote. eMEN London conference: Prevention with digital technologies: expanding the possibilities for better mental health. London, UK.

## 2018

**Bockting, C. L. H.** (2018, November 22). Back to the drawing board: understanding onset and maintenance of depression using a complexity approach. Amsterdam Public Health (APH) Annual Meeting 2018, Amsterdam, the Netherlands.

**Bockting, C. L. H.** (2018, November 18). Good for the Baby? Effects of CBT on Mother and Child During Pregnancy. Symposium session: Innovative Interventions for Perinatal Mood Disorders: Developing and Evaluating Strategies to Improve Maternal and Child Outcomes. Association for behavioural and cognitive therapies (ABCT), 52<sup>nd</sup> annual convention. Washington D.C., USA.

**Bockting, C. L. H.** (2018, November 17). Panel discussion Special Interest Group neuroscience and psychotherapy. Association for behavioural and cognitive therapies (ABCT), 52<sup>nd</sup> annual convention. Washington D.C., USA.

**Bockting, C. L. H.** (2018, November 2). On sustainability of psychological interventions. Key presentation. Inaugural meeting of the European Association of Clinical Psychology and Psychological Treatment (EACLIPT). Linköping, Sweden

**Bockting, C. L. H.** (2018, September 14). Oversimplification or too complex? Oral. Psychological Networks & Time Series Models: Improving the analyses of complex clinical data meeting. Groningen, the Netherlands.

**Bockting, C. L. H.** (2018, September 12). Potential of internet-based interventions in low and middle income countries. Oral. WHO, Geneva, Swiss.

**Bockting, C. L. H.** (2018, June 30). Preventive Cognitive Therapy compared to medication for relapse prevention in depression (DRD study): A three-arm randomised controlled trial. Oral. 49th Annual International Meeting Society for psychotherapy research.

**Bockting, C. L. H.** (2018, June 27). Sustainable psychological interventions for depression. Oral. London Mental Health foundation.



**Bockting, C. L. H.** (2018, June 12). Preventive cognitive therapy compared to medication for relapse prevention in depression. (DRD study): A three arm randomised controlled trial. Oral. ICM, Amsterdam, the Netherlands.

**Bockting, C. L. H.** (2018, June 9). World Congress of Psychotherapy (Amsterdam) – When do we need psychotherapy to prevent relapse or recurrence and when do we need antidepressants? Results of a three-arm randomised controlled trial (invited symposium).

**Bockting, C. L. H.** (2018, May 5). A personalized approach to obtain sustainable results in depression relapse prevention. American Psychiatric Association Annual Meeting. Oral talk in symposium.

**Bockting, C. L. H.** (2018, March 16) Whom, for what, and with what, The complexity of mental health? 'The Lancet Psychiatry Commission on psychological treatments research in tomorrow's science': Seeing Further. Conference Karolinska Institute Stockholm. Keynote.

## 2017

**Bockting, C. L. H.** (2017, November 29). Towards sustainable interventions for depression: Is there a role for psychological interventions? Symposium 'Innovations in mental health care for depression: Beyond 2020', VU University, Amsterdam.

**Bockting, C. L. H.** (2017, September 22) Are individual affective changes in treated patients clinically meaningful? 4th Joint Conference SPR UK & European Chapters, Oxford, United Kingdom.

**Bockting, C. L. H.** (2017, July 12) Concluding remarks: towards patient proof theories for depression and clinical implications, 15<sup>th</sup> European Congress of Psychology, Amsterdam, The Netherlands.

**Bockting, C. L. H.** (2017, July 12) My optimism wears heavy boots: So much research, so few implications, towards more effective interventions in mental health, 15<sup>th</sup> European Congress of Psychology, Amsterdam, The Netherlands.

**Bockting, C. L. H.** (2017, July 12) What does evidence tell us about our leading etiological theories of depression? 15<sup>th</sup> European Congress of Psychology, Amsterdam, The Netherlands.

**Bockting, C. L. H.** (2017, July 12) Off the hook: relapse prevention using psychological interventions for depression and its implications for other common mental health disorders. Keynote at the 15<sup>th</sup> European Congress of Psychology, Amsterdam, The Netherlands.

