

Personal Details

Title: Prof. C. L. H. (Claudi) Bockting, PhD.
Male/female: Female

Main Research Interests

My research program focuses on common mental health disorders (depression, anxiety). I study potentially modifiable etiological factors of onset and recurrence/chronicity using a interdisciplinary complexity approach in order to explore new targets for prevention and treatment and relapse prevention (Institute of Advanced Studies fellow, UvA).

My research program focuses on the following issues:

- 1) How can complexity modelling tools successfully be applied and explored to understand the onset and maintenance of common mental health disorders like depression and anxiety?
- 2) Innovative multimodal psychological interventions (i.e. combined with technological devices and pharmacological treatments) and evaluating the effect in RCT's and micro RCT's (ecological momentary assessment and affective networks).
- 3) Increasing accessibility of effective psychological interventions using technology (for instance mobile interventions in low-, and middle income countries; WHO, IUPS/APA fellow)

Academic and Clinical Career

2017 – current	Professor of clinical psychology, Department of Psychiatry, Academic Medical Center, Amsterdam.
2014 – 2017	Full professor and chair of Department Clinical Psychology, Utrecht University and as licensed clinical psychologist/psychotherapist (outpatient center).
2010 – 2014	Professor of clinical psychology (associate professor with ius promovendi: Depression: etiology, recurrence and chronicity. Department of Clinical Psychology, University of Groningen (clinical work Arkin/PuntP 2010-2014).
2007 – 2010	Associate professor, Department of Clinical Psychology, University of Groningen & clinical psychologist at mental health centers (University Medical Center Groningen, Department of Psychiatry and GGZ Centraal).
1999 – 2007	Psychotherapist/PhD student at the Academic Medical Center, department of Psychiatry, University of Amsterdam, program affective disorders

- 2006 PhD: University of Amsterdam, department of Psychiatry. Title of thesis: *The rhythm of depression: the course of recurrent depression and prevention of relapse using cognitive therapy.*
- 1993 – 1999 Psychologist, trainee psychotherapist, outpatient setting of a mental health care center Vlaardingen (RIAGG RNW).
- 1993 MSc Clinical Psychology, University of Amsterdam, *Cum laude.*

Ancillary activities

Current

- 2018 – current Advisory board NWO, Wetenschappelijk Adviescollege (WAC) domein Sociale- en Geesteswetenschappen (SGW).
- 2017 – current Advisory board 'Zorg Instituut Nederland; Wetenschappelijke Advies Raad (WAR)'
- 2017 – current Supervisory board, Arkin Amsterdam
- 2003 – current Incidental workshops and senior lecturer clinical postdoctoral courses for psychologists (GZ, KP, KNP).

Past

- 2016 – 2018 Guest professorship Ghent University, psychology department (onbezoldigd) (1/2/16 – 31/1/2018).
- 2014 – dec. 2018 Professor Clinical Psychology. Department of Clinical Psychology, University of Groningen
- 2016 – 2018 Scientific advisor/professor of Clinical Psychology, Clinical psychologist ARQ Psychotrauma Expert Group, The Netherlands
- 2016 – 2017 Advisory board for ministry of health; 'Advies Pakket Commissie Zorg Instituut Nederland'
- 2003 – 2014 Coordinator, supervisor and lecturer of clinical postdoctoral courses for health (GZ) psychologists.

Postdoctoral Clinical Registrations

- 2018 – current European Psychiatric Association (EPA) Member, American Psychological Association (APA) member
- 2006 – current Licensed Clinical psychologist (Klinisch Psycholoog-psycholoog, BIG)
- 2005 – current CBT supervisor (VGCT)
- 2000 – current Health psychologist (GezondheidsZorg-psycholoog, BIG)
- 1999 – current Psychotherapist (BIG)

Academic Grants

- 2018 *Does time heal everything? A complex dynamical systems approach to emotional functioning and relapse in depression.* NWO research talent M. Eijlander, **prof. C.L.H. Bockting (PI)**, prof. P.M.A. Sloom (IAS), Prof. A. Hayes (University of Delaware, USA).
- 2018 *Establishment Grants: Resilience in Recurrent Depression: The Role of Successful Stress Recovery in Long-Term Remission.* Saskatchewan Health Research Foundation. PI: dr. S. Beshai, University of Regina, Canada; Co-applicant: **Bockting, C. L. H.**
- 2018 Determining effective relapse prevention strategies for recurrent depression and moderators of treatment outcome – what works for whom? **Bockting, C. L. H.** (AMC), APH Mental Health alliance. J. Breedvelt (AMC), van Oppen (VUmc).
- 2018 *MENTALLY: Improving access to mental health care and mental health literacy.* European Commission CONSUMERS, HEALTH, AGRICULTURE AND FOOD EXECUTIVE AGENCY Health Programme, PP2-2016, PI A. DeWaele, Experimental Clinical and Health Psychology, Ghent University, Belgium.
- 2017 *STAY FINE: a personalized monitoring and intervention app to prevent relapse of anxiety and mood disorders in youth and young adults.* Role: **Bockting, C. L. H.** primary promotor AMC, co-applicant. In coll. with Y.A.J. Stikkelbroek (PI) and M.H. Nauta. ZonMW, RuG, AMC.
- 2017 *Relapse prevention in depression: a dissemination project.* ZON-MW, VIMP. 2017-2018. **Bockting, C. L. H. (PI).**
- 2017 *Unraveling co-morbidity in mental health disorders; personalised affective models and multi modal personalised interventions in co-morbid conditions.* Arq trauma institute. **Bockting, C. L. H. (PI),**
- 2017 UU, Ndlovu Research Consortium and University of the Witwatersrand, Johannesburg. *Beating co-morbidity using mobile interventions: Depression in HIV in rural and urban South Africa and the potential for other low/middle income countries.* PhD proposal. **Bockting, C. L. H. (PI).**
- 2016 *The Effect of App based Behavioural Therapy on Emotional Inertia among Chinese Depressive Adults: A Randomized Controlled Trial Study.* China Scholarship Council fund 2016-2020. **Bockting, C. L. H. (PI)**, PhD student Z. Fu.
- 2016 NIAS research Theme group (**PI, Bockting, C. L. H.**, 5 months): *My optimism wears heavy boots: So much research, so few implications, towards 'patient-proof' empirical models and more effective interventions in mental health.*
In collaboration with professor E.A. Holmes, Medical Research Council Cognition and Brain Sciences Unit (MRC CBU), Cambridge, UK and Karolinska Institute, Sweden, professor C. Harmer, professor of Cognitive Neuroscience, University of Oxford, UK, professor S.D. Hollon, professor of Psychology and Psychiatry, Vanderbilt University,

- USA, associate professor G. Siegle, Departments of Psychiatry, Psychology, and Translational Sciences, University of Pittsburgh School of Medicine, USA, H. Tiemeijer, professor of Psychiatric Epidemiology, Erasmus University, associate professor A. Cramer, Department of Methodology, University of Amsterdam, dr. C. Vinkers assistant professor at the Department of Psychiatry of the University Medical Center in Utrecht, professor M. van den Hout, professor of Experimental Psychopathology at Utrecht University and Ph. Spinhoven, professor of Clinical Psychology, Leiden University. Personal fellowship.
- 2016 *Diagnostics and multi-modal intervention for victims of human trafficking (2016-2017)*, In collaboration with Arq Psychotrauma expertise center, Equator, dr. Pim Scholte.
- 2016 *Recovery and personalised models and treatment for refugees with mental health problems (2016-2017)*. In collaboration with Arq. In collaboration with Arq Psychotrauma expertise center, Equator, dr. Pim Scholte.
- 2015 *I make you smile: Using facial expression to detect and tackle depression*. Seed Money 2016 UU. With Alishia Williams and the department of Information and Computer Sciences; Ronald Poppe.
- 2015 *Differential Efficacy of Supportive-Expressive and Cognitive Behavioral Interventions in Dependent and Self-critical Depressive Patients: A Randomized Controlled Trial*. Ghent University (SCS RCT). In collaboration with dr. R. Meganck (Ghent University). PhD trajectory.
- 2015 *Predicting and Understanding Neurocognitive Mechanisms of Relapse Prevention: a randomized controlled trial of preventive cognitive therapy in remitted Major Depressive Disorder using fMRI and pupillometry*. NWO VENI grant, Hersenstichting Nederland (HS) ass. prof. M.J. van Tol (PI). In collaboration with UMCG (R.S. van Kleef, and prof. A. Aleman).
- 2014 *Stop or Go? Tapering antidepressants in pregnancy: a pragmatic multicenter RCT to investigate risk and benefits for mother and child*. ZonMW/NWO Goed Geneesmiddelen Gebruik. In collaboration with Psychiatry (assoc. prof. M. van de Berg, Erasmus University; PI, **prof. C.L.H. Bockting Co-PI**, UU) and UMCG (assoc. prof. H. Burger; UMCG).
- 2014 *Victimization in depressed patients; the role of emotion regulation*. NWO. In collaboration with VUmc, Arkin (prof. A. Beekman PI, prof. J. Dekker, dr. M. Kikkert, dr. R. Van, dr. A. van Schaik, C. Christ (Phd candidate).
- 2013 *The effectiveness of online behavioural activation led by lay health counsellors for depression in The Netherlands and Indonesia*. (**PI**). Indonesian national research fund. In collaboration with the London school of Hygiene and Tropical Medicine and Sangath (assoc. prof. N. Chowdhary, London, UK, Goa, India), Vanderbilt University (prof. S.D. Hollon; Nashville, USA) and Equator/Arq Psychotrauma Expert group (P.

