

Personal Details

Title: Prof. C. L. H. (Claudi) Bockting, PhD.
Male/female: Female

Main Research Interests

My research program focuses on depressive disorder and related common mental health disorders. These disorders are characterized by disruptions in emotions. I study potentially modifiable etiological affective-, and information processing mechanisms on an intra-, as well as, interindividual level.

My research program focuses on the following issues:

- 1) Understanding the role of emotions and information processing in depression and related common mental health disorders. Questions like '*Are individual differences in emotions and cognitions clinically meaningful and are they related to symptomatology and chronicity?*' are studied.
- 2) Evaluating the effect of psychological interventions and combined interventions within RCT's and micro-RCT's (ecological momentary assessment and affective networks).
- 3) Innovative multimodal psychological interventions (i.e. combined with technological devices and pharmacological and other treatments) targeted at specific mechanisms underlying individual/subgroup differences in symptomatology.
- 4) Increasing accessibility of effective psychological interventions using technology (for instance mobile interventions in low-, and middle income countries).

Academic and Clinical Career

2017 – current	Department of Psychiatry, Program Mood Disorders, Academic Medical Center, Amsterdam.
2014 – 2017	Full professor and chair of Department Clinical Psychology, Utrecht University and as licensed clinical psychologist/psychotherapist (outpatient center).
2010 – 2014	Associate professor with ius promovendi ('adjunct hoogleraar'; tenure track): Depression: etiology, recurrence and chronicity. Department of Clinical Psychology, University of Groningen (clinical work Arkin/PuntP 2010-2014).
2007 – 2010	Associate professor, Department of Clinical Psychology, University of Groningen & clinical psychologist, University Medical Center Groningen,

- Psychiatry department.
- 1999 – 2007 Psychotherapist/PhD student at the Academic Medical Center, department of Psychiatry, University of Amsterdam, program affective disorders
- 2006 PhD: University of Amsterdam, department of Psychiatry. Title of thesis: *The rhythm of depression: the course of recurrent depression and prevention of relapse using cognitive therapy.*
- 1993 – 1999 Psychologist, trainee psychotherapist, outpatient setting of a mental health care center Vlaardingen (RIAGG RNW).
- 1993 MSc Clinical Psychology, University of Amsterdam, *Cum laude.*

Ancillary activities

- 2017 – current Advisory board 'Zorg Instituut Nederland; Wetenschappelijke Advies Raad (WAR)'
- 2017 – current Supervisory board, Arkin Amsterdam
- 2016 – 2017 Advisory board for ministry of health; 'Advies Pakket Commissie Zorg Instituut Nederland'
- 2014 – 2018 Department of Clinical Psychology, University of Groningen
- 2003 – current Senior lecturer clinical postdoctoral courses for health (GZ) psychologists.
- 2003 – 2014 Coordinator, supervisor and lecturer of clinical postdoctoral courses for health (GZ) psychologists.

Postdoctoral Clinical Registrations

- 2006 – current Clinical psychologist (Klinisch Psycholoog-psycholoog, BIG)
- 2005 – current CBT supervisor (VGCT)
- 2000 – current Health psychologist (GezondheidsZorg-psycholoog, BIG)
- 1999 – current Psychotherapist (BIG)

Academic Grants

- 2017 ZonMW: *STAY-FINE: a personalized monitoring and intervention app to prevent relapse of anxiety and mood disorders in youth and young adults.* **Role: primary promotor AMC, co-applicant.** In coll. with Y.A.J. Stikkelbroek (PI) and M.H. Nauta.
- 2017 *Relapse prevention in depression: a dissemination project.* ZON-MW, VIMP. 2017-2018. **Bockting, C. L. H. (PI).**
- 2017 *Unraveling co-morbidity in mental health disorders; personalised affective models and multi modal personalised interventions in co-morbid conditions.* Arq trauma

