

Personal Details

Title: Prof. C. L. H. (Claudi) Bockting, PhD.
Male/female: Female

Main Research Interests

As a professor of Clinical Psychology in Psychiatry at the Faculty of Medicine of the University of Amsterdam (UvA-AMC), my research program focuses on common mental health disorders (depression and anxiety). I study potentially modifiable etiological factors of onset, recurrence and chronicity using an interdisciplinary complexity approach. As a fellow at the Institute for Advanced Study (UvA-IAS) I research the use of complexity models in order to explore new targets for prevention, treatment and relapse prevention of mental disorders. As a fellow at the World Health Organization (WHO), I research the possibilities of using technology to increase the accessibility of effective psychological interventions worldwide. Besides, I work as a clinical psychologist at the Psychiatry Department of UvA-AMC.

My research program focuses on the following issues:

- 1) Understanding etiological and maintenance factors in depression and related common mental health disorders using a complex systems approach.
- 2) Innovative multimodal psychological interventions (i.e. combined with technological devices and pharmacological treatments) and evaluating the effect in RCT's and micro RCT's (using ecological momentary assessment and affective networks).
- 3) Increasing accessibility of effective psychological interventions in low and middle income countries using technology.

Academic and Clinical Career

2017 – current **Professor of Clinical Psychology in Psychiatry**
Department of Psychiatry, University Medical Centers, location Academic Medical Center (AMC-UvA), Amsterdam.

2014 – 2017 **Full professor of Clinical Psychology and chair**
Department of Clinical Psychology, Utrecht University.

2014 – 2017 **Licensed clinical psychologist and psychotherapist**
Outpatient Center of Department of Clinical Psychology, Utrecht University.

2010 – 2014 **Professor of Depression: Etiology, Recidivism and Chronicity (associate professor with ius promovendi)**

- Department of Clinical Psychology, University of Groningen.
- 2010 – 2014 **Licensed clinical psychologist and psychotherapist**
PuntP (part of Arkin mental health services), Amsterdam.
- 2007 – 2010 **Associate Professor of Clinical Psychology**
Department of Clinical Psychology, University of Groningen.
- 2007 – 2010 **Licensed clinical psychologist**
Different mental health centers: Department of Psychiatry of University Medical Center Groningen and GGZ Centraal.
- 1999 – 2007 **Licensed psychotherapist and PhD student**
Academic Medical Center, University of Amsterdam (AMC-UvA), Department of Psychiatry, affective disorders program.
Title of thesis: *The rhythm of depression: The course of recurrent depression and prevention of relapse using cognitive therapy* (obtained in 2006).
- 1993 – 1999 **Psychologist and trainee psychotherapist**
Outpatient setting of RIAGG RNW (mental health care center), Vlaardingem.
- 1993 **MSc in Clinical Psychology**
University of Amsterdam, *cum laude*.

Ancillary Activities

Current

- 2018 – current Advisory Board NVP (Dutch association for psychotherapy)
Board member
- 2018 – current Advisory board NWO
Wetenschappelijk Adviescollege (WAC), domein Sociale- en Geesteswetenschappen (SGW), the Netherlands.
- 2017 – current Advisory board Zorginstituut Nederland (Health Institute Netherlands)
Wetenschappelijke adviesraad (WAR, 'Scientific advisory board').
- 2017 – current Supervisory board
Arkin (Mental health services), Amsterdam, the Netherlands.
- 2003 – current Incidental workshops and senior lecturer clinical postdoctoral courses for psychologists (healthcare psychology, clinical psychology and clinical neuropsychology)
RINO Utrecht, the Netherlands.

Past

- 2016 – 2018 Guest professorship
Psychology Department, Ghent University, Belgium.
- 2016 – 2018 Scientific advisor

- ARQ Psychotrauma Expert Group, The Netherlands.
- 2016 – 2017 Member of advisory board 'Advies Pakket Commissie Zorg Instituut Nederland'
Ministry of Health the Netherlands.
- 2003 – 2014 Coordinator, supervisor and lecturer of clinical postdoctoral courses for healthcare psychologists (*GZ-psychologen*).
RINO Utrecht, the Netherlands.

Postdoctoral Clinical Registrations

- 2018 – current European Psychiatric Association (EPA) member.
- 2018 – current American Psychological Association (APA) member.
- 2006 – current Licensed clinical psychologist (BIG-registered *klinisch psycholoog-psychotherapeut*).
- 2005 – current Supervisor for cognitive behavioral therapists at *Vereniging voor Gedrags en Cognitive Therapieën (VGCT)*.
- 2000 – current Health psychologist (BIG-registered *gezondheidszorgpsycholoog*).
- 1999 – current Psychotherapist (BIG-registered).

Academic Prizes

- 2018 – current Fellowship at University of Amsterdam Institute for Advanced Study (UvA-IAS).
- 2018 – current Fellowship: American Psychological Association - International Union of Psychological Science, Global Mental Health Fellowship at the World Health Organization.
- 2017 Fellowship: Netherlands Institute for Advanced Studies in the Humanities and Social Sciences (NIAS). Role: PI in theme group.
- 2014 – 2016 Fellowship at Beck Institute International Scholarship Philadelphia, USA.
- 2016 Teacher of the year award at postgraduate education Clinical Neuropsychology (KNP), RINO Utrecht.
- 2005 Award for the best article of the year from the school for Experimental Psychopathology (EPP).
- 2005 Award for 'top article' from University of Amsterdam Academical Medical Center.

PhD Projects

Former PhD's

- Retha Arjadi (2013 – 2018; defense 13 December 2018). *The effectiveness of behavioural activation led by lay health counsellors for depression and the value of momentary assessment of mood as predictor for treatment response in The Netherlands and Indonesia*. Primary supervisor ('eerste promotor').
- Nina Molenaar (2014 – 2018; PhD defence 21 November 2018). *Antidepressants in the Perinatal Period: challenging choices in current practice*. Secondary supervisor ('tweede promotor'), in collaboration with Witte Hoogendijk (primary supervisor), Erasmus MC.
- Christien Slofstra (2012 – 2017; PhD defense 30 November 2017). *Moving onwards: Affective change, mental imagery, and depressive relapse*.
- Floor Bennebroek Evertsz (2009 – 2017; PhD defense 1 December 2017). *The effectiveness of cognitive behavioral therapy on the quality of life and anxiety and depression in patients with inflammatory bowel disease*. Part-time PhD, shared supervisor UvA-AMC. Secondary supervisor ('tweede promotor').
- Lonneke van Tuil (2012 – 2017; PhD defence 18 May 2017). *Self-esteem in depression and anxiety: Low, unstable, and discrepant?* Shared supervision with Prof. de Jong. Secondary supervisor ('tweede promotor').
- Tjitte Verbeek (2011 – 2016; MD/PhD, PhD defence 20 January 2016). *The effect of psychological interventions in pregnant women on somatic outcomes in their offspring*. Shared supervision with Prof. Berger. Secondary supervisor ('tweede promotor').
- Judith Meijer (2009 – 2015; PhD defence 23 November 2015). *Depressive and anxiety symptoms during pregnancy and the effect of perinatal psychological interventions*. Primary supervisor ('eerste promotor').
- Gerard van Rijsbergen (2010 – 2014; PhD defence 18 December 2014). *How do you feel? Understanding the impact of emotion and cognition on course of depressive symptomatology*. Primary supervisor ('eerste promotor').
- Chantal Beijers (2011 – 2014; PhD defence 20 October 2014). *Why do pregnant woman (not) smoke and drink? The role of personality, stress and pregnancy related life events*. Shared supervision, secondary supervisor ('tweede promotor'), RuG/UMCG.
- Marielle Hendriksen (2007 – 2014; PhD defence 9 October 2014). *Pieces of a clinical puzzle: Analyzing the alliance in psychodynamic psychotherapy for depression. Therapeutic technique, alliance, personality and therapist characteristics*. Shared

- supervision, secondary supervisor ('tweede promotor'), Vrije Universiteit Amsterdam.
- Gemma Kok (2009 – 2014; PhD defence 29 September 2014). *Under pressure: Pathways to relapse in depression, the role of stress and trauma*. Primary supervisor ('eerste promotor').
 - Anja Lok (2008 – 2012; PhD defence 9 December 2013). *Time after time; biological factors in the course of recurrent depression*. Shared supervision, secondary supervisor ('tweede promotor').
 - Mascha ten Doesschate (2006-2009; PhD defence 18 November 2009). *Adherence, quality of life and risk factors in recurrent depression*. ('co-promotor').