- Scholte) and ass. prof. M.H. Nauta (RuG) PhD candidate: R. Arjadi.
- 2013 *Blended internet based CBT for children with anxiety disorders: what can individual changes tell us?* ZonMW Effectief jeugd. In collaboration with Acarre, RuG (prof. P. Kendall; Tempel University, USA, Ass. prof. M. Nauta, PI; ass. prof. B. van de Hoofdakker; RuG), and de Bascule (prof. E. de Haan; AMC, UvA). Postdoc: dr. G. Kok.
- 2013 *Prescribing blended care combining face-to-face contacts with web-based guided self-help instead of antidepressants for depression in general practice; a cluster randomized pragmatic trial.* ZonMW/NWO. In collaboration with the department of general practice. Assoc. prof. H. Burger (PI; UMCG).
- 2012 *Work on your imagination: An innovative approach to depression, targeting emotions using imagery.* NWO. In collaboration with MRC Cognition and Brain sciences unit, University of Cambridge/Karolinska Institute (prof. E. Holmes, UK). PhD student: C. Slofstra. **Bockting, C. L. H. (PI).**
- 2011 *Effectiveness of continuation CT in preventing relapse in depression.* NWO/ZonMW. In collaboration with mental health care center Amsterdam: Arkin (prof. J. Dekker, PI) and VU University. PhD candidate: M. de Jonge.
- 2011 *Evaluation of online-based relapse prevention Intervention in Patients with Major Depressive Disorder.* Role: advisor. BMBF. Ch diseases and orientation towards patients. In collaboration with prof. M. Berking (PI) and ass. prof. D. Ebert (Marburg University, Germany), 2011.
- 2010 *Effectiveness of monitoring and nurse delivered preventive CT in preventing relapse in depression in primary care.* NWO/ZonMW. In collaboration with VU University General practice department, primary care (assoc. prof. H. van Marwijk, PI).
- 2010 *Effects of cognitive behavioural therapy for antenatal depression and anxiety on physical birth outcomes.* ZonMW. In collaboration with the department of general practice UMCG Groningen/OLVG Amsterdam (Prof. M. Berger; PI and assoc. prof. H. Burger). Costs MD/PhD trajectory T. Verbeek.
- 2009 *Cost-effectiveness of an e-mental health self-management intervention with automated tele-monitoring for recurrent depression and co-morbidity with chronic somatic disorders.* **(Bockting, C. L. H., PI)**, ZonMW disease management chronic diseases. In collaboration with the University of Pennsylvania (prof. A.T. Beck, USA), VU University (general practice department and clinical psychology; prof. H. Riper, prof. P. Cuijpers), Trimbos institute Utrecht (prof. F. Smit) and several mental health care centers.
- 2009 *Cost-effectiveness of tapering antidepressants versus preventive cognitive therapy and the combination of continuation of antidepressants with preventive cognitive therapy.* **(Bockting, C. L. H., PI)**. ZonMW Doelmatigheid K&E. In collaboration with the Beck Institute USA (prof. A.T. Beck, USA), Vanderbilt University (prof. S.D. Hollon, USA,

- Second promoter), University of Maastricht, Psychiatry UMCG Groningen, University of Amsterdam AMC, Amsterdam, Erasmus University, Department of work related disorders (AMC) and several mental health care centers. PhD student G. van Rijsbergen.
- 2008 *Disrupting the rhythm of depression: Effectiveness and cost-effectiveness and mediating factors of preventive cognitive therapy in the prevention of recurrent major depressive disorder. (Bockting, C. L. H., PI).* ZonMW, OOG (PhD student H. Elgersma). In collaboration with the Beck Institute USA (dr. A.T. Beck, USA), Vanderbilt University, University of Maastricht, Psychiatry UMCG Groningen, University of Amsterdam AMC, Amsterdam, Erasmus University, Department of work-related disorders (AMC) and several mental health care centers).
- 2008 *Prevention of psychosocial problems in the offspring of mothers with symptoms of depression or anxiety during pregnancy: benefits for mother and child. (Co-PI).* ZonMW. In collaboration with the departments of Epidemiology, Psychiatry and Gynecology UMCG and department of general practice (ass. prof. H. Burger H.; PI), PhD student RuG: J. Meijer. PhD student UMCG: C. Beijer.
- 2008 *Internet-supported self-management of recurrent depression with automated monitoring of health outcomes: demonstration project and evaluation.* VWS/ZonMW. In collaboration with Trimbos institute and mental health care center Amsterdam, prof. J. Dekker (Arkin/VU), and prof. F. Smit (VU).
- 2008 *Effectiveness and cost-effectiveness of cognitive therapy in Inflammatory Bowel Disease, a multi-center trial.* MLD. In collaboration with the department of Medical Psychology (prof. M. Sprangers, AMC, University of Amsterdam; prof. R. Sanderman UMCG, RUG).
- 2008 *Improving diagnosis and prognosis in bipolar and unipolar patients: the role of fMRI to determine biomarkers in addition to clinical measurements.* NWO/ZonMW, OOG. In collaboration with Rive, M., Ruhé, H.G., prof. A. Schene, A.H., prof. D. Veltman (AMC, University of Amsterdam).
- 2008 *Preventing anxiety and mood disorders in youth: a multi-center prevention trial in high risk offspring of anxious and depressed patients.* NWO/ZonMW Preventie. In collaboration with ass. prof. Nauta M. (PI), project member, UMCG Psychiatry and Accare.
- 2001 *Somatic, psychological and social course in patients with recurrent depression.* Nationaal Fonds Geestelijke Volksgezondheid. In collaboration with prof. A. Schene and prof. Ph. Spinhoven.

Academic Prizes

- Fellowship: University of Amsterdam, **Institute for Advanced Study** (IAS), 2018 – present.
- Fellowship: American Psychological Association - International Union of Psychological Science Global Mental Health Fellowship with the **World Health Organization**, 2018 - present.
- Fellowship: **Netherlands Institute for Advanced Studies** in the Humanities and Social Sciences; NIAS fellowship (PI Bockting C.L.H., theme group, The Netherlands) 2017.
- Fellowship: **Beck Institute** International Scholarship Philadelphia, USA 2014-2016.
- Teacher of the year Clinical Neuropsychology (KNP, postgraduate RINO, Utrecht) 2016.
- Award for the best article of the year from the **Experimental PsychoPathology** school (EPP) 2005.
- A 'top article award' from the AMC, **Amsterdam Center for Health and Health Care Research** 2005.

PhD projects

Former PhD's

- Retha Arjadi (2013-2018; defense 13 December 2018). *The effectiveness of behavioural activation led by lay health counsellors for depression and the value of momentary assessment of mood as predictor for treatment response in The Netherlands and Indonesia.* (primary supervisor; 'eerste promotor').
- Nina Molenaar (2014-2018; PhD defence 21 November 2018). *Antidepressants in the Perinatal Period: challenging choices in current practice.* (in collaboration with Witte Hoogendijk, Erasmus MC, secondary supervisor; 'tweede promotor').
- Christien Slofstra (2012-2017; PhD defense 30 November 2017). *Moving onwards: Affective change, mental imagery, and depressive relapse* (primary supervisor; eerste promotor').
- Floor Bennebroek Evertsz (2009-2017; PhD defense 1 December 2017). *The effectiveness of cognitive behavioral therapy on the quality of life and anxiety and depression in patients with inflammatory bowel disease.* (part-time PhD, shared supervisor UvA/AMC; 'tweede promotor').
- Lonneke van Tuil (2012-2017; PhD defence 18 May 2017). *Self-esteem in depression and anxiety: low, unstable, and discrepant?* (shared supervisor with Prof. de Jong; 'tweede promotor', RuG).
- Tjitte Verbeek (2011-2016; MD/PhD, PhD defence 20 January 2016). *The effect of*

- psychological interventions in pregnant women on somatic outcomes in their offspring.* (shared supervisor with Prof. Berger; 'tweede promotor', UMCG).
- Judith Meijer (2009-2015; PhD defence 23 November 2015). *Depressive and anxiety symptoms during pregnancy and the effect of perinatal psychological interventions.* (primary supervisor; 'eerste promotor').
 - Gerard van Rijsbergen (2010-2014; PhD defence 18 December 2014). *How do you feel? Understanding the impact of emotion and cognition on course of depressive symptomatology.* (primary supervisor; 'eerste promotor').
 - Chantal Beijers (2011-2014; PhD defence 20 October 2014). *Why do pregnant woman (not) smoke and drink? The role of personality, stress and pregnancy related life events.* (shared supervisor; 'tweede promotor' RuG/UMCG).
 - Marielle Hendriksen (2007-2014; PhD defence 9 October 2014). *Pieces of a clinical puzzle: analyzing the alliance in psychodynamic psychotherapy for depression. Therapeutic technique, alliance, personality and therapist characteristics.* (shared supervisor VU; 'tweede promotor').
 - Gemma Kok (2009-2014; PhD defence 29 September 2014). *Under pressure: Pathways to relapse in depression, the role of stress and trauma.* (primary supervisor; 'eerste promotor').
 - Anja Lok (2008-2012; PhD defence 9 December 2013). *Time after time; biological factors in the course of recurrent depression.* (shared supervisor; 'tweede promotor', UvA/AMC).
 - Mascha ten Doesschate (2006-2009; PhD defence 18 November 2009). *Adherence, quality of life and risk factors in recurrent depression.* ('co-promotor').