## 2016

- Bockting, C. L. H.** (2016, September 29) Treatment of Depression and Anxiety in Pregnancy: Outcomes for Mother and Child. Association for Behavioral and Cognitive Therapies (ABCT) Conference, New York, United States.
- Bockting, C. L. H.** (2016, September 29) Is Pregnancy the Best Timing for CBT? Effects of CBT on Mother and Child During Pregnancy as Studied in a Randomized Controlled Trial: The Promises Study. Association for Behavioral and Cognitive Therapies (ABCT) Conference, New York, United States.
- Bockting, C. L. H.** (2016, September 29) Disrupting the Rhythm of Depression Using Mobile Online Cognitive Therapy for Recurrent Depression. Association for Behavioral and Cognitive Therapies (ABCT) Conference, New York, United States.
- Bockting, C. L. H.** (2016, September 20) Chronicity in depression: Long term effects of psychological interventions and antidepressants. 29<sup>th</sup> European College of Neuropsychopharmacology (ECNP), Vienna, Austria
- Bockting, C. L. H.** (2016, September 2). A lifetime approach to major depressive disorder: The contributions of psychological interventions in preventing relapse and recurrence. The 46th European Association of Behavioural and Cognitive Therapies Congress (EABCT), Stockholm, Sweden.
- Kok, G. & **Bockting, C. L. H.** (2016, September 2). Disrupting the rhythm of depression: prevention of relapse in depression with Mobile Cognitive Therapy. The 46th European Association of Behavioural and Cognitive Therapies Congress (EABCT), Stockholm, Sweden.
- Klein, N. & **Bockting, C. L. H.** (2016, September 2). Do daily fluctuations in emotions predict the course of tapering antidepressants? The 46th European Association of Behavioural and Cognitive Therapies Congress (EABCT), Stockholm, Sweden.
- Slofstra, C. & **Bockting, C. L. H.** (2016, September 2). Mental Imagery: a vulnerability in recurrent depression? The 46th European Association of Behavioural and Cognitive Therapies Congress (EABCT), Stockholm, Sweden.
- Bockting, C. L. H.** (2016, September 1). Co-morbidity as risk factor for chronicity: Is there a reason to prolong treatment in depression in case of co-morbid chronic somatic illnesses? 46th European Association of Behavioural and Cognitive Therapies Congress (EABCT), Stockholm, Sweden.
- Bockting, C. L. H.** (2016, September 1). Meet the expert; Relapse prevention of depression. 46th European Association of Behavioural and Cognitive Therapies Congress (EABCT), Stockholm, Sweden.
- Bockting, C. L. H.** (2016, July 16). Simply do it! Behavioral activation for affective disorders.

Biennial conference of the International Society for Affective Disorders, Amsterdam.

**Bockting, C. L. H.** (2016, June 24). The potential of minimal interventions in low and middle income countries for common mental health disorders. Witwatersrand University, Johannesburg/Groblersdal, South Africa.

**Bockting, C. L. H.** (2016, March 14). Chronicity in depression: Psychotherapeutic approaches. Keynote at 24th European Congress of Psychiatry, Madrid, Spain.

**Bockting, C. L. H.** (2016, March 14). Beating co-morbidity using mobile interventions: Depression in HIV in rural and urban South Africa. Utrecht University, Utrecht, The Netherlands.

## 2015

Williams, A. & **Bockting, C. L. H.** (2015, September). Image analysis for clinical psychology: Exploiting images and technology to improve mental disorders. Keynote at 16th International Conference on Computer Analysis of Images and Patterns (invited talk). Malta, Greece.

**Bockting, C. L. H.** (2015, May). Research methods in clinical psychology and global mental health. Keynote at Tarumanagara University (invited talk), Jakarta, Indonesia.

Verbeek, T., **Bockting, C. L. H.**, Beijers, C., Meijer, J. L., van Pampus, M., & Burger, H. (2015, March). Low socio-economic position increases the adverse effect of negative life events on anxiety and depression during pregnancy. Paper presented at 23th European Congress of Psychiatry, Vienna, Austria.

Verbeek, T., **Bockting, C. L. H.**, Meijer, J. L., Burger, H., & van Pampus, M. (2015, March). Psychological treatment of antenatal depression and anxiety: Effects on obstetric outcomes. Paper presented at 23th European Congress of Psychiatry. Austria, Vienna.

## 2014

**Bockting, C. L. H.** (2014, September). Are we winners and/or losers? Long term effects of CBT and advances in treatment in depression and relapse prevention. Keynote at European Association Behavioral Cognitive Therapy (EABCT), The Hague, The Netherlands.

**Bockting, C. L. H.** (2014, September). Third generation CBT: A curse or a blessing? Expert panel, Round Table - at European Association Behavioral Cognitive Therapy (EABCT), The Hague, The Netherlands.

**Bockting, C. L. H.** (2014, March). I feel good: Mechanisms underlying relapse in depression and its implication for treatment Utrecht. Keynote at National EPP day, Utrecht, The Netherlands.