Ongoing PhD's

- Suzanne Robberegt (2018 – 2022). *StayFine: a personalized monitoring and intervention app to prevent relapse of anxiety and depressive disorders in youth and young adults*. Part-time PhD, primary supervisor ('eerste promotor').
- Josefien Breedvelt (2017 – 2021). *Preventing onset and recurrence in common mental health disorders*. Primary supervisor, ('eerste promotor') in collaboration with the Mental Health Foundation London and prof. Simon Gilbody, (York University, UK).
- Zhongfang Fu (2016 – 2020). *The Effect of App-Based Cognitive Behavioural Therapy on Emotional Inertia among Chinese Depressive Adults: A randomized controlled trial study*. Primary supervisor ('eerste promotor').
- Nicola Klein (2013 – 2018; planned dissertation 21 March 2019). *Multi modal interventions for relapse prevention in depression and cost effectiveness*. Part-time PhD, primary supervisor ('eerste promotor').
- Marlies Brouwer (2014 – 2018; planned dissertation 7 June 2019). *Stop or go? Tapering antidepressants in pregnancy: a pragmatic multicenter RCT to investigate risk and benefits for mother and child*. Primary supervisor ('eerste promotor').
- Hermien Elgersma (2008 – 2018; planned dissertation 2019). *Implicit and explicit self-association in depression*. Part-time PhD, primary supervisor ('eerste promotor').
- Margo de Jonge (2011 – 2018; planned dissertation 2019). *Prevention of relapse and the effect of continuation cognitive therapy*. Part-time PhD, shared supervision Vrije Universiteit Amsterdam, secondary promotor ('tweede promotor').

Reviewing and Other Academic Activities

- 2018 – current Editorial board member of *Clinical Psychology Europe*.
- 2018 – current Chair of safety board STRENGTHS Global Mental Health study in 8 countries, Horizon 2020 fund, conducted by Sijbrandi *et al.*
- 2018 – current Advisory board NWO, Wetenschappelijk Adviescollege (WAC) domein

- Sociale- en Geesteswetenschappen (SGW).
- 2017 – current Board member of the European Association for Clinical Psychology and Psychological Treatment (EACLIPT).
- 2017 – current Co-editor of *European Psychologist*.
- 2014 – current Co-editor *PLoS ONE*.
- 2016 – current Technologies (ENJECT) Member of European Network for the Joint Evaluation of Connected Health Technologies (ENJECT), COST Action TD1405 Trans-Domain Proposal.
- 2013 – 2015 Board member of advice committee for the ministry of health and united insurance companies, on behalf of the association of health-, and clinical psychologists and the Dutch CBT association (NKGZP and VGCT).
- 2008 – current Co-developer of the national multidisciplinary guideline committee on diagnoses and treatment of depression and anxiety disorders ('Zorgstandaard Depressie', Trimbos).
- 2007 – current Reviewer of grant applications: NWO open round MAGW, Swiss, Israel, Belgium, Canada, Germany, UK, EU Horizon.
- 2007 – 2017 President of the affective disorders board of the Dutch Association of Behaviour & Cognitive Therapies.
- 2006 – current Initiator Special Interest Group 'depression' (SIG of the European Association of Behavioural and Cognitive Therapy; EABCT).
- 2005 – current Reviewer of *JAMA*, *American Journal of Psychiatry*, *Journal of Consulting and Clinical Psychology*, *Psychotherapy and Psychosomatics*, *Journal of Affective disorders*.
- 2008 – 2015 Member of education committee of the Dutch and Flemish Postgraduate School for Experimental Psychopathology.
- 2011 – 2012 Member of visitation committee of national postdoctoral Clinical Psychologist education (*KP-opleiding*).
- 2006 – 2012 Editor in chief of treatment books for therapists (publisher: Bohn Stafleu van Loghum).

Publications in International Refereed Journals

2019

- Breedvelt, J.J.F., Amanvermez, Y., Harrer, M., Karyotaki, E., Gilbody, S., **Bockting, C.L.H.**, Cuijpers, P., Ebert, D.D. (2019). The Effects of Meditation, Yoga, and Mindfulness on Depression, Anxiety, and Stress in Tertiary Education Students: A Meta-Analysis. *Frontiers in Psychiatry*, 10, 193 [Online publication].

doi:10.3389/fpsy.2019.00193

Verbeek, T., Quittner, L., de Cock, P., de Groot, N., **Bockting, C.L.H.**, Burger, H. (2019).

Personality Traits Predict Meeting the WHO Recommendation of 6 Months Breastfeeding: A Prospective General Population Cohort Study. *Advances in Neonatal Care*, 19(2), 118-126. doi:10.1097/ANC.0000000000000547

De Jonge, M., **Bockting, C.L.H.**, Kikkert, M.J., van Dijk, M.K., van Schaik, D.J.F., Peen, J., Hollon, S.D. & Dekker, J.J.M. (2019). Preventive Cognitive Therapy versus Care as Usual in Cognitive Behavioral Therapy Responders: A Randomized Controlled Trial. *Journal of Consulting and Clinical Psychology*. Advance online publication. doi: 10.1037/ccp0000395

Molenaar, N.M., Brouwer, M.E., Kamperman, A.M., Burger, H., Williams, A.D., Hoogendijk, W.J.G., **Bockting, C.L.H.**, & Lambregtse-van den Berg M.P. (2019). Recurrence of depression in the perinatal period: Clinical features and associated vulnerability markers in an observational cohort. *PLoS One*, 14(2), e021296. doi:10.1371/journal.pone.0212964

Klein N.S., Wijnen, B.F.M., Lokkerbol, J., Buskens, E., Elgersma, H.J., van Rijsbergen, ... **Bockting, C.L.H.** (2019). Cost-effectiveness, cost-utility and the budget impact of antidepressants versus preventive cognitive therapy with or without tapering of antidepressants. *BJPsych Open*, 5(1), e12. doi: 10.1192/bjo.2018.81

Elgersma, H.J., Koster, E.H.W., Vugteveen, J., Hoekzema, A., Penninx, B.W.J.H., **Bockting, C.L.H.** & de Jong, P.J. (2019). Predictive value of attentional bias for the recurrence of depression: A 4-year prospective study in remitted depressed individuals. *Behaviour Research and Therapy*, 11, 25-34. doi: 10.1016/j.brat.2019.01.001. [Epub ahead of print]

2018

Biesheuvel-Leliefeld, K., Bosmans, J. E., Dijkstra-Kersten, S., Smit, F., **Bockting, C.**, van Schaik, D., van Marwijk, H., ... van der Horst, H. E. (2018). A supported self-help for recurrent depression in primary care; An economic evaluation alongside a multi-center randomised controlled trial. *PloS one*, 13(12), e0208570. doi:10.1371/journal.pone.0208570

Breedvelt, J.J.F., Zamperoni, V., Kessler, D., Riper, H., Kleiboer, A.M., Elliott, I., Abel, K.M., Gilbody, S., & **Bockting, C.L.H.** (2018). Attitudes of GPs toward digital technologies for depression in primary care. *The British Journal of General Practice*. doi:10.3399/bjgp18X700721. [Epub ahead of print]

Siegle, G. J., Cramer, A. O. J., van Eck, N. J., Spinhoven, P., Hollon, S. D., Ormel, J., Strege, M., **Bockting, C. L. H.** Where are the breaks in translation from theory to clinical practice (and back) in addressing depression? An empirical graph-theoretic approach.