- institute. **Bockting, C. L. H. (PI)**, 2017-2021
- 2016 *The Effect of App based Behavioural Therapy on Emotional Inertia among Chinese Depressive Adults: A Randomized Controlled Trial Study*. China Scholarship Council fund 2016-2020. **Bockting, C. L. H. (PI)**, PhD student Z. Fu.
- 2016 NIAS research Theme group (**PI, Bockting, C. L. H.**, 5 months): *My optimism wears heavy boots: So much research, so few implications, towards 'patient-proof' empirical models and more effective interventions in mental health*.
In collaboration with professor E.A. Holmes, Medical Research Council Cognition and Brain Sciences Unit (MRC CBU), Cambridge, UK and Karolinska Institute, Sweden, professor C. Harmer, professor of Cognitive Neuroscience, University of Oxford, UK, professor S.D. Hollon, professor of Psychology and Psychiatry, Vanderbilt University, USA, associate professor G. Siegle, Departments of Psychiatry, Psychology, and Translational Sciences, University of Pittsburgh School of Medicine, USA, H. Tiemeijer, professor of Psychiatric Epidemiology, Erasmus University, associate professor A. Cramer, Department of Methodology, University of Amsterdam, dr. C. Vinkers assistant professor at the Department of Psychiatry of the University Medical Center in Utrecht, professor M. van den Hout, professor of Experimental Psychopathology at Utrecht University and Ph. Spinhoven, professor of Clinical Psychology, Leiden University.
- 2015 *I make you smile: Using facial expression to detect and tackle depression*. Seed Money 2016 UU. With Alishia Williams and the department of Information and Computer Sciences; Ronald Poppe.
- 2015 *Differential Efficacy of Supportive-Expressive and Cognitive Behavioral Interventions in Dependent and Self-critical Depressive Patients: A Randomized Controlled Trial*. Ghent University (SCS RCT). In collaboration with dr. R. Meganck (Ghent University). PhD trajectory.
- 2015 *Predicting and Understanding Neurocognitive Mechanisms of Relapse Prevention: a randomized controlled trial of preventive cognitive therapy in remitted Major Depressive Disorder using fMRI and pupillometry*. NWO VENI grant, Hersenstichting Nederland (HS) ass. prof. M.J. van Tol (PI). In collaboration with UMCG (R.S. van Kleef, and prof. A. Aleman).
- 2014 *Stop or Go? Tapering antidepressants in pregnancy: a pragmatic multicenter RCT to investigate risk and benefits for mother and child*. ZonMW/NWO Goed Geneesmiddelen Gebruik. In collaboration with Psychiatry (assoc. prof. M. van de Berg, Erasmus University; PI, **prof. C.L.H. Bockting Co-PI**, UU) and UMCG (assoc. prof. H. Burger; UMCG).
- 2014 *Victimization in depressed patients; the role of emotion regulation*. NWO. In collaboration with VUmc, Arkin (prof. A. Beekman PI, prof. J. Dekker, dr. M. Kikkert, dr.

- R. Van, dr. A. van Schaik, C. Christ (Phd candidate). Amount: 454,000 euro.
- 2013 *The effectiveness of online behavioural activation led by lay health counsellors for depression in The Netherlands and Indonesia. (PI)*. Indonesian national research fund. In collaboration with the London school of Hygiene and Tropical Medicine and Sangath (assoc. prof. N. Chowdhary, London, UK, Goa, India), Vanderbilt University (prof. S.D. Hollon; Nashville, USA) and Equator/Arq Psychotrauma Expert group (P. Scholte) and ass. prof. M.H. Nauta (RuG) PhD candidate: R. Arjadi.
- 2013 *Blended internet based CBT for children with anxiety disorders: what can individual changes tell us?* ZonMW Effectief jeugd. In collaboration with Acarre, RuG (prof. P. Kendall; Tempel University, USA, Ass. prof. M. Nauta, PI; ass. prof. B. van de Hoofdakker; RuG), and de Bascule (prof. E. de Haan; AMC, UvA). Postdoc: dr. G. Kok.
- 2013 *Prescribing blended care combining face-to-face contacts with web-based guided self-help instead of antidepressants for depression in general practice; a cluster randomized pragmatic trial.* ZonMW/NWO. In collaboration with the department of general practice. Assoc. prof. H. Burger (PI; UMCG). Amount: 249,000 euro.
- 2012 *Work on your imagination: An innovative approach to depression, targeting emotions using imagery.* NWO. In collaboration with MRC Cognition and Brain sciences unit, University of Cambridge/Karolinska Institute (prof. E. Holmes, UK). PhD student: C. Slofstra. **Bockting, C. L. H. (PI)**.
- 2011 *Effectiveness of continuation CT in preventing relapse in depression.* NWO/ZonMW. In collaboration with mental health care center Amsterdam: Arkin (prof. J. Dekker, PI) and VU University. PhD candidate: M. de Jonge.
- 2011 *Evaluation of online-based relapse prevention Intervention in Patients with Major Depressive Disorder.* Role: advisor. BMBF. Ch diseases and orientation towards patients. In collaboration with prof. M. Berking (PI) and ass. prof. D. Ebert (Marburg University, Germany), 2011.
- 2010 *Effectiveness of monitoring and nurse delivered preventive CT in preventing relapse in depression in primary care.* NWO/ZonMW. In collaboration with VU University General practice department, primary care (assoc. prof. H. van Marwijk, PI).
- 2010 *Effects of cognitive behavioural therapy for antenatal depression and anxiety on physical birth outcomes.* ZonMW. In collaboration with the department of general practice UMCG Groningen/OLVG Amsterdam (Prof. M. Berger; PI and assoc. prof. H. Burger). Costs MD/PhD trajectory T. Verbeek.
- 2009 *Cost-effectiveness of an e-mental health self-management intervention with automated tele-monitoring for recurrent depression and co-morbidity with chronic somatic disorders. (Bockting, C. L. H., PI)*, ZonMW disease management chronic diseases. In collaboration with the University of Pennsylvania (prof. A.T. Beck, USA), VU University (general practice department and clinical psychology; prof. H. Riper, prof.