## 2013

- Bockting, C. L. H.** (2013, December). Niets zal mij helpen: De effectiviteit en duurzaamheid van cognitieve therapie voor depressie en de revival van gedragsactivatie. Keynote at National CBT association, Antwerpen, Belgium.
- Bockting, C. L. H.** (2013, September). Current treatment of depression and innovative interventions in depression-kick-off meeting special interest group 'depression'. Panel discussion at European Association for Behavioural and Cognitive Therapies Congress, Marrakech, Morocco.
- Bockting, C. L. H.** (2013, September). Differential predictors of outcome to cognitive therapy in depression. Paper presented at European Association for Behavioural and Cognitive Therapies Congress, Marrakech, Morocco.
- Bockting, C. L. H.** (2013, March). Psychological interventions in the antenatal phase. Keynote at Department of Mood disorders at University of Exeter (invited talk), Exeter, United Kingdom.
- Bockting, C. L. H.**, Burger, H., Spinhoven, P., Koeter, M., Ruhé, H., Hollon, S., & Schene, A.H. (2013, September). Cognitive reactivity: Predictor of relapse and potential working mechanism of Preventive CT? Paper presented at European Association for Behavioural and Cognitive Therapies Congress, Marrakech, Morocco.
- Holmes, E.A., Nauta, M., & **Bockting, C. L. H.** (2013, September). The effects of neutral, regular, and positive rescripting on aversive autobiographical memories and their associated emotions. Paper presented at European Association for Behavioural and Cognitive Therapies Congress, Marrakech, Morocco.
- Holmes, E.A., Nauta, M., & **Bockting, C. L. H.** (2013, September). Work on your imagination: Imagery Rescripting as intervention. Paper presented at European Association for Behavioural and Cognitive Therapies Congress, Marrakech, Morocco.
- Kok, G. D., & **Bockting, C. L. H.** (2013, September). Bull's eye? Effectiveness, predictors of relapse, and mechanisms of change in psychotherapy for depression. Paper presented at 43rd Annual Congress European Association for Behavioural and Cognitive Therapies, Marrakech, Morocco.
- Van Rijsbergen, G., Elgersma, H., Burger, H., Smit, F., Cuijpers, P., Riper, H., van Valen, E., van Marwijk, H., Dekker, J., & **Bockting, C. L. H.** (2013, September). Potential pathways to relapse in depression: the role of childhood adversity and later life stress. Paper presented at European Association for Behavioural and Cognitive Therapies Congress, Marrakech, Morocco.

## 2012

**Bockting, C. L. H.** (2012, May). Disrupting the rhythm of depression using mobile Internet cognitive therapy. Keynote at EU expert meeting on internet-based interventions in depression (invited talk), Lüneburg, Germany.

## 2011

**Bockting, C. L. H.** (2011) Depression, etiology and interventions. University of Zürich (invited talk), Zürich, Swiss.

**Bockting, C. L. H.** (2011, September). The role of axis II disorders in prognosis and response to CBT in recurrent depression. Paper presented at European Conference for Behavioral and Cognitive Therapy, Reykjavick, Iceland.

**Bockting, C. L. H.,** Elgersma, H., Kok, G. D., & van Rijsbergen, G. (2011, September). Preventing relapse and recurrence using face to face CT or mobile CT? Three randomized controlled trials. Paper presented at European Conference for Behavioral and Cognitive Therapy, Reykjavick, Iceland.

Hollon, S. & **Bockting, C. L. H.** (2011, September). Is cognitive behavior therapy the optimal firstline treatment for depression? Keynote at European Conference for Behavioral and Cognitive Therapy, Reykjavick, Iceland.

Kok, G. D. & **Bockting, C. L. H.** (2011, June). Technology-based service innovations for the treatment of depression: Mobile Cognitive Therapy. Paper presented at International Meeting of Society for Psychotherapy Research, Bern, Switzerland.

## 2010

Grosse Holtforth, M., **Bockting, C. L. H.,** DeRubeis, R., Dobson, K. S., Hayes, A. M., & Strauman (2010, June). Getting beyond the glass is half full or half empty in the treatment of depression: Join forces to work on the half empty glass. Panel discussion at World Conference for Behavioral and Cognitive Therapy, Boston, USA.

**Bockting, C. L. H.** (2010, June). Disrupting the Rhythm of Depression: Prevention of Relapse in Depression Using a Brief Cognitive Group Therapy. Paper presented at World Conference for Behavioral and Cognitive Therapy, Boston, USA.

**Bockting, C. L. H.,** Spinhoven, P., Koeter, M. W. J., Wouters, L. F. & Schene, A. H. (2010, June). What works for whom in preventing relapse in recurrent depression using cognitive therapy? Paper presented at World Conference for Behavioral and Cognitive Therapy, Boston, USA.