- Psychological Medicine*, 1-11. doi: 10.1017/S003329171800363X. [Epub ahead of print]
- Breedvelt, J.J.F., Rowe S., Bowden-Jones, H., Shridhar, S., Lovett, K., **Bockting, C. L. H.**, Lingford-Hughes, A., Strathdee, G. & Tracy, D. K. (2018). Unleashing talent in mental health sciences: gender equality at the top. *British Journal of Psychiatry*, 216, 679-681. doi: 10.1192/bjp.2018.249.
- Klein, N. S., **Bockting, C.L.H.**, Wijnen, B., Kok, G. D., van Valen, E., Riper, H., Cuijpers, P., Dekker, J., van der Heiden, C., Burger, H. & Smit F. (2018). Economic Evaluation of an Internet-Based Preventive Cognitive Therapy With Minimal Therapist Support for Recurrent Depression: Randomized Controlled Trial. *Journal of Medical Internet Research*, 20(11):e10437. doi: 10.2196/10437
- Massoudi, B., Holvast, F., **Bockting, C.L.H.**, Burger, H. & Blanker, M.H. (2018) The effectiveness and cost-effectiveness of e-health interventions for depression and anxiety in primary care: A systematic review and meta-analysis. *Journal of Affective Disorders*, 245, 728-743. doi:10.1016/j.jad.2018.11.050 [epub ahead of print].
- Brouwer, M.E., Williams, A.D., Grinsven, van S.E., Cuijpers, P., Lambregtse-van den Berg, M.P., Burger, H. & **Bockting, C.L.H.** (2018). Offspring outcomes after prenatal interventions for common mental disorders: a meta-analysis. *BMC Medicine*, 16, 208. doi:10.1186/s12916-018-1192-6.
- ter Horst, D.M., Schene, A.H., Figueroa, C.A., Assies, J., Lok, A., **Bockting, C.L.H.**, Ruhé, H.G. & Mocking, R.J.T. (2018). Cortisol, dehydroepiandrosterone sulfate, fatty acids, and their relation in recurrent depression. *Psychoneuroendocrinology*, 100, 203 – 212. [epub ahead of print]. doi: 10.1016/j.psyneuen.2018.10.012.
- de Jonge, M., **Bockting, C.L.H.**, van Oppen, P., van H.L., Peen, J., Kikkert, M.J. & Dekker, J.J.M. (2018). The association between the number of previous episodes and modifiable vulnerability factors in remitted patients with recurrent depression. *PLoS ONE*, 13(11), e0206495. doi:10.1371/journal.pone.0206495.
- Elgersma, H.J., Koster, E.H.W., van Tuijl, L.A., Hoekzema, A., Penninx, B.W.J.H., **Bockting, C.L.H.** & Jong, de P.J. (2018) Attentional bias for negative, positive, and threat words in current and remitted depression. *PLoS ONE* 13(10), e0205154. doi:10.1371/journal.pone.0205154
- Verbeek, T., Quittner, L., de Cock, P., de Groot, N., **Bockting, C.L.H.** & Burger, H. (2018). Personality Traits Predict Meeting the WHO Recommendation of 6 Months' Breastfeeding: A Prospective General Population Cohort Study. *Advances in Neonatal Care*, 1 – 9. [epub ahead of print]. doi:10.1097/ANC.0000000000000547
- Molenaar, N.M., Tiemeier, H., van Rossum, E.F.C., Hillegers, M.H.J., **Bockting, C.L.H.**, Hoogendijk, W.J.G., van den Akker, E.L., Lambregtse-van den Berg, M.P. & El Marroun H. (2019). Prenatal maternal psychopathology and stress and offspring HPA axis function at 6 years. *Psychoneuroendocrinology*, 99, 120 – 127. [epub ahead of print].

doi: 10.1016/j.psyneuen.2018.09.003

- Brouwer, M.E., Williams, A.D., Forand, N.R., DeRubeis, R.J., & **Bockting, C.L.H.** (2019). Dysfunctional attitudes or extreme response style as predictors of depressive relapse and recurrence after mobile cognitive therapy for recurrent depression. *Journal of Affective Disorders*, 48-54. [epub ahead of print]. doi: 10.1016/j.jad.2018.09.002.
- Meeuwissen, J.A.C., Feenstra, T.L., Smit, F., Blankers, M., Spijker, J., **Bockting, C.L.H.**, van Balkom A.J.L.M. & Buskens, E. The cost-utility of stepped-care algorithms according to depression guideline recommendations – Results of a state-transition model analysis. *Journal of Affective Disorders*, 244-254. [epub ahead of print]. doi: 10.1016/j.jad.2018.08.024.
- Arjadi, R., Nauta, M. H., Suryani, A.O., & **Bockting, C.L.H.** (2018). Guided Act and Feel Indonesia – Internet-Based Behavioral Activation Intervention for Depression in Indonesia: A Systematic Cultural Adaptation. *Makara Human Behavior Studies in Asia*, 22 (1), 3 – 11. doi:10.7454/hubs.asia.2050418
- Arjadi, R., Nauta, M.H., & **Bockting, C.L.H.** (2018). Acceptability of internet-based interventions for depression in Indonesia. *Internet interventions*, 13, 8 - 15. doi:10.1016/j.invent.2018.04.004
- Arjadi, R., Nauta, M. H., Scholte, W. F., Hollon, S. D., Chowdhary, N., Suryani, A. O., Uiterwaal, C. S. P. M., **Bockting, C.L.H.** (2018). Internet-based behavioural activation for depression with lay counsellor support: a randomised clinical trial in Indonesia. *Lancet Psychiatry*. pii: S2215-0366(18)30223-2. doi:10.1016/S2215-0366(18)30223-2.
- Breedvelt, J. J. F., Kandola, A., Kousoulis, A. A., Brouwer, M. E., Karyotaki, E., **Bockting, C.L.H.**, & Cuijpers, P. M. W. (2018). What are the effects of preventative interventions on Major Depressive Disorder (MDD) in young adults? A systematic review and meta-analysis of randomized controlled trials. *Journal of Affective Disorders*, 239, 18-29. doi: 10.1016/j.jad.2018.05.010
- Bockting, C.L.H.**, Klein, N. S., Elgersma, H. J., van Rijsbergen, G. D., Slofstra, C., Ormel, J., Buskens, E., Dekker, J., de Jong, P. J., Nolen, W. A., Schene, A. H., Hollon, S. D., Burger, H. (2018). The effectiveness of preventive cognitive therapy while tapering antidepressants compared with maintenance antidepressant treatment and their combination in the prevention of depressive relapse or recurrence (DRD study): A three-arm randomised controlled trial. *Lancet Psychiatry*. Advance online publication. doi:10.1016/S2215-0366(18)30100-7.
- Bos, F. M., Fried, E. I., Hollon, S. D., Bringmann, L. F., Dimidjian, S., DeRubeis, R. J., & **Bockting, C.L.H.** (2018). Cross-sectional networks of depressive symptoms before and after antidepressant medication treatment. *Social psychiatry and psychiatric epidemiology*, 1-11. doi: 10.1007/s00127-018-1506-1.
- Christ, C., de Jonge, M., **Bockting, C.L.H.**, Kikkert, M. J., van Schaik, D.J.F., Beekman, A.T.F.,

- Dekker, J.J.M. (2018). Prevalence and predictors of violent victimization in remitted patients with recurrent depression. *Journal of Affective Disorders*, 238, 405-411. doi: 10.1016/j.jad.2018.06.019
- Christ, C., de Waal, M.M., van Schaik, D.J., Kikkert, M.J., Blankers, M., **Bockting, C.L.H.**, Beekman, A. T. & Dekker, J. J. (2018). Prevention of violent revictimization in depressed patients with an add-on internet-based emotion regulation training (iERT): study protocol for a multicenter randomized controlled trial. *BMC psychiatry*, 18(1), 29. doi: 10.1186/s12888-018-1612-3.
- Fried, E.I., Eidhof, M. B., Palic, S., Costantini, G., Huisman-van Dijk, H. M., **Bockting, C.L.H.**, Engelhard, I., Armour, C., Nielsen, A. B. S. & Karstoft, K. I. (2018). Replicability and Generalizability of Posttraumatic Stress Disorder (PTSD) Networks: A Cross-Cultural Multisite Study of PTSD Symptoms in Four Trauma Patient Samples. *Clinical Psychological Science*, 2167702617745092.
- Figueroa, C.A., Mocking, R. J., Mahmoud, G.A., Koeter, M. W., **Bockting, C.L.H.**, van der Does, W., Ruhe E.H.G., & Schene, A.H. (2018). The measurement of cognitive reactivity to sad mood in patients remitted from major depressive disorder. *British Journal of Clinical Psychology*. Advanced online publication. doi:10.1111/bjc.12175
- Guidi, J., Brakemeier, E.L., **Bockting, C.L.H.**, Cosci, F., Cuijpers, P., Jarrett, R.B., Linden, M., Marks, J., Peretti, C.S., Rafanelli, C., Rief, W., Schneider, S., Schnyder, U., Sensky, T., Tomba, E., Vazquez, C., Vieta, E., Zipfel, S., Wright, J.H., Fava, G.A. (2018) Methodological Recommendations for Trials of Psychological Interventions. *Psychother Psychosom*. Jul 13:1-9. doi:10.1159/000490574. [Epub ahead of print]
- Holmes, E.A., Ghaderi, A., Hamer, C.J., Ramchandani, P.G., Cuijpers, C., Morrison, A.P., Roiser, J., P., **Bockting, C.L.H.**, O'Connor, R., Shafran, R., Moulds, M.L., Craske, M. The Lancet Psychiatry Commission on psychological treatments research in tomorrow's science. *Lancet Psychiatry*, 5(3), 237-286. doi: 10.1016/S2215-0366(17)30513-8.
- Klein, N.S., Holtman, G.A., **Bockting, C.L.H.**, Heymans, M.W., & Burger, H. (2018). Development and validation of a clinical prediction tool to estimate the individual risk of depressive relapse or recurrence in individuals with recurrent depression. *Journal of psychiatric research*, 104, 1-7. doi: 10.1016/j.jpsychires.2018.06.006
- Klein, N.S., Kok, G.D., Burger, H., van Valen, E., Riper, H., Cuijpers, P., Dekker, J., Smit, F., van der Heiden, C., **Bockting, C.L.H.** (2018). No Sustainable Effects of an Internet-Based Relapse Prevention Program over 24 Months in Recurrent Depression: Primary Outcomes of a Randomized Controlled Trial. *Psychotherapy and Psychosomatics*, 6;87(1):55-57. doi: 10.1159/000485039.
- Molenaar, N. M., Brouwer, M.E., Duvekot, J.J., Burger, H., Knijff, E. M., Hoogendijk, W. J., **Bockting C.L.H.**, de Wolf G.S. & Lambregtse-van den Berg, M. P. (2018). Antidepressants during pregnancy: Guideline adherence and current practice