Ongoing PhD's

- Suzanne Robberegt (September 2018 – December 2022). *StayFine: a personalized monitoring and intervention app to prevent relapse of anxiety and depressive disorders in youth and young adults.* (Parttime PhD, primary supervisor; 'eerste promotor').
- Josefien Breedvelt (September 2017-September 2021). *Preventing onset and recurrence in common mental health disorders.* (primary supervisor, 'eerste promotor' in collaboration with the Mental Health Foundation (London) and prof. Simon Gilbody, York University, UK).
- Zhongfang Fu (October 2016-October 2020). *The Effect of App-Based Cognitive Behavioural Therapy on Emotional Inertia among Chinese Depressive Adults: A Randomized Controlled Trial Study.* (primary supervisor 'eerste promotor').
- Nicola Klein (2013-2018; planned dissertation 21 March 2019). *Multi modal interventions for relapse prevention in depression and cost effectiveness* (parttime

PhD, primary supervisor; 'eerste promotor').

- Marlies Brouwer (2014-2018; planned dissertation 7 June 2019). Stop or go? Tapering antidepressants in pregnancy: a pragmatic multicenter RCT to investigate risk and benefits for mother and child. (primary supervisor; 'eerste promotor').
- Hermien Elgersma (2008-2018; planned dissertation December 2018). *Implicit and explicit self-association in depression*. (part-time PhD, primary supervisor; 'eerste promotor')
- Margo de Jonge (2011-2018; planned dissertation 2019). *Prevention of relapse and the effect of continuation cognitive therapy*. (parttime PhD, shared supervisor VU; 'tweede promotor').

Reviewing and other academic activities

2018 – current	Editorial board member of the journal: Clinical Psychology Europe.
2018 – current	Chair of safety board STRENGTHS Global Mental Health study in 8 countries, Horizon 2020 fund, Sijbrandi et al., 2018.
2018 – current	Advisory board NWO, Wetenschappelijk Adviescollege (WAC) domein Sociale- en Geesteswetenschappen (SGW).
2017 – current	Board member of the European Association for Clinical Psychology and psychological Treatment (EACLPT)
2017 – current	Co-editor of <i>European Psychologist</i>
2014 – current	Co-editor PLoS ONE
2016 – current	Technologies (ENJECT), COST Action TD1405 Trans-Domain Proposal Member of European Network for the Joint Evaluation of Connected Health Technologies (ENJECT), COST Action TD1405 Trans-Domain Proposal
2013 – 2015	Board member committee advice ministry of health and united insurance companies for the association of health-, and clinical psychologists and CBT association (NKGZP and VGCT)
2008 – current	Co-developer of the national multidisciplinary guideline committee on diagnoses and treatment of Depression and Anxiety and 'zorgstandaard Depressie' (Trimbos)
2007 – current	Reviewer of grant applications: NWO open round MAGW, Swiss, Israel, Belgium, Canada, Germany, UK, EU Horizon.
2007 – 2017	President/board of the affective disorders board of the Dutch Association of Behaviour & Cognitive Therapies
2006 – current	Initiator Special Interest Group depression (SIG of the European Association of Behavioural and Cognitive Therapy; EABCT)
2005 – current	Reviewer of JAMA, American Journal of Psychiatry, Journal of Consulting and

	Clinical Psychology, Psychotherapy and Psychosomatics, Journal of Affective disorders
2008 – 2015	Member of education committee of the Dutch/Flemish research school EPP
2011 – 2012	Member of visitation committee of national postdoctoral Clinical Psychologist education (KP opleiding)
2006 – 2012	Editor in chief of treatment books for therapists (Bohn Stafleu van Loghum)

Teaching

I am an enthusiastic and dedicated teacher since 2000 (BKO). I teach since 2016 in a cross disciplinary international research master: Global Mental Health (UMC). I have experience with curriculum development at all levels, in medicine, psychiatry, psychology and clinical psychology, i.e. undergraduate 'Bachelor theses', 'Psychopathology and phenomenology', 'Introduction to CBT', 'Diagnostic skills' 'Evidence based treatment'), graduate ('Affective disorders', Capita Selecta psychological interventions and working mechanisms', supervision of internships and master theses, research master courses), PhD program (organisation education committee since 2007 of the research school EPP and 'Conducting RCT's') and post-doctoral clinical program (in charge of treatment curriculum for the 'GZ opleiding' for 8 years until 2014). I coordinated bachelor courses and several master courses, including 'Introduction to CBT', I supervised master theses, internships and clinicians ('GZ, PT, KP, CGT'). I also taught in postdoctoral clinical intervention courses for psychiatrist trainees, GZ- and KP psychologists. I received with colleagues a teaching innovation award (NWO, RuG, 2013-2015) to develop blended learning for the development and skills training of e-health interventions and initiated and co-developed at the department of Clinical Psychology the international Clinical Master (as part of innovation of teaching award Utrecht university).

Publications in international refereed journals

In press

De Jonge, M., **Bockting, C.L.H.**, Kikkert, M.J., van Dijk, M.K., van Schaik, D.J.F., Peen, J., Hollon, S.D. & Dekker, J.J.M. (2019). Preventive Cognitive Therapy versus Care as Usual in Cognitive Behavioral Therapy Responders: A Randomized Controlled Trial. *Journal of Consulting and Clinical Psychology*, in press.

2019

Elgersma, H.J., Koster, E.H.W., Vugteveen, J., Hoekzema, A., Penninx, B.W.J.H., **Bockting, C.L.H.** & de Jong, P.J. (2019). Predictive value of attentional bias for the recurrence of

depression: A 4-year prospective study in remitted depressed individuals. *Behaviour Research and Therapy*, 11, 25-34. doi: 10.1016/j.brat.2019.01.001. [Epub ahead of print]

Klein, N.S., Wijnen, B.F.M., Lokkerbol, J., Buskens, E., Elgersma, H.J., van Rijsbergen, van G.D., Slofstra, C., Ormel, J., Dekker, J., Jong, de P.J., Nolen, W.A., Schene, A.H., Hollon, S.D., Burger, H. & **Bockting, C.L.H.** (2019). Cost-effectiveness, cost-utility, and budget impact of antidepressants versus preventive cognitive therapy with or without tapering antidepressants. *British Journal Psychiatry, Open*. doi: 10.1192/bjo.2018.81

2018

Biesheuvel-Leliefeld, K., Bosmans, J. E., Dijkstra-Kersten, S., Smit, F., **Bockting, C.**, van Schaik, D., van Marwijk, H., ... van der Horst, H. E. (2018). A supported self-help for recurrent depression in primary care; An economic evaluation alongside a multi-center randomised controlled trial. *PloS one*, 13(12), e0208570.

doi:10.1371/journal.pone.0208570

Breedvelt, J.J.F., Zamperoni, V., Kessler, D., Riper, H., Kleiboer, A.M., Elliott, I., Abel, K.M., Gilbody, S., & **Bockting, C.L.H.** (2018). Attitudes of GPs toward digital technologies for depression in primary care. *The British Journal of General Practice*. doi: 10.3399/bjgp18X700721. [Epub ahead of print]

Siegle, G. J., Cramer, A. O. J., van Eck, N. J., Spinhoven, P., Hollon, S. D., Ormel, J., Strege, M., **Bockting, C. L. H.** Where are the breaks in translation from theory to clinical practice (and back) in addressing depression? An empirical graph-theoretic approach. *Psychological Medicine*, 1-11. doi: 10.1017/S003329171800363X. [Epub ahead of print]

Breedvelt, J.J.F., Rowe S., Bowden-Jones, H., Shridhar, S., Lovett, K., **Bockting, C. L. H.**, Lingford-Hughes, A., Strathdee, G. & Tracy, D. K. (2018). Unleashing talent in mental health sciences: gender equality at the top. *British Journal of Psychiatry*, 216, 679-681. doi: 10.1192/bjp.2018.249.