- P. Cuijpers), Trimbos institute Utrecht (prof. F. Smit) and several mental health care centers.
- 2009 *Cost-effectiveness of tapering antidepressants versus preventive cognitive therapy and the combination of continuation of antidepressants with preventive cognitive therapy. (Bockting, C. L. H., PI).* ZonMW Doelmatigheid K&E. In collaboration with the Beck Institute USA (prof. A.T. Beck, USA), Vanderbilt University (prof. S.D. Hollon, USA, Second promoter), University of Maastricht, Psychiatry UMCG Groningen, University of Amsterdam AMC, Amsterdam, Erasmus University, Department of work related disorders (AMC) and several mental health care centers. PhD student G. van Rijsbergen.
- 2008 *Disrupting the rhythm of depression: Effectiveness and cost-effectiveness and mediating factors of preventive cognitive therapy in the prevention of recurrent major depressive disorder. (Bockting, C. L. H., PI).* ZonMW, OOG (PhD student H. Elgersma). In collaboration with the Beck Institute USA (dr. A.T. Beck, USA), Vanderbilt University, University of Maastricht, Psychiatry UMCG Groningen, University of Amsterdam AMC, Amsterdam, Erasmus University, Department of work-related disorders (AMC) and several mental health care centers).
- 2008 *Prevention of psychosocial problems in the offspring of mothers with symptoms of depression or anxiety during pregnancy: benefits for mother and child. (Co-PI).* ZonMW. In collaboration with the departments of Epidemiology, Psychiatry and Gynecology UMCG and department of general practice (ass. prof. H. Burger H.; PI), PhD student RuG: J. Meijer. PhD student UMCG: C. Beijer.
- 2008 *Internet-supported self-management of recurrent depression with automated monitoring of health outcomes: demonstration project and evaluation.* VWS/ZonMW. In collaboration with Trimbos institute and mental health care center Amsterdam, prof. J. Dekker (Arkin/VU), and prof. F. Smit (VU).
- 2008 *Effectiveness and cost-effectiveness of cognitive therapy in Inflammatory Bowel Disease, a multi-center trial.* MLD. In collaboration with the department of Medical Psychology (prof. M. Sprangers, AMC, University of Amsterdam; prof. R. Sanderman UMCG, RUG).
- 2008 *Improving diagnosis and prognosis in bipolar and unipolar patients: the role of fMRI to determine biomarkers in addition to clinical measurements.* NWO/ZonMW, OOG. In collaboration with Rive, M., Ruhé, H.G., prof. A. Schene, A.H., prof. D. Veltman (AMC, University of Amsterdam).
- 2008 *Preventing anxiety and mood disorders in youth: a multi-center prevention trial in high risk offspring of anxious and depressed patients.* NWO/ZonMW Preventie. In collaboration with ass. prof. Nauta M. (PI), project member, UMCG Psychiatry and Accare.