amongst Dutch gynaecologists and midwives. *Midwifery* 21;61:29-35. doi: 10.1016/j.midw.2018.02.018.

- Slofstra, C., Nauta, M.H., Bringmann, L.F., Klein, N.S., Albers, C.J., Batalas, N., Wichers, M., **Bockting, C.L.H.** (2018) Individual Negative Affective Trajectories Can Be Detected during Different Depressive Relapse Prevention Strategies. *Psychother Psychosom.* May 14:1-3. doi: 10.1159/000489044. [Epub ahead of print].
- Slofstra, C., Klein, N.S., Nauta, M.H., Wichers, M., Batalas, N., **Bockting, C.L.H.** (2017) Imagine Your mood: Study design and protocol of a randomized controlled micro-trial using app-based experience sampling methodology to explore processes of change during relapse prevention interventions for recurrent depression. *Contemp Clin Trials Commun.* Jul 12;7:172-178. doi: 10.1016/j.conctc.2017.07.003. eCollection 2017 Sep.
- Spinhoven, P., Klein, N., Kennis, M., Cramer, A.O.J., Siegle, G., Cuijpers, P., Ormel, J., Hollon, S.D., **Bockting, C.L.H.** (2018) The effects of cognitive-behavior therapy for depression on repetitive negative thinking: A meta-analysis. *Behav Res Ther.* 2018 Jul;106:71-85. doi: 10.1016/j.brat.2018.04.002. Epub Apr 17.
- van Tuijl L.A., Glashouwer K.A., Elgersma H.J., **Bockting C.L.H.**, Penninx B.W.J.H., de Jong P.J. (2018) Depression recurrence after recovery: Prognostic value of implicit and explicit self-depressed associations. *Behav Res Ther.* ;107:76-82. doi: 10.1016/j.brat.2018.06.001. [Epub ahead of print] No abstract available.
- Verbeek T., **Bockting, C.L.H.**, Beijers, C., Meijer, J.L., van Pampus, M.G., Burger, H. (2018) Low socioeconomic status increases effects of negative life events on antenatal anxiety and depression. *Women Birth.* pii: S1871-5192(18)30130-6. doi: 10.1016/j.wombi.2018.05.005. [Epub ahead of print]

2017

- Arjadi, R. , Nauta, M.H., Utoyo, D. B. & **Bockting, C. L. H.** (2017). The Inventory of Depressive symptomatology Self Report (IDS-SR): Psychometric properties of the Indonesian version. *PlosOne*, 12(10):e0187009, doi: 10.1371/journal.pone.0187009.
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National Books

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Editor National Books

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Publications in National Journals

2019

Spijker, J., Meeuwissen, J.A.C., Aalbers, S., van Avendonk, M., van Bon, M., Huson, A., ... **Bockting, C.**, Ruhé, H.G. (2019). De zorgstandaard Depressieve stoornissen. *Tijdschrift voor Psychiatrie*, 61, 112-120.

2016

Kok, G.D. & **Bockting, C. L. H.** (2016). Terugvalpreventie met E-health. *De Psycholoog*.
Van Rijsbergen, G. & **Bockting, C. L. H.** (2016). Cognitieve reactiviteit bij recidiverende depressie: veranderbare kwetsbaarheid? – Een stand van zaken. *Tijdschrift voor gedragstherapie en cognitieve therapie*, 49, 358-369.

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Bockting, C. L. H. (2013). Bezuinigen in GGZ kan, maar met verstand. *Sociale vraagstukken*, online tijdschrift. Wetenschappers en professionals over maatschappelijke kwesties. <https://www.socialevraagstukken.nl/bezuinigen-in-de-ggz-maar-wel-met-verstand/>

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Bockting, C. L. H. (2010). Stemmingsstoornissen [Special issue]. *Tijdschrift voor Gedragstherapie*, 1, 1.

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Baas, K. D., Wittkamp, K. A., van Weert, H. C., Lucassen, P., Huyser, J., van den Hoogen, H., van de Lisdonk, E., Bindels, P., **Bockting, C. L. H.**, Ruhé, E., & Schene, A. H. (2009). Screening op depressie in hoogrisicogroepen levert te weinig op. *Huisarts & Wetenschap*, 52, 269-74. doi:10.1007/bf03085639

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Doornbos, B., de Jonge, P., & **Bockting, C. L. H.** (2008). Selectieve Publicatie van Antidepressiva Trials en de Invloed op Schijnbare Effectiviteit: Gevolgen voor Richtlijnen? *Nederlands Tijdschrift voor Geneeskunde*, 25, 1406-1408.

International Presentations

2019

- Bockting, C.L.H.** (2019, March 9). Oversimplification or Too Complex? Tomorrows Research on Common Mental Health Conditions. Presentation. International Convention of Psychological Science (ICPS), Paris, France.
- Bockting, C. L. H.** (2019, March 9). The potential of minimal interventions, including internet interventions for common mental health conditions in low and middle income countries. Presentation. International Convention of Psychological Science (ICPS), Paris, France.
- Bockting, C. L. H.** (2019, March 1). Global mental health: The potential of minimal interventions. Invited presentation. Amsterdam Institute for Global Health and Development, Amsterdam, the Netherlands.
- Bockting, C. L. H.** (2019, January 24). Moving beyond simplification: embracing the complexity of mental health. Invited Keynote. eMEN London conference: Prevention with digital technologies: expanding the possibilities for better mental health. London, UK.

2018

- Bockting, C. L. H.** (2018, November 22). Back to the drawing board: understanding onset and maintenance of depression using a complexity approach. Amsterdam Public Health (APH) Annual Meeting 2018, Amsterdam, the Netherlands.
- Bockting, C. L. H.** (2018, November 18). Good for the Baby? Effects of CBT on Mother and Child During Pregnancy. Symposium session: Innovative Interventions for Perinatal Mood Disorders: Developing and Evaluating Strategies to Improve Maternal and Child Outcomes. Association for behavioural and cognitive therapies (ABCT), 52nd annual convention. Washington D.C., USA.
- Bockting, C.L.H.** (2018, November 17). Panel discussion Special Interest Group neuroscience and psychotherapy. Association for behavioural and cognitive therapies (ABCT), 52nd annual convention. Washington D.C., USA.
- Bockting, C. L. H.** (2018, November 2). On sustainability of psychological interventions. Key presentation. Inaugural meeting of the European Association of Clinical Psychology and Psychological Treatment (EACLIPT). Linköping, Sweden

- Bockting, C. L. H.** (2018, September 14). Oversimplification or too complex? Oral. Psychological Networks & Time Series Models: Improving the analyses of complex clinical data meeting. Groningen, the Netherlands.
- Bockting, C. L. H.** (2018, September 12). Potential of internet-based interventions in low and middle income countries. Oral. WHO, Geneva, Swiss.
- Bockting, C. L. H.** (2018, June 12). Preventive cognitive therapy compared to medication for relapse prevention in depression. (DRD study): A three arm randomised controlled trial. Oral. ICM, Amsterdam, the Netherlands.
- Bockting, C. L. H.** (2018, June 30). Preventive Cognitive Therapy compared to medication for relapse prevention in depression (DRD study): A three-arm randomised controlled trial. Oral. 49th Annual International Meeting Society for psychotherapy research.
- Bockting, C. L. H.** (2018, June 27). Sustainable psychological interventions for depression. Oral. London Mental Health foundation.
- Bockting, C. L. H.** (2018, June 9). World Congress of Psychotherapy (Amsterdam) – When do we need psychotherapy to prevent relapse or recurrence and when do we need antidepressants? Results of a three-arm randomised controlled trial (invited symposium).
- Bockting, C. L. H.** (2018, March 16) *Whom, for what, and with what, The complexity of mental health?* 'The Lancet Psychiatry Commission on psychological treatments research in tomorrow's science': Seeing Futher. Conference Karolinska Institute Stockholm. Keynote.