Klein, N. S., **Bockting, C. L. H.**, Wijnen, B., Kok, G. D., van Valen, E., Riper, H., Cuijpers, P., Dekker, J., van der Heiden, C., Burger, H. & Smit F. (2018). Economic Evaluation of an Internet-Based Preventive Cognitive Therapy With Minimal Therapist Support for Recurrent Depression: Randomized Controlled Trial. *Journal of Medical Internet Research*, 20(11):e10437. doi: 10.2196/10437

Massoudi, B., Holvast, F., **Bockting, C. L. H.**, Burger, H. & Blanker, M. H. The effectiveness and cost-effectiveness of e-health interventions for depression and anxiety in primary care: A systematic review and meta-analysis. *Journal of Affective Disorders*, 245, 728-743. doi: 10.1016/j.jad.2018.11.050 [epub ahead of print].

Brouwer, M. E., Williams, A. D., Grinsven, van S. E., Cuijpers, P., Lambregtse-van den Berg, M. P., Burger, H. & **Bockting, C. L. H.** (2018). Offspring outcomes after prenatal

- interventions for common mental disorders: a meta-analysis. *BMC Medicine*, 16, 208. doi: 10.1186/s12916-018-1192-6.
- ter Horst, D.M., Schene, A.H., Figueroa, C.A., Assies, J., Lok, A., **Bockting, C.L.H.**, Ruhé, H.G. & Mocking, R.J.T. Cortisol, dehydroepiandrosterone sulfate, fatty acids, and their relation in recurrent depression. *Psychoneuroendocrinology*, 100, 203 – 212. [epub ahead of print]. doi: 10.1016/j.psyneuen.2018.10.012.
- de Jonge, M., **Bockting, C.L.H.**, van Oppen, P., van H.L., Peen, J., Kikkert, M.J. & Dekker, J.J.M. (2018). The association between the number of previous episodes and modifiable vulnerability factors in remitted patients with recurrent depression. *PLoS ONE*, 13(11), e0206495. doi: 10.1371/journal.pone.0206495.
- Elgersma, H.J., Koster, E.H.W., van Tuijl, L.A., Hoekzema, A., Penninx, B.W.J.H., **Bockting, C.L.H.** & Jong, de P.J. (2018) Attentional bias for negative, positive, and threat words in current and remitted depression. *PLoS ONE* 13(10), e0205154. doi: 10.1371/journal.pone.0205154
- Verbeek, T., Quittner, L., de Cock, P., de Groot, N., **Bockting, C.L.H.** & Burger, H. Personality Traits Predict Meeting the WHO Recommendation of 6 Months' Breastfeeding: A Prospective General Population Cohort Study. *Advances in Neonatal Care*, 1 – 9. [epub ahead of print]. doi: 10.1097/ANC.0000000000000547
- Molenaar, N.M., Tiemeier, H., van Rossum, E.F.C., Hillegers, M.H.J., **Bockting, C.L.H.**, Hoogendijk, W.J.G., van den Akker, E.L., Lambregtse-van den Berg, M.P. & El Marroun H. (2019). Prenatal maternal psychopathology and stress and offspring HPA axis function at 6 years. *Psychoneuroendocrinology*, 120 – 127. [epub ahead of print]. doi: 10.1016/j.psyneuen.2018.09.003
- Brouwer, M.E., Williams, A.D., Forand, N.R., DeRubeis, R.J., & **Bockting, C.L.H.** (2019). Dysfunctional attitudes or extreme response style as predictors of depressive relapse and recurrence after mobile cognitive therapy for recurrent depression. *Journal of Affective Disorders*, 48-54. [epub ahead of print]. doi: 10.1016/j.jad.2018.09.002.
- Meeuwissen, J.A.C., Feenstra, T.L., Smit, F., Blankers, M., Spijker, J., **Bockting, C.L.H.**, van Balkom A.J.L.M. & Buskens, E. The cost-utility of stepped-care algorithms according to depression guideline recommendations – Results of a state-transition model analysis. *Journal of Affective Disorders*, 244-254. [epub ahead of print]. doi: 10.1016/j.jad.2018.08.024.
- Arjadi, R. , Nauta, M. H., Suryani, A. O., & **Bockting, C. L. H.** (2018). Guided Act and Feel Indonesia – Internet-Based Behavioral Activation Intervention for Depression in Indonesia: A Systematic Cultural Adaptation. *Makara Human Behavior Studies in Asia*, 22 (1), 3 – 11. doi: 10.7454/hubs.asia.2050418
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Verbeek, I., & van de Laar, M. W. J. (2009). Behandeling van langdurige slapeloosheid. In **C. L. H. Bockting**, W. Schouten, M. C. ten Doesschate & C. van Nieuwenhuizen (Eds.), *Protocollen in de GGZ*. Houten: Bohn Stafleu van Loghum.

Verbeek, I., & van de Laar, M. W. J. (2009). Verbeter je slaap. In **C. L. H. Bockting**, W. Schouten, M. C. ten Doesschate & C. van Nieuwenhuizen (Eds.), *Protocollen in de GGZ*. Houten: Bohn Stafleu van Loghum.

Publications in national journals

2016

Kok, G.D. & **Bockting, C. L. H.** (2016). Terugvalpreventie met E-health. *De Psycholoog*.

Van Rijsbergen, G. & **Bockting, C. L. H.** (2016). Cognitieve reactiviteit bij recidiverende depressie: veranderbare kwetsbaarheid? – Een stand van zaken. *Tijdschrift voor gedragstherapie en cognitieve therapie*, 49, 358-369.

2013

Bockting, C. L. H. (2013). Bezuinigen in GGZ kan, maar met verstand. Sociale vraagstukken, online tijdschrift. Wetenschappers en professionals over maatschappelijke kwesties. <https://www.socialevraagstukken.nl/bezuinigen-in-de-ggz-maar-wel-met-verstand/>

2012

Bockting, C. L. H. (2012). Depressie in de DSM-5. *Psychopraktijk*, 4, 29. doi:10.1007/s13170-012-0072-6

2011

Elgersma, H. J., **Bockting, C. L. H.**, & Kok, G. D. (2011). Terugvalpreventie bij depressie. *Huisarts & Wetenschap*, 54, 65-67. doi:10.1007/s12445-011-0040-0

Kok, G. D., van Rijsbergen, G. D., Elgersma, H. J., & **Bockting, C. L. H.** (2011). Huidige behandeling depressie is weggegooid geld. *Psychologie en Gezondheid*, 39, 26-31.

2010

Bockting, C. L. H., Boerema, I., & Hermens, M. (2010). Multidisciplinaire Richtlijn voor de diagnostiek, behandeling en begeleiding van volwassen patiënten met een depressieve stoornis. *GZ Psychologie*, 1, 40-43.

Bockting C. L. H. (2010). Stemmingsstoornissen [Special issue]. *Tijdschrift voor Gedragstherapie*,

1.

Meijer J., **Bockting, C. L. H.**, Oosterink, A., & Burger, H. (2010). Zwanger en angstig of depressief, wat nu? *Tijdschrift voor Gedragstherapie*, 1, 5-15.

Bockting, C. L. H., & Oosterink, A. (2010). Preventie van terugval bij recidiverende depressie met cognitieve therapie. *Tijdschrift voor Gedragstherapie*, 1, 35-59.

2009

Baas, K. D., Wittkamp, K. A., van Weert, H. C., Lucassen, P., Huyser, J., van den Hoogen, H., van de Lisdonk, E., Bindels, P., **Bockting, C. L. H.**, Ruhé, E., & Schene, A. H. (2009). Screening op depressie in hoogrisicogroepen levert te weinig op. *Huisarts & Wetenschap*, 52, 269-74. doi:10.1007/bf03085639

2008

Doornbos, B., de Jonge, P., & **Bockting, C. L. H.** (2008). Selectieve Publicatie van Antidepressiva Trials en de Invloed op Schijnbare Effectiviteit: Gevolgen voor Richtlijnen? *Nederlands Tijdschrift voor Geneeskunde*, 25, 1406-1408.

International presentations

2019

Bockting, C. L. H. (2019, January 24). Moving beyond simplification: embracing the complexity of mental health. Invited Keynote. eMEN London conference: Prevention with digital technologies: expanding the possibilities for better mental health. London, UK.

2018

Bockting, C. L. H. (2018, November 18). Good for the Baby? Effects of CBT on Mother and Child During Pregnancy. Symposium session: Innovative Interventions for Perinatal Mood Disorders: Developing and Evaluating Strategies to Improve Maternal and Child Outcomes. Association for behavioural and cognitive therapies (ABCT), 52nd annual convention. Washington D.C., USA.

Bockting, C.L.H. (2018, November 17). Paneldiscussion Special Interest Group neuroscience and psychotherapy. Association for behavioural and cognitive therapies (ABCT), 52nd annual convention. Washington D.C., USA.