**Bockting, C. L. H.,** Hayes, A. M., Hautzinger, M., Segal, Z., Koenig, A. M. & Grosse Holtforth, M. (2010, June). Acute Treatment of Depression and Long-Term Effects: What Works for

Whom and New Developments. Paper presented at World Conference for Behavioral and Cognitive Therapy, Boston, USA.

## 2009

**Bockting, C. L. H.** (2009, May). How well do we treat MDD? Paper presented at American Psychiatric Association conference, San Francisco, USA.

## 2008

**Bockting, C. L. H.** (2008). Reducing relapse/recurrence in depression: Preventing CT and risk factors for relapse/recurrence. Paper presented at American Behavioral and Cognitive Therapy conference, Orlando, USA.

Assies, J., Lok, A., Koeter, M. W. J., **Bockting, C. L. H.**, Visser, I., & Duran, M. (2008, March). Fatty acids in recurrent depression. Paper presented at ISAD 4th Biennial Conference, Cape Town, South Africa.

Lok, A., Assies, J., Koeter, M. W., **Bockting, C. L. H.**, Visser, I., & Moeton, M. (2008, March). Interaction of methylenetetrahydrofolate reductase (MTHFR) C677T polymorphism and folic acid levels in recurrent depression. Paper presented at ISAD 4th Biennial Conference, Cape Town, South Africa.

Lok, A., Visscher, T. L., Koeter, M. W., Assies, J., **Bockting, C. L. H.**, Verschuren, W. M., & Schene, A. H. (2008, March). The 'weight' of recurrent depression: A comparison between recurrent depressed individuals and the Dutch population. Paper presented at ISAD 4th Biennial Conference, Cape Town, South Africa.

Visser, I., Assies, J., Lok, A., **Bockting, C. L. H.**, Nicolson, N., & Schene, A. H. (2008, March). Salivary cortisol and dehydroepiandrosterone-sulfate (DHEA-S) in recurrent major depression: Comparison with matched healthy controls. Paper presented at ISAD 4th Biennial Conference, Cape Town, South Africa.

## 2007

**Bockting, C. L. H.** (2007, July). Preventing relapse using diverse combinations with new forms of cognitive therapy in remitted recurrently depressed patients. Paper presented at World Conference Cognitive Behavioral Therapy (WCBT), Barcelona, Spain.

## 2004

**Bockting, C. L. H.**, Schene, A. H., Spinhoven, P., Koeter, M. W. J., Wouters, L. F., Huyser, J., Kamphuis, J., & the DELTA study group (2004, November). Preventing relapse/recurrence in recurrent depression with cognitive therapy. Paper presented at World Psychiatric Association International Congress, Florence, Italy.

Assies, J., Lok A., **Bockting, C. L. H.**, Weverling, G. J., Lieveise, R., Visser, I., Abeling, N. G. G. M., Duran M., & Schene A. H. (2004). Fatty acids and homocysteine levels in patients with recurrent depression: An explorative pilot study. *Prostaglandins, Leukotrienes and Essential Fatty Acids*, 70, 349-356. doi:10.1016/j.plefa.2003.12.009

## 2002

**Bockting, C. L. H.** (2002, September). Diathesis-stress and scarr-hypotheses of depression; Dysfunctional attitudes and depressive relapse. Paper presented at European Association Behavioral Cognitive Therapy (EABCT), Maastricht, The Netherlands.

## National Presentations

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### 2020

**Bockting, C. L. H.** (2020, August 31). Kansen voor depressiepreventie. Meerjarenprogramma Depressiepreventie: Ministerie van Volksgezondheid, Welzijn en Sport. Amsterdam, the Netherlands.

### 2019

**Bockting, C. L. H.** (2019, January 10). E-health voor Global Mental Health. Clingendael Global Health Initiative meeting: De rol van Global Health in Zorg en Gezondheid. The Hague, the Netherlands.

### 2018

**Bockting, C. L. H.** (2018, November 8). Preventieve cognitieve therapie. Kennisbijeenkomst GGZ Delfland, Delft, the Netherlands.

**Bockting, C. L. H.** (2018, October 4). Depressie: waarom we ons er druk over moeten maken en wat we eraan kunnen doen. Congres stemmingsproblematiek, Zwolle, the Netherlands.

**Bockting, C. L. H.** (2018, June 15). Therapiewinst, de waarde van psychologische behandeling. Over de behandeling van depressieve en terugvalpreventie. Boekpresentatie 'Thrive: The power of Psychological Therapy' van Richard Layard & David M. Clark.