- 2001 *Somatic, psychological and social course in patients with recurrent depression.*
Nationaal Fonds Geestelijke Volksgezondheid. In collaboration with prof. A. Schene
and prof. Ph. Spinhoven.

Academic Prizes

- NIAS fellowship (**PI theme group**) 2017.
- Fellowship: Beck Institute International Scholarship Philadelphia, USA 2014-2016.
- Professor Boeke award for excellent article in the field of Clinical Psychology 2007.
- Award for the best article of the year from the Experimental PsychoPathology school (EPP) 2005.
- A 'top article award' from the AMC, Amsterdam Center for Health and Health Care Research 2005.

PhD projects

Former PhD's

- Lonneke van Tuil (2012-2017; finished 18 May 2017). *Self-esteem in depression and anxiety: low, unstable, and discrepant?* (shared supervisor with Prof. de Jong; 'tweede promotor', RuG).
- Tjitte Verbeek (2011-2016; MD/PhD, finished 20 January 2016). *The effect of psychological interventions in pregnant women on somatic outcomes in their offspring.* (shared supervisor with Prof. Berger; 'tweede promotor', UMCG).
- Judith Meijer (2009-2015; finished 23 November 2015). *Depressive and anxiety symptoms during pregnancy and the effect of perinatal psychological interventions.* (primary supervisor; 'eerste promotor').
- Gerard van Rijsbergen (2010-2014; finished 18 December 2014). *How do you feel? Understanding the impact of emotion and cognition on course of depressive symptomatology.* (primary supervisor; 'eerste promotor').
- Chantal Beijers (2011-2014; finished 20 October 2014). *Why do pregnant woman (not) smoke and drink? The role of personality, stress and pregnancy related life events.* (shared supervisor; 'tweede promotor' RuG/UMCG).
- Marielle Hendriksen (2007-2014; finished 9 October 2014). *Pieces of a clinical puzzle: analyzing the alliance in psychodynamic psychotherapy for depression. Therapeutic technique, alliance, personality and therapist characteristics.* (shared supervisor VU; 'tweede promotor').

- Gemma Kok (2009-2014; finished 29 September 2014). *Under pressure: Pathways to relapse in depression, the role of stress and trauma*. (primary supervisor; 'eerste promotor').
- Anja Lok (2008-2012; finished 9 December 2013). *Time after time; biological factors in the course of recurrent depression*. (shared supervisor; 'tweede promotor', UvA/AMC).
- Mascha ten Doesschate (2006-2009; finished 18 November 2009). *Adherence, quality of life and risk factors in recurrent depression*. ('co-promotor').

PhD thesis approved

- Christien Slofstra (2012-2017; PhD defense 30th of November 2017). *Moving onwards: Affective change, mental imagery, and depressive relapse* (primary supervisor; eerste promotor').
- Floor Bennebroek Evertsz (2009-2017; PhD defense 1st of December 2017). *The effectiveness of cognitive behavioral therapy on the quality of life and anxiety and depression in patients with inflammatory bowel disease*. (part-time PhD, shared supervisor UvA/AMC; 'tweede promotor').

Ongoing PhD's

- Zhongfang Fu (October 2016-2020; planned dissertation October 2020). *The Effect of App-Based Cognitive Behavioural Therapy on Emotional Inertia among Chinese Depressive Adults: A Randomized Controlled Trial Study*. (primary supervisor 'eerste promotor').
- Nicola Klein (2013-2018, planned dissertation December 2018). *Multi modal interventions for relapse prevention in depression* (parttime PhD, primary supervisor; 'eerste promotor').
- Marlies Brouwer (2014-2017; planned dissertation December 2017). *Stop or go? Tapering antidepressants in pregnancy: a pragmatic multicenter RCT to investigate risk and benefits for mother and child*. (primary supervisor; 'eerste promotor').
- Hermien Elgersma (2008-2017; planned dissertation December 2017). *Implicit and explicit self-association in depression*. (part-time PhD, primary supervisor; 'eerste promotor')
- Retha Arjadi (2013-2017; planned dissertation November 2017). *The effectiveness of behavioural activation led by lay health counsellors for depression and the value of momentary assessment of mood as predictor for treatment response in The Netherlands and Indonesia*. (primary supervisor; 'eerste promotor').
- Margo de Jonge (2011-2017; submission dissertation June 2017). *Prevention of relapse and the effect of continuation cognitive therapy*. (shared supervisor VU; 'tweede promotor').

