

Complexity of common mental health conditions

SYMPOSIUM AND INAUGURAL LECTURE

By prof. Claudi Bockting

17 April 2020

Interdisciplinary perspectives on the complexity of mental health conditions and its potential for tomorrow's interventions

INTRODUCTION

In this symposium, we will use the perspectives of different disciplines to try to formulate an answer to the questions: How do common mental health conditions like anxiety and depression develop in the individual? What is the role of experienced autonomy in these conditions? Which effective treatments do we have at the moment? Is it possible to prevent relapse? For how long exactly? How do we facilitate progress in our understanding of common mental health conditions and its treatment, and what do we need to get there?

This symposium offers an interdisciplinary point of view on the current science and knowledge of common mental health conditions and its treatment. Speakers from a variety of disciplines (clinical psychology, psychiatry, policy, psychological methods, computational modelling) will reflect on the current and future issues regarding our knowledge of common mental health conditions. The symposium ends with prof. Claudi Bockting's inaugural lecture, by which she officially accepts her position as professor of Clinical Psychology in Psychiatry at the Department of Psychiatry of Amsterdam University Medical Centers, location AMC, University of Amsterdam.

PRACTICAL DETAILS

Date	17 april 2020
Time	12:00 – 17:00 hrs
Location symposium	University Theatre Nieuwe Doelenstraat 16 1012 CP Amsterdam
Location inaugural lecture	Aula Oude Lutherse Kerk Singel 411 1012 WN Amsterdam (10 min walk from University Theatre)

Please note: it is nearly impossible to park nearby the locations of the symposium, but the venues can be reached easily by using public transport.

Fee and registration	€ 50,-. For application please visit: www.claudibockting.com/symposium . The inaugural lecture is free of charge.
Accreditation	Requested at NVvP, FGzPt, VCGT.
Important note	The main language of the symposium will be English. The inaugural lecture will be in Dutch.

ORGANIZATION & CONTACT

The symposium is organized by prof. Claudi Bockting, professor of Clinical Psychology in Psychiatry at Amsterdam UMC-UvA and co-director of the interdisciplinary Centre for Urban Mental Health at the University of Amsterdam. For any questions, inquiries or comments please contact organizing assistant Wolter de Boer (e-mail: w.h.deboer@amsterdamumc.nl).

PROGRAMME

11:45 – 12:15	Walk in with coffee and tea.
12:15 – 12:25	Welcome by chairman dr Anja Lok (psychiatrist and psychologist, Amsterdam UMC).
12:25 – 12:30	Welcome by prof. Claudi Bockting (clinical psychologist, professor of Clinical Psychology in Psychiatry at Amsterdam UMC-UvA).
12:30 – 13:05	<i>Psychiatry and autonomy</i> – Prof. Damiaan Denys (professor of Psychiatry, Amsterdam UMC-UvA).
13:05 – 13:40	<i>Wanted: strong theory. A methodological approach to theory construction</i> – Prof. Denny Borsboom (professor of Psychological Methods, UvA).
13:40 – 14:15	<i>Modeling the longitudinal dynamics of mental health issues from large-scale social media data: issues, solutions, and future intervention strategies</i> – Prof. Johan Bollen (professor of Infomatics, Indiana University).
14:15 – 14:50	<i>A world in which no one is held back by mental health problems: how Wellcome Trust is taking a radical new approach to addressing anxiety and depression in young people</i> – Prof. Miranda Wolpert (clinical psychologist, professor of Evidence Based Practise and Mental Health, UCL; head of Mental Health Research Priority Area, Wellcome Trust).
14:50 – 15:00	Closing by chairman Anja Lok.
15:00 – 16:00	Break , move from University Theatre to Oude Lutherse Kerk (10 min walk).
16:00 – 17:00 (doors will be closed at 16:00 sharp)	Inaugural lecture prof. Claudi Bockting – <i>Embracing the complexity of mental health conditions with interdisciplinary mental health science: from complexity to sustainable interventions.</i>
17:00	Drinks.