2017

- Bockting, C. L. H.** (2017, November 29). Towards sustainable interventions for depression: Is there a role for psychological interventions? Symposium 'Innovations in mental health care for depression: Beyond 2020', VU University, Amsterdam.
- Bockting, C. L. H.** (2017, September 22) Are individual affective changes in treated patients clinically meaningful? 4th Joint Conference SPR UK & European Chapters, Oxford, United Kingdom.
- Bockting, C. L. H.** (2017, July 12) Concluding remarks: towards patient proof theories for depression and clinical implications, 15th European Congress of Psychology, Amsterdam, The Netherlands.
- Bockting, C. L. H.** (2017, July 12) My optimism wears heavy boots: So much research, so few implications, towards more effective interventions in mental health, 15th European Congress of Psychology, Amsterdam, The Netherlands.
- Bockting, C. L. H.** (2017, July 12) What does evidence tell us about our leading etiological theories of depression? 15th European Congress of Psychology, Amsterdam, The Netherlands.

Bockting, C. L. H. (2017, July 12) Off the hook: relapse prevention using psychological interventions for depression and its implications for other common mental health disorders. Keynote at the 15th European Congress of Psychology, Amsterdam, The Netherlands.

2016

Bockting, C. L. H. (2016, September 29) Treatment of Depression and Anxiety in Pregnancy: Outcomes for Mother and Child. Association for Behavioral and Cognitive Therapies (ABCT) Conference, New York, United States.

Bockting, C. L. H. (2016, September 29) Is Pregnancy the Best Timing for CBT? Effects of CBT on Mother and Child During Pregnancy as Studied in a Randomized Controlled Trial: The Promises Study. Association for Behavioral and Cognitive Therapies (ABCT) Conference, New York, United States.

Bockting, C. L. H. (2016, September 29) Disrupting the Rhythm of Depression Using Mobile Online Cognitive Therapy for Recurrent Depression. Association for Behavioral and Cognitive Therapies (ABCT) Conference, New York, United States.

Bockting, C. L. H. (2016, September 20) Chronicity in depression: Long term effects of psychological interventions and antidepressants. 29th European College of Neuropsychopharmacology (ECNP), Vienna, Austria

Bockting, C. L. H. (2016, September 2). A lifetime approach to major depressive disorder: The contributions of psychological interventions in preventing relapse and recurrence. The 46th European Association of Behavioural and Cognitive Therapies Congress (EABCT), Stockholm, Sweden.

Kok, G. & **Bockting, C. L. H.** (2016, September 2). Disrupting the rhythm of depression: prevention of relapse in depression with Mobile Cognitive Therapy. The 46th European Association of Behavioural and Cognitive Therapies Congress (EABCT), Stockholm, Sweden.

Klein, N. & **Bockting, C. L. H.** (2016, September 2). Do daily fluctuations in emotions predict the course of tapering antidepressants? The 46th European Association of Behavioural and Cognitive Therapies Congress (EABCT), Stockholm, Sweden.

Slofstra, C. & **Bockting, C. L. H.** (2016, September 2). Mental Imagery: a vulnerability in recurrent depression? The 46th European Association of Behavioural and Cognitive Therapies Congress (EABCT), Stockholm, Sweden.

Bockting, C. L. H. (2016, September 1). Co-morbidity as risk factor for chronicity: Is there a reason to prolong treatment in depression in case of co-morbid chronic somatic illnesses? 46th European Association of Behavioural and Cognitive Therapies Congress (EABCT), Stockholm, Sweden.

Bockting, C. L. H. (2016, September 1). Meet the expert; Relapse prevention of depression.

46th European Association of Behavioural and Cognitive Therapies Congress (EABCT), Stockholm, Sweden.

Bockting, C. L. H. (2016, July 16). Simply do it! Behavioral activation for affective disorders. Biennial conference of the International Society for Affective Disorders, Amsterdam.

Bockting, C. L. H. (2016, June 24). The potential of minimal interventions in low and middle income countries for common mental health disorders. Witwatersrand University, Johannesburg/Groblersdal, South Africa.

Bockting, C. L. H. (2016, March 14). Chronicity in depression: Psychotherapeutic approaches. Keynote at 24th European Congress of Psychiatry, Madrid, Spain.

Bockting, C. L. H. (2016, March 14). Beating co-morbidity using mobile interventions: Depression in HIV in rural and urban South Africa. Utrecht University, Utrecht, The Netherlands.

2015

Williams, A. & **Bockting, C. L. H.** (2015, September). Image analysis for clinical psychology: Exploiting images and technology to improve mental disorders. Keynote at 16th International Conference on Computer Analysis of Images and Patterns (invited talk). Malta, Greece.

Bockting, C. L. H. (2015, May). Research methods in clinical psychology and global mental health. Keynote at Tarumanagara University (invited talk), Jakarta, Indonesia.

Verbeek, T., **Bockting, C. L. H.**, Beijers, C., Meijer, J. L., van Pampus, M., & Burger, H. (2015, March). Low socio-economic position increases the adverse effect of negative life events on anxiety and depression during pregnancy. Paper presented at 23th European Congress of Psychiatry, Vienna, Austria.

Verbeek, T., **Bockting, C. L. H.**, Meijer, J. L., Burger, H., & van Pampus, M. (2015, March). Psychological treatment of antenatal depression and anxiety: Effects on obstetric outcomes. Paper presented at 23th European Congress of Psychiatry. Austria, Vienna.

2014

Bockting, C. L. H. (2014, September). Are we winners and/or losers? Long term effects of CBT and advances in treatment in depression and relapse prevention. Keynote at European Association Behavioral Cognitive Therapy (EABCT), The Hague, The Netherlands.

Bockting, C. L. H. (2014, September). Third generation CBT: A curse or a blessing? Expert panel, Round Table - at European Association Behavioral Cognitive Therapy (EABCT), The Hague, The Netherlands.

Bockting, C. L. H. (2014, March). I feel good: Mechanisms underlying relapse in depression and its implication for treatment Utrecht. Keynote at National EPP day, Utrecht, The

Netherlands.

2013

- Bockting, C. L. H.** (2013, December). Niets zal mij helpen: De effectiviteit en duurzaamheid van cognitieve therapie voor depressie en de revival van gedragsactivatie. Keynote at National CBT association, Antwerpen, Belgium.
- Bockting, C. L. H.** (2013, September). Current treatment of depression and innovative interventions in depression-kick-off meeting special interest group 'depression'. Panel discussion at European Association for Behavioural and Cognitive Therapies Congress, Marrakech, Morocco.
- Bockting, C. L. H.** (2013, September). Differential predictors of outcome to cognitive therapy in depression. Paper presented at European Association for Behavioural and Cognitive Therapies Congress, Marrakech, Morocco.
- Bockting, C. L. H.** (2013, March). Psychological interventions in the antenatal phase. Keynote at Department of Mood disorders at University of Exeter (invited talk), Exeter, United Kingdom.
- Bockting, C. L. H.**, Burger, H., Spinhoven, P., Koeter, M., Ruhé, H., Hollon, S., & Schene, A.H. (2013, September). Cognitive reactivity: Predictor of relapse and potential working mechanism of Preventive CT? Paper presented at European Association for Behavioural and Cognitive Therapies Congress, Marrakech, Morocco.
- Holmes, E.A., Nauta, M., & **Bockting, C. L. H.** (2013, September). The effects of neutral, regular, and positive rescripting on aversive autobiographical memories and their associated emotions. Paper presented at European Association for Behavioural and Cognitive Therapies Congress, Marrakech, Morocco.
- Holmes, E.A., Nauta, M., & **Bockting, C. L. H.** (2013, September). Work on your imagination: Imagery Rescripting as intervention. Paper presented at European Association for Behavioural and Cognitive Therapies Congress, Marrakech, Morocco.
- Kok, G. D., & **Bockting, C. L. H.** (2013, September). Bull's eye? Effectiveness, predictors of relapse, and mechanisms of change in psychotherapy for depression. Paper presented at 43rd Annual Congress European Association for Behavioural and Cognitive Therapies, Marrakech, Morocco.
- Van Rijsbergen, G., Elgersma, H., Burger, H., Smit, F., Cuijpers, P., Riper, H., van Valen, E., van Marwijk, H., Dekker, J., & **Bockting, C. L. H.** (2013, September). Potential pathways to relapse in depression: the role of childhood adversity and later life stress. Paper presented at European Association for Behavioural and Cognitive Therapies Congress, Marrakech, Morocco.