Reviewing and other academic activities

2017-current	Board member of the European Association for CLInical Psychology and psychological Treatment (EACLIPT)
2017 – current	Co-editor European Psychologist
2016 – current	Technologies (ENJECT), COST Action TD1405 Trans-Domain Proposal Member of European Network for the Joint Evaluation of Connected Health Technologies (ENJECT), COST Action TD1405 Trans-Domain Proposal
2015 – current	Guest professorship Ghent University, psychology department (onbezoldigd)
2014 – current	Co-editor PLoS ONE
2013 – 2015	Board member committee advice ministry of health and united insurance companies for the association of health-, and clinical psychologists and CBT association (NVGZP and VGCT)
2013 – current	Member of the prof. Boeke foundation
2008 – current	Co-developer of the national multidisciplinary guideline committee on diagnoses and treatment of Depression and Anxiety (Trimbos)
2007 – current	Reviewer of grant applications: NWO open round MAGW, Swiss, Israel, Belgium, Canada, Germany, UK, EU Horizon.
2007 – 2017	President/board of the affective disorders board of the Dutch Association of Behaviour & Cognitive Therapies
2006 – current	Initiator Special Interest Group depression (SIG of the European Association of Behavioural and Cognitive Therapy; EABCT)
2005 – current	Reviewer of JAMA, American Journal of Psychiatry, Journal of Consulting and Clinical Psychology, Psychotherapy and Psychosomatics, Journal of Affective disorders
2008 – 2015	Member of education committee of the Dutch/Flemish research school EPP
2011 – 2012	Member of visitation committee of national postdoctoral Clinical Psychologist education (KP opleiding)
2006 – 2012	Editor in chief of treatment books for therapists (Bohn Stafleu van Loghum)

Teaching

I am an enthusiastic and dedicated teacher since 2000 (BKO) and have experience with curriculum development at all levels, i.e. undergraduate 'Bachelor theses', 'Psychopathology and phenomenology', 'Introduction to CBT', 'Diagnostic skills' 'Evidence based treatment'), graduate ('Affective disorders', Capita Selecta psychological interventions and working mechanisms', supervision of internships and master theses, research master courses), PhD program (organisation education committee since 2007 of the research school EPP and

'Conducting RCT's') and post-doctoral clinical program (in charge of treatment curriculum for the 'GZ opleiding' for 8 years until 2014). I coordinated bachelor courses and I teach in several master courses, including 'Introduction to CBT', I supervised master theses, internships and clinicians ('GZ, PT, KP, CGT'). I also teach in postdoctoral clinical intervention courses for GZ- and KP psychologists. In 2016, I was voted as teacher of the year for the postgraduate training in clinical neuropsychology (K(N)P, RINO, Utrecht).

I received with colleagues a teaching innovation award (NWO, RuG, 2013-2015) to develop blended learning for the development and skills training of e-health interventions and initiated and co-developed at the department of Clinical Psychology the international Clinical Master (as part of innovation of teaching award Utrecht university).

Publications in international refereed journals

2017

- Arjadi, R. , Nauta, M.H., Utoyo, D. B. & **Bockting, C.L.H.** (2017). The Inventory of Depressive symptomatology Self Report (IDS-SR): Psychometric properties of the Indonesian version. *PlosOne.*, *12(10)*:e0187009, doi: 10.1371/journal.pone.0187009.
- Bennebroek Evertsz, F., Sprangers, M. A. G., Sitnikova, K., Stokkers, P. C. F., Ponsioen, C. Y., Bartelsman, J. F. W. M., van Bodegraven, A. A., Fischer, S., Depla, A. C. T. M., Mallant, R. C., Sanderman, R., Burger, H., **Bockting, C. L. H.** (2017). Effectiveness of cognitive-behavioral therapy on quality of life, anxiety, and depressive symptoms among patients with inflammatory bowel disease: A multicenter randomized controlled trial. *J. Consult Clin Psychol.*, *85(9)*, 918-925, doi: 10.1037/ccp0000227.
- Biesheuvel-Leliefeld, K. E. M., Dijkstra-Kersten, S.M.A. , van Schaik, D.J.F., van Marwijk, H. W. J., Smit, F., van der Horst, H.E., **Bockting, C. L. H.** (2017). Effectiveness of supported self help in recurrent depression: a randomised controlled trial in primary care. *Psychotherapy and Psychosomatics*, *86(4)*, 220-230, doi: 10.1159/000472260
- De Jonge, M., Dekker, J. J. M., Kikkert, M. J., Peen, J., van Rijsbergen, G. D., & **Bockting, C. L. H.** (2017). The role of affect in predicting depressive symptomatology in remitted recurrently depressed patients. *Journal of Affective Disorders*, *210*, 66-71. doi: 10.1016/j.jad.2016.12.015
- Ebert, D. D., Hopfinger, L., **Bockting, C. L. H.**, Berking, M.(2017). Emotion Regulation Protects against Recurrence of Depressive Symptoms following inpatient care for Major Depressive Disorder. *Behavior Therapy* *48(6)*, 739-749, doi: 10.1016/j.beth.2017.03.003
- Klein, N. S., Kok, G. D., Burger, H, Van Valen, E., Riper, H., Cuijpers, P., Dekker, J., Smit, F. Van der Heiden, C., **Bockting, C. L. H.** (2017). No sustainable effects of an internet-based relapse prevention program over 24 months in recurrent depression: primary