**Bockting, C. L. H.** (2018, June 6). Dokter, kan het ook zonder en kan het beter? Afbouwen of continuatie van onderhoudsantidepressiva ter preventie van terugval bij depressie. Lezing. Wetenschapsdag NHG.

**Bockting, C. L. H.** (2018, May 26). *Depressie & terugvalpreventie*. Lezing. Publieksdag depressievereniging.

**Bockting, C. L. H.** (2018, April 12). *De DRD studie: Kan het ook zonder? Antidepressiva en Preventieve Cognitieve Therapie om terugval te voorkomen bij depressie*. Poster. Voorjaarscongres Nederlandse Vereniging voor Psychiaters (NVvP).

**Bockting, C. L. H.** (2018, March 2). *Towards sustainable interventions for depression: do psychological interventions make sense?* Keynote speaker. University of Utrecht.

## 2017

**Bockting, C. L. H.** (2017, November). *Lezing terugvalpreventie*. APH Mental Health, Vrije Universiteit Amsterdam.

**Bockting, C. L. H.** (2017, August 29). *Preventie van terugval met psychologische interventies en/of antidepressiva bij depressie*. Benecke Summer school 2017, Amsterdam.

**Bockting, C. L. H.** (2017, June 14). *The global burden of mental health disorders and the potential of psychological mhealth and internet-based interventions in low resources settings at "Global Health & Tropical Medicine Course"*. UMC Utrecht.

**Bockting, C. L. H.** (2017, May 20). *Psychologische interventies ter preventie van terugval: Wat werkt en persoonlijke ervaringen at "Depressie voorkomen, wat werkt voor jou"*, Depressievereniging, UU en UMCG. Symposium, Zeist, The Netherlands.

**Bockting, C. L. H.** (2017, January 13). *State of the art and beyond in relapse prevention*. Radboud UMC, Nijmegen.

## 2016

**Bockting, C. L. H.** (2016, March). *Psychische stoornissen en klachten tijdens de zwangerschap: moeten we daar wat aan doen?* Presentation at "Zwangerschap en mental health" meeting, Ede, The Netherlands.

## 2015

**Bockting, C. L. H.** (2015, October). *Innovatieve technologie voor de behandeling van depressie*. Keynote at VU/Arkin (invited talk), Amsterdam, The Netherlands.

**Bockting, C. L. H.** (2015, June). *e/mHealth: en hoe zit het met de kwaliteit? De toekomst van onderzoek naar validatie voor eMentalhealth producten*. GGZ Nederland en Kennisplatform Inpreze, Amersfoort, The Netherlands

**Bockting, C. L. H.** (2015, May) *My optimism wears heavy boots: Towards empirically driven tailored interventions, illustrated by depression research*. Utrecht, The Netherlands.



## 2014

**Bockting, C. L. H.** (2014, November). *Tussen dip en droom: Als de blaadjes van de bomen vallen*. Public lecture at Studium Generale, Enschede, The Netherlands.

**Bockting, C. L. H.** (2014, September). *Depressie in de eerste lijn en zelfhulp*. Keynote at Dag van de CGT (EABCT), The Hague, The Netherlands.

## 2013

**Bockting, C. L. H.** (2013, November). *Bij mij heeft het toch geen zin: De kracht van psychotherapie bij depressie*. Keynote Professor Boeke psychotherapy lecture, Groningen, The Netherlands.

**Bockting, C. L. H.** (2013, April). *'Het zijn mijn genen, CGT heeft bij mij geen zin': Therapiegenetica bij CGT*. Presentation at Voorjaarscongres Nederlandse Vereniging van Psychiatrie 'Diegenen omgeven', Maastricht, The Netherlands.

**Bockting, C. L. H.** (2013, April). *De lange termijn effecten van cognitieve therapie en antidepressiva bij depressie in geval van persoonlijkheidsproblematiek*. Paper presented at Voorjaarscongres Nederlandse Vereniging van Psychiatrie 'Diegenen omgeven', Maastricht, The Netherlands.

Elgersma, H. J., & **Bockting, C. L. H.** (2013, April). *Laat een depressie sporen na? Verborgene littekenvorming bij depressie*. Paper presented at Voorjaarscongres Nederlandse Vereniging van Psychiatrie 'Diegenen omgeven', Maastricht, The Netherlands.

Kok, G. D., & **Bockting, C. L. H.** (2013, April). *Verhoogt de aanwezigheid van chronische comorbide medische ziekten de kans op depressieve terugval?* Paper presented at Voorjaarscongres Nederlandse Vereniging van Psychiatrie 'Diegenen omgeven', Maastricht, The Netherlands.