2012

Bockting, C. L. H. (2012, May). Disrupting the rhythm of depression using mobile Internet cognitive therapy. Keynote at EU expert meeting on internet-based interventions in depression (invited talk), Lüneburg, Germany.

2011

Bockting, C. L. H. (2011) Depression, etiology and interventions. University of Zürich (invited talk), Zürich, Swiss.

Bockting, C. L. H. (2011, September). The role of axis II disorders in prognosis and response to CBT in recurrent depression. Paper presented at European Conference for Behavioral and Cognitive Therapy, Reykjavick, Iceland.

Bockting, C. L. H., Elgersma, H., Kok, G.D., & van Rijsbergen, G. (2011, September). Preventing relapse and recurrence using face to face CT or mobile CT? Three randomized controlled trials. Paper presented at European Conference for Behavioral and Cognitive Therapy, Reykjavick, Iceland.

Hollon, S. & **Bockting, C. L. H.** (2011, September). Is cognitive behavior therapy the optimal firstline treatment for depression? Keynote at European Conference for Behavioral and Cognitive Therapy, Reykjavick, Iceland.

Kok, G.D. & **Bockting, C. L. H.** (2011, June). Technology-based service innovations for the treatment of depression: Mobile Cognitive Therapy. Paper presented at International Meeting of Society for Psychotherapy Research, Bern, Switzerland.

2010

Grosse Holtforth, M., **Bockting, C. L. H.,** DeRubeis, R., Dobson, K. S., Hayes, A. M., & Strauman (2010, June). Getting beyond the glass is half full or half empty in the treatment of depression: Join forces to work on the half empty glass. Panel discussion at World Conference for Behavioral and Cognitive Therapy, Boston, USA.

Bockting, C. L. H. (2010, June). Disrupting the Rhythm of Depression: Prevention of Relapse in Depression Using a Brief Cognitive Group Therapy. Paper presented at World Conference for Behavioral and Cognitive Therapy, Boston, USA.

Bockting, C. L. H., Spinhoven, P., Koeter, M. W. J., Wouters, L. F. & Schene, A. H. (2010, June). What works for whom in preventing relapse in recurrent depression using cognitive therapy? Paper presented at World Conference for Behavioral and Cognitive Therapy, Boston, USA.

Bockting, C. L. H., Hayes, A. M., Hautzinger, M., Segal, Z., Koenig, A. M. & Grosse Holtforth, M. (2010, June). Acute Treatment of Depression and Long-Term Effects: What Works for Whom and New Developments. Paper presented at World Conference for Behavioral

and Cognitive Therapy, Boston, USA.

2009

Bockting, C. L. H. (2009, May). How well do we treat MDD? Paper presented at American Psychiatric Association conference, San Francisco, USA.

2008

Bockting, C. L. H. (2008). Reducing relapse/recurrence in depression: Preventing CT and risk factors for relapse/recurrence. Paper presented at American Behavioral and Cognitive Therapy conference, Orlando, USA.

Assies, J. Lok, A., Koeter, M. W. J., **Bockting, C. L. H.**, Visser, I., & Duran, M. (2008, March). Fatty acids in recurrent depression. Paper presented at ISAD 4th Biennial Conference, Cape Town, South Africa.

Lok, A., Assies, J., Koeter, M. W., **Bockting, C. L. H.**, Visser, I., & Moeton, M. (2008, March). Interaction of methylenetetrahydrofolate reductase (MTHFR) C677T polymorphism and folic acid levels in recurrent depression. Paper presented at ISAD 4th Biennial Conference, Cape Town, South Africa.

Lok, A., Visscher, T. L., Koeter, M. W., Assies, J., **Bockting, C. L. H.**, Verschuren, W. M., & Schene, A. H. (2008, March). The 'weight' of recurrent depression: A comparison between recurrent depressed individuals and the Dutch population. Paper presented at ISAD 4th Biennial Conference, Cape Town, South Africa.

Visser, I., Assies, J., Lok, A., **Bockting, C. L. H.**, Nicolson, N., & Schene, A. H. (2008, March). Salivary cortisol and dehydroepiandrosterone-sulfate (DHEA-S) in recurrent major depression: Comparison with matched healthy controls. Paper presented at ISAD 4th Biennial Conference, Cape Town, South Africa.

2007

Bockting, C. L. H. (2007, July). Preventing relapse using diverse combinations with new forms of cognitive therapy in remitted recurrently depressed patients. Paper presented at World Conference Cognitive Behavioral Therapy (WCBT), Barcelona, Spain.

2004

Bockting, C. L. H., Schene, A. H., Spinhoven, P., Koeter, M. W. J., Wouters, L. F., Huyser, J., Kamphuis, J., & the DELTA study group (2004, November). Preventing relapse/recurrence in recurrent depression with cognitive therapy. Paper presented at World Psychiatric Association International Congress, Florence, Italy.

Assies, J., Lok A., **Bockting, C. L. H.**, Weverling, G. J., Lieveise, R., Visser, I., Abeling, N. G. G. M.,

Duran M., & Schene A. H. (2004). Fatty acids and homocysteine levels in patients with recurrent depression: An explorative pilot study. *Prostaglandins, Leukotrienes and Essential Fatty Acids*, 70, 349-356. doi:10.1016/j.plefa.2003.12.009

2002

Bockting, C. L. H. (2002, September). Diathesis-stress and scarr-hypotheses of depression; Dysfunctional attitudes and depressive relapse. Paper presented at European Association Behavioral Cognitive Therapy (EABCT), Maastricht, The Netherlands.

National Presentations

2019

Bockting, C. L. H. (2019, January 10). E-health voor Global Mental Health. Clingendael Global Health Initiative meeting: De rol van Global Health in Zorg en Gezondheid. The Hague, the Netherlands.

2018

Bockting, C.L.H. (2018, November 8). Preventieve cognitieve therapie. Kennisbijeenkomst GGZ Delfland, Delft, the Netherlands.

Bockting, C.L.H. (2018, October 4). Depressie: waarom we ons er druk over moeten maken en wat we eraan kunnen doen. Congres stemmingsproblematiek, Zwolle, the Netherlands.

Bockting, C. L. H. (2018, June 15). Therapiewinst, de waarde van psychologische behandeling. Over de behandeling van depressieve en terugvalpreventie. Boekpresentatie 'Thrive: The power of Psychological Therapy' van Richard Layard & David M. Clark.

Bockting, C. L. H. (2018, June 6). Dokter, kan het ook zonder en kan het beter? Afbouwen of continuatie van onderhoudsantidepressiva ter preventie van terugval bij depressie. Lezing. Wetenschapsdag NHG.

Bockting, C. L. H. (2018, May 26). Depressie & terugvalpreventie. Lezing. Publieksdag depressievereniging.

Bockting, C. L. H. (2018, April 12). De DRD studie: Kan het ook zonder? Antidepressiva en Preventieve Cognitieve Therapie om terugval te voorkomen bij depressie. Poster. Voorjaarscongres Nederlandse Vereniging voor Psychiaters (NVvP).

Bockting, C. L. H. (2018, March 2). Towards sustainable interventions for depression: do psychological interventions make sense? Keynote speaker. University of Utrecht.

2017

Bockting, C. L. H. (2017, November). Lezing terugvalpreventie. *APH Mental Health, Vrije Universiteit Amsterdam.*

Bockting, C. L. H. (2017, August 29). *Preventie van terugval met psychologische interventies en/of antidepressiva bij depressie.* Benecke Summer school 2017, Amsterdam.

Bockting, C.L.H. (2017, June 14). The global burden of mental health disorders and the potential of psychological mhealth and internet-based interventions in low resources settings at "Global Health & Tropical Medicine Course". UMC Utrecht.

Bockting, C. L. H. (2017, May 20). Psychologische interventies ter preventie van terugval: Wat werkt en persoonlijke ervaringen at "Depressie voorkomen, wat werkt voor jou", Depressievereniging, UU en UMCG. Symposium, Zeist, The Netherlands.