Bockting, C. L. H. (2018, November 2). On sustainability of psychological interventions. Key presentation. Inaugural meeting of the European Association of Clinical Psychology and Psychological Treatment (EACLIPT). Linköping, Sweden

- Bockting, C. L. H.** (2018, September 14). Oversimplification or too complex? Oral. Psychological Networks & Time Series Models: Improving the analyses of complex clinical data meeting. Groningen, the Netherlands.
- Bockting, C. L. H.** (2018, September 12). Potential of internet-based interventions in low and middle income countries. Oral. WHO, Geneva, Swiss.
- Bockting, C. L. H.** (2018, June 12). Preventive cognitive therapy compared to medication for relapse prevention in depression. (DRD study): a three arm randomised controlled trial. Oral. ICM, Amsterdam, the Netherlands.
- Bockting, C. L. H.** (2018, June 30). Preventive Cognitive Therapy compared to medication for relapse prevention in depression (DRD study): a three-arm randomised controlled trial. Oral. 49th Annual International Meeting Society for psychotherapy research.
- Bockting, C. L. H.** (2018, June 27). Sustainable psychological interventions for depression. Oral. London Mental Health foundation.
- Bockting, C. L. H.** (2018, June 9). World Congress of Psychotherapy (Amsterdam) – When do we need psychotherapy to prevent relapse or recurrence and when do we need antidepressants? Results of a three-arm randomised controlled trial (invited symposium).
- Bockting, C. L. H.** (2018, March 16) *Whom, for what, and with what, The complexity of mental health?* 'The Lancet Psychiatry Commission on psychological treatments research in tomorrow's science': Seeing Futher. Conference Karolinska Institute Stockholm. Keynote.

2017

- Bockting, C. L. H.** (2017, 22th of September) *Are individual affective changes in treated patients clinically meaningful?*, 4th Joint Conference SPR UK & European Chapters, Oxford, United Kingdom.
- Bockting, C. L. H.** (2017, 12th of July) *Concluding remarks: towards patient proof theories for depression and clinical implications*, 15th European Congress of Psychology, Amsterdam, The Netherlands.
- Bockting, C. L. H.** (2017, 12th of July) *My optimism wears heavy boots: So much research, so few implications, towards more effective interventions in mental health*, 15th European Congress of Psychology, Amsterdam, The Netherlands.
- Bockting, C. L. H.** (2017, 12th of July) *What does evidence tell us about our leading etiological theories of depression?* 15th European Congress of Psychology, Amsterdam, The Netherlands.
- Bockting, C. L. H.** (2017, 13th of July) *Off the hook: relapse prevention using psychological interventions for depression and its implications for other common mental health disorders*. Keynote at the 15th European Congress of Psychology, Amsterdam, The

Netherlands.

2016

- Bockting, C. L. H.** (2016, 29th of September) *Treatment of Depression and Anxiety in Pregnancy: Outcomes for Mother and Child*. Association for Behavioral and Cognitive Therapies (ABCT) Conference, New York, United States.
- Bockting, C. L. H.** (2016, 29th of September) *Is Pregnancy the Best Timing for CBT? Effects of CBT on Mother and Child During Pregnancy as Studied in a Randomized Controlled Trial: The Promises Study*. Association for Behavioral and Cognitive Therapies (ABCT) Conference, New York, United States.
- Bockting, C. L. H.** (2016, 29th of September) *Disrupting the Rhythm of Depression Using Mobile Online Cognitive Therapy for Recurrent Depression*. Association for Behavioral and Cognitive Therapies (ABCT) Conference, New York, United States.
- Bockting, C. L. H.** (2016, 20th of September) *Chronicity in depression: long term effects of psychological interventions and antidepressants*. 29th European College of Neuropsychopharmacology (ECNP), Vienna, Austria
- Bockting, C. L. H.** (2016, 2nd of September). *A lifetime approach to major depressive disorder: The contributions of psychological interventions in preventing relapse and recurrence*. The 46th European Association of Behavioural and Cognitive Therapies Congress (EABCT), Stockholm, Sweden.
- Kok, G. & **Bockting, C. L. H.** (2016, 2nd of September). *Disrupting the rhythm of depression: prevention of relapse in depression with Mobile Cognitive Therapy*. The 46th European Association of Behavioural and Cognitive Therapies Congress (EABCT), Stockholm, Sweden.
- Klein, N. & **Bockting, C. L. H.** (2016, 2nd of September). *Do daily fluctuations in emotions predict the course of tapering antidepressants?* The 46th European Association of Behavioural and Cognitive Therapies Congress (EABCT), Stockholm, Sweden.
- Slofstra, C. & **Bockting, C. L. H.** (2016, 2nd of September). *Mental Imagery: a vulnerability in recurrent depression?* The 46th European Association of Behavioural and Cognitive Therapies Congress (EABCT), Stockholm, Sweden.
- Bockting, C. L. H.** (2016, 1st of September). *Meet the expert; Relapse prevention of depression*. 46th European Association of Behavioural and Cognitive Therapies Congress (EABCT), Stockholm, Sweden.
- Bockting, C. L. H.** (2016, 16th of July). *Simply do it! Behavioral activation for affective disorders*. Biennial conference of the International Society for Affective Disorders, Amsterdam.
- Bockting, C. L. H.** (2016, 24th of June). *The potential of minimal interventions in low and middle income countries for common mental health disorders*. Witwatersrand University, Johannesburg/Groblersdal, South Africa.

Bockting, C. L. H. (2016, 14th of March). *Chronicity in depression: Psychotherapeutic approaches*. Keynote at 24th European Congress of Psychiatry, Madrid, Spain.

Bockting, C. L. H. (2016, 14th of March). *Beating co-morbidity using mobile interventions: Depression in HIV in rural and urban South Africa*. Utrecht University, Utrecht, The Netherlands.

2015

Williams, A. & **Bockting, C. L. H.** (2015, September). *Image analysis for clinical psychology: Exploiting images and technology to improve mental disorders*. Keynote at 16th International Conference on Computer Analysis of Images and Patterns (invited talk). Malta, Greece.

Bockting, C. L. H. (2015, May). *Research methods in clinical psychology and global mental health*. Keynote at Tarumanagara University (invited talk), Jakarta, Indonesia.

Verbeek, T., **Bockting, C. L. H.**, Beijers, C., Meijer, J. L., van Pampus, M., & Burger, H. (2015, March). *Low socio-economic position increases the adverse effect of negative life events on anxiety and depression during pregnancy*. Paper presented at 23th European Congress of Psychiatry, Vienna, Austria.

Verbeek, T., **Bockting, C. L. H.**, Meijer, J. L., Burger, H., & van Pampus, M. (2015, March). *Psychological treatment of antenatal depression and anxiety: Effects on obstetric outcomes*. Paper presented at 23th European Congress of Psychiatry. Austria, Vienna.

2014

Bockting, C. L. H. (2014, September). *Are we winners and/or losers? Long term effects of CBT and advances in treatment in depression and relapse prevention*. Keynote at European Association Behavioral Cognitive Therapy (EABCT), The Hague, The Netherlands.

Bockting, C. L. H. (2014, September). *Third generation CBT: A curse or a blessing?* Expert panel, Round Table - at European Association Behavioral Cognitive Therapy (EABCT), The Hague, The Netherlands.

Bockting, C. L. H. (2014, March). *I feel good: Mechanisms underlying relapse in depression and its implication for treatment Utrecht*. Keynote at National EPP day, Utrecht, The Netherlands.

2013

Bockting, C. L. H. (2013, December). *Niets zal mij helpen: De effectiviteit en duurzaamheid van cognitieve therapie voor depressie en de revival van gedragsactivatie*. Keynote at National CBT association, Antwerpen, Belgium.

Bockting, C. L. H. (2013, September). *Current treatment of depression and innovative*

interventions in depression-kick-off meeting special interest group 'depression'. Panel discussion at European Association for Behavioural and Cognitive Therapies Congress, Marrakech, Morocco.

Bockting, C. L. H. (2013, September). Differential predictors of outcome to cognitive therapy in depression. Paper presented at European Association for Behavioural and Cognitive Therapies Congress, Marrakech, Morocco.

Bockting, C. L. H. (2013, March). Psychological interventions in the antenatal phase. Keynote at Department of Mood disorders at University of Exeter (invited talk), Exeter, United Kingdom.

Bockting, C. L. H., Burger, H., Spinhoven, P., Koeter, M., Ruhé, H., Hollon, S., & Schene, A.H. (2013, September). Cognitive reactivity: Predictor of relapse and potential working mechanism of Preventive CT? Paper presented at European Association for Behavioural and Cognitive Therapies Congress, Marrakech, Morocco.

Holmes, E.A., Nauta, M., & **Bockting, C. L. H.** (2013, September). The effects of neutral, regular, and positive rescripting on aversive autobiographical memories and their associated emotions. Paper presented at European Association for Behavioural and Cognitive Therapies Congress, Marrakech, Morocco.