Van Rijsbergen, G. D., & **Bockting, C. L. H.** (2013, April). *Cognitieve reactiviteit bij terugkerende depressie, vooral emoties doen ertoe*. Paper presented at Voorjaarscongres Nederlandse Vereniging van Psychiatrie 'Diegenen omgeven', Maastricht, The Netherlands.

## 2012

**Bockting, C. L. H.** (2012, November). *Exposure-based cognitieve gedragstherapie bij chronische depressie*. Presentation at Najaarscongres VGCT, Veldhoven, The Netherlands.

Kok, G. D., & **Bockting, C. L. H.** (2012, November). *Zijn het mijn schema's, mijn verborgen associaties of mijn genen? Wat is er mis bij depressie en nieuwe toepassingen van CGT*. Paper presented at Najaarscongres VGCT, Veldhoven, The Netherlands.

## 2011

Kok, G.D. & **Bockting, C. L. H.** (2011, April). *Doorbreek het ritme van depressie: Nieuwe psychologische behandelmethoden tegen terugval*. Paper presented at Voorjaarscongres Nederlandse Vereniging van Psychiatrie 'Kennis verplicht', Amsterdam, The Netherlands.

## 2006

**Bockting, C. L. H.** (2006, April). *Preventing relapse in recurrent depression using cognitive therapy*. Paper presented at Symposium 'Psychological processes and treatment of depression', Radboud University, Nijmegen, The Netherlands.

**C. L. H.**

## **2004**

**Bockting,** (2004, November). *Preventing relapse/recurrence in recurrent depression using cognitive group therapy: A randomized trial*. Paper presented at Symposium Rob Giel Onderzoekcentrum, Groningen, The Netherlands.

## **2002**

**Bockting, C. L. H.** (2002, June). *De preventie bij terugval bij recidief depressies; effectiviteit van een cognitieve preventieve groepsmodule*. Paper presented at Onderzoeksdagen Psychiatrie, Zandvoort, The Netherlands.

## **Workshops**

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### **2018**

**Bockting, C. L. H.** (2018, June 21). *Depressie en terugvalpreventie. Preventieve Cognitieve Training*. Indigo, Arnhem.

**Bockting, C. L. H.** en Lok, A. (2018, April, 13). *Van de kliniek naar onderzoek en weer terug: een toolkit om afbouw of continuatie van antidepressiva te begeleiden*. Workshop at NVvP Voorjaarscongres.

### **2017**

**Bockting, C. L. H.** en Van Valen, E. (2017, November). *Preventie van terugval, hoe dan? Preventieve cognitieve therapie om terugval te voorkomen bij depressie*. Workshop at VGCT Najaarscongres.

**Bockting, C. L. H.** (2017, January). *Preventieve cognitieve therapie*. Workshop at UMC Maastricht, Maastricht, The Netherlands.

### **2016**

**Bockting, C. L. H.** (2016, March). *De psychologische behandeling van depressie en comorbiditeit met angst tijdens de zwangerschap*. Workshop at Zwangerschap en Mental Health meeting, Ede, The Netherlands.

**Bockting, C. L. H.** (2016, February). *CGT bij depressie*. Workshop at Groningen University for research project "Neurocognitive working mechanisms of preventing relapse in

**C. L. H.**

depression: An fMRI and pupillometry-study (NEW-PRIDE)". Groningen, The Netherlands.

**2015**

**Bockting,** (2015, September). *Cognitieve Gedragstherapie bij depressie*. Workshop at Ghent University for research project "Differential Efficacy of Supportive-Expressive and Cognitive Behavioral Interventions in Dependent and Self-critical Depressive Patients: A Randomized Controlled Trial." Ghent, Belgium.

**2014**

**Bockting, C. L. H.** (2014, September). *Simply do it! Basics and beyond of behavioral activation for depression*. Workshop at European Association Behavioral Cognitive Therapy (EABCT), The Hague, The Netherlands.

**2012**

**Bockting, C. L. H.** (2012, November). *Treatment of chronicity in depression*. Workshop at VuMC, Amsterdam, The Netherlands.

**2011**

**Bockting, C. L. H.** (2011, September). *Relapse prevention using brief CBT*. Workshop at European Conference for Behavioral and Cognitive Therapy, Reykjavick, Iceland.

## Organised Symposia and Conferences

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**2019**

**Bockting, C. L. H.** (2019, July 18). Organized symposium: Relapse Prevention in Depression with

Cognitive Behavioral Interventions: At the Cross Roads Toward Sustainable Interventions. 9th World Congress of Behavioural & Cognitive Therapies, Berlin, Germany.