Bockting, C. L. H. (2017, January 13). *State of the art and beyond in relapse prevention.* Radboud UMC, Nijmegen.

2016

Bockting, C. L. H. (2016, March). *Psychische stoornissen en klachten tijdens de zwangerschap: moeten we daar wat aan doen?* Presentation at "Zwangerschap en mental health" meeting, Ede, The Netherlands.

2015

Bockting, C. L. H. (2015, October). *Innovatieve technologie voor de behandeling van depressie.* Keynote at VU/Arkin (invited talk), Amsterdam, The Netherlands.

Bockting, C. L. H. (2015, June). *e/mHealth: en hoe zit het met de kwaliteit? De toekomst van onderzoek naar validatie voor eMentalhealth producten.* GGZ Nederland en Kennisplatform Inpreze, Amersfoort, The Netherlands

Bockting, C. L. H. (2015, May) *My optimism wears heavy boots: Towards empirically driven tailored interventions, illustrated by depression research.* Utrecht, The Netherlands.

2014

Bockting, C. L. H. (2014, November). *Tussen dip en droom: Als de blaadjes van de bomen vallen.* Public lecture at Studium Generale, Enschede, The Netherlands.

Bockting, C. L. H. (2014, September). *Depressie in de eerste lijn en zelfhulp.* Keynote at Dag van de CGT (EABCT), The Hague, The Netherlands.

2013

Bockting, C. L. H. (2013, November). *Bij mij heeft het toch geen zin: De kracht van psychotherapie bij depressie.* Keynote Professor Boeke psychotherapy lecture,

Groningen, The Netherlands.

- Bockting, C. L. H.** (2013, April). *'Het zijn mijn genen, CGT heeft bij mij geen zin': Therapiegenetica bij CGT*. Presentation at Voorjaarscongres Nederlandse Vereniging van Psychiatrie 'Diegenen omgeven', Maastricht, The Netherlands.
- Bockting, C. L. H.** (2013, April). *De lange termijn effecten van cognitieve therapie en antidepressiva bij depressie in geval van persoonlijkheidsproblematiek*. Paper presented at Voorjaarscongres Nederlandse Vereniging van Psychiatrie 'Diegenen omgeven', Maastricht, The Netherlands.
- Elgersma, H. J., & **Bockting, C. L. H.** (2013, April). *Laat een depressie sporen na? Verborgene littenenvorming bij depressie*. Paper presented at Voorjaarscongres Nederlandse Vereniging van Psychiatrie 'Diegenen omgeven', Maastricht, The Netherlands.
- Kok, G. D., & **Bockting, C. L. H.** (2013, April). *Verhoogt de aanwezigheid van chronische comorbide medische ziekten de kans op depressieve terugval?* Paper presented at Voorjaarscongres Nederlandse Vereniging van Psychiatrie 'Diegenen omgeven', Maastricht, The Netherlands.
- Van Rijsbergen, G. D., & **Bockting, C. L. H.** (2013, April). *Cognitieve reactiviteit bij terugkerende depressie, vooral emoties doen ertoe*. Paper presented at Voorjaarscongres Nederlandse Vereniging van Psychiatrie 'Diegenen omgeven', Maastricht, The Netherlands.

2012

- Bockting, C. L. H.** (2012, November). *Exposure-based cognitieve gedragstherapie bij chronische depressie*. Presentation at Najaarscongres VGCT, Veldhoven, The Netherlands.
- Kok, G. D., & **Bockting, C. L. H.** (2012, November). *Zijn het mijn schema's, mijn verborgen associaties of mijn genen? Wat is er mis bij depressie en nieuwe toepassingen van CGT*. Paper presented at Najaarscongres VGCT, Veldhoven, The Netherlands.

2011

- Kok, G.D. & **Bockting, C. L. H.** (2011, April). *Doorbreek het ritme van depressie: Nieuwe psychologische behandelmethoden tegen terugval*. Paper presented at Voorjaarscongres Nederlandse Vereniging van Psychiatrie 'Kennis verplicht', Amsterdam, The Netherlands.

2006

- Bockting, C. L. H.** (2006, April). *Preventing relapse in recurrent depression using cognitive therapy*. Paper presented at Symposium 'Psychological processes and treatment of depression', Radboud University, Nijmegen, The Netherlands.

2004

Bockting, C. L. H. (2004, November). *Preventing relapse/recurrence in recurrent depression using cognitive group therapy: A randomized trial*. Paper presented at Symposium Rob Giel Onderzoekcentrum, Groningen, The Netherlands.

2002

Bockting, C. L. H. (2002, June). *De preventie bij terugval bij recidief depressies; effectiviteit van een cognitieve preventieve groepsmodule*. Paper presented at Onderzoeksdagen Psychiatrie, Zandvoort, The Netherlands.

Workshops

2018

Bockting, C. L. H. (2018, June 21). *Depressie en terugvalpreventie*. Preventieve Cognitieve Training. Indigo, Arnhem.

Bockting, C. L. H. en Lok, A. (2018, April, 13). *Van de kliniek naar onderzoek en weer terug: een toolkit om afbouw of continuatie van antidepressiva te begeleiden*. Workshop at NVvP Voorjaarscongres.

2017

Bockting, C. L. H. en Van Valen, E. (2017, November). *Preventie van terugval, hoe dan? Preventieve cognitieve therapie om terugval te voorkomen bij depressie*. Workshop at VGCT Najaarscongres.

Bockting, C. L. H. (2017, January). *Preventieve cognitieve therapie*. Workshop at UMC Maastricht, Maastricht, The Netherlands.

2016

Bockting, C. L. H. (2016, March). *De psychologische behandeling van depressie en co-morbiditeit met angst tijdens de zwangerschap*. Workshop at Zwangerschap en Mental Health meeting, Ede, The Netherlands.

Bockting, C. L. H. (2016, February). *CGT bij depressie*. Workshop at Groningen University for research project "Neurocognitive working mechanisms of preventing relapse in depression: An fMRI and pupillometry-study (NEW-PRIDE)". Groningen, The Netherlands.

2015

Bockting, C. L. H. (2015, September). *Cognitieve Gedragstherapie bij depressie*. Workshop at Ghent University for research project "Differential Efficacy of Supportive-Expressive and Cognitive Behavioral Interventions in Dependent and Self-critical Depressive Patients: A Randomized Controlled Trial." Ghent, Belgium.

2014

Bockting, C. L. H. (2014, September). *Simply do it! Basics and beyond of behavioral activation for depression*. Workshop at European Association Behavioral Cognitive Therapy (EABCT), The Hague, The Netherlands.

2012

Bockting, C. L. H. (2012, November). *Treatment of chronicity in depression*. Workshop at VuMC, Amsterdam, The Netherlands.

2011

Bockting, C. L. H. (2011, September). *Relapse prevention using brief CBT*. Workshop at European Conference for Behavioral and Cognitive Therapy, Reykjavick, Iceland.

Organised Symposia and Conferences

2019

Bockting, C. L. H., & Hollon, S. D. (2019, March 9). Organized symposium: Do Minimal Psychological Interventions Reduce the Mental-Health Gap in Low- and Middle-Income Countries? International Convention of Psychological Science (ICPS), Paris, France.

2017

Bockting, C. L. H. (2017, March 31). Global Mental Health in under-resourced countries and in the western world. Global Mental Health Symposium, Arq Institute. (Role: symposium chair)

2015

Brouwer, M. E., & Slofstra, C, Klein, N.S. & **Bockting, C. L. H.** (2015, May 20). Organised Conference: Wetenschap in beeld: Wat weten we over depressie, co-morbiditeit en

terugval en wat kunnen we eraan doen? Utrecht, The Netherlands.

2012

Bockting, C. L. H. (2012, November 8). Help, mijn depressieve patiënt knapt niet op!
Symposium conducted at Najaarscongres VGCT, Veldhoven, The Netherlands.

2011

Kok, G. D., & **Bockting, C. L. H.** (2011, March). Organised Conference: Realisme als
nachtmerrie, een symposium voor zwartkijkers. Amsterdam, The Netherlands.

2009

Bockting, C. L. H., & Hollon, S. D. (2009, May). Publication bias and the effectiveness of
antidepressant treatment and psychological interventions in depression: Should we
care? Symposium conducted at American Psychiatric Association conference, San
Francisco, USA.

2007

Bennebroek-Everts, F., & **Bockting, C. L. H.** (2007, July). Tailored cognitive behavioural therapy
for somatic illnesses. Symposium conducted at the World Conference Cognitive
Behavioral Therapy (WCBT), Barcelona, Spain.