outcomes of a randomized controlled trial. *Accepted for publication in Psychotherapy and Psychosomatics.*

- Klein, N.S., van Rijsbergen, G.D., ten Doesschate, M. C., Hollon, S. D., Burger, H., & **Bockting, C. L. H.** (2017). Beliefs about the causes of depression and recovery and their impact on adherence, dosage, and successful tapering of antidepressants. *Depression and Anxiety*, 1. doi: 10.1002/da.22598
- Massoudi, B., Blanker, M.H., Van Valen, E., Wouters, H., **Bockting, C.L.H.**, Burger, H. (2017). Blended care vs. usual care in the treatment of Depressive symptoms and disorders IN General practice [BLENDING]: study protocol of a non-inferiority randomized trial. *BMC Psychiatry*, 17, 218. <http://doi.org/10.1186/s12888-017-1376-1>
- Meganck, R., Desmet, M., **Bockting, C. L. H.**, Inslegers, R., Truijens, F., De Smet, F., De Geest, R., Van Nieuwenhove, K., Hennissen, V., Hermans, G., Loeyts, T., Norman, U. A., Baeken, C., Vanheule, S. (2017). The Ghent Psychotherapy Study (GPS) on the differential efficacy of supportive-expressive and cognitive behavioral interventions in dependent and self-critical depressive patients: study protocol for a randomized controlled trial. *Trials*, 18, 1. doi:10.1186/s13063-017-1867-x.
- Slofstra, C., Eisma, M.C., Holmes, E.A., **Bockting, C.L.H.**, Nauta, M. (2017). Rethinking a Negative Event: The Affective Impact of Ruminative versus Imagery-Based Processing of Aversive Autobiographical Memories. *Front. Psychiatry*, 8(82). doi: 10.3389/fpsy.2017.00082
- Slofstra, C., Nauta, M.H., Holmes, E. A., Bos, E. H., Wichers, M., Batalas, N., Klein, N. S. & **Bockting, C. L. H.** (2017). Exploring the relation between visual mental imagery and affect in the daily life of previously depressed and never depressed individuals. *Cognition & Emotion* 1-8. doi: 10.1080/02699931.2017.1365047
- Van Krugten F. C. W., Kaddouri, M., Goorden, M., van Balkom, A. J. L. M., **Bockting C. L. H.**, Peeters, F. P. M. L., Hakkaart-van Roijen, L. & Decision Tool Unipolar Depression (DTUD) Consortium (2017). Indicators of patients with major depressive disorder in need of highly specialized care: A Systematic review. *PLoS One*, 12(2): e0171659. doi: 10.1371/journal.pone.0171659.