Holmes, E.A., Nauta, M., & **Bockting, C. L. H.** (2013, September). Work on your imagination: Imagery Rescripting as intervention. Paper presented at European Association for Behavioural and Cognitive Therapies Congress, Marrakech, Morocco.

Kok, G. D., & **Bockting, C. L. H.** (2013, September). Bull's eye? Effectiveness, predictors of relapse, and mechanisms of change in psychotherapy for depression. Paper presented at 43rd Annual Congress European Association for Behavioural and Cognitive Therapies, Marrakech, Morocco.

Van Rijsbergen, G., Elgersma, H., Burger, H., Smit, F., Cuijpers, P., Riper, H., van Valen, E., van Marwijk, H., Dekker, J., & **Bockting, C. L. H.** (2013, September). Potential pathways to relapse in depression: the role of childhood adversity and later life stress. Paper presented at European Association for Behavioural and Cognitive Therapies Congress, Marrakech, Morocco.

2012

Bockting, C. L. H. (2012, May). *Disrupting the rhythm of depression using mobile Internet cognitive therapy*. Keynote at EU expert meeting on internet-based interventions in depression (invited talk), Lüneburg, Germany.

2011

Bockting, C. L. H. (2011) *Depression, etiology and interventions*. University of Zürich (invited talk), Zürich, Swiss.

Bockting, C. L. H. (2011, September). *The role of axis II disorders in prognosis and response to CBT in recurrent depression*. Paper presented at European Conference for Behavioral and Cognitive Therapy, Reykjavick, Iceland.

Bockting, C. L. H., Elgersma, H., Kok, G.D., & van Rijsbergen, G. (2011, September). *Preventing relapse and recurrence using face to face CT or mobile CT? Three randomized controlled trials*. Paper presented at European Conference for Behavioral and Cognitive Therapy, Reykjavick, Iceland.

Hollon, S. & **Bockting, C. L. H.** (2011, September). *Is cognitive behavior therapy the optimal firstline treatment for depression?* Keynote at European Conference for Behavioral and Cognitive Therapy, Reykjavick, Iceland.

Kok, G.D. & **Bockting, C. L. H.** (2011, June). *Technology-based service innovations for the treatment of depression: Mobile Cognitive Therapy*. Paper presented at International Meeting of Society for Psychotherapy Research, Bern, Switzerland.

2010

Grosse Holtforth, M., **Bockting, C. L. H.**, DeRubeis, R., Dobson, K. S., Hayes, A. M., & Strauman (2010, June). *Getting beyond the glass is half full or half empty in the treatment of depression: Join forces to work on the half empty glass*. Panel discussion at World Conference for Behavioral and Cognitive Therapy, Boston, USA.

Bockting, C. L. H. (2010, June). *Disrupting the Rhythm of Depression: Prevention of Relapse in Depression Using a Brief Cognitive Group Therapy*. Paper presented at World Conference for Behavioral and Cognitive Therapy, Boston, USA.

Bockting, C. L. H., Spinhoven, P., Koeter, M. W. J., Wouters, L. F. & Schene, A. H. (2010, June). *What works for whom in preventing relapse in recurrent depression using cognitive therapy?* Paper presented at World Conference for Behavioral and Cognitive Therapy, Boston, USA.

Bockting, C. L. H., Hayes, A. M., Hautzinger, M., Segal, Z., Koenig, A. M. & Grosse Holtforth, M. (2010, June). *Acute Treatment of Depression and Long-Term Effects: What Works for Whom and New Developments*. Paper presented at World Conference for Behavioral and Cognitive Therapy, Boston, USA.

2009

Bockting, C. L. H. (2009, May). *How well do we treat MDD?* Paper presented at American Psychiatric Association conference, San Francisco, USA.

2008

Bockting, C. L. H. (2008). *Reducing relapse/recurrence in depression: Preventing CT and risk factors for relapse/recurrence*. Paper presented at American Behavioral and

Cognitive Therapy conference, Orlando, USA.

Assies, J. Lok, A., Koeter, M. W. J., **Bockting, C. L. H.**, Visser, I., & Duran, M. (2008, March). *Fatty acids in recurrent depression*. Paper presented at ISAD 4th Biennial Conference, Cape Town, South Africa.

Lok, A., Assies, J., Koeter, M. W., **Bockting, C. L. H.**, Visser, I., & Moeton, M. (2008, March). *Interaction of methylenetetrahydrofolate reductase (MTHFR) C677T polymorphism and folic acid levels in recurrent depression*. Paper presented at ISAD 4th Biennial Conference, Cape Town, South Africa.

Lok, A., Visscher, T. L., Koeter, M. W., Assies, J., **Bockting, C. L. H.**, Verschuren, W. M., & Schene, A. H. (2008, March). *The 'weight' of recurrent depression: A comparison between recurrent depressed individuals and the Dutch population*. Paper presented at ISAD 4th Biennial Conference, Cape Town, South Africa.

Visser, I., Assies, J., Lok, A., **Bockting, C. L. H.**, Nicolson, N., & Schene, A. H. (2008, March). *Salivary cortisol and dehydroepiandrosterone-sulfate (DHEA-S) in recurrent major depression: Comparison with matched healthy controls*. Paper presented at ISAD 4th Biennial Conference, Cape Town, South Africa.

2007

Bockting, C. L. H. (2007, July). *Preventing relapse using diverse combinations with new forms of cognitive therapy in remitted recurrently depressed patients*. Paper presented at World Conference Cognitive Behavioral Therapy (WCBT), Barcelona, Spain.

2004

Bockting, C. L. H., Schene, A. H., Spinhoven, P., Koeter, M. W. J., Wouters, L. F., Huyser, J., Kamphuis, J., & the DELTA study group (2004, November). *Preventing relapse/recurrence in recurrent depression with cognitive therapy*. Paper presented at World Psychiatric Association International Congress, Florence, Italy.

Assies, J., Lok A., **Bockting, C. L. H.**, Weverling, G. J., Lieveise, R., Visser, I., Abeling, N. G. G. M., Duran M., & Schene A. H. (2004). *Fatty acids and homocysteine levels in patients with recurrent depression: An explorative pilot study*. *Prostaglandins, Leukotrienes and Essential Fatty Acids*, 70, 349-356. doi:10.1016/j.plefa.2003.12.009

2002

Bockting, C. L. H. (2002, September). *Diathesis-stress and scarr-hypotheses of depression; Dysfunctional attitudes and depressive relapse*. Paper presented at European Association Behavioral Cognitive Therapy (EABCT), Maastricht, The Netherlands.

National presentations

2019

Bockting, C. L. H. (2019, January 10). E-health voor Global Mental Health. Clingendael Global Health Initiative meeting: De rol van Global Health in Zorg en Gezondheid. The Hague, the Netherlands.

2018

Bockting, C. L. H. (2018, November 22). Back to the drawing board: understanding onset and maintenance of depression using a complexity approach. Amsterdam Public Health (APH) Annual Meeting 2018, Amsterdam, the Netherlands.

Bockting, C. L. H. (2018, November 22). Back to the drawing board: understanding onset and maintenance of depression using a complexity approach. Amsterdam Public Health (APH) Annual Meeting 2018, Amsterdam, the Netherlands.

Bockting, C.L.H. (2018, November 8). Preventieve cognitieve therapie. Kennisbijeenkomst GGZ Delfland, Delft, the Netherlands.

Bockting, C.L.H. (2018, October 4). Depressie: waarom we ons er druk over moeten maken en wat we eraan kunnen doen. Congres stemmingsproblematiek, Zwolle, the Netherlands.

Bockting, C. L. H. (2018, June 15th). Therapiewinst, de waarde van psychologische behandeling. Over de behandeling van depressieve en terugvalpreventie. Boekpresentatie 'Thrive: The power of Psychological Therapy' van Richard Layard & David M. Clark.

Bockting, C. L. H. (2018, June 6th). Dokter, kan het ook zonder en kan het beter? Afbouwen of continuatie van onderhoudsantidepressiva ter preventie van terugval bij depressie. Lezing. Wetenschapsdag NHG.

Bockting, C. L. H. (2018, April 12th). De DRD studie: Kan het ook zonder? Antidepressiva en Preventieve Cognitieve Therapie om terugval te voorkomen bij depressie. Poster. Voorjaarscongres Nederlandse Vereniging voor Psychiaters (NVvP).

Bockting, C. L. H. (2018, March 2nd). Towards sustainable interventions for depression: do psychological interventions make sense? Keynote speaker. University of Utrecht.

2017

Bockting, C. L. H. (2017, November). Lezing terugvalpreventie. *APH Mental Health, Vrije Universiteit Amsterdam.*

Bockting, C. L. H. (2017, August 29th). *Preventie van terugval met psychologische interventies en/of antidepressiva bij depressie.* Benecke Summerschool 2017, Amsterdam.