Bockting, C. L. H. (2007, July). New forms of cognitive therapy for primary prevention and
prevention of relapse in bipolar disorder, unipolar depressive disorder and suicidal
depression. Symposium conducted at the World Conference Cognitive Behavioral
Therapy (WCBT), Barcelona, Spain.

Bockting, C. L. H. (2006 of September 27). Organised Conference: Preventie van terugval
bij depressie, kan dat? Amsterdam, De Duif, The Netherlands.

Media Appearance: Interviews & Invitations for Panel Discussions

2019

- January, 24, 2019 – MENTAL ELF Podcast: 'Moving beyond simplification: embracing the complexity of mental health'. [[podcast](#)].
- January, 3, 2019 – NRC.nl: 'Je bent niet wat je presteert'. Geschreven door Koos Dijksterhuis. [[article](#)].

2018

- December 22, 2018 – Vrij Nederland. 'Waarom we nog steeds geen betere

- behandelingen hebben voor depressie'. Geschreven door Marieke Buijs. [\[article\]](#)
- December 3, 2018 – ZonMw Mediator: 'Het is niet klaar als iemand weer is opgeknapt'. Geschreven door Veronique Huijbregts. [\[online magazine\]](#).
 - August 18, 2018 – Financieel Dagblad: "Haal iets goeds uit je negatieve gedachten". Geschreven door Sigrid Stamkot. [\[article\]](#).
 - July, 2018 – ZonMw – ZonMw programmaboek DOELMATIGHEIDSONDERZOEK De patiënt en het resultaat: "Training voorkomt terugval na depressie". [\[online magazine\]](#).
 - July 12, 2018 – ICM – Paneldiscussion: "Does CBT need mindfulness?". Participants: Bockting, C.L.H, Michalak, J., Strauss, C., Bögels, S.
 - June 30, 2018 – AD Magazine – "Vastgelopen en weer door". Geschreven door Nils Elzenga. [\[article\]](#)
 - June 30, 2018 – BN/DeStem – "Drie dingen die iedereen moet weten over depressie". Geschreven door Nils Elzenga. [\[article\]](#).
 - June 1, 2018 – AMC Magazine – Interview met prof. Bockting. "Pillen en praten meest effectief". Geschreven door C. Laan. [\[article\]](#).
 - May, 30, 2018 – Volkskrant, "Speciale afbouwmedicatie vergemakkelijkt stoppen met antidepressiva – ook als eerdere stoppogingen mislukten." [\[article\]](#).
 - May 11, 2018 – Pulse – "GPs should use cognitive therapy to reduce antidepressant use after recovery" [\[article\]](#).
 - May, 2018 – Lancet Psychiatry podcast, APA highlights [\[article\]](#).
 - May 6, 2018 – Healio Psychiatric Annals, Highlights from APA – Preventive cognitive therapy may lead to sustainable treatment results in depression. [\[article\]](#).
 - April, 2018 – NPO (KRO/NCRV) – 'Je suis depri': Documentaire over jongeren die depressief zijn (geweest). [\[broadcast\]](#).
 - April, 2018 – NRC – Wat helpt bij depressies? [\[article\]](#).
 - MENTAL ELF Podcast [\[podcast\]](#).
 - April 10, 2018 – AMC Nieuws online – Cognitieve training effectief tegen terugval na depressie ook bij afbouwen antidepressiva. [\[article\]](#).
 - April 10, 2018 – Volkskrant – "AMC vindt aanpak om risico op nieuwe depressie te verkleinen: combineer pillen met praten." Geschreven door Margreet Vermeulen. [\[article\]](#).
 - April, 2018 – NOS – "Gesprekstherapie naast antidepressiva voorkomt terugkeren depressie beter." [\[article\]](#).
 - April, 2018 – Parool – "AMC vindt nieuwe aanpak tegen terugval in depressie". [\[article\]](#).
 - January, 2018 – Smart health – "Een (nieuwe) depressie voorkomen met online therapie?" ("Online prevention of depression?"). [\[article\]](#).

- January, 2018 – RTL Nieuws – “Depressie bij jongeren en vrouwen”
- January, 2018 – RTL Nieuws Online – “Somberheid hoort bij het leven.”

2017

- December, 2017 – NRC, “Depressie epidemie vraagt om hulp van filosofen en technologen”. “*Depression epidemic: there is a need for help of philosophers and technologist*”. [\[article English\]](#)
- December, 2017 - De Psycholoog, “Doorbreek de stagnatie”.
- November, 2017 – Panel Discussion: “Effective Interventions in Mental Health”. ABCR, San Diego.
- October, 2017 – GZ-Psychologie, interview, “Tegen de stroom in: de netwerktheorie.” Interview Denny Borsboom en Claudi Bockting.
- October, 2017 – HP/De tijd, “Dit onderzoek laat de impact van een depressie op een vrouw zien.”
- May, 2017 – Impact Magazine, “Alternatieve psychische hulp voor ontwikkelingslanden.” “*Alternative psychological support for low and middle income countries.*”
- May 20th, 2017 – Volkskrant Magazine, “Hoe voorkom je een depressie?”
- March, 2017 – Psychologie Magazine, “Een draaglijk leven is al mooi.” “*A bearable life would be good*”
- March, 2017 – BNN/VARA, Kassa, “Antidepressiva: Hoe zit het precies?” [\[article\]](#)
- January 19th, 2017 – Psychologie Magazine, “Kan ik ook zonder?”

2016

- December 22, 2016 – NRC, “Depressief? Stel zwanger worden uit”
- May 9, 2016 – Trouw, “Niet bedacht op de volgende depressie”
- April 2016 – Medscape, “Kognitieve Verhaltenstherapie bei Depression: Genauso effektiv wie Antidepressiva” (interview)
- February 9, 2016 – NRC, “Opgebrand”
- February 9, 2016 – NRC Next, “Zo herken je een burn-out - en zo doe je er wat aan”
- January 20, 2016 – Felix Meritis, “Het twintigersdilemma: Tussen dip en depressie” (expert panel)

2015

- October 30, 2015 – New York Times, “Effectiveness of Talk Therapy Is Overstated, a Study Says”
- June 3, 2015 – NRC Next, “Eén op de vijf Nederlanders maakt in zijn of haar leven een depressie door”

- May 26, 2015 – NRC, "Therapie voorkomt terugval depressie beter dan pillen"
- January 19, 2015 – Radio 1, "Over de onzin van Blue Monday" (interview) "*On the nonsense of Blue Monday*".

2014

- June 11, 2014 – Volkskrant Magazine, "Sterker uit de crisis" (interview) "*Crisis makes you stronger?*" (interview)

2013

- December 19, 2013 – Radio 1, "Prevalentie van depressie en WHO 2012/2013" (interview) "*Prevalence of depression and WHO 2012/2013*" (interview)
- June 2013 – JAN magazine, "Antidepressiva en alternatieven" (interview)
- February 13, 2013 – De Telegraaf, "Een leven lang aan de pillen" (interview)
- January 30, 2013 – RUG opinie (interview)

2011

- November 26, 2011 – NTR radio interview Wetenschap, "Pavlov: learned helplessness and depression"
- September 2011 – Bodytalk, "Terugval in depressie en online interventies" (Belgium)
- September 2011 – NRC Handelsblad, "Depressie bij mannen "
- July 27, 2011 – Radio 1, "Nederland Top 3 Depressie" (interview)
- May 2011 – De Psycholoog, "Angsthazen en Zwartkijkers" (symposium review)
- April 2011 – Psychopraktijk, "Onderzoek is crucial voor de professie" (interview)
- January 25, 2011 – Mevrouw de professor on tour. ABCDepressed (panel discussion)

2010

- October 27th, 2010 –Psychologie Magazine, "Alles over depressie en levensellende" "*Depression and adverse events*"
- October 5, 2010 – NTR Wetenschapsprogramma Hoezo zo? (interview) *NTR Science program 'Why?'* (interview)
- Augustus 2010 –Radio 1 WekkerWakker (interview)
- February 2010 – IKON De andere wereld, "Standaard screenen op depressie?" (interview)
- February 13, 2010 –Vrij Nederland, "Dag droom, dag depressie." (interview)

2009

- November 14, 2009 – Adams appel, "Leegte: wat doet leegte met de mens?"

Cv C.L.H. Bockting

(interview)

2006

- September 23, 2006 – Volkskrant, “Steeds weer terug in diezelfde put”