2016

- Arjadi, R., Nauta, M.H., Scholte, W.F., Hollon, S.D., Chowdhary, N., Suryani, A.O., **Bockting, C. L. H.** (2016). Guided Act and Feel Indonesia (GAF-ID) - Internet-based behavioral activation intervention for depression in Indonesia: study protocol for a randomized controlled trial. *Trials*, 17(1), 455. doi: 10.1186/s13063-016-1577-9.
- Biesheuvel-Leliefeld, K. E., Kok, G. D., **Bockting, C. L. H.**, de Graaf, R., Ten Have, M., van de Horst, H. E., van Schaik, A., van Marwijk, H. W. & Smit, F. (2016). Non-fatal disease

- burden for subtypes of depressive disorder: population-based epidemiological study. *BMC Psychiatry*, 16(1), 139. doi: 10.1186/s12888-016-0843-4
- Bockting, C. L. H.**, Williams, A.D., Carswell, K., Grech, A.E. (2016). The potential of low intensity and online interventions for depression in low and middle income countries. *Global Mental Health*, 3, 1-5. doi:10.1017/gmh.2016.21
- De Boer, A.G., Bennebroek Evertsz, F., Stokkers, P. C., **Bockting, C. L. H.**, Sanderman, R., Hommes, D. W., Sprangers, M. A. & Frings-Dresen, M. H. (2016). Employment status, difficulties at work and quality of life in inflammatory bowel disease patients. *European Journal of Gastroenterology & Hepatology*, 28(10), 1130-1136. doi: 10.1097/MEG.0000000000000685
- Hopfinger, L., Berking, M., **Bockting, C. L. H.**, & Ebert, D. D. (2016). Emotion Regulation Mediates the Effect of Childhood Trauma on Depression. *Journal of Affective Disorders*, 198, 189-197. doi:0.1016/j.jad.2016.03.050
- Kikkert, M. J., Driessen, E., Peen, J., Barber, J. P., **Bockting, C. L. H.**, Schalkwijk, F., Dekker, J. & Dekker, J. J. M. (2016) The role of avoidant and obsessive-compulsive personality disorder traits in matching patients with major depression to cognitive behavioral and psychodynamic therapy: A replication study, *Journal of Affective Disorders*, 205, 400-405. <http://dx.doi.org/10.1016/j.jad.2016.08.017>
- Mocking, R. J. T., Figueroa, C. A., Rive, M. M., Geugies, H., Servaas, M. N., Assies, J., Koeter, M. W. J., Vaz, F. M., Wichers, M., van Straalen, J. P., de Raedt, R., **Bockting, C. L. H.**, Harmer, C. J., Schene, A. H., & Ruhé, H. G. (2016). Vulnerability for new episodes in recurrent major depressive disorder: protocol for the longitudinal DELTA-neuroimaging cohort study. *BMJ Open*, 6, e009510. doi:10.1136/bmjopen-2015-009510
- Molenaar, N. M., Brouwer, M. E., **Bockting, C. L. H.**, Bonsel, G. J., van der Veere, C. N., Torij, H. W., Hoogendijk, W. J., Duvekot, J. J., Burger, H. & Lambregtse-van den Berg, M. P. (2016). Stop or go? Preventive cognitive therapy with guided tapering of antidepressants during pregnancy: study protocol of a pragmatic multicentre non-inferiority randomized controlled trial. *BMC Psychiatry*, 16(1), 1. doi: 10.1186/s12888-016-0752-6.
- Slofstra, C., Nauta, M. H., Holmes, E. A. & **Bockting, C. L. H.** (2016). Imagery rescripting: The impact of conceptual and perceptual changes on aversive autobiographical memories. *PLoS One*, 11(8), e0160235. doi: 10.1371/journal.pone.0160235.
- Van Tuijl, L. A., Glashouwer, K. A., **Bockting, C. L. H.**, Tendeiro, J. N., Penninx, B. W. J. H., de Jong, P.J. (2016). Implicit and Explicit Self-Esteem in Current, Remitted, Recovered, and Comorbid Depression and Anxiety Disorders: The NESDA Study. *PLOS ONE*, 11(11), e0166116. doi: 10.1371/journal.pone.

2015

- Assies, J., Mocking, R. J., Lok, A., Koeter, M. W., **Bockting, C. L. H.**, Visser, I., Pouwer, F., Ruhé, H.G., & Schene, A. H. (2015). Erythrocyte fatty acid profiles and plasma homocysteine, folate and vitamin B6 and B12 in recurrent depression: Implications for co- morbidity with cardiovascular disease. *Psychiatry Research*, *229*, 992-998. doi:10.1016/j.psychres.2015.06.025
- Arjadi, R., Nauta, M. H., Chowdhary, N., & **Bockting, C. L. H.** (2015). A systematic review of online interventions for mental health in low and middle income countries: A neglected field. *Global Mental Health*, *2*, e12. doi:10.1017/gmh.2015.10
- Biesheuvel-Leliefeld, K. E. M., Kok, G. D., **Bockting, C. L. H.**, Cuijpers, P., Hollon, S. D., van Marwijk, H. W. J., & Smit, F. (2015). Effectiveness of psychological interventions in preventing recurrence of depressive disorder: Meta-analysis and meta-regression. *Journal of Affective Disorders*, *174*, 400-410. doi:10.1016/j.jad.2014.12.016
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Media appearance: interviews & invitations for panel discussion