**Bockting, C. L. H.** (2019, June 27). Organized symposium: Amsterdam Brain and Cognition summer symposium: The Emergent Disturbed Mind (with Dr Marie Deserno,

UvA).

University of Amsterdam, Amsterdam, the Netherlands.

**C. L. H.**

**Bockting, C. L. H.** (2019, June 17-27). Organized summer school: Amsterdam Brain and Cognition Summer School: The emergent mind (with Dr Marie Deserno, UvA). University of Amsterdam, Amsterdam, the Netherlands.

**Bockting, C. L. H.,** & Hollon, S. D. (2019, March 9). Organized symposium: Do Minimal Psychological Interventions Reduce the Mental-Health Gap in Low- and MiddleIncome Countries? International Convention of Psychological Science (ICPS), Paris, France.

**2017**

**Bockting,** (2017, March 31). Global Mental Health in under-resourced countries and in the western world. Global Mental Health Symposium, Arq Institute. (Role: symposium chair)

**2015**

Brouwer, M. E., & Slofstra, C, Klein, N.S. & **Bockting, C. L. H.** (2015, May 20). Organised Conference: Wetenschap in beeld: Wat weten we over depressie, co-morbiditeit en terugval en wat kunnen we eraan doen? Utrecht, The Netherlands.

**2012**

**Bockting, C. L. H.** (2012, November 8). Help, mijn depressieve patiënt knapt niet op! Symposium conducted at Najaarscongres VGCT, Veldhoven, The Netherlands.

**2011**

Kok, G. D., & **Bockting, C. L. H.** (2011, March). Organised Conference: Realisme als nachtmerrie, een symposium voor zwartkijkers. Amsterdam, The Netherlands.

**2009**

**Bockting, C. L. H.,** & Hollon, S. D. (2009, May). Publication bias and the effectiveness of antidepressant treatment and psychological interventions in depression: Should we care? Symposium conducted at American Psychiatric Association conference, San Francisco, USA.

**C. L. H.**

**2007**

Bennebroek-Everts, F., & **Bockting, C. L. H.** (2007, July). Tailored cognitive behavioural therapy for somatic illnesses. Symposium conducted at the World Conference Cognitive Behavioral Therapy (WCBT), Barcelona, Spain.

**Bockting, C. L. H.** (2007, July). New forms of cognitive therapy for primary prevention and prevention of relapse in bipolar disorder, unipolar depressive disorder and suicidal depression. Symposium conducted at the World Conference Cognitive Behavioral Therapy (WCBT), Barcelona, Spain.

**Bockting, C. L. H.** (2006 of September 27). Organised Conference: Preventie van terugval bij depressie, kan dat? Amsterdam, De Duif, The Netherlands.

## Media Appearance: Interviews & Invitations for Panel Discussions

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### 2020

- May 26, 2020 – Vriendin: 1 op de 5 krijgt ooit een depressie: De nieuwste inzichten op een rij. [magazine article]
- May 15, 2020 – Folia: 'Met Selfie-app willen UvA'ers jongvolwassenen met een laag zelfbeeld helpen'. [\[article\]](#)
- May 15, 2020 – Amsterdam University Medical Centers: 'Tulpjournaal #11: "Het leek wel of alle psychiatrische patiënten van Amsterdam verdwenen waren"'. [\[video\]](#)
- April 26, 2020 – de Volkskrant: 'Therapie via het beeldscherm, werkt dat wel?'. [\[article\]](#)

### 2019

- December 17, 2019 – BNR Nieuwsradio: 'De Grote Vraag: Overleven in de drukke stad'. [\[radio fragment\]](#)
- December 4, 2019 – EOS Wetenschap: 'Meeste depressietheorieën missen voldoende bewijs'. [\[article\]](#)
- November 9, 2019 – Trouw: 'Maakt de stad ons ziek?'. [\[article\]](#)
- November 8, 2019 – MENTAL ELF Podcast: Claudi Bockting and Reinout Wiers on the kick-off of the Urban Mental Health Centre. [\[podcast\]](#)
- October 9, 2019 – NPO Radio 1: 'Depressie oké, maar dan moet je er wel zelf wat aan doen'. [\[article\]](#)
- September 24, 2019 – Metronieuws.nl: 'Even DM'en met de therapeut'. [\[article\]](#)
- June 19, 2019 – Nu.nl: 'Zomerdepressie: "Mensen voelen druk om altijd gelukkig te moeten zijn"'. [\[article\]](#)
- May 28, 2019 – GGZnieuws.nl: 'Nieuwe website over preventieve cognitive therapie tegen terugval depressie'. [\[article\]](#)
- January 24, 2019 – MENTAL ELF Podcast: 'Moving beyond simplification: embracing the complexity of mental health'. [\[podcast\]](#).
- January, 3, 2019 – NRC.nl: 'Je bent niet wat je presteert'. Geschreven door Koos Dijksterhuis. [\[article\]](#)