Bockting, C.L.H. (2017, June 14th). The global burden of mental health disorders and the potential of psychological mhealth and internet-based interventions in low resources settings at "Global Health & Tropical Medicine Course. UMC Utrecht.

Bockting, C. L. H. (2017, January 13th). *State of the art and beyond in relapse prevention*. Radboud UMC, Nijmegen.

2016

Bockting, C. L. H. (2016, March). *Psychische stoornissen en klachten tijdens de zwangerschap: moeten we daar wat aan doen?* Presentation at "Zwangerschap en mental health" meeting, Ede, The Netherlands.

2015

Bockting, C. L. H. (2015, October). *Innovatieve technologie voor de behandeling van depressie*. Keynote at VU/Arkin (invited talk), Amsterdam, The Netherlands.

Bockting, C. L. H. (2015, June). *e/mHealth: en hoe zit het met de kwaliteit? De toekomst van onderzoek naar validatie voor eMentalhealth producten*. GGZ Nederland en Kennisplatform Inpreze, Amersfoort, The Netherlands

Bockting, C. L. H. (2015, May) *My optimism wears heavy boots: Towards empirically driven tailored interventions, illustrated by depression research*. Utrecht, The Netherlands.

2014

Bockting, C. L. H. (2014, November). *Tussen dip en droom: Als de blaadjes van de bomen vallen*. Public lecture at Studium Generale, Enschede, The Netherlands.

Bockting, C. L. H. (2014, September). *Depressie in de eerste lijn en zelfhulp*. Keynote at Dag van de CGT (EABCT), The Hague, The Netherlands.

2013

Bockting, C. L. H. (2013, November). *Bij mij heeft het toch geen zin: De kracht van psychotherapie bij depressie*. Keynote Professor Boeke psychotherapy lecture, Groningen, The Netherlands.

Bockting, C. L. H. (2013, April). *'Het zijn mijn genen, CGT heeft bij mij geen zin': Therapiegenetica bij CGT*. Presentation at Voorjaarscongres Nederlandse Vereniging van Psychiatrie 'Diegenen omgeven', Maastricht, The Netherlands.

Bockting, C. L. H. (2013, April). *De lange termijn effecten van cognitieve therapie en antidepressiva bij depressie in geval van persoonlijkheidsproblematiek*. Paper presented at Voorjaarscongres Nederlandse Vereniging van Psychiatrie 'Diegenen omgeven', Maastricht, The Netherlands.

Elgersma, H. J., & **Bockting, C. L. H.** (2013, April). *Laat een depressie sporen na? Verborgene littekenvorming bij depressie*. Paper presented at Voorjaarscongres Nederlandse Vereniging van Psychiatrie 'Diegenen omgeven', Maastricht, The Netherlands.

Kok, G. D., & **Bockting, C. L. H.** (2013, April). *Verhoogt de aanwezigheid van chronische comorbide medische ziekten de kans op depressieve terugval?* Paper presented at Voorjaarscongres Nederlandse Vereniging van Psychiatrie 'Diegenen omgeven', Maastricht, The Netherlands.

Van Rijsbergen, G. D., & **Bockting, C. L. H.** (2013, April). *Cognitieve reactiviteit bij terugkerende depressie, vooral emoties doen ertoe*. Paper presented at Voorjaarscongres Nederlandse Vereniging van Psychiatrie 'Diegenen omgeven', Maastricht, The Netherlands.

2012

Bockting, C. L. H. (2012, November). *Exposure-based cognitieve gedragstherapie bij chronische depressie*. Presentation at Najaarscongres VGCT, Veldhoven, The Netherlands.

Kok, G. D., & **Bockting, C. L. H.** (2012, November). *Zijn het mijn schema's, mijn verborgen associaties of mijn genen? Wat is er mis bij depressie en nieuwe toepassingen van CGT*. Paper presented at Najaarscongres VGCT, Veldhoven, The Netherlands.

2011

Kok, G.D. & **Bockting, C. L. H.** (2011, April). *Doorbreek het ritme van depressie: Nieuwe psychologische behandelmethoden tegen terugval*. Paper presented at Voorjaarscongres Nederlandse Vereniging van Psychiatrie 'Kennis verplicht', Amsterdam, The Netherlands.

2006

Bockting, C. L. H. (2006, April). *Preventing relapse in recurrent depression using cognitive therapy*. Paper presented at Symposium 'Psychological processes and treatment of depression', Radboud University, Nijmegen, The Netherlands.

2004

Bockting, C. L. H. (2004, November). *Preventing relapse/recurrence in recurrent depression using cognitive group therapy: A randomized trial*. Paper presented at Symposium Rob Giel Onderzoekcentrum, Groningen, The Netherlands.

2002

Bockting, C. L. H. (2002, June). *De preventie bij terugval bij recidief depressies; effectiviteit van een cognitieve preventieve groepsmodule*. Paper presented at Onderzoeksdagen Psychiatrie, Zandvoort, The Netherlands.

Workshops

2018

Bockting, C. L. H. (2018, June 21st). *Depressie en terugvalpreventie*. Preventieve Cognitieve Training. Indigo, Arnhem.

Bockting, C. L. H. en Lok, A. (2018, April, 13th). *Van de kliniek naar onderzoek en weer terug: een toolkit om afbouw of continuatie van antidepressiva te begeleiden*. Workshop at NVvP Voorjaarscongres.

2017

Bockting, C. L. H. en Van Valen, E. (2017, November). *Preventie van terugval, hoe dan? Preventieve cognitieve therapie om terugval te voorkomen bij depressie*. Workshop at VGCT Najaarscongres.

Bockting, C. L. H. (2017, January). *Preventieve cognitieve therapie*. Workshop at UMC Maastricht, Maastricht, The Netherlands.

2016

Bockting, C. L. H. (2016, March). *De psychologische behandeling van depressie en comorbiditeit met angst tijdens de zwangerschap*. Workshop at Zwangerschap en Mental Health meeting, Ede, The Netherlands.

Bockting, C. L. H. (2016, February). *CGT bij depressie*. Workshop at Groningen University for research project "Neurocognitive working mechanisms of preventing relapse in depression: An fMRI and pupillometry-study (NEW-PRIDE)". Groningen, The Netherlands.

2015

Bockting, C. L. H. (2015, September). *Cognitieve Gedragstherapie bij depressie*. Workshop at Ghent University for research project "Differential Efficacy of Supportive-Expressive and Cognitive Behavioral Interventions in Dependent and Self-critical Depressive Patients: A Randomized Controlled Trial." Ghent, Belgium.

2014

Bockting, C. L. H. (2014, September). *Simply do it! Basics and beyond of behavioral activation for depression*. Workshop at European Association Behavioral Cognitive Therapy (EABCT), The Hague, The Netherlands.

2012

Bockting, C. L. H. (2012, November). *Treatment of chronicity in depression*. Workshop at VuMC, Amsterdam, The Netherlands.

2011

Bockting, C. L. H. (2011, September). *Relapse prevention using brief CBT*. Workshop at European Conference for Behavioral and Cognitive Therapy, Reykjavick, Iceland.

Symposia

2018

Bockting, C. L. H. (2018, May 26th). *Depressie & terugvalpreventie*. Lezing. Publieksdag depressievereniging.

2017

Bockting, C. L. H. (2017, November 29th). *Towards sustainable interventions for depression: Is there a role for psychological interventions?* Symposium 'Innovations in mental health care for depression: Beyond 2020', VU University, Amsterdam.

Bockting, C. L. H. (2017, May 20th). *Psychologische interventies ter preventie van terugval: Wat werkt en persoonlijke ervaringen at "Depressie voorkomen, wat werkt voor jou"*, Depressievereniging, UU en UMCG. Symposium, Zeist, The Netherlands.

Bockting, C. L. H. (2017, March 31st). *Global Mental Health in under-resourced countries and in the western world*. Global Mental Health Symposium, Arq Institute. (Role: symposium chair)

2016

Bockting, C. L. H. (2016, September 1st). *Co-morbidity as risk factor for chronicity: Is there a reason to prolong treatment in depression in case of co-morbid chronic somatic illnesses?* 46th European Association of Behavioural and Cognitive Therapies Congress (EABCT), Stockholm, Sweden.

2015

Brouwer, M. E., & Slofstra, C, Klein, N.S. & **Bockting, C. L. H.** (2015, May 20th). Organised Conference: Wetenschap in beeld: Wat weten we over depressie, co-morbiditeit en terugval en wat kunnen we eraan doen? Utrecht, The Netherlands.

2012

Bockting, C. L. H. (2012, November 8th). *Help, mijn depressieve patiënt knapt niet op!* Symposium conducted at Najaarscongres VGCT, Veldhoven, The Netherlands.

2011

Kok, G. D., & **Bockting, C. L. H.** (2011, March). Organised Conference: *Realisme als nachtmerrie, een symposium voor zwartkijkers.* Amsterdam, The Netherlands.