2017

- October, 2017 – HP/De tijd, "Dit onderzoek laat de impact van een depressie op een vrouw zien."
- May, 2017 – Impact Magazine, "Alternatieve psychische hulp voor ontwikkelingslanden."
- May 20th, 2017 – Volkskrant Magazine, "Hoe voorkom je een depressie?"
- March, 2017 – Psychologie Magazine, "Een draaglijk leven is al mooi"
- January 19th, 2017 – Psychologie Magazine, "Kan ik ook zonder?"

2016

- May 9th, 2016 – Trouw, "Niet bedacht op de volgende depressie"
- April 2016 – Medscape, "Kognitieve Verhaltenstherapie bei Depression: Genauso effektiv wie Antidepressiva" (interview)

- April 2016 – Dagblad van het Noorden (ed. Groningen), "Onderzoek naar depressie: Patiënt in de spotlights"
- April 2016 – Glamour, "Do worry, be happy!"
- March 2016 – RTL Weekend magazine, "Durf down te zijn"
- February 9th, 2016 – NRC Handelsblad, "Opgebrand"
- February 9th, 2016 – NRC Next, "Zo herken je een burn-out - en zo doe je er wat aan"
- January 20th, 2016 – Felix Meritis, "Het twintigersdilemma: Tussen dip en depressie" (expert panel)

2015

- October 30th, 2015 – New York Times, "Effectiveness of Talk Therapy Is Overstated, a Study Says"
- June 3rd, 2015 – NRC Next, "Eén op de vijf Nederlanders maakt in zijn of haar leven een depressie door"
- May 26th, 2015 – NRC Handelsblad, "Therapie voorkomt terugval depressie beter dan pillen"
- May 20th, 2015 – Nieuws Utrecht Universiteit, "Terugval depressie verminderen kan en moet" (inaugural lecture)
- January 19th, 2015 – Radio 1, "Over de onzin van Blue Monday" (interview)

2014

- June 11th, 2014 – Volkskrant Magazine, "Sterker uit de crisis" (interview)

2013

- December 19th, 2013 – Radio 1, "Comments on WHO rates and CBS prevalence rates 2012/2013" (interview)
- September 2013 – GezondNU magazine, "Treatment for depression" (interview)
- June 2013 – JAN magazine, "Antidepressants and alternatives" (interview)
- February 13th, 2013 – De Telegraaf, "Een leven lang aan de pillen" (interview)
- January 30th, 2013 – RUG opinie (interview)

2011

- November 26th, 2011 – NTR radio interview science program, "Pavlov: learned helplessness and depression"
- September 2011 – Bodytalk, "Relapse in depression: Online interventions" (Belgium)
- September 2011 – NRC Handelsblad, "Depression and men"
- July 27th, 2011 – Radio 1, "Nederland Top 3 Depression" (interview)

- May 2011 – De Psycholoog, “Angsthazen en Zwartkijkers” (symposium review)
- April 2011 – Psychopraktijk, “Research is crucial for our profession” (interview)
- January 25th, 2011 – Mevrouw de professor on tour. ABCDepressed (panel discussion)

2010

- October 27th, 2010 –Psychologie Magazine, “All about depression and life events”
- October 5th, 2010 – NTR Science program Hoezo zo? (interview)
- Augustus 2010 –Radio 1 WekkerWakker (interview)
- February 2010 – IKON De andere wereld, “Is it useful to screen for depression in the general population?” (interview)
- February 13th, 2010 –Vrij Nederland, “Dag droom, dag depressie.” (interview)

2009

- November 14th, 2009 – Adams appel, “Leegte: wat doet leegte met de mens?” (interview)

2006

- December 22nd – NRC, “Depressief? Stel zwanger worden uit”
- September 23rd – Volkskrant, “Steeds weer terug in diezelfde put”