### 2018

- December 22, 2018 – Vrij Nederland. 'Waarom we nog steeds geen betere behandelingen hebben voor depressie'. Geschreven door Marieke Buijs. [\[article\]](#)

- December 3, 2018 – ZonMw Mediator: ‘Het is niet klaar als iemand weer is opgeknapt’. Geschreven door Veronique Huijbregts. [[online magazine](#)].
- August 18, 2018 – Financieel Dagblad: “Haal iets goeds uit je negatieve gedachten”. Geschreven door Sigrid Stamkot. [[article](#)].
- July, 2018 – ZonMw – ZonMw programmaboek DOELMATIGHEIDSONDERZOEK De patiënt en het resultaat: “Training voorkomt terugval na depressie”. [[online magazine](#)].
- July 12, 2018 – ICM – Paneldiscussion: “Does CBT need mindfulness?”. Participants: Bockting, C.L.H, Michalak, J., Strauss, C., Bögels, S.
- June 30, 2018 – AD Magazine – “Vastgelopen en weer door”. Geschreven door Nils Elzenga. [[article](#)].
- June 30, 2018 – BN/DeStem – “Drie dingen die iedereen moet weten over depressie”. Geschreven door Nils Elzenga. [[article](#)].
- June 1, 2018 – AMC Magazine – Interview met prof. Bockting. “Pillen en praten meest effectief”. Geschreven door C. Laan. [[article](#)].
- May, 30, 2018 – Volkskrant, “Speciale afbouwmedicatie vergemakkelijkt stoppen met antidepressiva – ook als eerdere stoppogingen mislukten.” [[article](#)].
- May 11, 2018 – Pulse – “GPs should use cognitive therapy to reduce antidepressant use after recovery” [[article](#)].
- May, 2018 – Lancet Psychiatry podcast, APA highlights [[article](#)].
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## 2016

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- May 9, 2016 – Trouw, “Niet bedacht op de volgende depressie”
- April 2016 – Medscape, “Kognitieve Verhalentherapie bei Depression: Genauso effektiv wie Antidepressiva” (interview)
- February 9, 2016 – NRC, “Opgebrand”
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## 2015

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- June 3, 2015 – NRC Next, "Eén op de vijf Nederlanders maakt in zijn of haar leven een depressie door"
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- January 19, 2015 – Radio 1, "Over de onzin van Blue Monday" (interview) "*On the nonsense of Blue Monday*".

**2014**

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**2013**

- December 19, 2013 – Radio 1, "Prevalentie van depressie en WHO 2012/2013" (interview) "*Prevalence of depression and WHO 2012/2013*" (interview)
- June 2013 – JAN magazine, "Antidepressiva en alternatieven" (interview)
- February 13, 2013 – De Telegraaf, "Een leven lang aan de pillen" (interview)
- January 30, 2013 – RUG opinie (interview)

**2011**

- November 26, 2011 – NTR radio interview Wetenschap, "Pavlov: learned helplessness and depression"
- September 2011 – Bodytalk, "Terugval in depressie en online interventies" (Belgium)
- September 2011 – NRC Handelsblad, "Depressie bij mannen "
- July 27, 2011 – Radio 1, "Nederland Top 3 Depressie" (interview)
- May 2011 – De Psycholoog, "Angsthazen en Zwartkijkers" (symposium review)
- April 2011 – Psychopraktijk, "Onderzoek is crucial voor de professie" (interview)
- January 25, 2011 – Mevrouw de professor on tour. ABCDepressed (panel discussion)

**2010**

- October 27<sup>th</sup>, 2010 –Psychologie Magazine, "Alles over depressie en levensellende" "*Depression and adverse events*"
- October 5, 2010 – NTR Wetenschapsprogramma Hoezo zo? (interview) *NTR Science program 'Why?'* (interview)
- Augustus 2010 –Radio 1 WekkerWakker (interview)
- February 2010 – IKON De andere wereld, "Standaard screenen op depressie?" (interview)

Cv C. L. H. Bockting

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## **2009**

- November 14, 2009 – Adams appel, “Leegte: wat doet leegte met de mens?” (interview)

## **2006**

- September 23, 2006 – Volkskrant, “Steeds weer terug in diezelfde put”