2009

Bockting, C. L. H., & Hollon, S. D. (2009, May). Publication bias and the effectiveness of antidepressant treatment and psychological interventions in depression: Should we care? Symposium conducted at American Psychiatric Association conference, San Francisco, USA.

2007

Bennebroek-Everts, F., & **Bockting, C. L. H.** (2007, July). *Tailored cognitive behavioural therapy for somatic illnesses.* Symposium conducted at the World Conference Cognitive Behavioral Therapy (WCBT), Barcelona, Spain.

Bockting, C. L. H. (2007, July). *New forms of cognitive therapy for primary prevention and prevention of relapse in bipolar disorder, unipolar depressive disorder and suicidal depression.* Symposium conducted at the World Conference Cognitive Behavioral Therapy (WCBT), Barcelona, Spain.

Bockting, C. L. H. (2006, 27th of September). Organised Conference: Preventie van terugval bij depressie, kan dat? Amsterdam, De Duif, The Netherlands.

Media appearance: interviews & invitations for panel discussion

2019

- January, 24, 2019 – MENTAL ELF Podcast: 'Moving beyond simplification: embracing the complexity of mental health'. [[podcast](#)].
- January, 3, 2019 – NRC.nl: 'Je bent niet wat je presteert'. Geschreven door Koos

Dijksterhuis. [\[article\]](#)

2018

- December 22, 2018 – Vrij Nederland. 'Waarom we nog steeds geen betere behandelingen hebben voor depressie'. Geschreven door Marieke Buijs. [\[article\]](#)
- December 3, 2018 – ZonMw Mediator: 'Het is niet klaar als iemand weer is opgeknapt'. Geschreven door Veronique Huijbregts. [\[online magazine\]](#).
- August 18, 2018 – Financieel Dagblad: "Haal iets goeds uit je negatieve gedachten". Geschreven door Sigrid Stamkot. [\[article\]](#).
- July, 2018 – ZonMw – ZonMw programmaboek DOELMATIGHEIDSONDERZOEK De patiënt en het resultaat: "Training voorkomt terugval na depressie". [\[online magazine\]](#).
- July 12, 2018 – ICM – Paneldiscussion: "Does CBT need mindfulness?". Participants: Bockting, C.L.H, Michalak, J., Strauss, C., Bögels, S.
- June 30, 2018 – AD Magazine – "Vastgelopen en weer door". Geschreven door Nils Elzenga. [\[article\]](#)
- June 30, 2018 – BN/DeStem – "Drie dingen die iedereen moet weten over depressie". Geschreven door Nils Elzenga. [\[article\]](#).
- June 1, 2018 – AMC Magazine – Interview met prof. Bockting. "Pillen en praten meest effectief". Geschreven door C. Laan. [\[article\]](#).
- May, 30, 2018 – Volkskrant, "Speciale afbouwmedicatie vergemakkelijkt stoppen met antidepressiva – ook als eerdere stoppogingen mislukten." [\[article\]](#).
- May 11, 2018 – Pulse – "GPs should use cognitive therapy to reduce antidepressant use after recovery" [\[article\]](#).
- May, 2018 – Lancet Psychiatry podcast, APA highlights [\[article\]](#).
- May 6, 2018 – Healio Psychiatric Annals, Highlights from APA – Preventive cognitive therapy may lead to sustainable treatment results in depression. [\[article\]](#).
- April, 2018 – NPO (KRO/NCRV) – 'Je suis depri': Documentaire over jongeren die depressief zijn (geweest). [\[broadcast\]](#).
- April, 2018 – NRC – Wat helpt bij depressies? [\[article\]](#).
- MENTAL ELF Podcast [\[podcast\]](#).
- April 10, 2018 – AMC Nieuws online – Cognitieve training effectief tegen terugval na depressie ook bij afbouwen antidepressiva. [\[article\]](#).
- April 10, 2018 – Volkskrant – "AMC vindt aanpak om risico op nieuwe depressie te verkleinen: combineer pillen met praten." Geschreven door Margreet Vermeulen. [\[article\]](#).
- April, 2018 – NOS – "Gespreksterapie naast antidepressiva voorkomt terugkeren depressie beter." [\[article\]](#).

- April, 2018 – Parool – “AMC vindt nieuwe aanpak tegen terugval in depressie”. [\[article\]](#).
- January, 2018 – Smart health – “Een (nieuwe) depressie voorkomen met online therapie?” (“Online prevention of depression?”). [\[article\]](#).
- January, 2018 – RTL Nieuws – “Depressie bij jongeren en vrouwen”
- January, 2018 – RTL Nieuws Online – “Somberheid hoort bij het leven.”

2017

- December, 2017 – NRC, “Depressie epidemie vraagt om hulp van filosofen en technologen”. “*Depression epidemic: there is a need for help of philosophers and technologist*”. [\[article English\]](#)
- December, 2017 - De Psycholoog, “Doorbreek de stagnatie”.
- November, 2017 – Panel Discussion: “Effective Interventions in Mental Health”. ABCR, San Diego.
- October, 2017 – GZ-Psychologie, interview, “Tegen de stroom in: de netwerktheorie.” Interview Denny Borsboom en Claudi Bockting.
- October, 2017 – HP/De tijd, “Dit onderzoek laat de impact van een depressie op een vrouw zien.”
- May, 2017 – Impact Magazine, “Alternatieve psychische hulp voor ontwikkelingslanden.” “*Alternative psychological support for low and middle income countries.*”
- May 20th, 2017 – Volkskrant Magazine, “Hoe voorkom je een depressie?”
- March, 2017 – Psychologie Magazine, “Een draaglijk leven is al mooi.” “*A bearable life would be good*”
- March, 2017 – BNN/VARA, Kassa, “Antidepressiva: Hoe zit het precies?” [\[article\]](#)
- January 19th, 2017 – Psychologie Magazine, “Kan ik ook zonder?”

2016

- December 22nd, 2016 – NRC, “Depressief? Stel zwanger worden uit”
- May 9th, 2016 – Trouw, “Niet bedacht op de volgende depressie”
- April 2016 – Medscape, “Kognitieve Verhalens therapie bei Depression: Genauso effektiv wie Antidepressiva” (interview)
- February 9th, 2016 – NRC, “Opgebrand”
- February 9th, 2016 – NRC Next, “Zo herken je een burn-out - en zo doe je er wat aan”
- January 20th, 2016 – Felix Meritis, “Het twintigersdilemma: Tussen dip en depressie” (expert panel)

2015

- October 30th, 2015 – New York Times, "Effectiveness of Talk Therapy Is Overstated, a Study Says"
- June 3rd, 2015 – NRC Next, "Eén op de vijf Nederlanders maakt in zijn of haar leven een depressie door"
- May 26th, 2015 – NRC, "Therapie voorkomt terugval depressie beter dan pillen"
- January 19th, 2015 – Radio 1, "Over de onzin van Blue Monday" (interview) "*On the nonsense of Blue Monday*".

2014

- June 11th, 2014 – Volkskrant Magazine, "Sterker uit de crisis" (interview) "*Crisis makes you stronger?*" (interview)

2013

- December 19th, 2013 – Radio 1, "Prevalentie van depressie en WHO 2012/2013" (interview) "*Prevalence of depression and WHO 2012/2013*" (interview)
- June 2013 – JAN magazine, "Antidepressiva en alternatieven" (interview)
- February 13th, 2013 – De Telegraaf, "Een leven lang aan de pillen" (interview)
- January 30th, 2013 – RUG opinie (interview)

2011

- November 26th, 2011 – NTR radio interview Wetenschap, "Pavlov: learned helplessness and depression"
- September 2011 – Bodytalk, "Terugval in depressie en online interventies" (Belgium)
- September 2011 – NRC Handelsblad, "Depressie bij mannen "
- July 27th, 2011 – Radio 1, "Nederland Top 3 Depressie" (interview)
- May 2011 – De Psycholoog, "Angsthazen en Zwartkijkers" (symposium review)
- April 2011 – Psychopraktijk, "Onderzoek is crucial voor de professie" (interview)
- January 25th, 2011 – Mevrouw de professor on tour. ABCDepressed (panel discussion)

2010

- October 27th, 2010 – Psychologie Magazine, "Alles over depressie en levensellende" "*Depression and adverse events*"
- October 5th, 2010 – NTR Wetenschapsprogramma Hoezo zo? (interview) *NTR Science programm WHY?* (interview)
- Augustus 2010 – Radio 1 WekkerWakker (interview)
- February 2010 – IKON De andere wereld, "Standaard screenen op depressie?"

Cv C.L.H. Bockting

(interview)

- February 13th, 2010 –Vrij Nederland, “Dag droom, dag depressie.” (interview)

2009

- November 14th, 2009 – Adams appel, “Leegte: wat doet leegte met de mens?” (interview)

2006

- September 23rd – Volkskrant, “Steeds weer terug in diezelfde put”